



September 2020

1423 S Hastings Way
 Eau Claire, WI
 Instudio & Virtual
 Purefitness4you.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Check out the on demand class portal full of class offering that you can do any day anytime!!</p>		<p>1 Booty Blast @ Boyd Park 5:45am Mobility Flow 9am Iron Flow + Abs 5:30pm</p>	<p>2 9am PiYo Booty Barre 5:30pm</p>	<p>3 9am Strength 4 You In Studio Only Pound 5:30pm</p>	<p>4 March Punch Kick @ Boyd Park 5:45am</p>	<p>5 PiYo 8am</p>
<p>6</p>	<p>7 Labor Day</p>	<p>8 Yoga + HIIT @ Boyd Park 5:45am B5 9am Strength 4 You 5:30pm</p>	<p>9 PiYo 9am Step 5:30pm</p>	<p>10 Strength 4 You 9am In Studio Only POUND 5:30pm</p>	<p>11 Barre on Bridge @Boyd Park 5:45am</p>	<p>12 PiYo 8am</p>
<p>13 Stretchy Flow 8am</p>	<p>14 PiYo 9am Kettles 5:30pm</p>	<p>15 Booty Blast 5:45am Mobility Flow 9am Iron Flow + Abs 5:30pm</p>	<p>16 PiYo 9am Barre & Bells 5:30pm</p>	<p>17 Strength 4 You 9am In Studio Only POUND 5:30pm</p>	<p>18 HIIT 5:45am</p>	<p>19 PiYo 8am</p>
<p>20 Stretchy Flow 8am</p>	<p>21 PiYo 9am Kettles 5:30pm</p>	<p>22 Kettles 5:45am B5 9am Strength 4 You 5:30pm</p>	<p>23 PiYo 9am Step 5:30pm</p>	<p>24 Strength 4 You 9am In Studio Only POUND 5:30pm</p>	<p>25 Sculpt 5:45am</p>	<p>26 PiYo 8am</p>
<p>27 Stretchy Flow 8am</p>	<p>28 PiYo 9am Kettles 5:30pm</p>	<p>29 Band Bustle 5:45am Mobility Flow 9am Iron Flow + Abs 5:30pm</p>	<p>30 PiYo 9am Barre Express 5:30pm</p>			

