COME TRAIN WITH THE DISTRICT 12 AAA CHAMPION VIKINGS!

School Website: www.archwood.org

Baseball Website: www.woodbaseball.org

Twitter: @WoodVikingsBSBL

Facebook: Archbishop Wood Baseball Fourth Annual

## **Archbishop Wood Baseball**

# **Youth Winter Camps**

(Grades 3<sup>rd</sup> through 8<sup>th</sup>)



**CAMP DATES FOR 2017** 

**Session #1: Hitting & Base Running Camp** Monday, January 16<sup>th</sup> (Martin Luther King Jr. Day)

Located at: Intensity Sports - 3633 Old Easton Road Doylestown, PA 18901

Session #2: Pitching, Catching & Fielding Camp Monday, February 20<sup>th</sup> (Presidents Day)

Located at: SMG Sportsplex - 654 York Road Warminster, PA 18974

#### **Enrollment Information** Grades 3<sup>rd</sup> through 8<sup>th</sup> Age Group: ARCHBISHOP WOOD BASEBALL **Equipment:** Bring your own glove, bat and helmet. YOUTH BASEBALL CAMPS Players should wear turfs or sneakers, **NO SPIKES!** Camp will supply T-shirt (one total) and other necessary equipment. HITTING, BASE RUNNING, FIELDING, PITCHING & CATCHING Monday, January 16<sup>th</sup> (Martin Luther King Jr. Day) Information: Located at: Intensity Sports – Dovlestown, PA \*9:00-10:45am for grades 3 & 4 \*11:00am-12:45pm for grades 5 & 6 The Archbishop Wood Baseball coaching staff and players will be \*1:00-2:45pm for grades 7 & 8 conducting two (2) Youth Baseball Camps over the winter. Monday, February 20<sup>th</sup> (Presidents Day) The purpose of these camps is two-fold. Located at: SMG Sportsplex – Warminster, PA First, we wish to interact with the players and teach the basics of \*2:15-4:00pm for grades 3, 4 & 5 Hitting, Base Running, Fielding, Pitching & Catching. \*4:00-5:45pm for grades 6, 7 & 8 Second, these youth camps will serve as a fundraiser for our Spring \*Our grade groupings may be adjusted based on Training trip to Myrtle Beach. the enrollment for each grade. 100% of the proceeds from these camps will be applied toward our team Spring Training expenses to Myrtle Beach. Monday January 16<sup>th</sup> Camp: Fees: \$40.00 (Focus will be Hitting & Base Running) Thank you in advance for your support of the Monday February 20<sup>th</sup> Camp: \$40.00 (Focus will be Pitching, Catching Archbishop Wood Baseball Program. & Fielding) \$75.00 Both Camps: Questions: Call Jim DiGuiseppe Jr. at 215-208-1854 E-mail woodbaseball14@comcast.net

		Re	egistration Form	
Name:			Date of Birth:	Age:
Address:			Grade:	Position:
City:	_ State:	Zip:	Home Phone:	Cell Phone:
E-Mail:				
Current School:				
T-Shirt Size:	_ (Sizes avai	ilable YS, YM,	YL, AS, AM, AL, AXL)	
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### Intensity Sports LLC

### Waiver Form

Participation in all sports and physical activities involves certain inherent risks and, regardless of the care taken, it is impossible to ensure the safety of the participant. Baseball/Softball requires agility, coordination, strength, balance, and a high level of cardiovascular fitness. It involves moderate activity levels for 1 or more hours, with many quick bursts of speed.

Players also participate in repetitive throwing that requires adequate arm strength. Baseball/Softball involves fast moving objects, such as swinging bats, thrown balls, and occasionally body to body contact.

Therefore, baseball workouts also require quick mental abilities and reactions. While the workouts are reasonably safe, as long as the safety guidelines are followed, there are some elements of risk that cannot be eliminated from the activity.

A variety of injuries may occur to a baseball /softball participant. Some examples of those injuries are:

- Minor injuries such as scrapes, bruises, sprains and strains.
- More serious injuries such as broken bones, cuts, concussions, eye injuries (including loss of vision), internal elbow and shoulder injuries, and head/neck/spine injuries. Catastrophic injuries such as heart attacks, paralysis, and death.

These, and other injuries, sometime occur in baseball /softball as a result of hazards or accidents such as being struck by a ball, being struck by a bat, colliding with another player, sliding, slipping, or excessive stress placed on the cardiovascular system.

To help reduce the likelihood of injury to you and to other participants, players are expected to adhere to the following rules:

- All participants are expected to wear proper footwear and clothing.
- All participants are expected to wear the proper protective equipment.
- All participants are expected to follow all rules and regulations set forth by the coaches/instructors.
- All participants are expected to avoid swinging or throwing when it might endanger another player.
- All participants are expected to notify the coach/instructor of any injury as soon as it occurs.

I agree to follow the preceding safety rules, all posted safety instructions, and all rules common to the sport of baseball/softball and the workouts. Further, I agree to report any unsafe practices, conditions, or equipment to the coach/instructor.

I read the preceding information and it has been explained to me if necessary. I know, understand, and appreciate the risks associated with participation in baseball/softball and I am voluntarily participating in the activity. In doing so, I am assuming all of the inherent risks of the sport. I further understand that in the event of a medical emergency, management will call EMS to render assistance and that I will be financially responsible for any expenses involved. In consideration of being permitted to participate, on behalf of myself, my family, my heirs, and my assigns, I hereby release Total Skills Baseball, LLC, its coaches/instructors, and associates from liability for injury, loss, or death to myself, while in any way associated with participating in any facility rental, individual/group lesson, camp or program both indoor and outdoor now or in the future regardless of negligence of Total Skills Baseball, LLC, its coaches/instructors and associates. This includes sudden and foreseen malfunctioning of any equipment and your slipping/falling while in Total Skills Baseball, LLC or on their premise including adjacent sidewalks and parking areas.

Parent/Guardian Signature \_\_\_\_\_ Date\_\_\_\_\_

Player Signature \_\_\_\_\_ Date\_\_\_\_\_

<u>SMG Spor</u>	<u>tsplex</u>							
Waiver Fo	rm							
Name:								
Address:								
City/State/Zi	p:							
Phone:								
Email:								
D.O.B.:								
Sport:								
Soccer	Basketball	Football	Volleyball	Baseba				
program. I kn for my partici	owingly assume all	v, I release SMG Sportsplo risks associated with par It I am in good physical co e safety.	ticipation, even if arising	g from negligen	ce of the part	ticipants or of	thers, and assu	me full responsibility
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Parent/Guar	dian Signature:							
Player Signat	ure:							
Date:								