

Work Experiences and Internship Programmes



New Faces, New Places
Bringing People Together

Facilitando Enlaces Europeos
Programas de prácticas y visitas profesionales

Professional Exchanges and Trade Missions



GETTING THERE:

FCG Trains from PI Espanya.

Cable car or rack rail train up the mountain

Montserrat is a monastery village located 48 kilometres (30 mi) west of Barcelona, situated on top of the Monserrat (literally meaning “serrated-edged mountain) mountain at 1235 metres (4000 feet) above sea level. Montserrat is the highest point of the Catalan lowlands, and stands central to the most populated part of Catalonia. From here, visitors can see almost all of Catalonia, and on a clear day the island of Mallorca is visible. Montserrat plays an important role in the cultural and spiritual life of Catalonia. It is Catalonia's most important religious retreat and played an important historical role during the Spanish Civil War. The excursion includes train tickets from Barcelona to Montserrat and the funicular/cable car/rack rail up and down the mountain.

Google Maps: <http://ht.ly/Yesfv>

We will meet at PI Espanya at 09h00 at the main elevator to the Arenas Commercial Center. This should give us enough time to catch the 09h36 R5 train to Manresa, that will get us to the cable car up the mountain (Aeri de Montserrat). Please do not be late, or you will lose precious time from a full day's activities at Montserrat (<http://www.montserratvisita.com/en/history>). There are two additional Funicular rides from the Monastery to other parts of Montserrat mountain, which are not included in this itinerary but are available for purchase. There are also eateries where you can purchase lunch.

Up and down Montserrat: We will take the **Cable Car (Aeri de Montserrat)** up the mountain, providing breathtaking views of the surrounding countryside. We will come down from the mountain on the **Cremallera Funicular - Rack Train** to the FCG trains, departing for Barcelona at 17:41, with arrival at PI Espanya at 18h45.

THE LAST TRAIN DOWN THE MOUNTAIN IS AT 18h41 – IF WE MISS THIS, WE CANNOT RETURN TO BARCELONA THAT SAME DAY, SO PLEASE BE ON TIME!

Wear your best walking shoes, as there is much to see, trails to hike and food to taste with the local country marketplace taking place on the weekends. It is also very windy at the top, so bring a light sweater or jacket if the wind bothers you.