

Food



Foundation 2

Summer Term 2

For our final half term we are focussing on the diverse and exciting topic of food! We will be investigating where our food comes from, exploring the benefits of a healthy and varied diet and learning about how food and mealtimes differ across the world. We will also have the opportunity to try lots of different types of foods, some we are familiar with and others that we may not have enjoyed before.

Theme and linked text

- Week 1-** The Green Grocers: How to find a Fruit Bat
- Week 2-** The Bakery: The Little Red Hen
- Week 3-** The Butchers: Ten Fat Sausages
- Week 4-** The Supermarket: The Shopping Basket
- Week 5-** Food Around the World: The World Came to my Plate Today
- Week 6-** Traditional British Food: The Cook and the King

In F2 we are active learners, great explorers and creative thinkers!

Literacy

- Writing recipes for making bread and other foods
- Create shopping lists
- Making story maps of the journeys taken in the stories
- Use non-fiction texts to learn about traditional shops
- Add recipe books to the reading zone for the children to read and follow

Maths

- Recognising money and coins
- Using money to give pay and give change in the shops
- Weighing and measuring ingredients for cooking and baking
- Subtraction using the song 10 fat sausages
- Weighing different fruit and vegetables
- Create tally charts of favourite food
- Set up a picnic activity with scenarios of the children to share, double and halve quantities

Understanding of the World

- Taste, name and recognise foods from around the world
- Investigate where does our food come from?
- Planting vegetables and visiting our school garden and vegetable patch
- Learn about different food groups and their effects on our body.
- Experience cooking and food preparation

P.S.E

- Talk about our food likes and dislikes and that everyone has different likes
- Trying new tastes and textures during snack time
- Playing games which encourage following rules of play, turn taking, resilience building and fair play.
- Talk about the homeless and people less fortunate than us - take food to a food bank

Physical Development

- Skills related to cooking such as cutting, stirring, combining and kneading.
- Practise using a knife and fork and chopsticks
- Food related group games such as Hot Potato and Fruit Salad.
- Apparatus and sports skills
- Pasta threading, play dough food preparation. Finger writing in rice.
- Discussions and learning about food, balanced diets and healthy choices.

Expressive Arts and Design

- Spaghetti art pictures
 - Observational drawings and paintings of fruit and vegetables
 - Role play - supermarket / shops / restaurants
 - Set up a picnic area with plates etc for children to act out
- Use different coloured pluses, grains and pasta to create collages
- Play musical instruments to 5 current buns / 10 fat sausages