



Dr. Celeste Owens

Certified Natural Health Professional Author Speaker

Celeste Owens, PhD, is a former psychologist turned wellness guru who offers wisdom, advice, and tools that promote health and healing from a Biblical perspective.

A 7-year Breast Cancer survivor, Dr. Celeste has personally experienced the healing power of a holistic lifestyle and proper nutrition. In fact, her personal battle with cancer inspired her to become a Certified Natural Health Professional and to adopt a clean-eating lifestyle. Now this once self-proclaimed “junk-food-junkie” is thriving post cancer and inspires others to do the same.

Dr. Celeste will enliven your next meeting or conference with her innovative approach to health and wellness. Her live-out-loud, transparent manner of message delivery leaves audiences laughing, learning, and transformed from the inside out as Dr. Celeste believes that when one “changes her mind, she changes her season.”

As a health and wellness aficionado Dr. Celeste has been featured on television programs such as Let’s Pray and Grace and Glory and interviewed for the Washington Post, Essence, Heart & Soul, and Vision Magazines. She is also extensively interviewed about her first book, The 40-Day Surrender Fast which chronicles her unlikely path to wholeness.

“Encouraging; regained my passion to succeed; informative; interactive; entertaining; presenter was a great inspiration and joy; and I would take anything by Dr. Celeste Owens.”

Various Participant Evaluations

POPULAR SPEAKING TOPICS

Back to Basics.

The experience of eating—with calorie counting and label reading—has become complicated. Let’s get back to basics as you learn of the life-changing power of water, rest, and proper nutrition on your overall health and wellness.

Sugar is from the Devil.

Sugar is a sneaky thing. It doesn’t just cause weight gain and cravings, but it’s over consumption can lead to health issues. Let Dr. Celeste help you break the cycle of sugar addiction for good.

Surrender Your Diet.

Enough with fad diets and get-skinny-quick schemes that keep you unhealthy, unproductive, and unfulfilled! Experience food freedom and weight-loss when you surrender your current diet for one filled with live, delicious foods.

The Art of Surrender. There is an art to surrender and when one masters it a life of freedom and advancement awaits.

Dr. Celeste Owens
MINISTRIES

To schedule Dr. Celeste for your workshop or event please email or call **booking@drcelesteowens.com • 202-425-6492**

www.drcelesteowens.com