

BOOK CLUB

Join us via Zoom

February: An American Marriage by Tayari Jones

Not your traditional American Marriage, that's for sure. Read this thrilling, heart wrenching tale of love!

Books for the rest of the year

March: Commonwealth by Ann Patchet April: The Guest List by Lucy Foley May: The Moment of Lift by Melinda Gates

June: Summer of '69 by Elin Hillenbrand



SIP N' LEARN

Wednesday, February 24th @ 7:00 pm Sensory and Motor Breaks with ABC Pediatric Therapy Join us via Zoom

Meeting ID: 494 502 5791

We know that winter can be tough, especially when it's too cold to go outside but our kids have ALL the energy!

Join us for a virtual meeting with ABC Pediatric Therapy! A Physical Therapist will walk us through a variety of sensory breaks, motor breaks, and 'brain' breaks for our young children. Bring any questions and be ready to add some tools to your parenting toolbox!