

# OCTOBER 2024

Preston Hollow UMC Child Development Center

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Breakfast Snack: Yoplait yogurt **1**

Lunch: Chicken nuggets,  
peas & carrots, mangos

Afternoon Snack: Teddy grahams

Breakfast Snack: English muffin  
w/jelly **2**

Lunch: Grilled cheese roll-ups,  
veggie chips, apples

Afternoon Snack: Nilla wafers

Breakfast Snack: Cereal w/milk **3**

Lunch: Chicken alfredo, broccoli, peaches

Afternoon Snack: Cheez-It Snap'd

Breakfast Snack: Nutri Grain bar **4**

Lunch: Tuna salad wrap, celery  
w/ranch, applesauce

Afternoon Snack: Animal crackers

Breakfast Snack: Yogurt w/granola **7**

Lunch: Cheese quesadillas, riced  
cauliflower w/veggies, fruit cocktail

Afternoon Snack: Fig newtons

Breakfast Snack: Pumpkin muffin **8**

Lunch: Chicken parmesan sliders,  
veggie puffs, applesauce

Afternoon Snack: Made good bars

Breakfast Snack: Cereal w/milk **9**

Lunch: BBQ meatballs, mashed potatoes,  
green beans, peaches

Afternoon Snack: String cheese w/raisins

Breakfast Snack: Mini pancakes  
w/syrup **10**

Lunch: Chicken pot pie  
w/ mixed veggies, oranges

Afternoon snack: Enjoy Life cookies

Breakfast Snack: BelVita Bars **11**

Lunch: Tuna salad w/ritz crackers,  
Celery w/ranch, tropical fruit

Afternoon Snack: Bugles

**Closed: Columbus Day**

Breakfast Snack: Bagel w/  
Cream cheese **15**

Lunch: Chicken taquitos, rice w/  
peas & corn, pears

Afternoon Snack: Guacamole & chips

Breakfast Snack: Cereal w/milk **16**

Lunch: Chicken spaghetti, salad w/ranch,  
pineapples

Afternoon Snack: Rice Krispie Treats

Breakfast Snack: Cinnamon Biscuits **17**

Lunch: 3 Bean Soup, cornbread, oranges

Afternoon Snack: Nilla wafers

Breakfast Snack: Special K bars **18**

Lunch: Fish sticks, green beans,  
applesauce

Afternoon Snack: Carrots w/ranch

Breakfast Snack: Pancakes w/syrup **21**

Lunch: Vegetable soup, crackers,  
oranges

Afternoon Snack: Graham crackers

Breakfast Snack: Greek yogurt **22**

Lunch: Sloppy Joes, tater tots,  
broccoli w/ ranch, fresh fruit

Afternoon Snack: Cheez-Its

Breakfast Snack: Cereal w/milk **23**

Lunch: No nut & jelly pinwheels, veggie  
puffs, strawberries & bananas

Afternoon Snack: Fig newtons

Breakfast Snack: Cheese toast **24**

Lunch: Chicken noodle soup w/ mixed  
veggies, crackers, fruit cocktail

Afternoon Snack: Pirate Booty

Breakfast Snack: Waffles w/syrup **25**

Lunch: Fish sliders w/ lettuce & tomato,  
French fries, apples

Afternoon Snack: Trail Mix

Breakfast Snack: Oatmeal bar **28**

Lunch: Cheese tortellini, peas &  
carrots, pears

Afternoon Snack: Quaker rice cakes

Breakfast Snack: Avocado toast **29**

Lunch: Cheeseburger sliders w/ lettuce  
& tomato, French fries, tropical fruit

Afternoon Snack: Goldfish

Breakfast Snack: Cereal w/milk **30**

Lunch: Bean & cheese burritos w/  
guacamole, rice, applesauce

Afternoon Snack: Tortilla chips & salsa

Breakfast Snack Monster muffins **31**

Lunch: Mummy cheese pizza, spinach  
salad w/ ranch, Pumpkin oranges

Afternoon Snack: Halloween parties

