

September 2017



25260 La Paz Rd. Ste. K

Laguna Hills, CA 92653

www.swayballroomdance.com

First Free Private Lesson

949-297-3840

info@swayballroomdance.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Class Abbreviation Descriptions Beg: Beginner – No dance knowledge necessary Int: Intermediate – Should be comfortable dancing the basics Prog: Progressive – Series builds each week			Ballroom Classes - \$15 Dance Party - \$7 (Includes 7:45 Beginner Group Class) \$100 Unlimited Classes and Parties		1 No Classes/Dance Party Embassy Ball in Irvine	2 8:30 Zumba
3 10:30 Ageless Ballet No Ballroom Classes LABOR DAY 	4 10:30 Ageless Ballet No Ballroom Classes LABOR DAY 	5 7:00 Int EC Swing 7:45 Prog Paso Doble (1/4)	6 6:15 Social Salsa 7:00 Beg Bachata 7:45 Technique: Rumba	7 11:00 Ageless Yoga 7:00 Int Tango 7:45 Prog Jive (1/4)	8 7:00 Int Cha Cha 7:45 Beg Rumba 8:30 Dance Party	9 8:30 Zumba 11:00 Beg Line Dance 12:00 Int Line Dance
10 10:30 Ageless Ballet 6:15 Social WC Swing 7:00 Beg Samba 7:45 Int EC Swing	11 10:30 Ageless Ballet 6:15 Social WC Swing 7:00 Beg Samba 7:45 Int EC Swing	12 7:00 Int Hustle 7:45 Prog Paso Doble (2/4)	13 6:15 Social Salsa 7:00 Beg Tango 7:45 Technique: Samba	14 11:00 Ageless Yoga 7:00 Int Merengue 7:45 Prog Jive (2/4)	15 5:30 Kids Ballroom 7:00 Int V Waltz 7:45 Beg Salsa 8:30 Dance Party	16 8:30 Zumba
17 10:30 Ageless Ballet 6:15 Social WC Swing 7:00 Beg Hustle 7:45 Int Tango	18 10:30 Ageless Ballet 6:15 Social WC Swing 7:00 Beg Hustle 7:45 Int Tango	19 7:00 Int NC 2 Step 7:45 Prog Paso Doble (3/4)	20 6:15 Social Salsa 7:00 Beg Foxtrot 7:45 Technique: Bolero	21 11:00 Ageless Yoga 7:00 Int Waltz 7:45 Prog Jive (3/4)	22 5:30 Kids Ballroom 7:00 Int Bolero 7:45 Beg Cha Cha 8:30 Dance Party	23 8:30 Zumba 11:00 Beg Line Dance 12:00 Int Line Dance
24 10:30 Ageless Ballet 6:15 Social WC Swing 7:00 Beg Salsa 7:45 Int Foxtrot	25 10:30 Ageless Ballet 6:15 Social WC Swing 7:00 Beg Salsa 7:45 Int Foxtrot	26 7:00 Int Rumba 7:45 Prog Paso Doble (4/4) Heather Smith Coaching	27 6:15 Social Salsa 7:00 Beg CW 2 Step 7:45 Technique: Waltz	28 11:00 Ageless Yoga 7:00 Int Salsa 7:45 Prog Jive (4/4)	29 5:30 Kids Ballroom 7:00 Int Samba 7:45 Beg EC Swing 8:30 Dance Party	30 8:30 Zumba Disco Team Match SoHo Dance LA 