All play is governed by USA Softball or NSA Rules except as noted below. In addition certain USA Softball or NSA Rules are noted for emphasis.

11 inch ball and 35 feet pitching distance
6 inning games
No metal cleats allowed
Facemasks are required for pitchers, 1st and 3rd base players
4 run limit per inning rule/ waived in the 6th or last inning
Run ahead rule is 12 after 5th inning completed
10 fielders with 4 outfielders, each of whom must play at least 25 feet off the baseline

No slashing (faking a bunt, then hitting away)
Slap hitting and drag bunting are allowed
No infield fly rule
No dropped 3rd strike
No "continuation." Batter may only take one base when awarded a base on balls.

Stealing home and advancing multiple bases on a steal attempt are not allowed

No new inning to start after 7:45 PM
Special Playing Rules that apply to all divisions:
All players bat a continuous batting order will be used. If a player leaves a game for injury or any other reason (other than ejection), their spot in the order is skipped (no automatic out, except for players ejected). Players who arrive after the start of the game will be added to the end of the order. Injured players who miss a turn in the order may not reenter the game.

Teams playing one player short, or up to two players short if 10U, will not be penalized with an automatic out.

Minimum of eight players required to start and finish a game (forfeit if less)
Games must start once the scheduled start time is reached and both teams have the minimum number of players

Free substitution of players in the field
Players must slide or avoid contact. All sliding rule decisions are at the discretion of the umpire.

A courtesy runner may be used for the pitcher or catcher - runner shall be the last batter of the previous inning (and second to last batter of the previous inning if both pitcher and catcher are on base at the same time).

Pitcher shall be removed from pitching after directly hitting 3 batters in an inning or 5 in the course of the game (bounced pitches will not count).

Home team pays the umpire
Home teams supply two new leather, raised seam, optic yellow balls (USA Softball, PONY and NSA Approved)

