Spring 2019 Sunday Ride Schedule

Sunday rides are determined by the ride leader and can be any level of difficulty, style and length. Read the ride description to determine if each ride is appropriate for your individual capabilities. Rides depart promptly at the times listed. Please arrive at the start a few minutes early in order to prepare yourself and your bike so that you will not delay the start. Bring snacks and fluids according to your needs. Protect yourself from the sun, use sun screen.

Start times specified in ride descriptions.

Rain cancels - phone the ride leader when in doubt.

- **April 7:** Meet at 10:00 AM at Stanley Park 2nd entrance off Western Ave in Westfield, the Rose Garden gate will be closed in April. We will ride to Red Riding Hood in Southwick, (off the bike trail), we'll be taking a different route to get to breakfast. Total miles approx 32 miles, we will keep an eye to the sky and adjust route if necessary, some hills, ride will be in Westfield, Southwick, Granby, CT Leader: Mary Ann Siron Home (413) 568-3304 Cell (413) 579-1688 e-mail ottertales2@comcast.net
- **April 14:** Meet at 10:00 AM at Stop and Shop 1282 Springfield St. Feeding Hills, MA. Ride about 30 miles through Suffield, Windsor Locks, and Feeding Hills. Bring snacks and water. Leader: Joe Whalen (413) 374-1797. Email: wailinjoe1@msn.com
- **April 21 Easter Sunday:** "Rice's Fruit Farm" Meet at 9:00 AM at 98 Parker St. East Longmeadow, MA. 20-25 Miles with some hills and some busier roads. Breakfast at Rice's Fruit Farm (Bagels, baked goods, organic coffee, breakfast sandwiches, muffin tops, cider doughnuts, fresh produce) Leaders: Diane and Kerry Goguen 525-4029(H) 413-244-4110 (Diane's cell)
- **April 28:** Meet at 10:00 AM on the west side of the Longmeadow Shops parking lot, 684 Bliss Rd. Longmeadow, MA. Approximately 27 miles through Stebbins wildlife refuge, looping back through Enfield. Bring snack for rest stop. Leader: Tom Copp (860) 573-0329 or downryder trc@hotmail.com.
- **May 5:** Meet at 10:00 AM in parking lot of Highland Park Market, 68 Bridge St in Suffield CT.; ride 25-30 miles through Windsor Locks, WIndsor, and Windsor Historic District; bring lunch and drinks. Leader: Sue Strange (860) 763-3046.
- **May 5:** "Easthampton to Chesterfield Loop" Meet at 10:00 AM in Family Dollar parking lot, 90 Union St., Easthampton, MA. 38 miles and 2857 ft of elevation gain. A hilly ride up to Chesterfield which we will reach at mile 16. You can do it! Just think how much fun the downhill will be afterwards! Lunch stop at Outlook Farm at mile 25. Options for earlier return. Leader: Glenn Barnes (201) 625-2744 or Glenn1998_11@Yahoo.com
- **May 12:** "Tour of the Park" (Mother's Day) Meet at 9:00 AM at Goguen's 98 Parker St., East Longmeadow, MA. Breakfast at Friendlys. Flat to rolling terrain 25-30 miles. Leaders: Diane and Kerry Goguen 525-4029(H) 413-244-4110 (Diane's cell)

May 19: "Up the River and Back Down" Meet at 10:00 AM at Sugarloaf Parking Lot. 40 mile ride with lunch stop at Mim's in Northfield. Leaders: Betty and Ray Siwinski (413) 427-6095 or bettrad@msn.com.

May 26: Meet at 8:30 AM at Denny's, 111 Elm St., Enfield CT, for breakfast. The ride will start at 10:15 from the Park and Rec Dept., 761 Old Main St. Rocky Hill. We will ride to the Rocky Hill/ Glastonbury Ferry, take the ferry across the Connecticut River for a 33 mile ride. The ferry costs \$2 each way so please bring \$4. Leader: Brian Machia (413) 531-9464 or bmachia@repub.com