



# LOS CERRITOS DISTRICT BULLETIN



Member of  
General Federation of Women's Clubs – California Federation of Women's Clubs

Barbee Heiny, President  
"You'll Never Walk Alone with Federation"  
LX – Volume 3  
November 2017

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Gerda Trutzl, Paper Mailing  
Barbee Heiny, E-Mailing, Webmaster

## A Message from the President:

The October Council was well attended, and the speaker for the Downey Rose Float Association was excellent. He gave a lot of information to take to our clubs about the construction, and history of the Rose Floats. Thanks to Woman's Club of Lakewood for hosting the delicious lunch. And thanks to the Woman's Club of Artesia-Cerritos for decorating the tables.

Several of us were guests of the South Gate Women's Club Reciprocity luncheon on October 11 and enjoyed the costumes some wore for Halloween. We were served a great lunch. President Robbie Hicklin and 1<sup>st</sup> Vice President Bobbie Thompson made their guests feel very welcome and gave each a cute Halloween jack-o-lantern.

Area C on October 14 was a great success at the lovely Santa Monica Clubhouse. Several State Officers and speakers gave very inspiring messages to take to our districts and clubs. The food was delicious and thanks to all the ladies who brought clothes for our hurricane victims. My car was full.

The November 13<sup>th</sup> District Meeting will be followed by a Report Writing Workshop. Encourage your club chairmen to attend; and, of course, all District chairmen should attend. Please plan to stay and enjoy lunch and attend Dean Jane Hendrick's "Report Writing Workshop." See you there.

**All Club Members, please remember, you are all welcome** to attend the Los Cerritos District Meetings. Sign up through your club for events where lunch is served.

Barbee Heiny, Los Cerritos District President

## CALENDAR

### Monday, November 13

District Executive Committee-  
8:30 a.m.

Coffee- 9:30 a.m.

District Board Meeting-  
10 a.m.

Progress Park  
15500 Downey Ave., Paramount

### *Report Writing Workshop*

*Lunch - Bring sandwich cut in fourths  
to share and the rest will be provided*

### Wednesday, November 15

Paramount Women's Club  
Federation/Reciprocity  
11:30 a.m.

Progress Park  
15500 Downey Ave., Paramount

### Thursday, November 16

District Pala Casino Bus Trip  
Check in 9:30 a.m. at

Progress Park  
15500 Downey Ave., Paramount  
(Reserv. 562-818-3137)

### Friday, November 17

Les Chapeaux Divas  
The Local Spot  
6200 E. Pacific Coast Highway (at Loynes)  
Long Beach, 90803

### Thursday, November 23

Thanksgiving

### **3<sup>rd</sup> Vice President, Programs:**

Our October Council meeting was, in my eyes, a great success. We had a wonderful program presented by Mr. Kelley Roberts from the Downey Rose Float Association. Who knew that there was so much work, money and time invested in building a Float? The Downey Float is one of only six self-built Floats in the Rose Parade: built entirely by Volunteers. WOW.

Mr. Roberts even had some sample pieces on display from previous floats to check out and to touch.

It looked like everyone attending the October Council really enjoyed the program. Many questions were asked and answered.

Now my eyes and ears are open to suggestions for interesting programs for March Council and our Los Cerritos District Convention, both in 2018.

This Chairman is looking forward to seeing all of you at our November Report Writing Workshop. Don't forget to bring your sandwich.

Take care,  
Gerda Trutzl, 3<sup>rd</sup> Vice President,  
Programs



### **4<sup>th</sup> Vice President, Fundraising:**

**PALA CASINO BUS TRIP.** November 16, 2017. The flyer is included in this bulletin. Call 562-818-3137 with questions.

#### **FESTIVAL OF TREES TICKETS.**

Thanks to all the clubs for picking up 150 tickets each. If you need more, they will be available at the Los Cerritos District November 13th meeting. They can be sold to anyone. Put your club name on the back of the stub and your name also if you wish. Return stubs at the Festival of Trees event on December 11<sup>th</sup>.

Love in federation  
Ruby Cure, 4<sup>th</sup> Vice President,  
Fundraising

### **Advocates for Children Chairman Announcement:**

#### *Community Service Programs*

This Chairman met with agent Carmen De Arce, a victim specialist with the FBI. During my visit, Agent De Arce presented me with Child Advocacy and Domestic Violence information materials. Agent De Arce stated that she would be willing to speak with our clubs about issues pertaining to Child Advocacy and Domestic Violence. If you are interested in having her as a guest speaker, you may contact her at (562) 982-1685. The location of the FBI Building is in Long Beach at 4811 Airport Plaza Drive. Carmen De Arce's office is located in Suite 500.

Judy Dessel, Child Advocacy Chairman

THE LOS ANGELES  
PHILIPPINE WOMEN'S CLUB

*For the first time, our club will participate in  
the Christmas Lantern Parade - Friday,  
December 01, 2017 at 5:00 p.m.*

Experience the unique Filipino tradition of celebrating the Birth of Jesus at a special holiday event featuring a caravan of vehicle "floats" showcasing bright, giant colorfully decorated five-pointed star lanterns or parols. Parols or Christmas Lanterns were used to adorn homes in the Philippines for generations during the holiday season. Marching bands and carolers are slated to compliment the excitement and pageantry of this special event.

"It's a great way to increase awareness and appreciation of our Philippine cultural heritage among our young people and our multi-cultural Los Angeles general community, not just the folks who live, work or worship in Historic Filipino town." Cecilia Ramos, President of Historic Filipino town Neighborhood Council, Inc.

The parade will begin at 5:00 p.m. and will go westward from Union to Beverly Blvd, turn right to Robinson, right to Temple Blvd., and right on Bonnie Brae then left on Beverly Blvd. and left to Burlington Street. *Ending up at the FCC/FACLA compound at 1740 W. Temple Street, Los Angeles, CA. 90026.*

## DEADLINES

Pala Casino Bus Trip Reservations  
to **Ruby Cure** 562-421-8416 or  
562-818-3137

by.....**Nov 1**

December Newsletter Articles

to **Paulina Jones**

LosCerritosEditor@gmail.com

by.....**Nov 15**

### Editor's Note

Am I the only Club Dean that gets excited about report writing? I don't think so! I cannot wait to see you at the Report Writing Workshop on November 13! Writing reports is a great way for you to document what exactly your club has been doing for the past year! I love to write the Woman's Club of Bellflower's reports because it makes me appreciate what we work so hard on all year long. Whether it is small projects or BIG ones, you should write it down so that everyone, from your district friends to people in the CFWC/GFWC, can see how hard our clubs have been working to make differences in our communities!

I hope you have a beautiful Thanksgiving surrounded by the people, and food, that you love!

Sincerely,  
Paulina Selene Jones, Editor



OFFICIAL  
RELEASE

# GENERAL FEDERATION of WOMEN'S CLUBS



## GFWC Legislative Priorities 2016-2018

### Family/Domestic Violence Prevention & Services

The Signature Program of GFWC is Domestic Violence Awareness and Prevention. It is our mission to ensure that domestic violence awareness programming, services to survivors and community shelters receive maximum resources through legislation like the Violence Against Women Act (VAWA), the Victims of Crime Act (VOCA), and the Family Violence Prevention Services Act. Child abuse prevention, teen dating violence, and elder abuse are also key components of GFWC's Domestic Violence Awareness and Prevention program.

### Children Services

The GFWC Juniors' Special Program is Advocates for Children. Through this initiative our members support efforts to provide private, federal, state, and local resources to nurture and protect our nation's children.

### Women's Health

Our clubs work with their communities, the government, and the private sector to improve the quality and affordability of health care services, prescription drugs, and insurance for all. We also work to support legislation that prohibits discrimination for pre-existing conditions in determining insurance eligibility and rates, gender discrimination in insurance rating and medical research, and lifetime caps. We urge continued commitment and funding for women's health programs and insist that women be included in all phases of clinical trials in the same proportion as men, and that data for gender difference be analyzed for impact.

### Opioids

GFWC advocates for the development of opioid educational awareness programs for providers, patients, and the community. We also promote legislation and regulations to combat opioid addiction and overdose.

### Human Trafficking

GFWC works closely with the US Fund for UNICEF to End Human Trafficking, both domestically and internationally. Our members urge Congress to make this a priority.

### Campus Sexual Assault

Victims of sexual assault require specialized medical treatment and counseling services. Campus sexual assault survivors suffer high rates of PTSD, depression, and drug or alcohol abuse which can hamper both the ability to succeed in school and future employment. Educational equity for women and girls requires fair, responsive, fully developed campus sexual assault policies, knowledgeable administrators, and ultimately, an end to sexual violence on college campuses.

### Female Veterans

GFWC continues to advocate for our nation's female veterans as well as those in active duty. We urge Congress to pass legislation protecting our servicewomen and men from military sexual assault. GFWC successfully urged Congress to honor female WWII pilots by allowing them to be inurned at Arlington National Cemetery.

OFFICIAL  
RELEASE

# GENERAL FEDERATION of WOMEN'S CLUBS



## TIPS FOR MEETING WITH LEGISLATORS

2016-2018 GFWC Legislation/Public Policy

June 2017

- ❖ A Legislator's website/newsletter/social media messages are the best way to find out about your legislator's work and interests. Research before you visit!
- ❖ When requesting a meeting, describe your organization and the purpose of the meeting: The Best Woman's Club, located in your district, would like to discuss local resources and programs to support survivors of domestic violence.
- ❖ Identifying the reason for your visit in advance provides the office the opportunity to make certain you are meeting with the right staff.
- ❖ Normal meeting times: 30 minutes for staff and 10-15 minutes for legislators. If meeting with the Legislator, then ask for a photo with the group for your website.
- ❖ Prioritize your message; don't try to cover too much. There are 50 members of The Best Woman's Club and we care about preventing domestic violence and increasing resources for survivors because it impacts children and families in our community. Get the talking points from GFWC's Legislative Action Center and/or GFWC Resolutions.
- ❖ Meet with your Legislator or staff in the local district office. Locations are listed on their websites. Often they host town halls or local community meetings. Building a relationship with the local staff is the best entree to the Legislator. Invite the district director to speak to The Best Woman's Club and learn more about his/her job and issues which are important. When the club is hosting special events, invite the local district staff to attend. When you are visiting Washington, DC, meet with your congressional delegation – two Senate offices and your member of Congress.
- ❖ Have a Leave Behind: a one pager which describes the issue, gives relevant information, includes an ASK, and also includes a brief description of The Best Woman's Club and the best local contact.
- ❖ Use your resources: check federal department websites, non-profit organizations which are issue based – such as education or conservation, and do your homework before meeting with elected officials.
- ❖ Leave enough time for them to ask questions, and enjoy. This is your civic duty!

# **PALA CASINO BUS TRIP**

**NOVEMBER 16, 2017**

**\$20.00 EACH**

**Make checks payable to:**  
**Los Cerritos District**

**Receive on the bus:**

**Bottled Water**

**Breakfast Snacks**

**Muffins – Donut Holes – Apple Juice**

**Bingo on the Bus**

**\$1.00 per card**

## **Bus Pick-up Location**

**Paramount Progress Park**

**15500 Downey Ave. Paramount 90723**

**Must Check in by 9:15 a.m.**

**Bus leaves at 9:30 a.m.**

**5 Hours 11:30 a.m. – 4:30 p.m. at Casino**

**Sign Up Today – Make Your Reservation**

**NAME – ADDRESS – BIRTHDAY – PHONE # - PALA CARD #**  
**(IF YOU HAVE A PALA CARD)**

**Questions? Call Ruby Cure, 562-421-8416 or 562-818-3137**

**Mail Check & Information: 4137 Chatwin Ave., Lakewood 90713**

**DEADLINE - NOVEMBER 1, 2017**

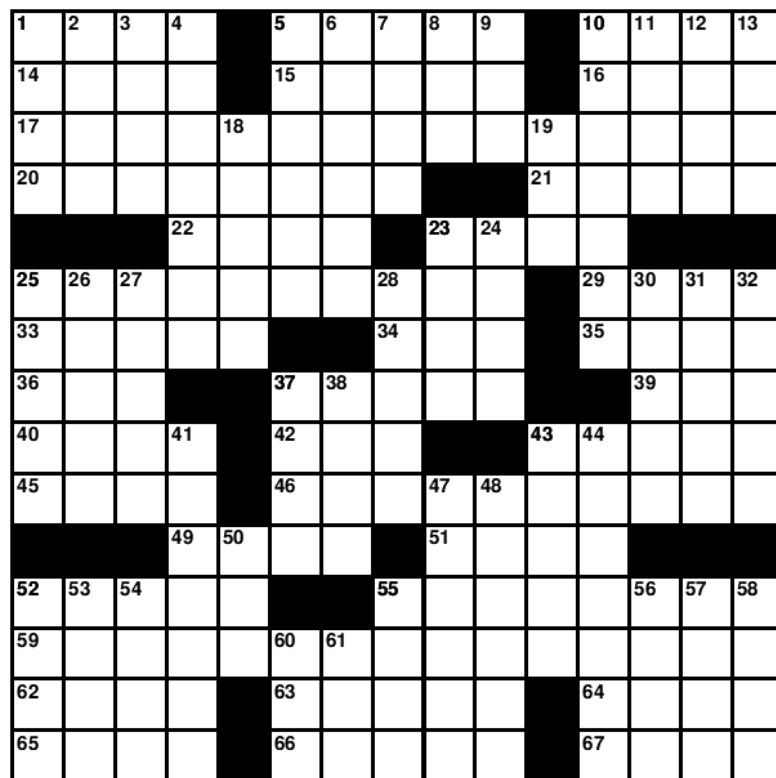


# After the Fall

Robert Stockton

## Across

1. Dubai denizen
5. Begged for Bengay
10. Bog down
14. Jazzy Horne
15. Gusts of sound
16. Sounds of disgust
17. \*
20. Leaving a mark?
21. First name in talk
22. Ten: Prefix
23. Farrier's fabrication
25. \*
29. Sarah Palin's youngest
33. Eroded
34. Langley, VA org.
35. Adam's third
36. Orr's org.
37. Answer for the clues in 17, 25, 46, and 59 across
39. Padre's hermano
40. Sweet beginning
42. Lord's Prayer opener
43. Gulls' kin
45. Air\_\_\_\_: Florida-based carrier
46. \*
49. Potter's oven
51. "Who knows what \_\_\_ lurks..."
52. Not subject to conjecture
55. Kind of stand
59. \*
62. Kind of rel.
63. Where comics might fall
64. Common order, with "the"
65. Hammer or sickle
66. Actress Rene of "Ransom"



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67. Glimpse

## Down

1. Pennies for the poor
2. Jackie Wilson hit -- "\_\_\_ Petite"
3. "I" in "The King and I"
4. "I wouldn't advise it!"
5. Sunflower relative with healing properties
6. French brandy
7. Big bass, slangily
8. Elizabethan or Victorian
9. High-speed WWW access
10. Jim Henson's menagerie
11. Stravinsky or

Sikorsky

12. 'Cheers' costar Perlman
13. Bk. before Job
18. Kryptonian, in a way
19. Elton's john
23. Follows behind the boat
24. It's packed by gangsters
25. Art able to
26. "None of the above!"
27. Scooby's spectacled sidekick
28. Once and future oak
30. Old, but new again
31. Turner autobiography
32. Questionable radar return
37. Barnyard birds
38. Bring to naught

41. Old school desk accessory

43. Singer Lopez
44. Moon shadow?
47. Fundamental beliefs
48. "In spite of that..."
50. Mich. neighbor
52. Make socks, maybe
53. Taboo
54. Sergeant Snorkel's sidekick
55. Bears of Barcelona
56. Transcript figs.
57. Traditional source for paper or rope
58. Deuce follower
60. "All Things Considered" ailer
61. Sch. founded by a televangelist

**California Federation of Women's Clubs  
LOS CERRITOS DISTRICT  
BULLETIN  
11450 Adenmore Ave.  
Downey, CA 90241**

Address Service Requested

