

March/April 2018
At a glance
Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
18 Worship 11:15 am Prayer Candles	19 AA 8 pm	20 Cards 9:30 TOPS 6:30	21 Lenten Soup and Worship 5:30 pm	22 Craft Study 1:30	23	24 ICF Breakfast 9 am
25 Worship 11:15 am PALM SUNDAY Potluck Cong Care Speaker	26 Meditation 7 pm AA 8 pm	27 Cards 9:30 TOPS 6:30	28	29 Craft Study 1:30 Maundy Thursday	30 Good Friday	31 Holy Saturday
HOLY WEEK						
1 Worship 11:15 am EASTER Communion	2 Meditation 7 pm AA 8 pm	3 Cards 9:30 TOPS 6:30	4	5 Craft Study 1:30 Family Dinner 6 pm	6	7
Russell's back!!!						
8 Worship 11:15 am Open Hearts Jar	9 Meditation 7 pm AA 8 pm	10 Cards 9:30 TOPS 6:30	11	12 Craft Study 1:30	13	14 Women's Breakfast 8 am
15 Worship 11:15 am Prayer Candles	16 Meditation 7 pm AA 8 pm	17 Cards 9:30 TOPS 6:30 LSC Meeting 7 pm	18	19 Craft Study 1:30	20	21

TOPS = Take Off Pounds Sensibly
AA = Alcoholics Anonymous



ANNOUNCEMENTS

March 18, 2018

306-761-0556 eastsideunited@sasktel.net
 Like us on facebook (Eastside United Church)
 Follow us on Twitter @Eastside_united
 www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Worship Leader: Hazel Arbon
 Greeting: Robert Haynes and Alma Pockrandt
 Congregational Care Greeter: Sheri Nupdal
 Prayers: Cindy Haynes
 PowerPoint: Stephannie Banks
 Music: *Arise!* Eastside's awesome worship band
 Last week's attendance: NA

Russell is on Sabbatical until April 2, 2018.

Ken's e-mail address: kmpowers@sasktel.net
 Hazel's e-mail address: pinkhouse@sasktel.net

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Scripture Reading: John 19:1-16a

Songs –

Above All
Let Us Build a House MV #1 vs 4
Let these Broken Bones Dance
He Touched Me
At the Cross (Love Ran Red)
Give Thanks
Testify to Love
On the Wings of a Dove

House of Esther is in need of a new house group leader to work with Dale Banks. Please see Dale if you can help share the work load a bit. Dale has been serving as house leader for some time and can show you the ropes.

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. If you need a ride call Rod 306-789-1388. Everyone is welcome.

LSC Meditation Group: Monday, March 26 at 7 pm in the East Sanctuary. We'd love to have you join us whether you're new to meditation or an experienced practitioner. All are welcome, remember to wear comfortable clothing. For more info, please get in touch with Sheri Nupdal at sherinupdal7@gmail.com. We are switching to every other Monday until spring.

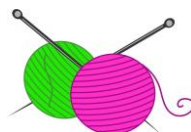
Eastside's Craft/Study Group Thursdays at 1:30 pm in the Multipurpose Room and East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are reading *The Great Spiritual Migration* by Brian McLaren. Let the office know if you'd like to jump in and we'll get you a book!



This Lent, the Living Spirit Centre is again hosting a **simple soup and bread supper** prior to its **short evening Lenten worship services**. Please join us next Wednesday, March 14 and each Wednesday throughout Lent. The theme of this year's Lenten services is *Spiritual Practices* and upcoming services will be centred around the following: March 21 – Psalm 51 and Mercy. Supper at 5:30 pm, worship begins at 7.

Gong Bath: Sunday, March 18 at 4:30 pm at the LSC. Doors open at 4:10 pm. Bring blankets, pillows, a yoga mat or something soft to lie on. Cost is \$20 per person. Stay for tea and snacks afterwards; this month we will be having a potluck supper as well! Please register with Lorraine Walker at prairie.flow@gmail.com. A gong bath is an hour-long meditation. You lie on the floor and are immersed in the sounds and vibrations of the gong. It is an ancient sound that allows you to experience a deep meditation. These meditations are open to everyone, so feel free to invite your friends.

Plans are coming together for a fabulous Taste of Skylight Festival, April 20 and 21, 2018! We invite you to get in on the fun by signing up for a volunteer role. We will need volunteers in the following areas: Hospitality (greeting, refreshments, snacks) especially greeters; Site logistics (decorating, sound, set up); Registration, registrar and people to help at registration table. Team leaders are needed for both Site logistics and Registration. Please let Russell know of your interest at russellmw88@gmail.com.



Atamiskākēwak National Gathering 2018 is the bringing together of all people in a week of experiences, education, understanding, and fun, bridging the gap between Indigenous and non-Indigenous peoples! It is taking place in Moose Jaw, Saskatchewan April 23rd - 28th, 2018 in Treaty 4 Territory; Nēwō Tipahātain Askīy and the traditional territory of the Cree and Saulteaux, Assiniboine, and Métis. Check out the event website: <http://www.nationalgathering.ca/index.php>. The week will consist of national and international attendance on "how" to build right relationships on the journey of reconciliation between Indigenous and non-Indigenous peoples. It will be "how" do we apply and act on the '94 Calls to Action' in today's reality.

As chairperson of the Friars' Briar planning committee I would like to thank everyone who shared their plastic containers so that we could share the leftover food from our banquet with Carmichael Outreach. The food was very much appreciated and it was possible with your support of the containers. ~ Jerry Borkowsky

WESTMINSTER WORLD MARKET: Saturday, March 24 from 10 am to 2 pm, Westminster will host approximately 30 tables where Newcomers to our city will sell their products of food and crafts. Our last market had 16 countries represented! Entry by donation goes to our newcomer families. Come and enjoy the flavours of the world!

The **Inhabit Conference** is a three-day experience (with Pre Day) April 26-28 dedicated to helping you practice faithful presence and seek the flourishing of your place. Join hundreds of practitioners from across North America at the beautiful Seattle School of Theology and Psychology for one of the most transformative breakthrough gatherings of the year. Join Russell as he attends this conference as part of his *Leadership in the New Parish* Course. He is encouraged to bring people from his community. A special ticket rate is available until February 25, 2018. The rates are \$119USD for individuals, \$109USD per person if there is a group of three or more. If you are interested, contact him at russellmw88@sasktel.net.

"Hypno-Fun-d-raiser" Friday, March 23 at 7:30 pm at Heritage United Church, 1050 N Arnason St. Come for a fun filled evening of hypnosis while helping to raise funds for Heritage United Church! Hypnotist Joyce Warren provides an interactive family-appropriate show filled with fun and energy. Come see the show or be the show! Tickets can be purchased from the church office (306-949-8377) or from Marilyn Leask (306-543-9816). Tickets: Adults \$15; children 10 and under are free. Find out more about the Hypnosis Show at joycewarrenhypnosis.com.

A Taste of Skylight

Come and get a flavour of Skylight Festival, a festival of Arts, Spirituality and Social Justice held in Paris ON, each summer. **A Taste of Skylight April 20-21**, planned jointly by Eastside United Church, Bread of Life Lutheran, and St. Philip Anglican churches will provide the opportunity for you to experience the intersection of these elements of life through dynamic and engaging contributors. **Friday night begins with a free pre-event at 6 pm with Archbishop Don Bolen and Rabbi Jeremy Parnes offering a further dialogue on the work of Leonard Cohen.**

The paid program starts at 8 pm with Saskatchewan musician Roberta Nichol. Saturday starts at 9 am with a talk by Zarqa Nawaz and then there will be a choice between a speaker and a musician/artist during most of the day. Advance tickets \$25 for Adults, \$15 for seniors, \$10 for youth and young adults, and children are free. There will be a children's program, including a Messy Church workshop for all ages together. The day concludes with an all ages worship experience at 3 pm followed an optional session of Beer and Hymns from 4-5 pm.

To register and for information on speakers and schedule, check our website: <http://bit.ly/TasteofSkylight>. Ticket price does not include lunch - a separate lunch ticket can be purchased, offered by Munch Café. If the ticket price is a hindrance to your attendance please contact us to get information regarding how to register. Tickets at the door will be available for \$30. For more information contact russellmw88@gmail.com.



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