

# Enjoy the weather ...

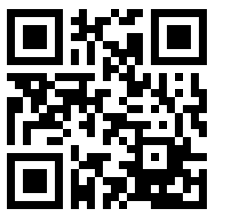
Remember to Check 3 in all you do.



## What is Check Three you ask?

Check 3 is a quick and easy method to assess any activity or event for possible hazards. The "Check 3" approach is assessing three areas referenced by the common acronym GPS. In this case, GPS is not referencing a navigation aid. Rather, GPS is: Gear - Plan - Skills.

This allows a quick review of your activity to highlight any issues or hazards. For instance, "G" (gear) may be your equipment, vehicle, or availability of drinking water. "P" (plan) may be the timeline, weather, sequence, and backup plans. "S" (skills) may be your rest level or overall experience level. If you see an issue or hazard in any of the areas, adjust an area to mitigate the hazard, especially the plan. Check 3 allows you to have a quick mental method to assess any activity.



[check3gps.com](http://check3gps.com)