



Folic Acid

Folic Acid (also known as folate) is essential for the synthesis of adenine and thymine, two of the four nucleic acids that make up our genes, DNA and chromosomes. In addition, folic acid is required for the metabolism of harmful homocysteine back to the amino acid methionine. The impact of folic acid supplementation on homocysteine levels has been proven in many studies. However it is important to note that while folic acid seems to have the most impact on these toxic levels, it is only with the addition of Vitamin B-6 and Vitamin B-12 as co-factors that the ultimate in protection against elevated homocysteine levels is provided. Folic acid provides many other benefits that protect against:

- Birth defects
- Osteoporosis
- Anemia
- Cervical dysplasia
- Depression
- Restless leg syndrome
- Periodontal disease
- Fatigue

Rodex Forte was developed for those health care professionals who want to provide a quality, therapeutic level of Vitamin B-6, B-12 and Folic Acid. This time-release formula is 90% bio-available, and does not cause irritation to the gastrointestinal tract.

Each time disintegrating capsule contains:

Vitamin B6 - 150 mg.
Vitamin B12 - 200 mcg.
Folic Acid - 800 mcg.

Unique, time-release capsule, provides therapeutic dose of B6, B12, and Folic Acid.

RODEX FORTE™

REFERENCES

New England Journal of Medicine, Feb 2, 95,
Vol 332 No. 5, Pg 328-329.
Staying Healthy with Nutrition, Pgs. 122-29;132-36
Clinical Pearl News, April 1997, Vol.7, No.4
Prevention Magazine, May 1998 Pg. 29 Goodman
& Gilman, 4th Edition
Nutrition Search, J.D. Kirschman
Trabers Cyclopeda Medical Dictionary

Legere Pharmaceuticals
Scottsdale, Arizona 85260

We believe it is our responsibility to inform suppliers and distributors about recent scientific findings. Such information is intended solely for the purposes of industry education and should not be construed in whole or in part as pharmaceutical claims.



The delivery system
without side effects!



Time Release Makes The Difference

One of the most effective results of this unique Vitamin B time-release capsule is its capacity on reducing the homocysteine levels, a toxic amino acid that contributes to heart disease and strokes by clogging the arteries. Studies indicate that by supplementing with therapeutic levels of B6, B12, and Folic Acid, this process that profoundly irritates and ultimately damages arterial lining is reduced dramatically. High homocysteine levels are associated with:

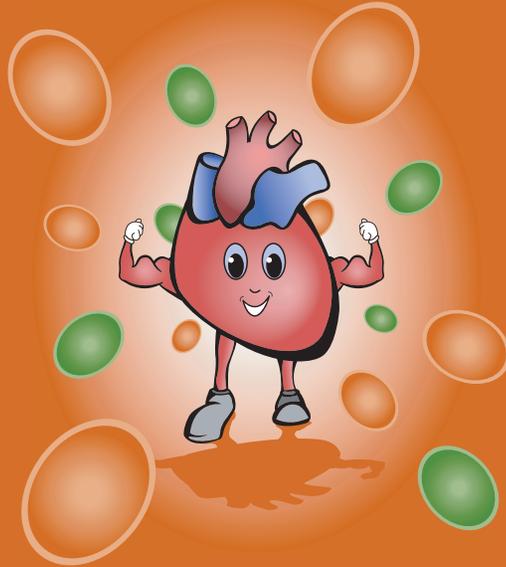
- Alzheimer's disease
- Hypertension
- Colon cancer
- Parkinson's disease
- Heart disease
- Periodontal disease
- Coronary occlusion
- Dementia

Rodex Forte is a pharmaceutical grade, time disintegrating capsule that provides maximum dosage of the essential vitamins, B6 and B12 along with folic acid. This unique formula allows for proper absorption of B6, B12 and folic acid without any side effects often seen with tablet form. Rodex Forte will benefit symptoms relating to:

- Arthritis
- Diabetes
- Atherosclerosis
- Depression
- Acne
- Migraines
- Cardiovascular disorders
- Fatigue/low energy

Healthy Hearts

Vitamin B12 is generally known as the "longevity vitamin" due to its contribution to energy and increased activity of the nervous system. Vitamin B12 is essential for normal acceleration of cell renewal, especially red blood cells. It is needed for proper metabolism and stress management. A deficiency of Vitamin B12 is associated with elevated homocysteine levels. Vitamin B12 improves concentration, memory and mood.



Weight Loss Benefits

Vitamin B6 is a water soluble vitamin and functions as a coenzyme, essential in the breakdown and utilization of carbohydrates, fats and proteins. The need for B6 is directly related to protein intake. As the need for protein increases, the need for B6 increases.

Vitamin B6 offers several benefits in weight loss:

- natural, mild diuretic
- metabolizes fats, carbs and proteins
- regulates mood - assists in conversion of amino acid, tryptophan, to serotonin
- helps stimulate body's natural cortisone



Rodex Forte & Women's Health

Vitamin B6, B12 and folic acid are involved in numerous chemical processes within the body, including, but not limited to, the production of brain neurotransmitters, hormone balancing, energy production, and immune response.

Vitamin B6 especially appears to help moderate symptoms associated with PMS. Women with PMS, particularly those with depression, exhibit low levels of B6. One of the most common findings is an imbalance in the estrogen-progesterone ratio.

Specific nutrients, including Vitamin B6 are altered by excess estrogen. Vitamin B6 appears to help balance the estrogen-progesterone ratio.

Side effects of oral contraceptives

Several studies have shown that women who take high dose levels of oral contraceptives, test low in Vitamin B6. Because B6 is required for the metabolism of tryptophan, an amino acid required for the proper function of neurotransmitters that control depression, irritability and mood, a daily supplement of Vitamin B6 is suggested.