



2019 Outbak INBA “Game Of Swords”

South Pacific Natural Physique Championships

Great Lake Centre
Taupo

Saturday 24th August 2019

One Show Format

Judging Commences at 12.00 Noon

From the 1st January 2012 contestants may enter up to three
Classes subject to the following conditions:

Teenage and Junior contestants may also enter into the Novice Class,
Masters Men and Senior Women may also enter into the Novice or Open Classes
Shape and Fitness competitors are eligible to enter either Bikini Diva, Figure or
Physique Classes.

Womens Physique or Womens Figure may NOT enter both Classes.

Closing date for entries is Sunday August 18th 2019 Entry Fee \$80.00
Plus INBA New Zealand Membership Fee \$80.00 for 12 months
if not a current Member

Entry into the extra Classes of competition will incur a \$60 Entry Fee per Class
Late entries after this date will only be accepted up to
Wednesday 21st August 2019 with an added \$50.00 Late Entry Fee.

Please read the Rules of Competition and complete and sign the
Declaration on this Entry Form before submitting your entry.

Athletes registration 10.00am to 11.30am at the venue on the day of the event
NO ENTRIES WILL BE ACCEPTED ON CONTEST DAY
NO EXCEPTIONS

Judging starts 12.00 Noon Saturday 24th August
If mailing your Entry Form and recorded music
it must be received by Weds 22nd May
send to:

by e-mail, send to: peterhardwick41@gmail.com



**The South Pacific
Natural Physique Association
Official Competition Entry Form**



2019 Outbak South Pacific Natural Championships

Name:.....Membership Number.....
 Address.....
Area Code.....
 E-mail Address.....
 Contact Phone..... Age.....Age Checked.....
 Occupation.....Club Representing.....
 Short Resume (e.g. Hobbies, Other Interests etc).....

Entry and Membership Fees may be paid by Direct Credit into the following account with your Surname and "Taupo" as reference. **BNZ SPNPA 02-0200-0285880-83**

Classes of Competition - Men

Bodybuilding Routine Required

Teenage.....Junior.....
 Masters 40+..... Masters 50+.....
 Masters 60+..... Masters 70+.....
 Novice Short..... Novice Tall.....
 Open Short..... Open Tall.....

Physique (Board Short, No Routine)

Masters 40+.....
 Novice Short.....Novice Tall.....
 Open Short.....Open Tall.....

Classic Physique, Routine Required

Novice.....Open Class.....

Fitness Model.....

Physically Challenged:

Seated.....Standing.....

Mixed Pairs.....

Male Name.....

Female Name.....

Ink Tattoo Male.....

Classes of Competition - Women

Bodybuilding Routine Required

Novice Short..... Novice Tall.....
 Open Short..... Open Tall.....
 Senior 40+.....Senior 50+.....
 Senior 60+.....

Womens Physique Routine Required

Novice Short..... Novice Tall.....

Open Short.....Open Tall.....

Senior 40+.....Senior 50+.....

Senior 60+.....

Ms Fitness (one Class).....*Routine*

Ms Fitness Model..... *Stage Walk*

Shape (One Class)....., *Routine*

Ms Figure No Routine *Stage Walk*

Novice..... Open.....

Ms Figure Classic One Class *No Routine*

Bikini Dive Novice..... Open.....

Bikini Momma.....

INBA Angels Fantasy.....

Ink Tattoo.....

Note: Entry Fee is \$80.00 for first Class Extra Class is \$60.00 per Class up to 3 Classes Please place an X against the Classes you want to compete in.

Note: Routines will be limited to 60 seconds. Ms Fitness and Mixed Pairs 90 seconds Please read the instructions for submitting your Music

Procedure for submitting Music for Posing Routine

Music must be submitted by e-mail.

E-mailed music must be in mp3 format.

When emailing your music as an attachment the title must be **your name and your Class of competition. ie: Jane Smith Nov Fig Tall or John Smith Nov Men Short not the name of the music.** Send the music to: **peterhardwick41@gmail.com**

We will play it and confirm with you by e-mail that it is acceptable. If you do not receive an e-mail within 3 days contact us in case it has been overlooked in the many e-mails we receive.

Important: ALWAYS bring a USB stick with your music on it with you to the event in case of emergencies.

DRUG FREE DECLARATION

I hereby state that I have not used Anabolic Steroids, Growth Hormones or other performance enhancing substances as listed in the WADA Prohibited List available on our web site **www.inbanewzealand.org**

I agree, if and when requested, to supply a urine and/or Blood sample under the testing conditions laid down by the South Pacific Natural Physique Association or other relevant testing agency at these Championships for the purpose of testing for prohibited substances.

I hereby also to agree that should my test return a positive result for any reason, I will reimburse the South Pacific Natural Physique Association the costs incurred in conducting these tests up to a value of \$750.00

I hereby agree and consent to the use of any photographs, video recordings or other recorded images taken or recorded at this event by the S.P.N.P.A., I.N.B.A. , Physical Attractions or any of their agents or representatives, in any magazine, broadcast transmission, or any other printed or electronic media for the purpose of promoting or advertising this or future events, the "S.P.N.P.A., Physical Attractions or their sponsors.

I have read and understood this Declaration and the Conditions of Entry and enter these Championships in accordance with their terms.

Signed.....Print Name.....Date.....



**South Pacific Natural Physique Association
Affiliated to the
International Natural Physique Association. I.N.B.A.
Membership Application**



I (Print Your Name).....

on payment of \$80 Annual Membership Fee apply to join the South Pacific Natural Physique Association as an Associate Member for 12 months allowing me to compete in any competition organised or sanctioned by the South Pacific Natural Physique Association, the International Natural Bodybuilding Association or their Affiliates while still a Member.

I understand that my membership in the S.P.N.P.A. does not restrict my right to compete in any competition or event organised or conducted by any other organisation.

Name.....

Address.....

.....Area Code.....

Contact Phone Number.....e.mail address.....

Confirm e.mail address.....

Signature.....Date.....

Entry and Membership Fees may be paid online by depositing them into the following account:

Conditions and Rules of Entry

1/ These Championships are open to all Bodybuilders, regardless of affiliation, who have not used Anabolic Steroids, Growth Hormone or similar substances for the purpose of improving their physique since the first day of January 2014

2/ All entrants will be eligible for testing. All entrants MUST supply a urine sample if requested for testing at any time under the conditions laid down by the South Pacific Natural Physique Association or the relevant testing agency.

3/ Contestants, on entering these Championships agree to their names being entered into a register compiled by the S.P.N.P.A. for the purpose of random drug testing outside of competition.

4/ Entrants in age related divisions i.e. Teenage, Junior, Masters, Senior must supply proof of age, if requested, on the day of competition.

5/ All contestants must be financial members of the S.P.N.P.A. **For non-members an annual membership fee of \$80 is payable when entering.** An Entry Fee of \$80.00 is payable on when submitting an entry. **Late Entries will attract a \$50.00 penalty.**

6/ All contestants must register between 10.00am and 11.30am on the day of competition at the registration desk at the venue.

7/ Entry may be done by mail or e-mail on the Official Entry Form and be received by the S.P.N.P.A. by **Sunday 18th August with \$80-00 Membership Fee for non members** plus \$80-00 Entry Fee and a copy of your posing music as an mp3 file as an attachment. See note on procedure for submitting music on the previous page of this document. **Late Entries after this date will only be accepted on payment of an extra \$50-00 late entry fee.** No Entries accepted after 22nd August or on the day of competition. Contestants must compete in those Classes that they have indicated on their Entry Form, **no changes of Classes is permitted after submitting an Entry Form.**

8/ All entrants MUST complete and sign the Official Entry Form for the Championships and the Drug Free Declaration and are bound by the terms and conditions of these forms.

9/ The S.P.N.P.A., its Officers or Members, Promoters and Sponsors will not be held responsible or liable for any repercussions resulting from the return of any positive drug result.

Assistance in calculating your Entry Fees

For current SPNPA, INBA New Zealand Members: Entry Fee of \$80.00 plus an extra \$60.00 for each extra Class of Competition up to three:

For new or non current SPNPA or INBA New Zealand Members: Membership fee for 12 months \$80 plus Entry Fee of \$80.00 = \$160.00. Entry fee permits you to enter ONE Class of competition. You can enter other Classes of Competition, up to three in number, on payment of \$60.00 per extra Class:

Membership for 12 months of SPNPA or INBA New Zealand \$80.00, Entry Fee for Competition \$80.00 + \$80.00 = \$160.00 Entry. Entry for extra Classes of Competition (up to three) is \$60.00 per Class

