

# Trinity Prep Aquatics



## ***“Swim Your Own Age Meet”***

**May 5, 2018**  
**Winter Park, Florida**

**Sanctioned By:** Florida Swimming of USA Swimming – # 4377

**“In granting this approval it is understood and agreed that USA Swimming and Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event.”**

**Condition of Sanction:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

**Changing clothing on the pool deck:** Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strictly prohibited.

**Camera Zones:** Per Florida Swimming Rule 223.13, Meet Management shall designate and inform the public of “Camera Zones” at each swim meet where both still photography of a race or a competitor in a race may be taken. Acceptable “Camera Zones” may include, but are not limited to the side course of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a “start end.” Meet Management shall also designate “Non-Camera Zones.” Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the race course(s) while they are in use for “race starting purposes” during competition and warm-ups, locker rooms, restrooms, or any other dressing areas. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

**DRONES:** Operation of a drone, or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Type of Meet:** 25 Yard Course – All events are timed finals.

**Sponsored By:** Trinity Prep Aquatics, Trinity Preparatory School.

**Location:** Trinity Preparatory School Pool, 5700 Trinity Prep Lane, Winter Park, FL 32792

**Pool Specs:** 10 lane certified 25 yard course with non-turbulent lane lines. Four lanes, 25 yard continuous warm-up/down area plus 5 lanes 34.5m.

**Pool & Timing:** Daktronics timing system and Hy-Tek Computer seeding and scoring will be used. The water depth at the competition meet starting end of the pool is 5 feet, 0 inches, turn end is 4 feet, 0 inches (start end for 25 yard events with no blocks). The GalaxyPro™ light emitting diode (LED) Video Messaging Display by Daktronics set up for a 10 lane scoreboard will be used.

**Dates / Times:**

**Session 1 -** Timed Finals 10 Lanes – Individual Events.  
Warm-up – 8:00; Start – 9:00am.

**Session 2 -** Timed Finals 10 Lanes – Relay Events.  
Immediately after final Individual Events  
In session 1.

During warm up swimmers must enter feet first with at least one hand in contact with the pool deck except when executing a controlled racing start supervised by a coach.

The referee/marshal may alter warm-up procedures to meet the needs of the swimmers.

NOTE: Fly over starts may be used at the discretion of Meet Management.

**Eligibility:** Open to all current USA Swimming registered athletes and foreign swimmers with proper travel credentials. Entries will close upon receipt of any team's entries that put any one session at the four hour limit.  
On deck registration will be allowed, 2018 USA-S form & fee must be presented to the Referee.

**Disability:** Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.

**Relays:** Each team may enter unlimited relays per event. An athlete may compete in a relay in their age group or in the Open category but not both in that relay event sequence. Relays will be non-scoring.

**Seeding:** 25 yard times will be used. Conversions may be made using the formula in the current Florida Swimming Handbook.

**Entry Limit:** Five (5) individual events per day. Swimmers over-entered will be considered as entered in the first five (5) individual events of each day

Trinity Prep reserves the right to limit the entries in events 200YD if the timeline is too long. Meet Management may limit entries in the event the timeline exceeds 4 hours in any session including events for 12 and Under swimmers.

**Scratch Penalty:** No penalty for scratches on the block.

**Entry Form:** **Entries in a Hy-Tek meet entry export file with associated printout should be emailed to [kyannessa@gmail.com](mailto:kyannessa@gmail.com).** Mailed and hand delivered disks will be accepted. Entries not submitted electronically either through email or diskette will be charged an additional \$50.00 fee. The current USA Swimming registration number must be listed on the hard copy of the meet entries or be in the Hy-Tek meet entry export file. Errors in entries submitted electronically are the responsibility of the applicant. **Submission of electronic entries certifies that all entered swimmers are USA Registered.**

**Entry Deadline:** Monday, April 30, 2018@ 5:00 pm. Eastern – **Late Entries may be added if the heat sheet has not been printed.**

Email entries to: [kyannessa@gmail.com](mailto:kyannessa@gmail.com)

Mail Entries to: Trinity Prep Aquatics  
c/o Rocco Aceto  
5700 Trinity Prep Lane  
Winter Park, FL 32792

**Entries: USE SHORT COURSE YARDS TIMES ONLY FOR ENTRY**

**Entry Fee:** \$10.00 facility fee per swimmer, \$4.15 per individual event and \$5.00 per relay event. \$2 Electronic Heat Sheet

**Electronic Heat Sheets:** Heat sheets for athletes will be emailed to coaches and Florida Swimming for posting 48 hours prior to the start of the meet. Heat Sheets will be available for download at [www.tpaswim.com](http://www.tpaswim.com). Heat sheets will only be provided to coaches and officials.

**Deck Entries:** Will Not be accepted at this meet.

**Officials:** **Meet Manager:** Rocco Aceto  
**Stroke & Turn:** Susan Nesper  
**AO:** Keith Yannessa  
**Referee:** Dave Nesper  
**Marshalls:** Scott Baker  
**Starter:** Chuck Travers

All currently certified and in training USA Swimming officials are cordially invited to participate. All deck officials must be registered with USA Swimming and FL Swimming for 2018 and have a current Background Check acknowledged by USA Swimming. Please email the Meet Manager, Rocco Aceto [aceto@trinityprep.org](mailto:aceto@trinityprep.org), with your certification level and availability so he can plan accordingly.

**Rules:** Current USA Swimming Rules will govern the meet. "No Recall" starting procedures in effect. Safety rules as outlined by USA Swimming and recommended by the Referee will be in effect.

**Identification:** Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during a swim meet or prove current registration through Deck Pass.

**Team**

**Representative:** Prior to the start of the meet, the name of one person, other than the coach, who will check with the Meet Referee about any matter pertaining to the meet, may be given to the Meet Referee. The coach(es) and that person will only be recognized.

**Awards:** Individual Events: 1<sup>st</sup> – 8<sup>th</sup> Ribbons.  
Relay events: 1<sup>st</sup>-3<sup>rd</sup>.  
**High Point: 1<sup>st</sup> through 3<sup>rd</sup> receive Trophies**

**Scoring:** Individual Events: 1<sup>st</sup> through 8<sup>th</sup> – 9,7,6,5,4,3,2,1

**Concession:** Available All Sessions

**Info Update:** Call Rocco Aceto at 321.282.2558 or check for updates to meet information on the TPA web site. Time Lines and Psyche Sheets will be available the Tuesday prior to the meet at <http://www.tpaswim.org>.

**Coaches:** Rocco Aceto, Anne Marie Stricklin, Scott Baker, Keith Yannessa,

**Supervision:** Each swimmer participating in a Florida Swimming sanctioned meet must be supervised during warm-up and competition by a current Coach member of USA Swimming. An unattached athlete or an athlete not escorted by a Coach member must check in with the Meet Referee upon arrival at the meet. Such athletes must find a substitute Coach who will supervise him/her during warm-up and competition and must submit the enclosed Alternate Coaches Form (signed) to the Meet Referee.

**Meet Committee:** A committee consisting of the Meet Manager, Meet Referee, two volunteer coaches from visiting teams and one senior athlete, will be formed prior to the meet, and shall be wholly responsible for making decisions regarding delaying, postponing or canceling the meet or any portion of the meet in the event of inclement weather or other threatening conditions, or any situation requiring a decision of the Committee regarding the meet. The committee will meet as needed.





Event # Girls	Event # Boys	Age Group	Event	Codes
53	54	6 and Under	25y Butterfly	T
55	56	14 Year Olds	50y Freestyle	T
57	58	13 Year Olds	50y Freestyle	T
59	60	12 Year Olds	50y Freestyle	T
61	62	11 Year Olds	50y Freestyle	T
63	64	10 Year Olds	50y Freestyle	T
65	66	9 Year Olds	50y Freestyle	T
67	68	8 Year Olds	25y Freestyle	T
69	70	7 Year Olds	25y Freestyle	T
71	72	6 and Under	25y Freestyle	T
73	74	14 Year Olds	200y IM	T
75	76	13 Year Olds	200y IM	T
77	78	12 Year Olds	100y IM	T
79	80	11 Year Olds	100y IM	T
81	82	10 Year Olds	100y IM	T
83	84	9 Year Olds	100y IM	T
85	86	8 Year Olds	100y IM	T

### Session 2

Event # Girls	Event # Boys	Age Group	Event	Codes
87	88	14 and Under	200y Medley Relay	T
89	90	12 and Under	200y Medley Relay	T
91	92	10 and Under	100y Medley Relay	T
93	94	8 and Under	100y Medley Relay	T
95	96	14 and Under	200y Free Relay	T
97	98	12 and Under	200y Free Relay	T
99	100	10 and Under	100y Free Relay	T
101	102	8 and Under	100y Free Relay	T

- \* Relays for **event numbers 87-102** were set up to allow your relays to be filled in with the lower aged athletes.



**TRINITY PREP AQUATICS**  
**Alternate Coaches Form**  
**May 5, 2018**

The following swimmers are entered in the meet and are attending without a coach.

Swimmer's Name	USA #	Team	Age

**I am a certified coach of USA Swimming in good standing and I agree to coach the above named swimmer(s) during all warm-ups and competitions in which they participate associated with this meet.**

***Signature***

\_\_\_\_\_

Print Name \_\_\_\_\_

Coaches Team \_\_\_\_\_