

DINNER PROGRAM



The dinner program is one of the most important components of the SBS model, providing opportunities for enhancing both individual life skills and interpersonal skills.. Monday through Thursday, clients host weekly dinners for up to four peers in their own apartments. Staff provide support and coaching with all components leading up to the dinner including menu planning, building a grocery list, budgeting, shopping, meal preparation, cooking and cleaning. Staff also assist in facilitating dinner conversation to increase overall client socialization.

