

Support Group Meetings In September

Adult Children Support Group: First & Third Wednesdays/5:30 - 7:00

This group is for men and women dealing with all the issues surrounding the care of a parent or relative. The group is a great source of support, provides a nurturing environment and a place to obtain resources needed.

We do not offer patient care during the Adult Children Support Group

General Support Groups: Tuesdays & Thursdays/10:00 - 11:30

(Exception is the first Tuesday of the month when the meeting is held at the First Pres Church at 11:00)

These groups are an open forum where caregivers can ask questions, address concerns and receive support from others who are experiencing similar issues. A social engagement program is provided for your loved one with memory issues in our Club Room.

The Road to Acceptance for Caregivers: First Thursday/2:30 - 4:00

This group is for caregivers struggling to accept the disease and behavioral changes of their loved ones. We will also focus on self-care for the caregiver. This journey is a tough, emotional challenge and we need to acknowledge that and try to help. Let's talk about it together and find a pathway that fits. Each of our paths is unique. The group is facilitated by the staff of the Alzheimer's Support Network and Loren Whipple. Loren is a Bereavement Counselor with AVOW Hospice. A social engagement program is provided for your loved one with memory issues in our Club Room.

Marco Island Support Group: First Friday/10:00 - 11:30

This group is designed for those who live on or near Marco Island. Some have been dealing with neurocognitive disorders for a long time and others are just beginning their journey. There is much to be gained by sharing and feeling understood by others who are dealing with the same issues. This group is facilitated by Clarke Pollard and is held at the Bank of America on Bald Eagle Drive in their Community Room.

Golden Gate Support Group (Spanish): Second Monday/12:30-1:30

This group is held at the Golden Gate Senior Center located at 4898 Coronado Parkway in Naples. The group is facilitated by the staff of the Alzheimer's Support Network and is designed for caregivers who are more comfortable speaking Spanish. The group is a great source of support, provides a nurturing environment and a place to obtain resources needed.

Daughters Support Group: Second & Fourth Wednesdays/5:30 - 7:00

This group is for women only who are caring for a parent or relative and need help from other women going through the role changes with mom or dad. The group is a great source of support, provides a nurturing environment and a place to obtain resources needed.

We do not offer patient care during the Daughters Support Group

Justiz Time: Lecture Series with Dr. Justiz: Second Thursday/4:00 - 5:30

This group is facilitated by Dr. William Justiz, neurologist with Collier Neurologic Specialists. Dr. Justiz is an Alzheimer's specialist and researcher. He shares with this group all the latest and best information available. Dr. Justiz welcomes both patients and caregivers to be part of his group.

We do not offer patient care during this meeting

Facility Issues Support Group: Second Friday/10:00 - 11:30

We gather with others who are living the difficult life of having someone they love in a memory care, assisted living facility or a skilled nursing home. Sometimes it helps to know that you are not the only one going through this. Often it helps to discuss what is bothering us about our loved one's care. This group is also for those who are considering placement and need input on "how to". The group is facilitated by the staff of the Alzheimer's Support Network.

Support Group Meetings In September Continued

Transitions Support Group: Third Tuesday/2:30 - 4:00 (New Time)

This support group is for caregivers to talk openly about whatever changes are occurring. Common areas of discussion are how to get help and what is available. Caregivers and those with a memory issue are separated for this group. The group is facilitated by the staff of the Alzheimer's Support Network. A social engagement program is provided for your loved one in our Club Room.

Day to Day Coping: Third Thursday/2:30 - 4:00

This discussion group focuses on the feelings and coping strategies of the caregivers. Come and share with others who really understand! This group helps us comprehend the grief/loss process that we are all going through. The group is facilitated by the staff of the Alzheimer's Support Network and Loren Whipple. Loren is a Bereavement Counselor with AVOW Hospice. A social engagement program is provided for your loved one in our Club Room.

Changing Worlds Support Group: Third Friday/10:00 - 11:30

Where do we go from here? We've made it through the nearly paralyzing days of care giving and then our loved one's loss. So much to do right away and then the reality of the loss sets in. We are here to talk about how we are dealing with all that this brings. How to take all those next steps; what is "normal grieving". This group is facilitated by the staff of the Alzheimer's Support Network and Louise Kenny a Bereavement Counselor with AVOW Hospice.

Golden Gate Support Group (English): Fourth Monday/12:30-1:30

This group is held at the Golden Gate Senior Center located at 4898 Coronado Parkway in Naples. The group is a great source of support, provides a nurturing environment and a place to obtain resources needed. The group is facilitated by the staff of the Alzheimer's Support Network.

Early Stage Couples Group: Fourth Tuesday/2:30-4:00 (New Time)

This support group is for couples who are confronting any form of dementia in its Early Stages. The person with memory issues should be early in the disease process and be comfortable openly addressing the challenges he or she faces. The group is facilitated by the staff of the Alzheimer's Support Network.

Please call the Support Network at 239-262-8388 to discuss this group and to see if it is right for you

Minders Keepers: Fourth Thursday/4:00-5:30 (New Day)

This group is facilitated by the staff of the Alzheimer's Support Network and Dr. David Kramer, who is not only a physician but an Alzheimer's patient. It is for those in the early stages of memory loss. This group is appropriate for those who have memory issues and want to discuss these issues openly. In addition, Steve Saldukis Ph.D facilitates a caregiver group at the same time.

Please call the Support Network at 239-262-8388 to discuss the Minders Keepers Group

Male Caregiver Support Group: Fourth Friday/10:00 - 11:30

We have a large number of men who directly care for their wives. Others manage care by utilizing help in the home, day care and/or facilities. All situations are stressful and require us to cultivate new skills in addition to those we honed in our work lives. Are you feeling like the only one out there doing this? You are not! There is wonderful support and ideas exchanged at these meetings. The group is facilitated by the staff of the Alzheimer's Support Network.