

Goulds Recreation Information Package



Hello and a huge welcome to those interested in our Summer Day Camp! We are excited to be able to offer this program again this summer! Our priority is to provide a safe and fun environment for our participants, while offering quality programming. If you have any questions, do not hesitate to contact us at gouldsrecinfo@gmail.com or by phone at 709-745-7575. If your questions revolve around a confidential nature, please contact our Recreation Coordinator, Nicole, through email at gouldsrecreation@gmail.com or by phone at 709-745-7504.

DAY CAMP INFORMATION SESSIONS – MAY 18th

Session 1: 6:30pm In person at the Rec Centre.

Session 2: 7:30pm Zoom (Virtual). Please email gouldsrecinfo@gmail.com to receive the link

The information session is a great opportunity to ask any questions and to get a better understanding on how our day camp works. It is also an opportunity to view how on-line registration works. We STRONGLY recommend any new parents/guardians looking to register to attend one of the info sessions.

AGES:

This summer, we will be having one location, which will be at the Goulds Recreation Centre. However, we will have the camp broken up into two mini-camps within the Rec Centre. Both camps will be directly involved with each other, however, for some activities, they will be separated so that we can ensure the activities planned are meeting our High Five design guideline of being Developmentally Appropriate.

Camp 1: 40 spots available

Open to children ages 6-9 years. Our youngest participants MUST be turning 6 in the 2023 year (finished kindergarten). Our oldest participant must have or will turn 9 in 2023.

Camp 2: 20 spots available

Open to children ages 10-12. Our youngest participants would be turning 10 in 2023. Our oldest participant must have or will be turning 12 in 2023.

*****Please understand that participants MUST be very independent when it comes to going to the washroom, dressing and undressing, eating, applying sunblock and hand washing.***

ON-LINE REGISTRATION:

Please ensure you register for the appropriate camp based on your child's age. If you are uncertain on what camp you should register for, please email us at gouldsrecinfo@gmail.com or call us at 709-745-7575. ***If you register for the wrong camp, we will not be able to move your registration to the appropriate camp. You will need to re-register for the appropriate camp (which may result in being placed on the wait list).***

Staff at Goulds Recreation will not be answering the phone during the first half hour of each on-line registration period. If you call, please leave a message and we will get back to you as soon as we are able to.

During initial registration, we realize that you may be rushing to hit register. However, it is very important that we receive the correct registration through the system. Contact Information is where the parent/guardian place their name and email address. Under Child registration, please ensure you put your child's name (not yours).

Registration will start 8:30am, Wednesday, May 24th, 2023.

Where to find the link:

- www.gouldsrecreation.com and click on **Summer Day Camp Registration**
- Goulds Recreation Facebook Page will have a current post containing link as well, on that day.

WAITLISTS:

Through our on-line registration, you can place your child's name on our day camp wait list. If a spot(s) should become available in certain weeks, an email will be distributed to everyone on that wait list for those weeks (wait lists for both mini camps can fill a spot). Spots will be filled based on returned email, followed by payment made (first come, first serve). We strongly encourage you to put your child's name on our waitlist if you do not confirm a spot. Under certain circumstances, ie. uncertainty of summer holidays, spaces do become available in our camp.

CAMP HOURS OF OPERATION:

Monday – Friday; 8am-5:30pm with lunch supervision provided. We ask that you respect drop-off and pick-up times. Children cannot be dropped off prior to 8am, even if counselors are on site. And children must be picked up no later than 5:30pm. Children do not need to be dropped off at 8am. It is actually great and beneficial to our counselors when drop-off amongst participants is staggered between 8am and 9:30am. Due to the amount of sanitizing/cleaning, we would appreciate it if your child could be picked up by 5pm, but we understand that this may not always be possible.

COST:

A \$25 non-refundable deposit must be made once you receive your Eventbrite registration confirmation (within 24 hours of registration).

Regular weeks are: \$115 per week; \$105 per additional child in same family (same household). Day camp week payments must be made two weeks prior to each week. If not paid in that time frame, your child's name will be taken off the list and the space will be filled by someone on our wait list. You will find a payment sheet within this package. Refunds will not be issued with less than two weeks notice of the week cancelling. Canada Day week and Regatta week are pro-rated. The price of those weeks can be found on the payment sheet within this package.

CAMP ACTIVITIES:

- Counselors & participants will be encouraged to sanitize/wash hands throughout the day.
- Our indoor program spacing will be set up with tables and sit-down activities, as well as space for physical activities.
- Counselors will have equipment kits for use with their group and assigned materials
- A weekly schedule will be emailed out to parents/guardians with activities and reminders prior to the start of each week (usually the Friday before).
- Children will be assigned a space to store their belongings
- Activities will focus on physical activity, fundamental movement and art.
- We will be spending as much time as possible outdoors.
- We will be having field trips, including swimming. This will happen 1-2 times per week.
- Children will not be permitted to purchase from vending machines or on-site food vendors when on field trips.
- We will have guest speakers/presenters/vendors throughout the summer
- We will be using our outdoor playground structures, as well as other outdoor spaces in our area.
- Bathroom routines will be in place as part of the daily routine.

WHAT TO BRING:

- A labelled bottle of HAND SANITIZER (at least 60% alcohol based). Hand sanitizer will also be available on site and at entrances of the facilities as well.
- A visibly labelled (on the outside) back pack and lunch bag
- Suitable clothing for weather (ie. Rain gear, change of clothes, warm clothes)
- Sneakers or closed toed/strapped sandals (No flip flops)
- Sunblock (minimum 30+). Please label with child's name
- Labelled hat
- Labelled reusable water bottle
- Packed healthy, nutritious lunch and snacks for the day. Participants must bring their own utensils and microwave/refrigeration is not available for use.
- Toys, or electronic devices are not permitted at the program
- Ensure all personal items are marked with your child's name
- **Masks may be required on site or off site depending on location

PICK-UP and DROP-OFF:

- It is requested that one guardian be identified as providing the pickup and drop off of each day where possible.
- **Morning drop-off** will be in our front porch area of the Rec Centre. Only children and staff will be permitted to enter the programming area.
- Alcohol based hand sanitizer with 60% alcohol content will be placed at both entrances
- Should you not arrive during initial sign-in (8am-9:30am), upon arrival, please enter only the porch area with your child and proceed to the wicket window. Our office staff will assist you.
- **Pick-Up** will follow the same procedures as drop-off. The camp will be back at their drop-off location or nearby (tennis courts or Alf Sullivan Soccer Pitch by the arena). Our pick-up time will start at 4:15pm. Please wait in the front porch or outside the gates of the tennis court soccer pitch. One of our counselors will be there for you to sign out your child and your child will come to you. If you are picking up prior to 4:15pm, please call 709-745-7575. A counselor will bring your child to the designated pick-up location or a staff person will inform you to where you can pick up your child.
- Participant information will be confirmed prior to the first day of day camp through the on-line registration and follow-up through email will be made if needed. If there are any medical concerns or issues that counselors need to be aware of, please contact us prior to the start of the program. It is also important that we are aware of who is permitted to pick up your child.
- For the safety of participants, Goulds Recreation, as advised by the Royal Newfoundland Constabulary, will follow specific procedures should a parent/guardian arrive on site appearing to be under the influence. Counselor will immediately contact their supervisor, as well as the RNC.

SAFETY MEASURES:

- All counselors are trained in the High Five Principles of Healthy Child Development (www.highfive.org), policies and procedures, supervision, safety/cleaning protocols and first aid.
- Our Association will stay up to date on recommendations/measures from Public Health in regards to the operation of Day Camps.
- Parents are encouraged to stay up to date on recommendations/measures from Public Health in regards to Day Camps.
- it is recommended that those considered vulnerable to the effects of COVID-19 or other respiratory illnesses or who have family members considered vulnerable to use discretion in availing of day camp programs.
- Children should be fully trained; able to independently wash their hands and feed themselves. Children who require assistance with personal care and feeding may be accompanied to the Day Camp by an independently hired respite worker.
- Counselor to child ratio will be a max of 1 counselor to 10 participants, however, we strive to do better than that and have a 1:8 ratio.

- Counselors will be assigned a group of children as per established ratio and counselors only change when necessary (ie. Scheduled breaks).
- Wherever possible, we will try to keep siblings or friends together in the same group. Feel free to email us at gouldsrecinfo@gmail.com to let us know who your child would be comfortable with. We may not be able to accommodate all requests, as several factors come into play, ie. size of group, age appropriate grouping/activities.
- Counselors will practice, model and support children in good hygiene efforts such as handwashing, covering a cough and use of tissues or crease of elbow for coughing and sneezing.
- Facilities and equipment will be cleaned daily. Additional attention will be made to high use areas such as washrooms, doorknobs, tables and chairs.

UNEXPECTED CLOSURES:

In the event that the building is closed unexpectedly due to poor weather, power outage, etc., the program will be cancelled. Refunds will not be issued for unexpected closures. Our phone line (709-745-7575), as well as our facebook page: Goulds Recreation Association will be updated to provide you with the information.

MANAGING ILLNESS:

If for any reason your child will be absent, please call 709-745-7575 and speak to our staff or leave a voicemail. Children MUST stay home if they feel sick (fever, sore throat, cold symptoms, headache, diarrhea, vomiting, etc).

- Parents/Guardians must ensure that you list your child's underlying health conditions and/or symptoms due to allergies
- If a child displays symptoms of concern during the program the following will be adhered to:
 - Contact guardian immediately
 - Seek support from a second counselor/staff member
 - The child will be isolated
 - Good handwashing for child and counselor/staff
 - Both the counselor/staff and child will wear mask and gloves and guardian will immediately come to the site to pick up their child
 - Materials used by the child will be removed and area will be sanitized according to sanitization guidelines
- Counselor/Staff who present with symptoms will be removed and follow the most up-to-date recommendations/guidelines by Public Health

MEDICATIONS/ALLERGY INFORMATION:

Please do not bring nuts or nut products, fish products or kiwi. And our building is scent aware. This may need to be updated should we have staff or participants with allergies not otherwise listed. If your child requires medication, has allergies or any medical condition please contact us. Prescription medication must be in its original container with the physician's instructions on the label and have a prescription label containing the child's name. We can only assist with the administration of medications ie. Hold onto the medication and remind child of time to take it.

The child must be able to physically take the medication on their own, with our supervision. Over the counter medication will not be administered in the program.

COUNSELOR/STAFF CONTACT INFORMATION:

If you have any questions or concerns on our day camp program, please email gouldsrecinfo@gmail.com or call 709-745-7575 (please leave voicemail). If your questions or concerns are of a confidential matter, please email Recreation Coordinator, Nicole at gouldsrecreation@gmail.com or call her direct line at 709-745-7504 (please leave voicemail). We kindly ask that you respect our staff and ask that you do not send them private messages on their personal accounts.

*****This Day Camp Package may be updated at any time in relation to COVID-19 and other possible situations that require changes*****

Please review following behavioural guidelines.

BEHAVIOURAL GUIDELINES

Goulds Recreation Association is committed to providing quality programs that promote positive social, cognitive, physical and emotional development. Based on this, we want to ensure that there is a mutual understanding of what is acceptable behaviour and unacceptable behaviour. Our staff will take every reasonable effort to ensure meaningful participation. Please read our guidelines for acceptable and unacceptable behaviours.

ACCEPTABLE BEHAVIOURS: Goulds Recreation counselors/staff, patrons, participants and guardians are expected to exhibit the following behaviour while participating in programs and services:

- respect
- kindness
- safety
- honesty
- responsibility
- healthy choices

UNACCEPTABLE BEHAVIOR: behaviour with the intent to harm others, property or which would otherwise negatively impact program quality is unacceptable and will not be tolerated. The group will review daily behaviour expectations in the form of "Promises". These promises will be displayed within the Rec Centre. Counselors will use discretion to take appropriate action if unacceptable behaviour occurs. Our general process of addressing unacceptable behaviour is as follows:

- Unacceptable behaviour will be discussed with the participant
- Depending on behaviour, parent/guardian of the participant will be notified of the unacceptable behaviour and may be asked to arrange immediate pick-up of the participant.

First occurrence: Lead staff and/or Rec Coordinator will work with the participants and Parent/Guardian (if applicable) to identify solutions to assist the participant in displaying expected behaviours in the future.

Second occurrence: The participant may be re-introduced to the program following a meeting, with parents/guardians (if applicable) to establish an individualized plan to prevent further unacceptable behaviour and encourage positive behaviour

Third occurrence: The participant may be removed from the program/facility on a part-time or full-time basis.

If Goulds Recreation is unable to ensure the safety and well-being of patrons, participants, other, the security of property or program quality, we reserve the right to remove the patron/participant displaying unacceptable behaviour from the program or facility.

PAYMENT PLAN DAY CAMP 2023

****\$25 non-refundable fee due with registration**

Week	Payment due date	Cost
Week 1: June 26-June 30 <i>Welcome Par-Tee</i>	June 12 th	\$115 first child \$105 (2 nd child in same family)
Week 2: July 4-7 <i>Be Open to New Things</i> (Canada Day Holiday)	June 19 th	\$92 first child \$84 (2 nd child in same family)
Week 3: July 10-14 <i>Dream Big</i>	June 26 th	\$115 first child \$105 (2 nd child in same family)
Week 4: July 17-21 <i>Skiping Through Time</i>	July 3 rd	\$115 first child \$105 (2 nd child in same family)
Week 5: July 24-28 <i>Superheroes Assemble</i>	July 10 th	\$115 first child \$105 (2 nd child in same family)
Week 6: July 31-August 4 <i>Let the Games Begin</i> (Regatta Day Holiday)	July 17 th	\$92 first child \$84 (2 nd child in same family)
Week 7: August 7-11 <i>Safari Season</i>	July 24 th	\$115 first child \$105 (2 nd child in same family)
Week 8: August 14-18 <i>Water Wow</i>	July 31 st	\$115 first child \$105 (2 nd child in same family)
Week 9: August 21-25 <i>Shell-abrate Good Times</i>	August 7 th	\$115 first child \$105 (2 nd child in same family)

We do not accept debit or credit card.

E-transfers are the preferred form of payment. Payments must be made to gouldsrecreg@gmail.com . Please ensure you include in the message portion of transfer: your child's name and the week you are paying for.

If e-transferring should be an issue, please call 709-745-7575 and speak with one of the office staff.

Payments are due by the end of the day on the payment due dates. If payments are not made on time, we have every right to remove your child's name from the list and replace with a waitlisted child. If you know you will not need a week that you have registered for prior to payment due date, please give us a call at 709-745-7575 or email us at gouldsrecinfo@gmail.com, so that we can have the spot filled as soon as possible.