

CPR/AED Instruction for Lifespring Members



Join us for a special one hour class:



Introduction to CPR and AED (Automated External Defibrillator)

Wednesday, March 15, 2017

Saugerties Public Library
Community Room
11:00 am - Noon

Presenter: Marge Gagnon, RN

Participants will become familiar with CPR and the use of an AED device. The class is limited to 40 Lifespring members and will include hands-on practice on training mannequins. Participants should wear comfortable clothes.

Please note: This is not a certification course.

About Marge Gagnon: Founder of The Rose Women's Health Center, Marge's credentials and breadth of experience include her work in ICU and Nursing Administration and Education at Kingston Hospital, service on the Care-a-Van for the Ulster County Office for the Aging, and outstanding presentations on CPR in numerous community venues including local schools.

Registration

You must pre-register by Friday, **March 10th** to www.lifespringsaugerties.com or reply to this email. There is no fee for this class.