



for 900 North Michigan Surgical Center. Your physician by mail or fax 312.440.5151 or 312.440.5156. This time

Prior to Surgery

Once your doctor has scheduled your procedure, our nurse will call you to obtain your medical history, discuss the scheduled procedure, describe the admitting process, and give specific instructions for the day of surgery. This is also a good time for you to ask questions and discuss any concerns you might have. We make every effort to contact you prior to surgery; however, if our nurse is unable to reach you on the day before surgery, call 900 North Surgical Center at 312.440.5150 extension 310 or 311 and confirm your reservation with the

Center. In addition to any instructions given to you by your doctor, the following items must be noted:

- You must not eat, drink or smoke anything (including water, gum or mints) after midnight (12 AM) on the day of your surgery.
- If you are taking prescribed medications, check with the nurse who calls from the Center or your physician to see if you should continue to take them (with a small sip of water) on or before the day of surgery.

The Day of Surgery

Please refer to the back of this brochure for specific instructions regarding the location of the surgery center and parking instructions. You should plan on arriving at the Center at least 1 to 1.5 hours before the scheduled time of your surgery or according to instructions given by your physician. Please be certain to bring a photo ID and a copy of all of your insurance cards with you on the day of surgery. Once you arrive at 900 North Michigan Avenue, please proceed to the parking structure that adjoins the building, accessible on Walton Street or Rush Street. The south elevators, along Delaware Place will take you directly to the 15th Floor. Please proceed to our reception desk.

 Our administrative staff will welcome you and your family and friends in our spacious waiting room until it is time for you to prepare for surgery. WIFI is available in the waiting area for internet access.

- Once admitted, you will proceed to your private room and be asked to change. Although you will be given a space to protect your clothing and personal belongings, it's always best to leave jewelry and items of value at home. 900 North Michigan Surgical Center unfortunately cannot be held responsible for any lost items.
- Prior to surgery please remove all makeup, nail polish, hairpins, wigs, false eyelashes, eyeglasses, contact lenses, hearing aids and dentures (full or partial). Please bring in a container from home to store these items.
- Your nurse will take your temperature, blood pressure and pulse and ask you a few questions regarding your health.
- Prior to surgery, your anesthesiologist will explain to you the anesthesia your physician has chosen for your procedure.





The Outpatient Surgery Alternative

We live in a wonderful time. Continual advancements in the diagnosis and treatment of disease enable us to live longer and more productive lives. Technological advances in the practice of medicine have introduced new, less invasive techniques to the operating room. Procedures that once required hospitalization are now routinely performed safely and conveniently in freestanding ambulatory surgery centers, allowing you to recover in the privacy and comfort of your own home. In fact, greater than 60% of all surgeries performed in the United States are performed in the safety and security of same-day "ambulatory" surgery centers. 900 North Michigan Surgical Center is such a facility. 900 North Michigan Surgical Center's attention to quality care and patient comfort is why physicians increasingly choose to perform surgery at our Center.

900 North Michigan Surgical Center is licensed by the State of Illinois Department of Public Health, accredited by the Joint Commission for accreditation of Healthcare Organizations (JCAHO) and qualifies for Medicare facility coverage. In addition to these honors, 900 North Michigan Surgical Center has been certified as a Bariatric Center of Excellence by the Surgical Review Committee, placing it among the top academic institutions in the country for bariatric care. Since 1999, 900 North Michigan Surgical Center has performed more than 40,000 outpatient surgical procedures, and is recognized as a leader in providing outpatient surgical facilities and services.

The team of physicians and surgeons who operate at 900 North Surgical Center is highly-trained and fully-credentialed. In addition, experts in the field of ambulatory anesthesiology are on site to monitor your care. These professionals are supported by a staff of caring and experienced nurses, surgical technicians and administrative personnel. The singular focus of our Center's staff is providing you, and every patient, with the highest level of medical expertise, personal attention, and compassionate care.

"Recent advances in medical technology, combined with refinements in the delivery of health care services, have made outpatient surgery centers a safe, convenient and cost-effective alternative for many surgical patients. 900 North Michigan Surgical Center—a fully-licensed, JCAHO accredited free-standing surgical facility—offers the security and quality of a hospital, but with greater comfort and convenience."

Jay F. Kiokemeister, DO, MPH Medical Director





After Surgery

Following surgery, our team of nurses will monitor you closely throughout the recovery phase. Your family members and caregivers may join you in the recovery area once you are ready for visitors. Typically you will be kept in the recovery area for ninety minutes following surgery. Our nursing staff will provide you with your physician's instructions prior to your discharge. It is important that you follow all of these instructions.

- Prior to the day of surgery, arrange for a responsible adult to drive you home. We will be happy to call the individual when you are ready to be discharged home. Under no circumstances will a patient be allowed to leave our care without a responsible adult to drive home.
- If a car ride is not available we will be happy to call a cab when you and your responsible caregiver are ready to leave.
- Arrange to have a responsible adult with you for 24 hours following your surgery.

- Do not take medications other than those prescribed by your doctor(s) following surgery and listed on your Medication Reconciliation sheet. This includes tranquilizers and nonprescription, over the counter medications.
- Ask your doctor when it is safe to resume taking your usual medications.
- Do not drink alcohol for 24 hours following surgery.
- Do not drive for 24 hours following your surgery.
- Follow your discharge instructions carefully; they are for your well being.
- Our nurse will call you the day after surgery to ask how you are doing. If you miss our phone call, please call us at 312.440.5150 and let our recovery team know how you are feeling.
- If you have any questions, or experience any complications, please call your physician or our staff... We are here to help.
- Get plenty of rest following your surgery, and enjoy the comfort and convenience of recovering in your own home.

Welcome to 900 North Michigan Surgical Center, located at 60 East Delaware Place on the 15th floor of the Medical Annex. We would like to take this time to provide you with some basic instructions regarding the location and accessibility of our facility.

Contact us

www.900northsurgical.com

312.440.5150 tel

Facility Location and Transportation

900 North Michigan Surgical Center is located adjacent to the Bloomingdale's shopping mall. Our facility is on the 15th floor of the Medical Annex, and can be directly accessed using the South elevators. Parking is available within the building. Pedestrian access is via the elevators at 60 East Delaware Place.

Parking Facilities

- The 900 North Michigan Self-Park has entrances on both Walton Street and Rush Street.
- You must bring your ticket with you when you check in to be validated by our receptionist.
- Please take the Delaware Street elevators to the 15th floor to reach the surgical center.
- If you entered the building through the Walton Street entrance, you must proceed to the 8th floor, then transfer to the Delaware Place elevators to reach the 15th floor.



