



**A truly magical blend that provides Strength on so many levels. Strength, confidence, love, and light are immediate feelings when experiencing this blend. Energy work, animal communication, training, clearance of energy and experiences - all benefit from Strength.**

- Moonlighting as an animal-safe human fragrance, Strength can impart its benefits, while you smell great!
- This blend is safe and effective for water-based diffusion, with all animal species.
- Ingestion of this blend from licking or grooming, is of no concern, however direct oral dosing is not intended.
- Strength can be used alongside other veterinary treatments and medications safely.
- Recommendations below are intended as a quick reference - please visit our website for more in depth instructions.



**Exotic Animals:** Strength is appropriate for water-based diffusion around all species of animals. At this time, we do not recommend tenting or diffusion in close confinement with this blend. Strength is also appropriate to be worn by the animal's human as a wonderful and natural cologne - even during close contact. For diffusion, 4-6 drops of Strength can be added to a 8 oz (1 cup) batch of diffusion water. More or less may be desired based on individual preferences. Mixing Strength with distilled water, in a glass spray bottle - can also be used when a diffuser is not available. Add any range of drops you desire to distilled water (10-20 drops in 4oz is a decent starting point) - shake well, and mist into the air, onto bedding, or in any area you wish to have Strength. Although not typically used in direct topical applications with exotic animals, humans may wish to wear this blend to pass along its benefits to animals they are in contact with.

**Birds:** Like other exotic animals, Strength may be used for birds with the same recommendations as above. For support of additional behavioral or health concerns - we recommend the use of Feathered Blend NEAT or Feathered Plus NEAT. There are many emotionally supportive blends for birds - and any of the animalEO blends for diffusion can be used in avian households.



**Cats:** With cats, Strength can be diffused as described above, in a water-based diffuser or misted into the air. Topical applications are rarely indicated with cats - and we recommend that the human working with the cat wear Strength or "pet" the oils onto their clothing to impart the effects to their feline friends.

**Dogs:** With dogs, diffusion is a wonderful selection for using Strength. It can also be misted into the air when mixed with water in a glass spray bottle - when a diffuser is not available. The human working with a dog is also a wonderful "diffuser" for Strength. Before working with a troubled dog or animal, apply a few drops of Strength to your hands, rub them together, then "pet" onto your heart area. The remainder of the oils can be rubbed onto oil-safe clothing, bedding, or toys. Many times, a dog may want to lick our hands after the oil has absorbed for a few minutes. If they want to do this - it is just fine - and some dogs just can't seem to get enough.



While there are many physical benefits to the oils within Strength - it is mainly used for emotional support. For dogs who are more accustomed to essential oil use - the blends can be applied via the Petting Method when diffusion, misting, or human diffusion has provided help, but just has not been "quite enough" for the animal. Most often, we will place 1-2 drops into our hands, rub them together until the blend is completely absorbed to almost completely absorbed, and then we pet the chest and heart area most commonly.

**Horses, Cows, Goats, Others:** Strength can be used as described for dogs. However, with larger animals - the Petting Method is more commonly used. Diffusion can be difficult to achieve, although human diffusion or a Water Mist into the air can be very helpful in exposing larger animals to the emotional benefits that essential oils can provide.



**Emotional Balancing with Essential Oils:** For all animals requiring emotional support, we often recommend a rotational diffusion of a variety of blends. All acting in their own way to support and help modify how an individual moves past emotional traumas, or continues to grow and develop in healthy and happy thought patterns. Strength is an important part of an emotionally balancing protocol - and all animals, as well as their humans, can greatly benefit from the following routine. Bear in mind, there is no set pattern of rotation. This is merely a suggestion - allow your intuition to also be your guide. Depending on the emotional needs of the animal - diffuse, water-mist, or apply the following blends. You may rotate these exposures hourly, daily, or even weekly. When great results are noted with a particular blend, you may repeat that particular blend more often. Suggested order of emotional blends: Transition, Away, Strength, Calm-a-Mile NEAT Diffusion Blend. There are other emotional blends that may be added or substituted - please consult our website.

**Frequency and Methods of Use:** For all animals, how often you apply or use an essential oil blend will be based on the similar advice. Using the concentrations and application methods recommended for your species, use the blend once, then wait and see how the animal responds, and what effects you obtain. Sometimes we see no obvious results initially, and that can be expected with diluted amounts or beginning applications. Once you start to see that your animal is tolerating the oil use well, and you notice a time frame that the effects seem to last - time the next application for when the results wore off. Basically tailoring the frequency in which we use the oils - directly with how long it lasts for the individual. You may find you will need more frequent exposure for some individuals. And after a certain time frame of using essential oils, you may also find that it is needed less frequently. For all animalEO blends, you can use them as often as is necessary for desired results.

The information provided is not to replace proper medical care and guidance. The statements have not been evaluated by the FDA - and any recommendation is not intended to cure, mitigate, treat, or prevent a disease or condition.

Please work with your veterinarian with any health concern.