






Del Norte Senior Center
1765 Northcrest Drive
Crescent City, CA 95531
707-464-3069
Hours 9:00am to 4:00pm

COME JOIN US!!!
Lunch Served
Monday Thru Friday
11:00am TO 12:30Pm

Suggested meal contribution: \$3.00. No one over 60 will be denied a meal for inability to contribute. Those under 60 must pay a fee.

February 2025

	MON	TUE	WED	THU	FRI	SAT
Saltshaker indicates a higher sodium meal. Low-fat milk served with every meal. 	3 Egg Casserole, WW Blueberry Muffin, Rosemary Potatoes, Diced Apples & V-8 Juice	4 Teriyaki Chicken, Steamed Rice, Stir Fry Vegetables, Mandarin Oranges & Fortune Cookie	5 Meatloaf, Mashed Potatoes W/ Gravy, Carrots, W/W Bread & Fruit Cup	6 Bean and Cheese Burrito, Fiesta Corn, Spanish Rice & Tropical Fruit Cup	7 Cheeseburger on a WW Bun, Oven Baked Fries, Baked Beans & Orange	8 Menu is Subject To Change Without Notice
9 	10 Roasted Chicken, Scalloped Potatoes, Green Beans, WW Roll, Mixed Fruit Cup	11 Beef Stroganoff on Noodles, Brussel Sprouts, Garlic Bread & Fruit Cup	12 Chicken Pot Pie, Biscuit, Peas and Carrots & Apricots	13 Bean and Barley Soup, Green Salad w/dressing, Cheesy Garlic Bread, Cottage Cheese, WW Cracker & Orange	14 Sweet and Sour Chicken, Brown Rice, Asian Mixed Vegetables, Mandarin Oranges & Valentine Cookie	15 Gift Shop Open Daily
16 Gift Shop Open Daily	17 Presidents Day Site Closed	18 Split Pea Soup, Turkey & Cheese Sandwich WW Cracker & Orange	19 Oven Fried Chicken, Mashed Potatoes, Steamed Spinach, WW Roll Pineapple Tidbits	20 Baked Ziti W/4 Cheeses, Garlic Bread, Mixed Vegetables, Fruited Yogurt & Banana	21 Baked Fish, Rice Pilaf, Sauteed Cabbage, Garlic Bread & Fruit Cup	22 
23	24 Beef Stew, Corn Bread, Green Salad w/Dressing & Pears	25 Baked Turkey Ham, Sweet Potatoes, Succotash WW Roll & Applesauce	26 Cheese Enchiladas, Black Beans, Spanish Rice & Peaches	27 Chicken Cacciatore On Pasta, Italian Squash Mix, Garlic Bread & Fresh Fruit	28 Happy Birthday Salisbury Steak, Mashed Potatoes W/Gravy, Mixed Vegetables, W/W Roll, Fruit Juice & Birthday Cake	30
25 Volunteer Opportunities Available		Volunteer Opportunities Available		Volunteer Opportunities Available	Gift Shop Open Daily	Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304