

# Annual Thanksgiving Luncheon



**EVENT DATE CORRECTION: Friday, November 16<sup>th</sup> (not Thursday) Doors open at 10:30 am. No Early Admittance. Lunch @ 11:30 am at the Olde Dutch Restaurant Entertainment by Joey Vincent. *PREPAID RESERVED SEATING ONLY***



## REMINDER! WE ARE CLOSED ON THE FOLLOWING DATES:

Nov. 6 \* Tuesday, Nov. 12 \*Monday, Nov. 22 & 23 \*Thursday & Friday  
December 24 & 25 \*Monday & Tuesday, December 31 & January 1, \*Monday & Tuesday

## PAINTING CLASS

**\*Wed., Dec. 5<sup>th</sup> 6.00 pm.**



Fee \$25.00 per person. Includes instruction, supplies & refreshments. Sign up & Pay in office.

## MONTHLY CARRY-IN

**Friday, December 7<sup>th</sup> @ 5:00 pm.**



**Logan Middle School Choraliers'**

Dessert Sponsored by Fairhope Hospice & Palliative Care.

**There will be no Friday Night Carry-In during the months of January, February and March.**

## CHRISTMAS OPEN HOUSE



**Friday, December 14<sup>th</sup>  
10:00—2:00 pm**

**Senior Chorus  
Christmas Concert  
@ 10:30 am**

\*Christmas Craft Vendors \*Free Bingo  
\*Light Luncheon @ 11:30 am  
*Food Sponsored by  
Logan Care and Rehabilitation*

**No Activities 8:30—2:00 pm Today**



**Friday, December 21<sup>st</sup> @ 11:00 am.**

## CHRISTMAS CARRY-IN LUNCH



Entertainment by Mike Sigler

Christmas & Gospel Music  
Sing-a-long \* Door Prizes



## NOVEMBER 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>WEEKLY</b> 	10AM STRENGTH & TONE CLASS 1PM LINE DANCE	9AM CHAIR VOLLEYBALL 12PM FREE BINGO 12:45PM CHAIR VOLLEYBALL	10AM FELLOWSHIP GROUP 11:30AM CHORUS PRACTICE 1PM TAI CHI	9:30 AM CHAIR VOLLEYBALL 11AM CHESS 12P FREE BINGO 12:30 CHAIR VOLLEYBALL 3:30 -5:30 LINE DANCE	9AM PINOCHLE 10AM BILLIARDS 10:00 FIT4LIFE 12PM PROGRESSIVE EUCHRE	Check for Special Meals.
				1 Open @ 9:30am	2	3
4 Turn Clocks Back	5 OSHIIP Here	6 BUILDING CLOSED POLLING PLACE	7	8 Blood Pressure	9 PERI Mtg/Lunch. @ 12:30 Catered	10
11	12 Veterans Day Closed	13 CHAIR VOLLEYBALL W/STAFF 9:00	14 Widows Support Grp 12p	15 Blood Pressure	16 <b>THANKSGIVING LUNCHEON</b> No Activities at center	17
18	19 OSHIIP	20 Blood Pressure	21	22 THANKSGIVING CLOSED	23 CLOSED	24
25	26 Footcare Clinic OSHIIP 1pm 4H Presentation	27 NUTRITION BINGO 9AM SE OHIO LEGAL SERVICE 12P RICK WAGNER 9-11	28 Blood Pressure Widows Support Grp 12p	29 Blood Pressure 	30 <b>NO CARRY IN</b>	

## DECEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>WEEKLY</b> 	10AM STRENGTH & TONE CLASS 1PM LINE DANCE	9AM CHAIR VOLLEYBALL 12PM FREE BINGO 12:45PM CHAIR VOLLEYBALL	10AM FELLOWSHIP GROUP 11:30AM CHORUS PRACTICE 1PM TAI CHI	9:30 AM CHAIR VOLLEYBALL 11AM CHESS 12P FREE BINGO 12:30 CHAIR VOLLEYBALL	9AM PINOCHLE 10AM BILLIARDS 10:00 FIT4LIFE 12PM PROGRESSIVE EUCHRE	Check for Special Meals.
2	3 OSHIIP	4 CHAIR VOLLEYBALL W/STAFF 9:00	5 <b>Painting Class @ 6:00 pm</b>	6 Open @ 9:30am 	7 Christmas Carry In 5 pm. <b>Deadline for Gift Basket items</b>	8
9	10	11	12 <b>CLIFTON MILLS CHRISTMAS LIGHTS</b> Widows Support 12p HCCOA 1P	13 Blood Pressure	14 Christmas Open House 10-2 pm No Fit4Life Class	15
16	17 Footcare Clinic	18 Blood Pressure	19 Mike Sigler @ Laurelville	20 Blood Pressure Winter Begins	21 Mike Sigler 12-1 pm Carry In Lunch	22
23	24 CLOSED CHRISTMAS EVE	25 CLOSED CHRISTMAS	26 Blood Pressure Widows Support 12p No Tai Chi today.	27 Health Talk Blood Pressure	28	29 
30	31 CLOSED NEW YEARS	1 CLOSED				

Merry Christmas

## TRIP: Visit the Legendary Lights of Historic Clifton Mill \* DECEMBER 12

For over 30 years, Clifton Mill has celebrated the Christmas season in a very special way. The light display is one of the country's finest with over 3.5 million lights illuminating the mill, the gorge, the riverbanks, trees, and bridges. There is even a 100-foot "waterfall" of twinkling lights. The flip of one switch turns all the lights on at once transforming night into a fantastical winter wonderland.



The lights have been featured in Midwest Living and Ohio Magazine. There is a Miniature Village, a Santa Claus Museum and spectacular synchronized lights and music show that features the old Covered

Bridge. Every night until Christmas you can peek into Santa's Workshop to see a live Santa at work and then, every 15 minutes or so, watch him check his list and go up the chimney to load his sleigh!

**Wednesday, December 12, Depart @ 2:30 pm. Transportation Fee: \$ 25.00  
Admission \$10.00, Stop for an early Dinner on the way (Driver's Choice).  
*THIS IS A WALKING TOUR. DRESS WARM AND COMFORTABLE.***



### Seniors Helping Seniors .....



Please Help Scenic Hills Senior Center in Brightening Christmas for some of our elderly and isolated seniors. Beginning November 1 to December 7, 2018, there will be a Collection Box in the lobby to donate items for 10 Gift Baskets.

We are collecting hams & turkeys, and (10) \$25.00 Gift cards from Kroger's or Walmart. Other Suggested items for the baskets are: gloves, socks, soap, shampoo, towels, toiletries, paper towels, TP, game books, puzzles, playing cards, cereal, boxed potatoes, stuffing, canned food, candy & other non-perishable food items.

**DEADLINE FOR DONATIONS IS MONDAY, DEC. 7<sup>TH</sup>.**

### SOMEONE IS MISSING AT CHRISTMAS

*Let this be a loving reminder  
That someone is missing today.  
Someone our hearts still hold on to,  
As we travel along life's way.  
Someone who made life so special,  
For all those who gather here.  
Someone who won't be forgotten,  
But cherished from year to year.  
And now as we pause to remember,  
Let us all fondly recall,  
How dearly we loved them,  
And how... they loved us all!*

**In Remembrance**



# DAILY CALENDAR OF ACTIVITIES

**DAILY ACTIVITIES—OFFICE HOURS: MONDAY THRU FRIDAY 8:30 AM—4:30 PM**

**BUILDING IS OPEN: Mon. Tues. & Fri. 8:30—4:30 & Thursday 8:30—7:00 pm**

**EXERCISE AND BILLIARD ROOMS ARE AVAILABLE DAILY.**

## MONDAYS:

10:00 Strength & Balance Class (1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Mondays)  
10:00 Chair Yoga (2<sup>nd</sup> & 4<sup>th</sup> Mondays)  
1:00 Line Dancing (Beginners Welcome)



## TUESDAYS:

9:00 Chair Volleyball  
10:45-11:30 Free Blood Pressure 3<sup>rd</sup> Tuesday  
12:00 Free Bingo  
12:45 Chair Volleyball

## WEDNESDAYS:

10:00 Fellowship/Devotional Group with Karen Kornmiller  
11:30 Senior Chorus Practice  
10:45-11:30 Free Blood Pressure Last Wednesday of Month  
1:00 Tai Chi \$2.00 per class All Members Welcome (No Tai Chi 12/26)



## THURSDAYS:

9:00—10:30 Chair Volleyball \*Free Blood Pressure (2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> Thursdays)  
12:00 Free Bingo  
12:00 Chair Volleyball  
3:30-5:30 Line Dancing



## FRIDAYS:

9:00 Pinochle Cards  
11:00 Billiards  
12:00 Progressive Euchre  
10:00 **FIT4LIFE** Danielle Arnett, Exercise Physiologist **No Fit4Life 12/14/18**  
**5:00 December 7<sup>th</sup> Christmas Carry In**

**Interim**  
HEALTH CARE®

*When it matters most, count on us.*

*Helping Seniors Age in Place.*

www.interimhealthcare.com Logan  
(800) 640-6943

## Appalachian Art and Craft Market

*Offering an outstanding selection of Arts & Crafts, Patriotic, Primitive, Country, Americana, Jim Shore, Billy Jacobs and more.*

Sandy Ogle, Proprietor

26784 US 33 (US 33 at SR 374)  
Rockbridge, OH 43149 (740)380-9020

## MONTHLY (FREE) BLOOD PRESSURE SCHEDULE Time for all 10:45—11:30 am.

2nd THURSDAY:

Sponsored by Care Tenders Visiting Nurses

3rd TUESDAY:

Sponsored by The Laurels of Athens

3rd THURSDAY

Sponsored by Carlin House

4th THURSDAY:

Sponsored by Logan Care & Rehab.

LAST WEDNESDAY:

Blood Sugar & BP sponsored by Fairhope Hospice

**Literature from our Bingo Sponsors can be found in our lobby.**





## **\*\*HEALTH & WELLNESS\*\***

AT THE SENIOR CENTER



**NUTRITION BINGO & CHAIR VOLLEYBALL!**

**SENIORS VS**

**HOCKING COLLEGE NURSING STUDENTS**

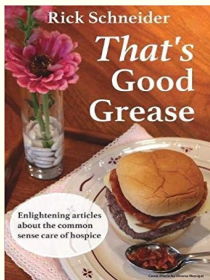
**Tuesday, Nov. 27 @ 9:00 am.**

### *Health Network Presentation:*



**4<sup>TH</sup> THURSDAY EACH MONTH  
AT 11:30**

**No Health Talk November 22**



**Thursday, December 27  
@ 11:30 am**

**Fairhope & Palliative Care  
Rick Schneider**

Author of "*That's Good Grease*", Rick Schneider, is a consummate storyteller. His gift beautifully captures the essence of hospice care by highlighting the moments shared by patients, families and staff. He reminds us to focus on relationships at every stage of life. His many readers find his stories and their lessons powerful guides.

Every hospice is mandated by Medicare to have volunteers.

Rick Schneider has a manner of talking in a way that removes the apprehension of the word "hospice". As the reader walks into its pages they soon learn that the title, a quote from a person on hospice service, perfectly describes the common sense of hospice care.

### ⇒ **GOOD GRIEF"**

**SUPPORT GROUP FOR WIDOWS.**



**2nd & 4th Wednesdays from Noon -12:45 pm.**

This group is a place for women to share their grief, sympathy, support, and stories with each other. Group meets in the Card Room and welcomes newcomers.

**MONDAY, NOV. 26 @ 1:00 PM**

**4-H HEALTH HERO 8<sup>TH</sup> GRADER  
KYLIE ARNETT GUEST SPEAKER!**



4-H Health Heroes promote healthy eating, encourage people to engage in physical activities, and promote positive community change. Kylie will be here giving a presentation of HIDDEN SUGAR in our food and drink.

This is a FUN Hands On Activity for all to take part in!

***Please sign up and show your support for this lovely young lady and learn just what it takes to be a 4-H Health HERO! Space limited to 15.***

### ⇒ **EVERYDAY DIVINITY FOOT CARE CLINIC**

**Nov. 26 & Dec. 17, 9a-1:30p**



The treatment includes: Foot Care by State of Ohio Certified Foot Care Nurse which includes a \*30 Minute Treatment \*Complete Foot Assessment \*Expertly Trim, \*Thin and File Nails Payment method is cash or checks No insurance is accepted Fee: \$30.00. 30 minute appts. Call **740-385-6581** to reserve your appointment or sign-up on sheet in office. For Questions please call: Footcare Clinic **614-716-9919**



### ⇒ **SOUTHEASTERN OHIO LEGAL SERVICE**

Free Legal Service to Senior Citizens. An Attorney from Southeastern Ohio Legal Services will be at Scenic Hills Senior Center on **November 27. CALL SEOLS OFFICE FOR APPOINTMENT. 1 (800) 686-3668**

# Vintage Quilt - Hand Pieced & Hand Quilted

Member Barbara Vorhees recalls the many times when her mother had a quilt in the works. Her mother, Locky Epperson, born in 1915, grew up learning to quilt from her mother often using fabrics from their dresses and aprons. When Barbara's mother passed away in 2004, She left behind several quilt tops which Barbara has generously donated to the center.



Another member, Wanda Toops, also an accomplished quilter, generously took this vintage top pieced from fabrics many over 80 years old, and painstakingly brought it to life with her beautiful hand quilting.

## Raffle Tickets



The pattern is "Grandmother's Flower Garden" and was the most popular pattern after 1925. It is on display at the Senior Center.

Tickets are \$1.00/ea or 6 for \$5.00. Scenic Hills will be drawing the winning raffle ticket on Friday, November 16<sup>th</sup> at the luncheon.



## Medicare Open Enrollment

**FOR PART D BEGINS OCT. 15 AND ENDS DEC. 7.**  
**MEDICARE HEALTH & DRUG PLANS CHANGE EVERY**  
**YEAR! ARE YOU KEEPING UP?**

**PLEASE NOTE:** *If you do not enroll in a Part D plan during this enrollment period you will be without a Medicare prescription drug plan for the following year or you may be stuck with your current plan.*



**OSHIIP**  
Answers to your  
Medicare questions

Scenic Hills Senior Center is an official site for Medicare Enrollment.

Marjie Moore, Executive Director is a certified OSHIIP Counselor.

Certified trained Ohio Senior Health Insurance Program (OSHIIP) Counselors will be at the senior center on **November 5, 19, 26 & December 3 for appointments. Please call 385-6581 to schedule your appointment** to help you review your insurance and answer questions about your Medicare coverage.

*OSHIIP is a free service through the Ohio Department of Insurance and provides unbiased information on Medicare. OSHIIP does not sell insurance.*

**RICK WAGNER WITH WAGNER INSURANCE AGENCY** is an independent insurance agent who represents a majority of health insurance plans in your area and offers Medicare Advantage Plans, Medicare Prescription Drug card Plans and Medicare Supplement policies. Each year Rick assists many seniors with choosing a comprehensive, suitable and affordable health plan for their particular needs.

Rick will be available to answer your questions and help you enroll in a plan at the Scenic Hills Senior center on **November 27<sup>th</sup> 9:00 am to 11:00 am.** Please call Rick at **614-203-3158** to have your questions answered or schedule an appointment.

## ARE YOU Over 60 years old? Concerned about falling? Interested in improving balance, flexibility, and strength? Falls are preventable!

A New Class Begins on Thursdays for **8 weeks JANUARY 10—FEBRUARY 28, 1—3 pm.** Call or drop by the office to register. Class is Free  
Space is limited to 12 people. 385-6581



### GAIN CONFIDENCE WITH MATTER OF BALANCE (MOB).

Falls are more common than strokes and can be just as serious.

### IN THIS CLASS YOU WILL LEARN TO:

- ▶ View falls as controllable \*set goals for increasing activity
- ▶ Make changes to reduce fall risks at home
- ▶ Exercise to increase strength and balance

### WHO SHOULD ATTEND?

- ▶ Anyone concerned about falls
- ▶ Anyone interested in improving balance, flexibility and strength
- ▶ Anyone who has fallen in the past
- ▶ Anyone who has restricted activities because of fall concerns



Rex O'Dell recently celebrated his 96<sup>th</sup> Birthday at the center!

He was surprised with a birthday cake and his daughters and granddaughter!

*Thanks Rex for sharing your delicious Cake.*




Thank you to our Logan PD & Sheriff's Office for participating in Coffee with a Cop!



Health Fair



**Hocking County**  
The Gateway to Ohio's Scenic Wonderland

**Jeff Dickerson**  
County Commissioner  
Email: [commissioners@co.hocking.oh.us](mailto:commissioners@co.hocking.oh.us)

1 East Main St.  
Logan OH 43138  
740.385.5195

A free in-home visit offers details on long-term care options like PASSPORT, Home modifications, Medicare Savings and more!



1-800-331-2644 or  
[Buckeyehills.org/aging](http://Buckeyehills.org/aging)



# TRAVEL WITH SCENIC HILLS SENIOR CENTER

**COACH & CRUISE TO BERMUDA APRIL 27—MAY 5, 2019**

**Passport Required. Prices based on double occupancy \$1829 —\$2119**



Build your first ever pink sand castle at Horseshoe Bay Beach, Play 18 holes on Riddell's Bay, go atlantic reef fishing or meet the fish while snorkeling on a shipwreck. Casinos, fine dining & entertainment, Shopping and much, much more!



## **Sailing Itinerary**

28 April—New York City  
29 April—At Sea  
30 April—At Sea  
1 May—Bermuda  
2 May—Bermuda  
3 May—Bermuda  
4 May At Sea  
5 May—New York City

## **Niagara Falls & Toronto \$529\* 5 DAYS ~ 4 NIGHTS JUNE 17—21, 2019**



Motorcoach Transportation. 4 Nights lodging, 8 meals: 4 breakfasts & 4 dinners

**GUIDED TOURS OF NIAGARA FALLS & Toronto, Visit Casa Loma; Canada's most magnificent castle, Visit NIAGARA-ON-THE-LAKE & QUEEN VICTORIA PART, Journey to the Falls on a "HORNBLOWER NIAGARA CRUISE"** *Diamond Tours*



## **Orlando Florida \$689\* 7 DAYS ~ 6 NIGHTS OCT. 13-19, 2019**



Motorcoach Transportation. 6 Nights lodging, 6 breakfasts & 2 Full course dinners including Capone's Dinner Theatre

The Holy Land Experience featuring **5 Theatrical Productions and Living Crystal Waters Show, Leu Gardens & House Museum, The Morse Museum of American Art, Disney Springs, Universal's CityWalk & More.** *Whitestar Tours.*



**Holland Tulip Festival - Michigan 3 Days—2 Nights (May 7-9, 2019)**  
\$399.00 per person/double occupancy



***Breathe in the fragrance of millions of colorful tulips!*** Step back into the Netherlands of yesteryear at Dutch Village, where Dutch history and culture come to life in the architecture, flowering gardens, canals and windmills. View millions of tulips in all the colors of the rainbow at Veldheer Tulip Gardens. Be entertained by costumed townspeople at the Volksparade, then tap your toes and hum along with the evening

**PACKAGE INCLUDES:** 2 nights lodging, 2 breakfasts, 2 dinners, including a "Church Supper", Dutch Village, Veldheer Tulip Gardens, DeKlomp Wooded Shoe & Delft Factory, Reserved Seats for the Volksparade, Evening Revue Show, Windmill Gardens & DeZwaan Windmill, Souvenir gift, Luggage handling, Taxes and meal gratuities, Motorcoach transportation.

**\*\*FULL TRIP BROCHURES AVAILABLE IN THE OFFICE.**



**2019 Membership Application and Waiver**  
**Scenic Hills Senior Center, Logan Ohio 43138**



**\*\*SPECIAL RATE: \$5.00 Single \$10.00 Couple** January—December 2019 (*not prorated*)  
Please Make Check Payable to: **Scenic Hills Senior Center**  
Please mail Check and Application to: 187 S. Spring St., Logan OH 43138

This year's membership is only \$5.00 per person. Any extra monies you wish to donate this year would be received in as a donation gift and greatly appreciated.

**Member Information**

*To receive a "US Mailed" newsletter an additional \$6.00 is required.*

Check One: New Member \_\_\_\_\_ Renewal \_\_\_\_\_ Requesting Newsletter Mailed: \_\_\_\_\_

Today's Date: \_\_\_\_\_

NAME(s): \_\_\_\_\_ SPOUSE (if applying) \_\_\_\_\_

STREET: \_\_\_\_\_ PHONE: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE \_\_\_\_\_ ZIPCODE \_\_\_\_\_

BIRTHDAY (Month & Day): \_\_\_\_\_ SPOUSE BIRTHDAY: \_\_\_\_\_

EMERGENCY CONTACT	
Name:	Relationship:
Home:	Cell:

Do Not Fill Below Line—Office Use Only.

☐ Membership \$5.00 per person    ☐ Newsletter Mailed \$6.00    ☐ Total Amount: \_\_\_\_\_

Date Paid: \_\_\_\_\_ Amount Paid: : \_\_\_\_\_ Computer: \_\_\_\_\_



Please turn page over to sign the Waiver & Release of Liability for SHSC Activities.

## **WAIVER AND RELEASE OF LIABILITY FOR SCENIC HILLS SENIOR CENTER ACTIVITIES**

In consideration of the risk of injury while participating in activities , consideration for the right to participate in Activities, I hereby, for myself, my heirs, executors, administrators, assigns, or personal representatives, knowingly and voluntarily enter into this waiver and release of liability and hereby waive any and all rights, claims or causes of action of any kind whatsoever arising out of my participation in the Activities, and do hereby release and forever discharge SHSC their affiliates, managers, members, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors and assigns, for any physical or psychological injury, including but not limited to illness, paralysis, death, damages, economical or emotional loss, that I may suffer as a direct result of my participation in the aforementioned Activities.

I am voluntarily participating in the aforementioned activities I am participating in the Activities entirely at my own risk. I am aware of the risks associated with traveling to and from as well as participating in this Activity, which may include, but are not limited to, physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and death.

I agree to indemnify and hold harmless SHSC against any and all claims, suits or actions of any kind whatsoever for liability, damages, compensation or otherwise brought by my or anyone on my behalf, including attorney's fees and any related costs, if litigation arises pursuant to any claims made by me or by anyone else acting on my behalf.

I acknowledge that SHSC and their directors, officer, volunteers, representatives and agents are not responsible for errors, omissions, acts or failures to act of any party or entity conducting a specific event or activity on behalf of SHSC.

I acknowledge that this activity may involve a test of a person's physical and mental limits and may carry with it the potential for death, serious injury, and property loss. The risks may include, but are not limited to, those caused by terrain, facilities, temperature, weather, lack of hydration, condition of participants, equipment, vehicular traffic and actions of others, including but not limited to, participants, volunteers, spectators, coaches, event officials and event monitors, and/or producers of the event.

I acknowledge that I have carefully read this "waiver and release" and fully understand that it is a release of liability. I expressly agree to release and discharge SHSC and all of its affiliates, managers, member, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors and assigns, from any and all claims or causes of action and I agree to voluntarily give up or waive any right that I otherwise have to bring a legal action against SHSC for personal injury.

To the extent that statute or case law does not prohibit releases for negligence, this release is also for negligence on the part of SHSC, its agents, and employees, and county.

In the event that I should require medical care or treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

**IF INCLUDING SPOUSE PLEASE HAVE BOTH SIGNATURES.**

**Member(s) Signature:** \_\_\_\_\_

**Spouse Signature**\_\_\_\_\_

## HAPPY BIRTHDAY TO OUR FRIENDS \* NOVEMBER & DECEMBER

Ralph	Ogle	11/1
Sandra	Ogle	11/1
Linda	Columber	11/1
Rosemary	Hampton	11/2
Ken	Wilson	11/2
David	Harkins	11/3
Bonnie	Thompson	11/3
Floretta	Johnston	11/4
Roy	Stahr	11/4
Carolyn	Lewis	11/5
T.D.	Sammons	11/6
Bev	Hemsworth	11/6
Shan	Brown	11/7
Charlotte	Sampson	11/7
Shirley	Durst	11/7
Arthur	Smith	11/7
Linda	Stevelt	11/8
Norma	Kessler	11/9
Patty	Callander	11/10
Becky	Smith	11/10
Marty)	Wright	11/10
Sharon	Fraizer	11/11
Mike	Krumlauf	11/11
Teresa	Laster	11/12
George	Wolfe	11/13
Barbara	Riddlebarger	11/13
Marjorie	Anderson	11/14
Betty J	Brooks	11/14
Carolyn	Wallace	11/14
Bob	Johnson	11/16
Sharon	Loudermilk	11/17
Deborah	Lytle	11/17
Gayle	Graham	11/18
Nita	Wollett	11/18
Delmar	Columber	11/19
Becky	Lingo	11/20
Barbara	Chapman	11/20
Stephanie	Robinson	11/20
Charlie	Faulkner	11/21
Cheryl	Pickett	11/21
Virginia	Sparks	11/21
Wanda	Stivison	11/21
Glen	Whittington	11/22
Harold	Sanders	11/23
Joan	Fink	11/23
Mary Lou	Giffin	11/25
John	Bond	11/27
Larry	DeBerry	11/28
Margaret	McCort	11/29
Harold	Johnson	11/29
Wayne	Courtney	11/30

Irene	Davis	12/1
Albert	Moore	12/2
Jeri	Smith	12/3
David	Brimner	12/6
Mary	Glenn	12/6
Tom D	Hutchison	12/6
Roger	Hedges	12/6
Jo-Ann	Conkle	12/8
Roger	Moore Jr	12/8
Diana	Mallon	12/8
George	Brown	12/9
Joyce	Schultheiss	12/10
Bill	Cantrell	12/11
Richard	Lane	12/12
Karolyn	Brown	12/12
Joan	Cook	12/12
Edna	Wilson	12/13
Rosemary	Martin	12/14
Harry	Nihiser	12/14
Bill	Bowers	12/15
Thelma	Adair	12/15
Don	Sigler	12/15
Lawrence	Ellinger	12/17
Richard	Caldicott	12/17
Elaine	Hart	12/17
Joy	Miller Upton	12/18
Corene	Callender	12/19
Janice	Winters	12/19
Amy	Swart	12/20
Barbara	D'Onofrio	12/21
Donald	Daubenmire	12/21
Marjorie	Hutchison	12/21
Valerie	Daubenmier	12/22
Daisy	Wilkins	12/22
Donna	Sanders	12/24
Marjorie	Tolliver	12/24
Marcia	Hynus	12/24
Judith	Maniskas	12/26
Lynn	Caldicott	12/27
Barbara	Carrier	12/27
Becky	Todd	12/28
Christine	Risch	12/28
Irmgard	Warthman	12/29
Jim	Iles	12/29
Sharon	Smith	12/29
Martha	Allison	12/30
Crystal	Brown	12/30
Janet	Kaising	12/31

### MONTHLY SENIOR CARRY IN

**CLUB @ 5:00 PM**

***December 7 @ 5:00 pm***



*Birthdays are celebrated at the Carry In Dinner. Dessert is Sponsored by Fairhope Hospice*

### ***You Are Lucky To Be Old***

I find I am feeling cheated if someone mentions growing old as something to be sad about. I'll agree that I have had a few aches and pains along the way. Pregnancy and delivery of three babies was no piece of cake.

However, where would my family be if I had done that? As a matter of fact, I wasn't all that crazy about school. I would have been perfectly happy to do without Latin, French, and Organic Chemistry but it all went along with the 12 years of schooling and all the fascinating things I learned, and all the friends I made and kept for years and years.

The aging process led me to college where I had some great times, such as my trip to Washington D.C. where I met Chinese students and many other American Students—as well as Eleanor Roosevelt.

In addition to accumulating years on this old body, I saw an astronaut walk on The moon. I also learned that we have explored only 5% of the world's oceans.

I don't want to miss a moment of what tomorrow will bring, so please don't call me old—just experienced.

~ Mary Lib Tierney,  
age 91





Office Hours: Monday thru Friday 8:30 AM—4:30 PM  
 Building Open: Thursday 8:30—7:00 pm  
 187 S. Spring St., Logan, OH 43138



Executive Director: Marjorie Moore  
 Program Supervisor: Loretta Kemper  
 Fiscal Officer: Brandy Stamper  
 Office Clerk: Janet Blair  
 Event & Program Coordinator: Tina Koska  
 Maintenance: Nate Nelson & Larry DeBerry

Phone: 385-6581, Fax: 385-3548  
[www.scenichillsseniorcenter.com](http://www.scenichillsseniorcenter.com)



**Merry Christmas**

*From all of us at Scenic Hills Senior Center*

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**Reminder: The center does not open until 9:30 am on the FIRST THURSDAY each month**



**Logan Care and Rehabilitation**

Laura Kennedy, Admissions & Marketing Director

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