

ROCK CREEK RACING ASSOCIATION
and MARYLAND YACHT CLUB



4th Annual MYC Challenge Race

August 26, 2016

SAILING INSTRUCTIONS

Updated 8/24/16

1. Rules

- a. The Series will be governed by the “rules” as defined in *The 2013-2016 Racing Rules of Sailing* (RRS), US Sailing prescriptions, and the rules of PHRF of the Chesapeake except as any of these are altered by these Sailing Instructions or any amendments thereto. All boats shall be in compliance with *PHRF of the Chesapeake, Category 5P Special Regulations*.
- b. RRS 63.7 is replaced by: “If there is a conflict between a *rule* in the Notice of Race and a *rule* in the Sailing Instructions, the rule in the Sailing Instructions and any amendments shall take precedence.”

2. Eligibility and Entry

- a. RCRA, MYC, and NPSA members.

3. Notices to Competitors

- a. Notices concerning the Notice of Race and the Sailing Instructions will be posted on the RCRA web page: <http://www.rockcreekracing.org/>
- b. Changes to the Sailing Instructions will be posted at least 24 hours before they take effect.

4. Signals Made Ashore

- a. There will be no signals made ashore.
- b. In the event of adverse weather conditions, monitor VHF channel 71 for possible race delay or cancellation by the Race Committee or Racing Chair.

5. Schedule

- a. The MYC Challenge Race will take place on Friday, August 26.
- b. There will be an awards party at MYC immediately following the race.

6. Class Flags

- a. Class Flags are requested, but not required.
 - i. PHRF Spinnaker – White
 - ii. PHRF Non-Spin – Blue

7. Rendezvous

- a. Rendezvous will be at RCRA mark “B” (approx. 4.3nm North of Rock Creek R”2”) at 1800 hours.
- b. All boats are requested to check in with the Race Committee.

- c. First warning shall be at 1815 and first boat(s) shall start at 1820

8. Courses

- a. Course(s) will be given on a separate document along with boat start times.
- b. The Race Committee will select the final course(s) to be used for each fleet (Spin and Non-Spin) prior to the Warning signal for all fleets.

9. The Start

- a. Races will be started by using rule 26 with the following addition: "An attention signal (flag L) will be displayed on the race committee signal boat when the committee boat is on station. Flag L will be removed with multiple sounds approximately one minute before the first warning signal." This changes rule 27.1.
- b. The starting line will be between a yellow flag on the committee boat and RCRA mark "B".
- c. Boats that are not immediately starting should stay well clear of boats that are starting ahead of them.
- d. Since this is a "pursuit" style race, starting times will depend on the boat's rating and course distance. A separate table will be provided for start times per registered boat. It will be up to the competitors to start at (and not before) their proper starting time. **All times will be based on GPS time.**

10. Signals

Event	Time*	Signal
Rendezvous	1800 (not timed)	"L" Flag up
Attention	1814 (not timed)	"L" Flag down, multiple horns
Warning	1815	1 horn
Preparatory	1816	horn + prep flag up
One-minute Warning	1819	1 long horn + prep down
First Start – subsequent starts will be per separate table and may or may not be announced	1820	1 horn

11. Individual Recall

- a. Will be in accordance with RRS 29.1. The Race committee *may* call sail numbers of the boats recorded OCS (on course side) on VHF channel 71. Failure to receive the transmission will not relieve a boat of the responsibility of starting properly, and is not grounds for redress. This changes RRS 62.1(a).

12. General Recall

- a. none

13. Abandoned/Postponed Races

- a. In the event it is necessary to abandon the race, the race committee will sound three (3) horns and make announcement via VHF radio channel 71.

14. The Finish

- a. The finish line is between the yellow flag on shore at MYC and Rock Creek channel marker R"4". All boats must also honor Rock Creek channel marker G"3". A boat has finished once any part of the boat in normal position crosses the finish line.

15. Penalty System

For any RRS Part 2 infraction, Rules 44.1 through 44.4 shall apply. RRS 44.1 is replaced by: "A boat that may have broken a rule of Part 2 while racing may take a penalty:

- a. At the time of the incident, by taking a two turns penalty (720° - in compliance with RRS 44.2).
- b. a 360° penalty turn for infractions when:
 - i. there is no contact between boats AND
 - ii. the incident does not occur within two boat-lengths of a start line, finish line, or rounding mark.

However, if the boat caused serious damages or gained a significant advantage in the race or series by her breach she shall retire.

16. Time Limits

- a. RRS 35 is replaced by: "A fixed time limit for all boats is established as 2015 hours."
- b. No boats will be finished after the time limit.
- c. The race committee can at its discretion abandon a race at any time by signaling with 3 sounds of the horn but only if no boats have finished the race.

17. Protests and Redress

- a. As the intention is to keep this a "fun" event, there shall be no post-race protests heard.

18. Scoring

- a. By definition of the pursuit style race, the final results shall be the actual order that boats finish the race.

19. Safety

- a. RRS 40 is replaced by: "It shall be the individual responsibility of each competitor to wear adequate personal buoyancy when conditions warrant." All safety equipment required by U.S. Coast Guard Regulations and Class rules must be carried on board.
- b. A boat that retires from a race shall notify the race committee as soon as possible.
- c. Racing boats must stay well clear of commercial shipping traffic at all times. Any boat that interferes with the operation of a commercial vessel for any reason, at the discretion of the race committee, may be DSQ'd.

20. Classes

- a. There shall be two classes for this event – Spinnaker and Non-Spin. However, both Spinnaker and Non-Spin boats will start as determined by each boat's individual ratings and course(s) selected.

21. Prizes

- a. There will be a social gathering at MYC and awards presentation immediately following the race. Boats are welcome to tie up temporarily and overnight dockage is available with prior arrangement. Contact: Manager@mdyc.org

22. Dockage

- a. Boats wishing to dock at MYC after the race, either temporary or overnight, can do this at no charge as long as they don't hook up to shore power. If they want to use shore power there is a \$15 charge. The captains are instructed to make prior arrangements by calling the MYC office at (410) 255-4444 for slip assignments.

23. Disclaimer of Liability

- a. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

24. Insurance

- a. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000 per event or the equivalent.
- b. Proof of insurance may be requested by the race committee at any time.

25. Contacts

- a. RCRA Commodore - Doug Loup, loupdc@hotmail.com
- b. MYC Sail Fleet Captain – Brad Houck, houckpa@comcast.net
- c. RCRA Race Committee Chair - John Anderson, jaanderson627@hotmail.com