

ACTIVE SWV FAMILY TRIATHLON



RUN

1.2 Miles

BIKE

2 Miles

PADDLE

1 Mile

June 8th 2019 at Summersville Lake

- Friendly to beginners and allows the entire family to compete together
- Participants can compete as an individual or as a team
- All members of the team need to complete each leg
- Participants are to bring all their own equipment
- Inflatable kayaks are available for rent
- The course is appropriate for people ages nine and up
- Younger children are welcome to participate if they have been practicing these distances and have paddling/swimming experience

Register for this fundraising event at: <https://aptiming.com/race/2019ActiveSWVTriathlon>

ACTIVE
SOUTHERN WEST VIRGINIA

www.activeswv.com
304-254-8488

www.facebook.com/ActiveSWV



US Army Corps
of Engineers®
Huntington District

Summersville
Convention & Visitors Bureau

Partners & Sponsors