

2007 O.F.S.A.A. West Regional - 01/06/2007 to 02/06/2007  
 Sponsored by Legion Track and Field  
 Sandwich Secondary School  
 Results

Women 100 Meter Dash Midget

West Region: * 12.12 2002		Emily JOHNSON/J. F. Ross			
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Mchaina, Chisomo		Southwood SS	12.79Q	-1.4	2
2 Jespersen, Lauren		London Centr	12.95Q	-0.4	1
3 Wedderburn, Seleena		North Park C	13.16Q	-0.4	1
4 McKelvie, Maddie		Northern Civ	13.21Q	-1.4	2
5 Gayle, Brittania		C. C. Windsor	13.22Q	-0.4	1
6 Graham, Ally		Ingersoll DC	13.43Q	-1.4	2
7 Daichendt, Carolyn		Maranatha,Windsor,	13.24q	-0.4	1
8 Prong, Kelsey		North Lambto	13.32q	-0.4	1
9 Bean, Danielle		Goderich Dci	13.33	-0.4	1
10 Chauvin, Marissa		Belle River	13.42	-0.4	1
11 Willcock, Carley		Medway Hs-Ar	13.51	-0.4	1
12 Vanderploeg, Carolyn		Medway Hs-Ar	13.57	-1.4	2
13 Stride, Julia		Centre Welli	13.65	-1.4	2
14 Jones, Monika		Southwood SS	13.75	-1.4	2
15 Boeckh, Kaitlin		Orangeville	13.83	-1.4	2

Women 100 Meter Dash Midget

West Region: * 12.12 2002		Emily JOHNSON/J. F. Ross			
Name	Year	School	Finals	Wind	
Finals					
1 Mchaina, Chisomo		Southwood SS	12.85	-2.2	
2 Jespersen, Lauren		London Centr	13.07	-2.2	
3 Wedderburn, Seleena		North Park C	13.28	-2.2	
4 Gayle, Brittania		C. C. Windsor	13.37	-2.2	
5 McKelvie, Maddie		Northern Civ	13.46	-2.2	
6 Daichendt, Carolyn		Maranatha,Windsor,	13.47	-2.2	
7 Prong, Kelsey		North Lambto	13.59	-2.2	
8 Graham, Ally		Ingersoll DC	13.60	-2.2	

Women 200 Meter Dash Midget

West Region: * 24.70 2002		Emily JOHNSON/J. F. Ross			
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Mchaina, Chisomo		Southwood SS	26.36Q	-0.9	2
2 Jespersen, Lauren		London Centr	26.75Q	-1.8	1
3 Chauvin, Marissa		Belle River	26.83Q	-1.8	1
4 Balkwill, Kelsey		Essex Dhs-Es	26.98Q	-0.9	2
5 Braimoh, Fatima		Banting	27.06Q	-1.8	1
6 Bujnowski, Kristin		Holy Cross,Strathro	27.22Q	-0.9	2
7 Vanderploeg, Carolyn		Medway Hs-Ar	27.08q	-1.8	1
8 MacMillan, Caitlyn		Saugeen Dss-	27.36q	-1.8	1
9 McKelvie, Maddie		Northern Civ	27.58	-0.9	2
9 Callahan, Sarah		Saunders SS	27.58	-1.8	1
11 Wedderburn, Seleena		North Park C	27.62	-1.8	1
12 Griffen, Vanesa		Massey	27.99	-1.8	1
13 Prong, Kelsey		North Lambto	28.22	-0.9	2
14 Buttler, Alle		CWHH	28.56	-0.9	2

Women 200 Meter Dash Midget

West Region: * 24.70 2002 Emily JOHNSON/J. F. Ross				
Name	Year	School	Finals	Wind
Finals				
1 Mchaina, Chisomo		Southwood SS	26.46	-1.7
2 Jespersen, Lauren		London Centr	26.85	-1.7
3 Balkwill, Kelsey		Essex Dhs-Es	26.89	-1.7
4 MacMillan, Caitlyn		Saugeen Dss-	27.09	-1.7
5 Chauvin, Marissa		Belle River	27.33	-1.7
6 Vanderploeg, Carolyn		Medway Hs-Ar	27.55	-1.7
7 Braimoh, Fatima		Banting	27.66	-1.7
-- Bujnowski, Kristin		Holy Cross, Strathro	DQ	-1.7 163.3

Women 400 Meter Dash Midget

West Region: * 57.3h 1982 Donalda DUPREY / Pt. Elgin-Saugeen				
Name	Year	School	Finals	H#
1 Mchaina, Chisomo		Southwood SS	58.81	2
2 Balkwill, Kelsey		Essex Dhs-Es	59.14	2
3 Charnuski, Madeline		Elmira Dss-E	59.63	2
4 Braimoh, Fatima		Banting	1:00.00	2
5 MacMillan, Caitlyn		Saugeen Dss-	1:01.39	2
6 Pulham, Alexandria		Pauline John	1:01.47	1
7 Cress, Michelle		Bluevale	1:01.58	2
8 Callahan, Sarah		Saunders SS	1:02.28	2
9 Luxford, Chyanne		Kennedy Hon	1:02.44	1
10 Ditchfield, Leah		London Centr	1:02.69	1
11 Makar, Nicole		St Christoph	1:04.42	1
12 Veens, Sarah		St Christoph	1:04.59	1
13 Leitch, Karren		Banting	1:04.86	1
14 Griffen, Vanesa		Massey	1:06.23	1
-- Tousaw, Ellen		St. Anne's Clint	DNF	2

Women 800 Meter Run Midget

West Region: * 2:12.68 2002 Alyson KOHLMEIER/Sarnia-St. Patirck's				
Name	Year	School	Finals	
1 Allen, Kirsten		Saunders SS	2:19.46	
2 Kellam, Samantha		Amherst	2:22.71	
3 Ditchfield, Leah		London Centr	2:23.28	
4 Gilbeault, Charlotte		Brennan	2:23.81	
5 Nickson, Jane		John Paul II, London	2:26.76	
6 Hansen, Ali		St. Anne Tecumseh	2:27.61	
7 Alexander, Krisinda		Walkerton	2:27.81	
8 Tomasovic, Simonne		Cameron Heig	2:28.39	
9 Cress, Michelle		Bluevale	2:28.71	
10 Parker, Alex		Saugeen Dss-	2:28.93	
11 Gray, Jenn		Lambton Cent	2:33.39	
12 Stephens, Jill		Lambton Cent	2:35.29	

Women 1500 Meter Run Midget

West Region: * 4:33.99 1997 Erin MCLURE / Waterloo CI				
Name	Year	School	Finals	
1 Allen, Kirsten		Saunders SS	4:52.15	
2 Chevalier, Candice		Essex Dhs-Es	4:55.68	
3 Douglas, Nicole		Huron Park S, ON, ON	4:56.65	
4 Gray, Jenn		Lambton Cent	4:57.14	

5	Flanagan, Kristen	St. Mary's-Kitch	4:59.18
6	Gilbeault, Charlotte	Brennan	4:59.25
7	Alexander, Krisinda	Walkerton	5:06.45
8	Matthews, Amanda	Belle River	5:13.10
9	Whittaker, Rachel	Bishop MacDo	5:14.17
10	Needham, Jessica	Huron Park S,ON, ON	5:16.53
11	Baydoun, Zeinab	Massey	5:18.38
12	Schurr, Katie	Medway Hs-Ar	5:24.27
13	Yardley, Rebecca	Cameron Heig	5:28.25
14	Campbell, Tara	Cameron Heig	5:28.65
15	deFritas, Karina	Laurier	5:33.94

Women 3000 Meter Run Midget

West Region: * 9:48.0h 1986 Jennifer ARMSTRONG / London-South			
Name	Year	School	Finals
1	Allen, Kirsten	Saunders SS	11:02.77
2	Douglas, Nicole	Huron Park S,ON, ON	11:07.47
3	Needham, Jessica	Huron Park S,ON, ON	11:13.45
4	Chevalier, Candice	Essex Dhs-Es	11:23.16
5	Fox, Courtney	St. Joseph-St.Th,St	11:29.22
6	Baydoun, Zeinab	Massey	11:37.78
7	Matthews, Amanda	Belle River	11:40.56
8	Case, Emily	Lourdes	11:50.19
9	Filson, Marianne	Medway Hs-Ar	12:00.23
10	Moore, Melissa	Massey	12:01.74
11	Hankins, Meghan	Sir John A Macdo	12:03.89
12	Costa, Rebecca	Lourdes	12:23.03
13	Kellam, Samantha	Amherst	12:36.33
--	Leahy, Brianna	Cameron Heig	DNF
--	Whittaker, Rachel	Bishop MacDo	DNF

Women 80 Meter Hurdles Midget

West Region: * 11.52 1996 Jessica ZELINKA / London-Banting						
Name	Year	School	Prelims	Wind	H#	
Preliminaries						
1	Crombeen, Charlotte	Mother Teres	12.75Q	-1.5	2	
2	Charnuski, Madeline	Elmira Dss-E	12.76Q	-1.8	1	
3	Olar, Katelyn	Saunders SS	12.81Q	-1.5	2	
4	Williams, Riley	St. Clair SS	12.83Q	-1.8	1	
5	Van Espen, Lisa	Sandwich	12.98Q	-1.8	1	
6	Tousaw, Ellen	St. Anne's Clint	13.01Q	-1.5	2	
7	Harding, Sarah	Northern Civ	13.15q	-1.5	2	
8	Sommer, Danica	St. Clair SS	13.19q	-1.8	1	
9	Laurenco, Heather	Jacob Hesple	13.27	-1.8	1	
10	Hogervorst, Kim	St. Anne's Clint	13.47	-1.5	2	13.4612
11	Parent, Karlee	Belle River	J13.47	-1.5	2	13.4632
12	Wright, Shannon	Oakridge SS	J13.47	-1.5	2	13.4654
13	Malcolm, Lexy	Jacob Hesple	13.57	-1.8	1	
14	Shortt, Alyssa	Waterloo	13.98	-1.8	1	
15	Hurley, Brianne	Pauline John	14.67	-1.8	1	

Women 80 Meter Hurdles Midget

West Region: * 11.52 1996 Jessica ZELINKA / London-Banting				
Name	Year	School	Finals	Wind
Finals				
1	Crombeen, Charlotte	Mother Teres	12.40	-1.8
2	Olar, Katelyn	Saunders SS	12.73	-1.8

3	Charnuski, Madeline	Elmira Dss-E	12.77	-1.8	
4	Harding, Sarah	Northern Civ	12.79	-1.8	
5	Van Espen, Lisa	Sandwich	12.84	-1.8	12.8304
6	Williams, Riley	St. Clair SS	12.84	-1.8	12.8359
7	Sommer, Danica	St. Clair SS	13.22	-1.8	
--	Tousaw, Ellen	St. Anne's Clint	DNF	-1.8	

Women 300 Meter Hurdles Midget

West Region: * 43.80 1997		Jessica ZELINKA / London-Banting	
Name	Year	School	Finals H#
1	Balkwill, Kelsey	Essex Dhs-Es	45.50 2
2	Charnuski, Madeline	Elmira Dss-E	46.68 2
3	Tousaw, Ellen	St. Anne's Clint	47.09 2
4	Brownlee, Jane	Lourdes	47.29 2
5	MacMillan, Caitlyn	Saugeen Dss-	47.81 2
6	Stewart, Noelle	Northern Civ	48.65 2
7	Sommer, Danica	St. Clair SS	48.97 1
8	Buttler, Alle	CWHH	49.26 2
9	Leitch, Karren	Banting	49.89 1
10	Vanderploeg, Carolyn	Medway Hs-Ar	50.23 1
11	Evered, Caitlin	Banting	50.45 1
12	Renaud, Lauren	Sandwich	50.46 1
13	Hogervorst, Kim	St. Anne's Clint	50.58 2
14	Ozols, Amber	John F. Ross	51.42 1

Women 4x100 Meter Relay Midget

West Region: * 50.00 1996		LONDON - BANTING	
School		Finals	H#
1	Northern C I & V S 'A'	52.06	2
	1) Davies, Jasmine	2) Stewart, Noelle	
	3) Harding, Sarah	4) McKelvie, Maddie	
2	Saunders S S 'A'	52.43	2
	1) Black, Jennifer	2) Olar, Katelyn	
	3) Callahan, Sarah	4) Burke, Michelle	
3	North Lambton S S 'A'	52.49	1
	1) Little, TJ	2) Mellon, Gracie	
	3) Wilson, Amy	4) Prong, Kelsey	
4	Cameron Heights C I 'A'	52.53	2
	1) Acosta, Eugenia	2) McLeod, Tatum	
	3) Lioudvinevitch, Olga	4) Tomasovic, Simonne	
5	Essex D H S 'A'	52.69	1
	1) Balkwill, Kelsey	2) Woltz, Faith	
	3) Sawatzky, Trisha	4) Phaneuf, Nicole	
6	Oakridge S S 'A'	52.70	2
	1) Drake, Becky	2) Wright, Shannon	
	3) Marcus, Sarah	4) Dodd, Rachel	
7	Holy Names H S 'A'	52.71	1 52.7007
	1) Aguilar, Gloria	2) Bertucci, Daniela	
	3) Bedard, Jocelynn	4) Thompson, Shelby-Ray	
8	Sandwich S S 'A'	52.71	2 52.7018
	1) Baxter, Lisa	2) Van Espen, Lisa	
	3) Lenhart, Alex	4) Renaud, Lauren	
9	St. Michael C S S 'A'	53.39	2
	1) Fulton, Nikki	2) Groenestege, Deanna	
	3) Liotta, Kelsea	4) Bakker, Emily	
10	Catholic Central London 'A'	53.43	2
	1) Bonk, Kelley	2) Vivona, Christina	
	3) Martins-Santolupo, Erin	4) Babirad, Kim	
11	Owen Sound C & V I 'A'	54.30	1

12	F. E. Madill S S 'A'		55.04	1
	1) Leech, Aimee	2) Beasley, Justine		
	3) Eadie, Jodie	4) Cook, Ellen		
13	John F. Ross C & V I 'A'		55.40	1
	1) Shelp, Jenn	2) Cornwall, Marisa		
	3) Booth, Maddy	4) Ozols, Amber		
--	Pauline Johnson C & V S 'A'		DQ	2 170.14
	1) Cesar, Shelby	2) Pulham, Alexandria		
	3) Hurley, Brianne	4) White, Logan		

Women High Jump Midget

West Region: * 1.73m 1984										Leanne MADILL / Guelph-Centennial		
Name	Year School								Finals			
1	Pulham, Alexandria	Pauline John								1.54m		
	1.30	1.35	1.40	1.45	1.48	1.51	1.54	1.57				
	P	O	O	O	O	XXO	O	XXX				
2	Wilson, Brianna	St. Joseph-St.Th,St								J1.54m		
	1.30	1.35	1.40	1.45	1.48	1.51	1.54	1.57				
	P	P	O	O	O	O	XXO	XXX				
3	Dale, Erin	Regina Mundi								1.51m		
	1.30	1.35	1.40	1.45	1.48	1.51	1.54					
	O	O	O	O	O	XO	XXX					
4	Stewart, Blaire	Chatham-Kent								J1.51m		
	1.30	1.35	1.40	1.45	1.48	1.51	1.54					
	O	O	O	O	XO	XO	XXX					
5	Bolland, Lauryanne	St. Benedict								J1.51m		
	1.30	1.35	1.40	1.45	1.48	1.51	1.54					
	O	O	O	XO	XO	XO	XXX					
6	Smyth, Melissa	McGregor								J1.51m		
	1.30	1.35	1.40	1.45	1.48	1.51	1.54					
	O	O	O	O	O	XXO	XXX					
7	Bouwmeester, Rachael	Strathroy DC,Strath								1.48m		
	1.30	1.35	1.40	1.45	1.48	1.51						
	O	XO	O	XO	O	XXX						
8	Williams, Riley	St. Clair SS								J1.48m		
	1.30	1.35	1.40	1.45	1.48	1.51						
	O	O	O	O	XXO	XXX						
9	Dally, Laura	Northern Civ								J1.48m		
	1.30	1.35	1.40	1.45	1.48	1.51						
	O	O	O	XXO	XXO	XXX						
10	Poot, Karissa	Listowel Dss								1.40m		
	1.30	1.35	1.40	1.45								
	O	O	O	XXX								
11	French, Erica	Owen Sound C								J1.40m		
	1.30	1.35	1.40	1.45								
	P	P	XO	XXX								
12	Skinner, Kaitlyn	St. Benedict								1.35m		
	1.30	1.35	1.40									
	O	XO	XXX									
--	Van Raay, Steph	St. Anne's Clint								NH		
	1.30	1.35	1.40									
	P	P	XXX									

Women Long Jump Midget

West Region: * 5.78m 1996										Jessica ZELINKA / London-Banting			
Name	Year School								Finals	Wind			
1	Flemington, Katie	Centennial C								5.53m	3.2		
	FOUL(NWI)	FOUL(NWI)	5.53m(3.2)	FOUL(NWI)	5.11m(2.3)	5.11m(2.2)							
2	Bujnowski, Kristin	Holy Cross,Strathro								4.95m	1.8		

	4.94m(3.0)	4.82m(2.0)	4.95m(1.8)	FOUL(2.4)	4.11m(1.5)	PASS (NWI)		
3	Crombeen, Charlotte		Mother Teres		J4.95m	1.9		
	FOUL(NWI)	4.81m(2.5)	4.95m(1.9)	4.87m(2.5)	4.67m(1.5)	4.86m(3.4)		
4	Parker, Karleigh		College Aven, ON, ON		4.87m	1.7		
	4.74m(1.9)	FOUL(2.6)	4.77m(2.2)	4.87m(1.7)	FOUL(1.7)	4.81m(2.2)		
5	Sikkema, Christy		Chatham Chri		4.78m	0.2		
	4.68m(2.6)	4.54m(1.9)	4.60m(3.0)	4.63m(1.8)	4.75m(1.5)	4.78m(0.2)		
6	Fulton, Nikki		St. Michael		4.74m	0.9		
	4.74m(0.9)	4.28m(2.4)	FOUL(1.5)	4.38m(2.0)	4.35m(2.3)	4.67m(+0.0)		
7	Horst, Becky		Sir John A Macdo		4.71m	1.5		
	4.56m(3.0)	4.35m(2.0)	4.71m(1.5)	FOUL(NWI)	4.02m(1.6)	FOUL(NWI)		
8	Helps, Sarah		Lambton Cent		4.67m	2.3		
	4.45m(2.8)	4.27m(1.1)	4.67m(2.3)	FOUL(2.0)	3.99m(1.7)	3.95m(2.1)		
9	Stewart, Blaire		Chatham-Kent		4.57m	2.5		
	4.45m(2.6)	4.54m(1.4)	4.57m(2.5)					
10	Lioudvinevitch, Olga		Cameron Heig		4.54m	1.9		
	4.19m(1.5)	4.54m(1.9)	FOUL(NWI)					
11	Bouwmeester, Rachael		Strathroy DC, Strath		4.53m	0.9		
	4.27m(2.6)	4.53m(0.9)	4.40m(2.4)					
12	Cesar, Shelby		Pauline John		4.52m	2.4		
	4.50m(2.5)	4.33m(2.0)	4.52m(2.4)					
13	White, Logan		Pauline John		4.46m	2.9		
	3.98m(3.1)	4.46m(2.9)	4.27m(1.9)					
14	Chittle, Laura		Essex Dhs-Es		4.38m	0.6		
	4.38m(0.6)	4.29m(2.3)	4.19m(2.4)					
15	DePooter, Kaley		Wallaceburg		4.25m	3.3		
	4.25m(3.3)	4.24m(2.9)	4.12m(1.6)					

#### Women Triple Jump Midget

=====							
West Region: * 11.21m 1992 Tracy KENDRICK / Kitchener-Eastwood							
Name	Year	School	Finals	Wind			
=====							
1	Flemington, Katie	Centennial C	11.22m*	-2.3			
	FOUL(NWI)	FOUL(NWI)	10.68m(-3.4)	11.15m(+0.0)	11.07m(-2.4)	11.22m(-2.3)	
2	Pulham, Alexandria	Pauline John	10.89m	-1.9			
	10.57m(-1.3)	10.89m(-1.9)	10.83m(-0.9)	10.63m(-1.3)	10.75m(-1.9)	10.78m(-1.4)	
3	Crombeen, Charlotte	Mother Teres	10.78m	-1.4			
	FOUL(NWI)	10.44m(-1.9)	FOUL(-2.9)	10.78m(-1.4)	10.36m(-3.4)	FOUL(-0.4)	
4	Sikkema, Christy	Chatham Chri	10.72m	-1.4			
	10.24m(-2.1)	10.14m(-1.5)	10.14m(-2.3)	10.40m(-2.0)	10.58m(+0.0)	10.72m(-1.4)	
5	Gayle, Brittania	C. C. Windsor	10.51m	-0.1			
	10.51m(-0.1)	10.45m(-1.4)	10.22m(-1.0)	9.80m(+0.0)	10.11m(-2.2)	9.37m(-1.9)	
6	DePooter, Kaley	Wallaceburg	9.96m	-0.5			
	8.98m(-1.5)	9.86m(-1.6)	9.73m(-1.9)	FOUL(-0.3)	9.81m(-0.5)	9.96m(-0.5)	
7	Cress, Michelle	Bluevale	9.93m	+0.0			
	9.85m(-1.3)	9.93m(+0.0)	FOUL(-2.4)	9.40m(-2.6)	FOUL(-0.8)	FOUL(-0.7)	
8	Prong, Kelsey	North Lambto	9.82m	-0.1			
	9.82m(-0.1)	9.63m(-0.8)	9.81m(-2.0)	9.72m(-1.6)	9.46m(-0.6)	9.57m(-2.7)	
9	Antczak, Anna	St David	9.68m	+0.0			
	FOUL(NWI)	9.43m(-2.6)	9.68m(+0.0)				
9	Stewart, Blaire	Chatham-Kent	9.68m	+0.0			
	9.56m(-0.4)	FOUL(-3.0)	9.68m(+0.0)				
11	Kosi, Tiffany	Strathroy DC, Strath	9.56m	-1.6			
	9.49m(+0.0)	9.56m(-1.6)	9.29m(-1.4)				
12	Olar, Katelyn	Saunders SS	9.48m	-1.0			
	9.09m(-2.8)	9.48m(-1.0)	9.12m(-2.1)				
13	Mazloom, Nura	Banting	9.45m	-0.3			
	FOUL(NWI)	FOUL(NWI)	9.45m(-0.3)				
14	Earley, Brooke	Strathroy DC, Strath	9.39m	-1.1			
	9.14m(-2.4)	9.37m(-1.5)	9.39m(-1.1)				
15	Harper, Marielle	Kitchener Wa	9.02m	-0.8			
	8.64m(-1.3)	8.45m(-2.7)	9.02m(-0.8)				



19.18m 20.00m 17.77m  
 14 Mapp, Airianna Cameron Heig 17.80m  
 FOUL 16.29m 17.80m

Women Javelin Throw Midget

West Region: * 38.72m 1978		Martha HART / London-Oakridge	
Name	Year	School	Finals
1 Parker, Karleigh		College Aven, ON, ON	36.76m
	28.70m 30.52m 33.70m	33.21m FOUL 36.76m	
2 White, Logan		Pauline John	32.48m
	29.91m 27.04m 29.71m	31.81m 22.68m 32.48m	
3 Cornelius, Miranda		Westminster	32.07m
	26.96m 29.50m 32.07m	28.42m FOUL 26.88m	
4 Service, Ciji		St. Patrick'	30.84m
	29.78m 30.52m FOUL	30.84m FOUL FOUL	
5 Polidori, Ericka		St. John's C	29.85m
	28.93m 29.85m 29.27m	27.63m FOUL 28.36m	
6 Kulidzan, Milica		Riverside SS	29.58m
	FOUL 25.21m 29.58m	28.95m FOUL 24.38m	
7 Ward, Jen		Orangeville	29.44m
	28.28m 26.55m 29.44m	27.99m 28.72m 28.16m	
8 Henry, Kelsey		St Christoph	29.06m
	29.06m 28.36m 28.07m	22.91m 27.00m 24.01m	
9 Hitchcock, Jessica		Sandwich	28.95m
	FOUL 27.07m 28.95m		
10 Lennox, Jen		Forest Heigh	28.80m
	28.24m 28.80m 26.72m		
11 Vandenyden, Sarah		Strathroy DC, Strath	26.92m
	26.92m 24.44m 23.41m		
12 Graham, Jenna		Northern Civ	24.85m
	FOUL FOUL 24.85m		
13 Gast, Gillian		Holy Cross, Strathro	24.54m
	24.54m 23.58m 23.78m		
14 Bellamy, Eastlynn		St. Mary's-Owen	24.27m
	22.48m 24.27m 23.16m		
15 Collins, Meghan		South Huron	22.00m
	22.00m 20.51m 21.49m		

Women 100 Meter Dash Junior

West Region: * 11.89 1995		Margaret FOX / Guelph-Bishop Mac.	
Name	Year	School	Prelims Wind H#
Preliminaries			
1 Semplonius, Tia		St. Benedict	12.60Q -1.1 2
2 Bailey, Jenna		Kincardine D	12.89Q -0.3 1
3 Foster, Bethany		Centennial C	12.93Q -1.1 2
4 Lyons, Jaide		Brennan	12.98Q -0.3 1 12.9726
5 Sergeant, Olivia		Glendale HS, Tillson	J12.98Q -0.3 1 12.9759
6 Waugh, Lindsey		Holy Names H	13.33Q -1.1 2
7 O'Shea, Leah		North Park C	12.99q -0.3 1
8 Barry, Tomeizel		Sir John A Macdo	13.37q -1.1 2
9 Gubbels, Taylor		Mother Teres	13.50 -1.1 2
10 Streicher, Alexis		St. Anne Tecumseh	13.63 -0.3 1
11 Brown, Charlene		Lambton Cent	13.65 -0.3 1
12 Mckeen, Julie		Medway Hs-Ar	13.67 -0.3 1
13 Elliott, Nicole		Central Huro	13.68 -1.1 2
14 Limage, Mallory		Saunders SS	13.73 -0.3 1
15 Moro, Beatrice		Herman	13.77 -1.1 2

Women 100 Meter Dash Junior



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West Region: * 11.89	1995	Margaret FOX / Guelph-Bishop Mac.
Name	Year School	Finals Wind

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Finals

1 Semplonius, Tia	St. Benedict	12.62	-2.5
2 Foster, Bethany	Centennial C	12.96	-2.5
3 O'Shea, Leah	North Park C	13.01	-2.5
4 Bailey, Jenna	Kincardine D	13.05	-2.5
5 Barry, Tomeizel	Sir John A Macdo	13.10	-2.5
6 Lyons, Jaide	Brennan	13.17	-2.5
7 Sergeant, Olivia	Glendale HS,Tillson	13.20	-2.5
8 Waugh, Lindsey	Holy Names H	13.66	-2.5

Women 200 Meter Dash Junior

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West Region: * 24.13	1995	Margaret FOX / Guelph-Bishop Mac.
Name	Year School	Prelims Wind H#

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Preliminaries

1 Semplonius, Tia	St. Benedict	25.69Q	-1.6	2
2 Sergeant, Olivia	Glendale HS,Tillson	26.41Q	-0.9	1
3 Peters, Flo	Grand River	26.64Q	-1.6	2
4 Lyons, Jaide	Brennan	26.73Q	-0.9	1
5 Olson, Jen	Medway Hs-Ar	26.76Q	-1.6	2
6 O'Shea, Leah	North Park C	27.02Q	-0.9	1
7 Lorimer, Rachel	Resurrection	27.19q	-0.9	1
8 Vandervorrt, Chanelle	Southwood SS	27.22q	-1.6	2
9 Lacina, Claire	Oakridge SS	27.31	-1.6	2
10 Waugh, Lindsey	Holy Names H	27.60	-0.9	1
11 Streicher, Alexis	St. AnneTecumseh	27.61	-0.9	1
12 McCurdy, Justine	Parkside CI	27.94	-1.6	2
13 Morrison, Jayden	North Lambto	28.13	-0.9	1
14 Bjorkman, Amy	Essex Dhs-Es	28.41	-0.9	1
-- Gubbels, Taylor	Mother Teres	DNF	-1.6	2

Women 200 Meter Dash Junior

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West Region: * 24.13	1995	Margaret FOX / Guelph-Bishop Mac.
Name	Year School	Finals Wind

=====

Finals

1 Semplonius, Tia	St. Benedict	25.69	-1.9
2 Peters, Flo	Grand River	26.86	-1.9
3 Sergeant, Olivia	Glendale HS,Tillson	26.87	-1.9
4 Lyons, Jaide	Brennan	27.02	-1.9
5 Olson, Jen	Medway Hs-Ar	27.06	-1.9
6 O'Shea, Leah	North Park C	27.41	-1.9
7 Vandervorrt, Chanelle	Southwood SS	27.47	-1.9
8 Lorimer, Rachel	Resurrection	27.77	-1.9

Women 400 Meter Dash Junior

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West Region: * 54.56	1994	Nadia SCHMEIDT / London-John Paul II
Name	Year School	Finals H#

=====

1 Lyons, Jaide	Brennan	59.88	2
2 Lorimer, Rachel	Resurrection	1:00.38	2
3 Stairs, Tegan	Forest Heigh	1:00.47	2
4 Styles, Devin	Orangeville	1:01.04	2
5 Zeeman, Carling	Woodland Chr	1:01.36	2
6 Vanos, Danielle	North Lambto	1:01.72	2
7 Vandervorrt, Chanelle	Southwood SS	1:01.93	1

8 Sergeant, Olivia	Glendale HS,Tillson	1:02.01	2
9 Bos, Brittany	St. Anne's Clint	1:02.22	1
10 Kosi, Laura	John Paul II,London	1:02.47	1
11 Lynes, Chelsea	Huron Park S,ON, ON	1:02.73	2
12 Ziriada, Carolyn	Brennan	1:03.49	1
13 Sokol, Julie	St. Patrick'	1:03.73	1
14 Bjorkman, Amy	Essex Dhs-Es	1:04.83	1
15 Kay, Nicole	Dorchester	1:05.04	1

Women 800 Meter Run Junior

West Region: * 2:11.3h 1991 Sue BERG / Kitchener-Cameron Hts.			
Name	Year School	Finals	
1 Parry, Jessica	C. C. London	2:08.52*	
2 Benson, Holly	Brennan	2:15.64	
3 Horne, Justine	Southwood SS	2:19.98	
4 Wilson, Lexi	St. Joseph-St.Th,St	2:20.00	
5 CristoFari, Sabrina	St. AnneTecumseh	2:20.18	
6 Rollins, Meaghan	North Park C	2:22.75	
7 Lynes, Chelsea	Huron Park S,ON, ON	2:22.86	
8 Law, Heather	Mgsr. E.A. D	2:23.53	
9 Baker, Jocelyne	C. C. London	2:25.06	
10 M'Larkey, Erin	Northern Civ	2:26.04	
11 Stairs, Tegan	Forest Heigh	2:26.17	
12 Robbins, Samantha	London Centr	2:26.33	
13 Hodgson, Lizz	Walkerton	2:26.86	
-- Quinn, Sarah	Brennan	DNF	

Women 1500 Meter Run Junior

West Region: * 4:29.43 2003 Aly KOHLMEIER/Sarnia-St. Patrick's			
Name	Year School	Finals	
1 Parry, Jessica	C. C. London	4:28.35*	
2 Wilson, Adrienne	Resurrection	4:46.79	
3 Benson, Holly	Brennan	4:47.84	
4 Horne, Justine	Southwood SS	4:47.98	
5 Kannenberg, Natalie	Lourdes,Guelph	4:48.14	
6 Robbins, Samantha	London Centr	4:50.48	
7 Adam, Melissa	Guelph Cvi-G	4:57.23	
8 Walker, Laura	Goderich Dci	4:58.49	
9 M'Larkey, Erin	Northern Civ	5:00.32	
10 Morand, Meaghan	St. Thoma SS	5:06.37	
11 Schlattman, Kim	St. Michael	5:17.04	
12 Korosec, Rachel	St Christoph	5:19.08	
13 Doherty, Lauren	Galt Cvi-Cam	5:31.52	
14 Kohlmeier, Kristin	St. Patrick'	5:32.11	

Women 3000 Meter Run Junior

West Region: * 9:50.02 2001 Amy KOHLMEIER /Sarnia-St.Patrick's			
Name	Year School	Finals	
1 Wilson, Adrienne	Resurrection	10:42.57	
2 Walker, Laura	Goderich Dci	10:52.63	
3 Kannenberg, Natalie	Lourdes,Guelph	10:54.77	
4 Allen, Alicia	Saunders SS	10:57.45	
5 Bishop, Anna	John F. Ross	11:20.75	
6 Lundy, Courtney	St. Clair SS	11:28.36	
7 Schlattman, Kim	St. Michael	11:29.91	
8 Walker, Leslie	Goderich Dci	11:35.28	
9 Korosec, Rachel	St Christoph	11:51.09	

10 Quinn, Sarah	Brennan	12:29.23
11 Polkosnik, Katie	Brennan	13:06.80
-- Adam, Melissa	Guelph Cvi-G	DNF
-- Morand, Meaghan	St. Thoma SS	DNF
-- Doherty, Lauren	Galt Cvi-Cam	DNF

Women 80 Meter Hurdles Junior

West Region: * 11.01 1998		Jessica ZELINKA / London-Banting	
Name	Year School	Prelims	Wind H#
Preliminaries			
1 Ferguson, Sarah	Jacob Hesple	12.44Q	-1.5 2
2 Barry, Tomeizel	Sir John A Macdo	12.55Q	-1.4 1
3 Hayman, Julia	Saunders SS	12.74Q	-1.4 1
4 Reive, Sofia	Sir John A Macdo	12.91Q	-1.5 2
5 Uyl, Jory	St. Anne's Clint	12.81Q	-1.4 1
6 Hallet, Kassandra	Banting	12.97Q	-1.5 2
7 Braund, Stephanie	Pauline John	12.92q	-1.4 1
8 Lance, Naomi	St. Mary's-Kitch	13.08q	-1.5 2
9 Lamb, Colleen	St. Patrick'	13.11	-1.4 1
10 Lebert, Laura	Lambton Cent	13.18	-1.4 1
11 Rodowa, Melanie	London South	13.47	-1.4 1
12 Lawrence, Brittney	Walkerville	13.54	-1.4 1
13 Poirier, Mallory	Northern Civ	13.85	-1.5 2
14 McCurdy, Justine	Parkside CI	13.92	-1.5 2
15 Piccinato, Angela	Holy Names H	14.75	-1.5 2

Women 80 Meter Hurdles Junior

West Region: * 11.01 1998		Jessica ZELINKA / London-Banting	
Name	Year School	Finals	Wind
Finals			
1 Barry, Tomeizel	Sir John A Macdo	12.22	-1.7
2 Ferguson, Sarah	Jacob Hesple	12.32	-1.7
3 Hayman, Julia	Saunders SS	12.40	-1.7
4 Braund, Stephanie	Pauline John	12.69	-1.7
5 Hallet, Kassandra	Banting	12.79	-1.7
6 Lance, Naomi	St. Mary's-Kitch	12.81	-1.7
7 Uyl, Jory	St. Anne's Clint	13.52	-1.7
8 Reive, Sofia	Sir John A Macdo	13.78	-1.7

Women 300 Meter Hurdles Junior

West Region: * 41.78 1994		Nadia SCHMEIDT / London-John Paul II	
Name	Year School	Finals	H#
1 Ferguson, Sarah	Jacob Hesple	45.43	2
2 Vanos, Danielle	North Lambto	46.12	2
3 Olson, Jen	Medway Hs-Ar	46.61	2
4 Dobransky, Johanna	London Centr	46.89	2
5 Reive, Sofia	Sir John A Macdo	47.56	2
6 Lance, Naomi	St. Mary's-Kitch	47.78	2
7 Braund, Stephanie	Pauline John	47.99	1
8 McCurdy, Justine	Parkside CI	48.46	2
9 Uyl, Jory	St. Anne's Clint	49.34	2
10 Lawrence, Brittney	Walkerville	49.69	1
11 Andrew, Heather	Lambton Cent	50.10	1
12 Webb, Claire	Owen Sound C	50.28	1
13 Renaud, Valerie	Holy Names H	50.78	1
14 Lebert, Laura	Lambton Cent	51.09	1

Women 4x100 Meter Relay Junior

West Region: * 49.80 2006		LONDON - BANTING	
K. Law,M.Harris,B.Rausch,S.Malek			
School		Finals	H#
1 Medway H S 'A'		50.69	1
1) Olson, Jen	2) Mckeen, Julie		
3) Vanderploeg, Carolyn	4) Braunch, Laurenne		
2 Sir John A Macdonald SS 'A'		51.14	2
1) Barry, Tomeizel	2) Cook, Melissa		
3) Reive, Sofia	4) Sutton, Sara		
3 St. Anne's C S S 'A'		51.16	2
1) Uyl, Jory	2) Bos, Brittany		
3) Hogervorst, Kim	4) Tousaw, Ellen		
4 Resurrection C S S 'A'		51.28	2
1) Fedy, Sarah	2) Buttinger, Natalie		
3) Lorimer, Rachel	4) Inthavong, Lisa		
5 St. Patrick's S S 'A'		51.52	2
1) Cobb, Rebecca	2) Hogan, Kelly		
3) Lamb, Colleen	4) Sokol, Julie		
6 John F. Ross C & V I 'A'		51.56	1
1) Cornwall, Karry Ann	2) Rayner, Lesley		
3) Adams, Michelle	4) Rayner, Heather		
7 Belle River D H S 'A'		52.09	2
1) Bouteiller, Nicole	2) Winter, Ainslee		
3) Chauvin, Marissa	4) McFadden, Nicole		
8 Parkside C I 'A'		52.93	2
1) Dekraker, Jayla	2) Allsop, Crystal		
3) Matthews, Tara	4) Porter, Samantha		
9 Lambton Central C & V I 'A'		52.97	1
1) Brown, Charlene	2) Broad, Kendra		
3) Lebert, Laura	4) Vandenburgt, Emily		
10 Kincardine D S S 'A'		53.10	1
1) Schmidt, Taylor	2) Crouchman, Kayla		
3) Jolley, Marissa	4) Bailey, Jenna		
11 Oakridge S S 'A'		53.38	2
1) Vitali, Ashley	2) Geroux, Chenise		
3) Vitali, Sarah	4) Lacina, Claire		
12 Strathroy D C I 'A'		55.93	1
1) Taylor, Krystal	2) Sharpe, Julia		
3) King, Cassandra	4) King, Shelby		
-- Northern C I & V S 'A'		DQ	1 170.14
1) Poirier, Mallory	2) Mellon, Jamie		
3) Stewart, Kenya	4) Clarke, Hillary		
-- Centennial C V I 'A'		DQ	2 170.14
1) Foster, Bethany	2) Flemington, Katie		
3) Salvador, Haley	4) Xu, Wendy		
-- St. Anne S S 'A'		DQ	1 145
1) Drouillard, Ashley	2) Farr, Sara		
3) MacKenzie, Dayna	4) Streicher, Alexis		

Women High Jump Junior

West Region: * 1.77m 1985		Catherine BOND / Woodstock CI	
Name	Year School	Finals	
1 Baas, Emily	Dorchester	1.62m	
1.35 1.40 1.45 1.50 1.53 1.56 1.59 1.62 1.65			
P P O XO O O XXO O XXX			
2 Dobransky, Johanna	London Centr	1.56m	
1.35 1.40 1.45 1.50 1.53 1.56 1.59			
P P P P O O XXX			

3	Braund, Stephanie	Pauline John	J1.56m
	1.35 1.40 1.45 1.50 1.53 1.56 1.59		
	P O P P XO O XXX		
4	Peters, Flo	Grand River	1.53m
	1.35 1.40 1.45 1.50 1.53 1.56		
	P O O O O XXX		
5	Gubbels, Taylor	Mother Teres	J1.53m
	1.35 1.40 1.45 1.50 1.53 1.56		
	O O O XXO O XXX		
6	Luby, Alex	McGregor	J1.53m
	1.35 1.40 1.45 1.50 1.53 1.56		
	O XXO O XXO O XXX		
7	Gladu, Gillian	Lambton Cent	J1.53m
	1.35 1.40 1.45 1.50 1.53 1.56		
	O O O XO XO XXX		
8	Sensabaugh, Katie	Ridgetown DH	J1.53m
	1.35 1.40 1.45 1.50 1.53 1.56		
	O O XO XO XXO XXX		
9	DeVries, Vanessa	North Middle, London	1.50m
	1.35 1.40 1.45 1.50 1.53		
	P P O O XXX		
10	Walsh, Michelle	Kitchener Wa	1.45m
	1.35 1.40 1.45 1.50		
	P O O XXX		
10	Hodgson, Carolyn	Walkerton	1.45m
	1.35 1.40 1.45 1.50		
	P O O XXX		
12	Barnes, Kate	Lambton Cent	J1.45m
	1.35 1.40 1.45 1.50		
	O XO O XXX		
13	Johnston, Rachel	Stratford Ce	J1.45m
	1.35 1.40 1.45 1.50		
	O XO XO XXX		
14	Lamb, Colleen	St. Patrick'	J1.45m
	1.35 1.40 1.45 1.50		
	O O XXO XXX		
--	Stewart, Kenya	Northern Civ	NH
	1.35		
	XXX		

#### Women Pole Vault Junior

West Region: * 3.05m 27/05/2005 Jenn House, Oakridge SS			
Name	Year	School	Finals
1 Lariviere, Rachel		Brennan	2.88m
	1.85 2.05 2.25 2.45 2.60 2.70 2.88 3.06		
	P P O O O O O XXX		
2 Harper, Marielle		Kitchener Wa	2.60m
	1.85 2.05 2.25 2.45 2.60 2.70		
	P O O O O XXX		
3 Horst, Becky		Sir John A Macdo	2.45m
	1.85 2.05 2.25 2.45 2.60		
	P O O XXO XXX		
4 Fiedler, Erika		Cameron Heig	J2.45m
	1.85 2.05 2.25 2.45 2.60		
	O O XXO XXO XXX		
5 Parker, Karleigh		College Aven, ON, ON	2.25m
	1.85 2.05 2.25 2.45		
	P O O XXX		
5 Hayman, Julia		Saunders SS	2.25m
	1.85 2.05 2.25 2.45		
	P P O XXX		

7	Masek, Sarah	Saunders SS	J2.25m
	1.85 2.05 2.25 2.45		
	P XO XO XXX		
8	Bianchi, Katie	Brennan	J2.25m
	1.85 2.05 2.25 2.45		
	O O XXO XXX		
9	Demers, Michelle	Massey	2.05m
	1.85 2.05 2.25		
	O XO XXX		
10	Bradshaw, Tina	Stratford N W	1.85m
	1.85 2.05		
	O XXX		
--	Ankenmann, Amy	Kitchener Wa	NH
	1.85		
	XXX		
--	Hart, Katrina	College Aven, ON, ON	NH
	1.85		
	XXX		

#### Women Long Jump Junior

West Region: * 5.76m 1981 Tina LETOURNEAU / Windsor-Brennan						
Name	Year	School	Finals	Wind		
1	Cupid, Kimberly	Lourdes, Guelph, ON	5.31m	1.6		
	5.11m(0.8) 5.21m(1.9) 5.31m(1.6) 5.29m(1.3) 5.17m(1.2)		PASS (NWI)			
2	Goad, Emily	Mother Teres	5.21m	1.5		
	5.13m(1.0) 5.21m(1.5) 4.23m(0.6) 4.96m(1.0) 5.05m(0.9) 5.05m(1.7)					
3	Bailey, Jenna	Kincardine D	4.88m	+0.0		
	FOUL (NWI) 4.46m(+0.0) 4.75m(1.0) 4.88m(+0.0) FOUL (NWI) FOUL (NWI)					
4	Dobransky, Johanna	London Centr	4.84m	1.5		
	4.74m(+0.0) 4.69m(1.1) 4.68m(0.2) 4.78m(+0.0) 4.81m(1.4) 4.84m(1.5)					
5	Lamb, Colleen	St. Patrick'	4.72m	1.5		
	4.61m(+0.0) FOUL (NWI) 4.61m(0.9) 4.72m(1.5) 4.65m(1.3) FOUL (NWI)					
6	Zeeman, Carling	Woodland Chr	4.71m	0.1		
	FOUL (0.2) 4.53m(1.2) 4.71m(0.1) 4.56m(+0.0) 4.47m(1.9) 4.62m(1.6)					
7	Thomas, Madison	Holy Cross, Strathro	4.68m	1.1		
	4.68m(1.1) 4.17m(1.3) 4.59m(1.6) 4.66m(0.9) 4.32m(1.8) 4.49m(1.4)					
8	Moro, Beatrice	Herman	J4.68m	0.8		
	4.29m(0.3) 3.96m(2.7) 4.68m(0.8) 4.37m(1.3) 4.56m(1.1) 4.65m(1.4)					
9	Foster, Bethany	Centennial C	4.59m	1.6		
	4.51m(1.1) 4.30m(+0.0) 4.59m(1.6)					
10	Sayasane, Katie	Galt Cvi-Cam	4.58m	1.6		
	4.58m(1.6) 4.43m(1.0) 4.50m(1.0)					
11	Conroy, Sara	St. Patrick'	4.56m	0.8		
	4.56m(0.8) 4.18m(0.8) 4.42m(0.4)					
12	Sanders, Kaitlyn	Lambton Cent	4.48m	1.1		
	4.48m(1.1) 4.37m(1.5) 4.24m(1.3)					
13	Blacklock, Sarony	Stratford Ce	4.41m	1.0		
	4.41m(1.0) 4.38m(2.0) 3.85m(+0.0)					
14	Wilkins, Emma	West Elgin	4.37m	1.4		
	4.21m(+0.0) 4.32m(1.9) 4.37m(1.4)					
15	Drouillard, Ashley	St. Anne Tecumseh	4.31m	0.6		
	4.12m(+0.0) 4.22m(1.3) 4.31m(0.6)					

#### Women Triple Jump Junior

West Region: * 11.94m 1995 Monique HAAN / London Christian					
Name	Year	School	Finals	Wind	
1	Cupid, Kimberly	Lourdes, Guelph, ON	10.99m	NWI	
	10.62m(NWI) 10.99m(NWI) FOUL (NWI) 10.57m(-1.2) 10.79m(-2.1)		PASS (NWI)		
2	Goad, Emily	Mother Teres	10.88m	NWI	

	10.88m(NWI)	FOUL(NWI)	FOUL(NWI)	FOUL(NWI)	10.27m(-2.0)	PASS(NWI)		
3	Johnston, Rachel			Stratford Ce		10.36m	-1.8	
	FOUL(NWI)	9.96m(NWI)	9.23m(NWI)	9.71m(-2.8)	10.36m(-1.8)	9.79m(-1.8)		
4	Blacklock, Sarony			Stratford Ce		10.35m	-2.1	
	FOUL(NWI)	FOUL(NWI)	9.90m(NWI)	10.05m(-1.8)	10.07m(-2.1)	10.35m(-2.1)		
5	Zeeman, Carling			Woodland Chr		10.23m	-1.5	
	10.12m(NWI)	9.71m(NWI)	10.12m(NWI)	10.03m(-1.6)	9.87m(-1.9)	10.23m(-1.5)		
6	Thomas, Madison			Holy Cross,Strathro		10.19m	-2.9	
	10.12m(NWI)	9.20m(NWI)	9.88m(NWI)	10.03m(-1.1)	9.90m(-1.9)	10.19m(-2.9)		
7	Horne, Justine			Southwood SS		10.05m	-1.5	
	9.50m(NWI)	9.61m(NWI)	10.03m(NWI)	10.05m(-1.5)	9.84m(-2.2)	FOUL(-2.1)		
8	Faubert, Stephanie			Pain Court ES		9.90m	NWI	
	9.90m(NWI)	9.63m(NWI)	9.68m(NWI)	9.26m(-2.4)	9.85m(-2.0)	9.87m(-1.8)		
9	LaForet, KayLynn			St. Thoma SS		9.84m	NWI	
	9.37m(NWI)	FOUL(NWI)	9.84m(NWI)					
10	Conroy, Sara			St. Patrick'		9.78m	NWI	
	9.78m(NWI)	9.60m(NWI)	9.70m(NWI)					
11	Drouillard, Ashley			St. AnneTecumseh		9.60m	NWI	
	9.19m(NWI)	9.60m(NWI)	9.34m(NWI)					
12	Karidas, Katerina			London South		9.59m	NWI	
	FOUL(NWI)	9.59m(NWI)	9.59m(NWI)					
13	Bertrand, Krystal			St. Joseph-Winds		9.49m	NWI	
	FOUL(NWI)	9.49m(NWI)	FOUL(NWI)					
14	Sayasane, Katie			Galt Cvi-Cam		9.48m	NWI	
	9.43m(NWI)	9.38m(NWI)	9.48m(NWI)					

#### Women Shot Put Junior

=====							
West Region: *	13.30m	1981		Liz POLYAK /	Brantford -	North Park	
Name	Year School			Finals			
=====							
1	Sanders, Kaitlyn			Lambton Cent		11.16m	
	10.92m	10.73m	10.54m	11.16m	10.49m	FOUL	
2	Pilling, Jessica			Banting		10.79m	
	10.59m	10.40m	10.49m	9.99m	10.34m	10.79m	
3	Gibb, Celine			Holy Names H		10.75m	
	9.89m	FOUL	9.78m	10.75m	10.59m	9.98m	
4	Holmes, Tiffany			Sarnia Cits		9.84m	
	9.84m	9.02m	9.74m	9.22m	9.10m	9.61m	
5	Hooper, Belena			St. Mary's-Owen		9.68m	
	8.92m	9.23m	9.36m	9.53m	9.68m	9.01m	
6	deBoer, Heather			Madill		9.50m	
	8.79m	9.50m	FOUL	8.77m	FOUL	FOUL	
7	Landry, Brittany			Banting		9.41m	
	8.48m	9.41m	8.89m	9.35m	8.59m	8.90m	
8	Budding, Nicole			Southwood SS		9.16m	
	8.67m	9.16m	8.61m	8.22m	FOUL	8.37m	
9	Saar, Katlyn			Northern Civ		9.07m	
	9.07m	8.84m	8.89m				
10	Strooboscher, Kristin			Woodland Chr		9.03m	
	8.35m	9.03m	FOUL				
11	Siefarth, Ashley			Riverside SS		9.00m	
	8.88m	FOUL	9.00m				
12	Gilchrist, Erin			Madill		8.90m	
	8.04m	8.85m	8.90m				
13	McLean, Katie			Saunders SS		8.81m	
	FOUL	8.81m	8.65m				
14	Dziuba, Kendra			Assumption		8.04m	
	FOUL	7.63m	8.04m				

#### Women Discus Throw Junior

=====

West Region: \* 44.24m 1981 Liz POLYAK / Brantford-North Park

Name	Year	School	Finals
1 Pilling, Jessica		Banting	32.45m
	32.45m	FOUL 31.55m 31.69m 30.40m 32.37m	
2 Sanders, Kaitlyn		Lambton Cent	30.81m
	26.45m	FOUL 25.38m 28.36m 30.81m FOUL	
3 Lue-Kim, Brianne		London South	27.00m
	25.73m 24.16m 27.00m	FOUL FOUL 26.77m	
4 Langlois, Miah		C. C. Windsor	26.52m
	26.31m 23.98m 24.18m 25.37m	FOUL 26.52m	
5 deBoer, Heather		Madill	26.44m
	FOUL 24.76m 24.94m 26.44m	FOUL 25.07m	
6 Mara, Alex		Banting	25.72m
	20.37m	FOUL 25.27m 25.68m 24.61m 25.72m	
7 Saar, Katlyn		Northern Civ	24.81m
	FOUL 18.11m 24.81m 21.11m 24.26m	FOUL	
8 Holmes, Tiffany		Sarnia Cits	24.74m
	20.17m 18.60m 24.74m 21.13m 20.47m 20.65m		
9 Hooper, Belena		St. Mary's-Owen	24.27m
	FOUL 24.27m	FOUL	
10 Allen, Berni		Holy Cross, Strathro	24.01m
	23.92m 23.10m 24.01m		
11 Chan, Nicole		Sandwich	23.24m
	19.92m 19.45m 23.24m		
12 Boettcher, Elizabeth		Cameron Heig	22.18m
	18.58m	FOUL 22.18m	
13 Quinn, Jessica		Kincardine D	22.16m
	21.88m 22.16m 19.36m		
14 Broderick, Maddy		Grand River	21.48m
	FOUL 20.17m 21.48m		
15 Cave, Shelby		Grand River	18.00m
	16.87m 18.00m 17.21m		

Women Javelin Throw Junior

Name	Year	School	Finals
West Region: *	48.84m	1989	Margaret GRIFFITHS / Windsor-Brennan
1 Humphreys, Conchita		St. Patrick'	35.30m
	31.86m 29.70m 35.30m	FOUL FOUL FOUL	
2 Hooper, Belena		St. Mary's-Owen	34.56m
	FOUL 31.02m 34.56m 30.56m	FOUL 33.08m	
3 Cline, Katrina		Beal	32.50m
	31.65m 27.67m 26.46m 32.50m	FOUL FOUL	
4 Stephenson, Erin		Waterloo	30.71m
	30.14m 29.61m 30.70m 29.48m	FOUL 30.71m	
5 Gyemi, Danielle		Walkerville	30.38m
	30.38m 29.63m 29.38m 28.52m 27.50m 28.06m		
6 Murphy, Katie		Holy Names H	30.07m
	30.07m	FOUL 26.34m 25.42m 28.31m 29.05m	
7 VanDenTempel, Sofia		Stratford N W	29.71m
	FOUL 28.35m 29.67m	FOUL 29.71m 25.14m	
8 Campbell, Breanne		Amherst	28.71m
	24.52m 28.71m 21.25m	FOUL 28.21m 24.70m	
9 Pilling, Jessica		Banting	28.66m
	FOUL 27.24m 28.66m		
10 Riccardi, Kelly		St. Anne Tecumseh	28.30m
	28.30m	FOUL 26.25m	
11 Lucas, Abby		Lourdes, Guelph, ON	25.73m
	FOUL 22.06m 25.73m		
12 Mara, Alex		Banting	25.70m
	25.70m 24.62m	FOUL	
13 Lue-Kim, Brianne		London South	23.67m



## Women 100 Meter Dash Senior

West Region: * 12.08 2004		Emily JOHNSON/Guelph-J. F. Ross	
Name	Year School	Prelims	Wind H#
Preliminaries			
1 Sassine, Nicole	Holy Names H	12.57Q -1.3	1
2 Brooks, Brittany	Delhi Dss-De	12.81Q -0.9	2
3 Rayner, Jenn	Strathroy DC, Strath	12.82Q -1.3	1
4 Fourie, Mari	Bluevale	12.85Q -0.9	2 12.8407
5 Taylor, Sarah	St Christoph	12.85Q -1.3	1 12.8432
6 Brouwer, Jenna	London Distr	12.99Q -0.9	2
7 Corrente, Julia	Chatham-Kent	12.89q -1.3	1
8 Charnuski, Olivia	Elmira Dss-E	12.97q -1.3	1
9 Lee, Mellissa	Sir John A Macdo	13.04 -0.9	2
10 vanMierlo, Morgan	St. Thomas Aq, London	13.12 -0.9	2
11 Daley, Jodian	McGregor	13.19 -1.3	1
12 Hall, Morgan	C. C. London	13.22 -1.3	1
13 Thomson, Lauren	St. Mary's	13.28 -0.9	2
14 Jarrett, Samantha	Massey	13.37 -1.3	1

## Women 100 Meter Dash Senior

West Region: * 12.08 2004		Emily JOHNSON/Guelph-J. F. Ross	
Name	Year School	Finals	Wind
Finals			
1 Sassine, Nicole	Holy Names H	12.55 -1.2	
2 Brooks, Brittany	Delhi Dss-De	12.59 -1.2	
3 Fourie, Mari	Bluevale	12.83 -1.2	12.8239
4 Taylor, Sarah	St Christoph	J12.83 -1.2	12.8261
5 Rayner, Jenn	Strathroy DC, Strath	12.92 -1.2	12.9105
6 Corrente, Julia	Chatham-Kent	J12.92 -1.2	12.9172
7 Brouwer, Jenna	London Distr	13.05 -1.2	

## Women 200 Meter Dash Senior

West Region: * 24.70 1999		Jessica ZELINKA/Banting	
Name	Year School	Prelims	Wind H#
Preliminaries			
1 Winik, Alexa	Maranatha, Windsor,	25.83Q -1.1	2
2 Sassine, Nicole	Holy Names H	26.04Q -1.2	1
3 Rayner, Jenn	Strathroy DC, Strath	26.02Q -1.1	2
4 Charnuski, Olivia	Elmira Dss-E	26.09Q -1.2	1
5 Horwood, Katie	Belle River	26.71Q -1.1	2
6 Taylor, Sarah	St Christoph	26.75Q -1.2	1
7 vanMierlo, Morgan	St. Thomas Aq, London	26.81q -1.2	1
8 Thomson, Lauren	St. Mary's	26.87q -1.2	1
9 Brouwer, Jenna	London Distr	26.94 -1.1	2
10 Stevens, Sam	Grand River	27.16 -1.2	1
11 Ward, Kate	Orangeville	27.19 -1.1	2
12 Payne, Adrienne	Sarnia Cits	27.32 -1.2	1
13 Garneau, Kim	St. John's C	27.87 -1.2	1

## Women 200 Meter Dash Senior

West Region: * 24.70 1999		Jessica ZELINKA/Banting	
Name	Year School	Finals	Wind
Finals			

1	Winik, Alexa	Maranatha,Windsor,	25.62	-1.2
2	Charnuski, Olivia	Elmira Dss-E	25.71	-1.2
3	Sassine, Nicole	Holy Names H	25.84	-1.2
4	Rayner, Jenn	Strathroy DC,Strath	26.16	-1.2
5	Taylor, Sarah	St Christoph	26.56	-1.2
6	Horwood, Katie	Belle River	26.61	-1.2
7	vanMierlo, Morgan	St.Thomas Aq,London	26.63	-1.2
8	Thomson, Lauren	St. Mary's	26.73	-1.2

Women 400 Meter Dash Senior

=====				
West Region: * 55.02		1985	Nadia SCHMEIDT / London-J.Paul II	
Name	Year	School	Finals	H#
=====				
1	Tousaw, Julia	St. Anne's Clint	56.77	2
2	Rayner, Jenn	Strathroy DC,Strath	57.50	2
3	Malek, Shauna	Banting	58.19	2
4	Winik, Alexa	Maranatha,Windsor,	59.08	2
5	Stevens, Sam	Grand River	59.66	2
6	vanMierlo, Morgan	St.Thomas Aq,London	1:00.11	2
7	Horwood, Katie	Belle River	1:00.17	1
8	Hinton, Stephanie	North Park C	1:00.43	1
9	Pickering, Marianne	St Christoph	1:00.52	2
10	Gibney, Claire	Grand River	1:01.55	1
11	DiLullo, Kristen	C. C. London	1:01.58	1
12	Simone, Steph	St. Thoma SS	1:01.61	1
13	Hislop, Dana	Northern Civ	1:01.80	2
14	Lusignan, Kirstie	Lourdes	1:02.38	1
15	Savage, Michelle	Erin Dhs-Eri	1:02.72	1

Women 800 Meter Run Senior

=====				
West Region: * 2:11.41		1997	Erin BRAND / Lambton Central	
Name	Year	School	Finals	
=====				
1	Wallace, Madeline	London Centr	2:10.67*	
2	Takahashi, Mariko	C. C. London	2:11.15*	
3	Carson, Lindsay	Southwood SS	2:11.89	
4	Gibbons, Shannon	Saugeen Dss-	2:13.67	
5	Anderson, Katie	South Huron	2:13.69	
6	Simone, Steph	St. Thoma SS	2:24.30	
7	DiLullo, Kristen	C. C. London	2:25.10	
8	Thrasher, Alyssa	Holy Names H	2:25.88	
9	Wilbur, Cassie	McGregor	2:26.59	
10	Hinton, Stephanie	North Park C	2:27.25	
11	Pickering, Marianne	St Christoph	2:27.50	
12	Ferguson, Lindsay	Banting	2:29.87	
13	Matthyssen, Jenna	Ur The Pines	2:30.15	
14	Mason, Danielle	Galt Cvi-Cam	2:35.04	

Women 1500 Meter Run Senior

=====				
West Region: * 4:27.7h		1992	Kathy BUTLER / Waterloo CI	
Name	Year	School	Finals	
=====				
1	Carson, Lindsay	Southwood SS	4:28.17	
2	Wallace, Madeline	London Centr	4:33.95	
3	Gibbons, Shannon	Saugeen Dss-	4:34.35	
4	Seccafien, Andrea	Bishop MacDo	4:37.89	
5	Takahashi, Mariko	C. C. London	4:39.46	
6	Anderson, Katie	South Huron	4:53.83	
7	Mason, Danielle	Galt Cvi-Cam	4:57.51	
8	McCuaig, Sarah	Sir John A Macdo	4:59.05	

9	Vanhie, Jessica	North Middle, London	4:59.54
10	Thrasher, Alyssa	Holy Names H	5:09.70
11	Cadwallader, Haley	Sarnia Cits	5:14.77
12	Percy, Ashley	Massey	5:19.21
13	Wilbur, Cassie	McGregor	5:23.13
14	Foran, Gabrielle	St. Mary's-Woods	5:30.06

Women 3000 Meter Run Senior

West Region: * 9:39.9h 1992				Kathy BUTLER / Waterloo CI	
Name	Year	School		Finals	
1	Muise, Stephanie	London Centr		10:29.26	
2	Mason, Danielle	Galt Cvi-Cam		10:33.99	
3	Seccafien, Andrea	Bishop MacDo		10:34.21	
4	Vanhie, Jessica	North Middle, London		10:37.85	
5	Glover, Brynelle	Ur The Pines		10:40.74	
6	Thrasher, Alyssa	Holy Names H		11:02.97	
7	Lamb, Rachel	St. Thomas Aq, London		11:03.84	
8	Coutts, Lauren	Regina Mundi		11:09.52	
9	Kosterman, Julia	Lourdes, Elora		11:18.79	
10	Nikita, Carly	Kennedy Hon		11:22.91	
11	Goodwin, Krystal	Massey		11:24.15	
12	Foran, Gabrielle	St. Mary's-Woods		11:35.12	
13	Dicks, Katie	Herman		12:08.38	
--	McCuaig, Sarah	Sir John A Macdo		DNF	
--	Savill, Alison	Bishop MacDo		DNF	

Women 100 Meter Hurdles Senior

West Region: * 13.15 2000				Jessica ZELINKA / London-Banting		
Name	Year	School		Prelims	Wind	H#
Preliminaries						
1	Fourie, Mari	Bluevale		14.76Q	-1.0	2
2	Charnuski, Olivia	Elmira Dss-E		14.90Q	-2.3	1
3	Buttinger, Maddie	Resurrection		14.96Q	-2.3	1
4	Coxhead, Emily	Saunders SS		15.31Q	-1.0	2
5	Rudell, Rita	Warton		15.04Q	-2.3	1
6	Payne, Adrienne	Sarnia Cits		15.40Q	-1.0	2
7	Harris, Meg	Banting		15.33q	-2.3	1
8	Martineau, Triniece	C. C. London		15.82q	-1.0	2
9	Helps, Cassie	Lambton Cent		16.00	-2.3	1
10	Mayne, Kelsi	Holy Names H		16.07	-1.0	2
11	Crombeen, Emma	Mother Teres		16.15	-2.3	1
12	Heinhuis, Chelsey	McGregor		16.37	-1.0	2
13	Courtney, Nicole	St. Thomas Aq, London		16.42	-1.0	2
14	Van Espen, Adinda	Sandwich		16.58	-2.3	1
15	Sirio, Amanda	St. Benedict		16.94	-2.3	1

Women 100 Meter Hurdles Senior

West Region: * 13.15 2000				Jessica ZELINKA / London-Banting		
Name	Year	School		Finals	Wind	
Finals						
1	Fourie, Mari	Bluevale		14.61	-1.4	
2	Charnuski, Olivia	Elmira Dss-E		14.74	-1.4	
3	Buttinger, Maddie	Resurrection		14.88	-1.4	
4	Rudell, Rita	Warton		14.97	-1.4	
5	Coxhead, Emily	Saunders SS		15.05	-1.4	
6	Payne, Adrienne	Sarnia Cits		15.14	-1.4	
7	Harris, Meg	Banting		15.15	-1.4	

Women 400 Meter Hurdles Senior

West Region: * 58.03 1995 Nadia SCHMEIDT / London-John Paul II				
Name	Year	School	Finals	H#
1	Tousaw, Julia	St. Anne's Clint	1:01.05	2
2	Buttinger, Maddie	Resurrection	1:03.19	2
3	Rudell, Rita	Wiarnton	1:03.46	2
4	Malek, Shauna	Banting	1:04.53	2
5	Hislop, Dana	Northern Civ	1:07.05	2
6	Gibney, Claire	Grand River	1:08.47	1
7	Martineau, Triniece	C. C. London	1:09.87	2
8	Pare, Renee	Sandwich	1:10.80	2
9	Cadwallader, Ali	Sarnia Cits	1:11.93	1
10	Slegers, Andrina	Holy Cross, Strathro	1:11.99	1
11	Fourie, Mari	Bluevale	1:13.75	2
12	Cook, Krista	Medway Hs-Ar	1:14.36	1
13	Giles, Anastasia	Kennedy Hon	1:16.88	1

Women 4x100 Meter Relay Senior

West Region: * 48.73 2000 LONDON-BANTING				
School	Year	School	Finals	H#
1 St. Thomas Aquinas S S 'A'			49.90	2
1) vanMierlo, Morgan		2) Courtney, Nicole		
3) Merner, Kaitie		4) Russell, Jillian		
2 Resurrection C S S 'A'			50.19	2
1) Caryk, Monica		2) Glofcheski, Emma		
3) Austin, Linsey		4) Buttinger, Maddie		
3 Catholic Central London 'A'			50.22	2 50.2130
1) Takahashi, Mariko		2) Bell-Boucher, Danielle		
3) Martineau, Triniece		4) Hall, Morgan		
4 Sir Frederick Banting S S 'A'			50.22	2 50.2152
1) Harris, Meg		2) Malek, Shauna		
3) Law, Kelsey		4) Willems, Gabby		
5 Holy Names H S 'A'			50.53	2
1) Mayne, Kelsi		2) Sassine, Nicole		
3) Manzocco, Christiana		4) Waugh, Lindsey		
6 Maranatha Christian 'A'			50.54	1
1) Griffiths, Nathana		2) Winik, Alexa		
3) Foong, AI Leng		4) Daichendt, Heather		
7 Vincent Massey S S 'A'			50.90	1
1) Jarrett, Samantha		2) Sheikh, Khadija		
3) Rushling, Amanda		4) Bazzi, Zainab		
8 Saunders S S 'A'			50.93	1
1) Hayman, Julia		2) Limage, Mallory		
3) Starr, Danielle		4) Coxhead, Emily		
9 St. Benedict C S S 'A'			51.10	2
1) Adams, Loveita		2) McCann, Rachel		
3) Poetker, Kelly		4) Semplonius, Tia		
10 Sandwich S S 'A'			51.25	1
1) Clark, Timmon		2) Pulman, Brittany		
3) Taylor, Jamie		4) Van Espen, Adinda		
11 Grand River C I 'A'			51.53	2
1) Gibney, Claire		2) Plotogea, Vanessa		
3) Peters, Flo		4) Stevens, Sam		
12 St. Christopher S S 'A'			51.54	1
1) Murphy, Katie		2) Taylor, Sarah		
3) Willems, Kristie		4) Spinozzi, Jenn		
13 Mother Teresa C S S 'A'			51.96	1

1) Warecki, Jessica	2) Crombeen, Emma		
3) Gubbels, Taylor	4) Maciejewski, Ada		
-- Bluevale C I 'A'		DNF	2
1) Cress, Nicole	2) Cress, Michelle		
3) Fourie, Mari	4) Malcolm, Tonya		
-- Orangeville D S S 'A'		DNF	1
1) Duncan, Olivia	2) Styles, Devin		
3) Styles, Erin	4) Ward, Kate		

#### Women High Jump Senior

West Region: * 1.78m 1986													Catherine BOND / Woodstock CI	
Name												Year	School	Finals
1	Buttinger, Maddie												Resurrection	1.70m
	1.35	1.40	1.45	1.50	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.74		
	P	P	P	P	P	O	P	O	O	O	P	XXX		
2	Neeb, Nikki												Stratford N W	J1.70m
	1.35	1.40	1.45	1.50	1.55	1.58	1.61	1.64	1.67	1.70	1.73			
	P	P	P	P	O	O	P	XO	O	O	XXX			
3	Pierce, Michelle												Massey	1.67m
	1.35	1.40	1.45	1.50	1.55	1.58	1.61	1.64	1.67	1.70				
	P	P	P	P	O	O	O	P	XO	XXX				
4	Rudell, Rita												Wiarnton	1.64m
	1.35	1.40	1.45	1.50	1.55	1.58	1.61	1.64	1.67					
	P	P	P	P	P	O	XXO	O	XXX					
5	Collinson, Erin												Saunders SS	1.58m
	1.35	1.40	1.45	1.50	1.55	1.58	1.61							
	P	P	P	O	XO	XO	XXX							
6	Kaiser, Katie												Saunders SS	1.55m
	1.35	1.40	1.45	1.50	1.55	1.58								
	P	P	O	O	XO	XXX								
7	Senyk, Andrea												Ur The Pines	1.50m
	1.35	1.40	1.45	1.50	1.55									
	O	O	O	O	XXX									
7	Chute, Kristy												Amherst	1.50m
	1.35	1.40	1.45	1.50	1.55									
	P	O	O	O	XXX									
7	Albrecht, Sarah												Elmira Dss-E	1.50m
	1.35	1.40	1.45	1.50	1.55									
	P	P	O	O	XXX									
10	Poetschke, Alex												Saunders SS	J1.50m
	1.35	1.40	1.45	1.50	1.55									
	P	P	O	XO	XXX									
11	Youlton, Brenna												McGregor	J1.50m
	1.35	1.40	1.45	1.50	1.55									
	P	O	O	XXO	XXX									
12	Williams, Kristin												Clarke Road, London,	J1.50m
	1.35	1.40	1.45	1.50	1.55									
	O	O	XO	XXO	XXX									
13	Bryant-Officer, Samantha												John Diefenb	1.45m
	1.35	1.40	1.45	1.50										
	O	XO	XO	XXX										
14	Cleary, Stephanie												Chatham-Kent	1.40m
	1.35	1.40	1.45											
	P	O	XXX											

#### Women Pole Vault Senior

West Region: * 3.52m 1999													Tanya KRYNEN/Woodstack	
Name												Year	School	Finals
1	House, Jen												Oakridge SS	3.55m*

	2.00	2.20	2.40	2.60	2.80	2.95	3.10	3.20	3.30	3.40	3.50	3.55	3.65	
	P	P	P	P	P	P	P	P	O	O	O	XO	XXX	
2	Reiser, Erica												Sandwich	3.40m
	2.00	2.20	2.40	2.60	2.80	2.95	3.10	3.20	3.30	3.40	3.50			
	P	P	P	P	P	O	O	XO	O	XO	XXX			
3	Crombeen, Emma												Mother Teres	3.30m
	2.00	2.20	2.40	2.60	2.80	2.95	3.10	3.20	3.30	3.40				
	P	P	P	P	P	O	O	XXO	XO	XXX				
4	Poetschke, Alex												Saunders SS	3.10m
	2.00	2.20	2.40	2.60	2.80	2.95	3.10	3.20						
	P	P	P	P	P	P	O	XXX						
5	Van Nest, Krista												St. Joseph-Winds	J3.10m
	2.00	2.20	2.40	2.60	2.80	2.95	3.10	3.20						
	P	O	O	O	XO	XXO	XXO	XXX						
6	Van Espen, Adinda												Sandwich	2.95m
	2.00	2.20	2.40	2.60	2.80	2.95	3.10							
	P	P	O	XO	O	O	XXX							
7	Feagan, Katie												Goderich Dci	2.60m
	2.00	2.20	2.40	2.60	2.80									
	O	O	O	XO	XXX									
8	Piskorski, Mandi												Goderich Dci	2.40m
	2.00	2.20	2.40	2.60										
	O	O	O	XXX										
8	Gray, Bethany												Cameron Heig	2.40m
	2.00	2.20	2.40	2.60										
	O	O	O	XXX										
10	Paterson, Chelsea												Leamington D	J2.40m
	2.00	2.20	2.40	2.60										
	P	P	XO	XXX										
11	Pemberton, Sarah												Resurrection	J2.40m
	2.00	2.20	2.40	2.60										
	O	O	XXO	XXX										
12	Goulden, Alison												Kitchener Wa	2.20m
	2.00	2.20	2.40											
	O	XXO	XXX											
13	MacNeil, Devon												St. AnneTecumseh	2.00m
	2.00	2.20												
	O	XXX												
14	Debus, Katie												Bluevale	J2.00m
	2.00	2.20												
	XO	XXX												
--	Hinton, Kristin												Brantford CI	NH
	2.00	2.20	2.40											
	P	P	XXX											

Women Long Jump Senior

=====												
West Region: * 5.92m 1996 Laura WESSELING / Delhi												
Name	Year	School	Finals	Wind								
=====												
1	Gittens, Jaime	Wallaceburg	5.29m	3.1								
	5.27m(2.6)	5.06m(2.5)	FOUL(3.2)	5.29m(3.1)	FOUL(2.1)	FOUL(3.2)						
2	Savic, Marina	Herman	5.25m	2.0								
	5.25m(2.0)	5.16m(1.0)	FOUL(0.1)	5.04m(2.0)	FOUL(1.6)	5.18m(2.7)						
3	Roeder, Nicole	Waterloo	5.08m	1.5								
	5.03m(1.5)	4.95m(1.7)	4.94m(1.7)	4.93m(1.9)	5.07m(1.8)	5.08m(1.5)						
4	Kaiser, Katie	Saunders SS	5.06m	1.7								
	4.86m(1.0)	5.06m(1.7)	5.01m(2.4)	4.89m(3.4)	FOUL(1.9)	FOUL(0.2)						
5	Farrow, Dayna	Chesley Dhs-	5.00m	1.9								
	FOUL(NWI)	5.00m(1.9)	FOUL(NWI)	PASS(NWI)	PASS(NWI)	PASS(NWI)						
6	Greenhow, Sarah	Lucas-London	4.97m	2.2								
	4.92m(2.4)	4.88m(2.1)	4.97m(2.2)	4.95m(1.4)	4.41m(1.6)	4.84m(3.0)						
7	Straatman, Alyssa	Lambton Cent	4.93m	2.1								

	4.42m(+0.0)	4.90m(1.4)	FOUL(2.7)	4.72m(1.4)	4.93m(2.1)	4.93m(1.7)		
8	Douglas, Ashley		Amherst			4.89m	1.6	
	4.75m(1.3)	4.89m(1.6)	4.78m(1.5)	4.74m(1.8)	4.83m(0.9)	4.84m(2.0)		
9	Oxby, Lindsay		Norwell Dss-			4.83m	1.5	
	4.74m(+0.0)	4.83m(1.5)	4.78m(1.4)					
10	Sylvester, Sarah		Stratford Ce			4.82m	0.7	
	4.82m(0.7)	FOUL(2.5)	FOUL(3.0)					
11	DeBacker, Brooke		Leamington D			4.81m	2.1	
	4.65m(0.6)	4.67m(1.0)	4.81m(2.1)					
12	Starr, Danielle		Saunders SS			4.71m	1.4	
	4.39m(1.4)	4.37m(2.3)	4.71m(1.4)					
13	Tichenoff, Annalise		Medway Hs-Ar			4.68m	0.5	
	4.62m(+0.0)	4.68m(0.5)	4.67m(2.4)					
14	Carter, Emily		Centennial C			4.64m	1.2	
	4.64m(1.2)	FOUL(NWI)	FOUL(NWI)					

#### Women Triple Jump Senior

=====								
West Region: * 12.11m 1996 Monique HAAN / London Christian								
Name	Year	School	Finals	Wind				
=====								
1	Gittens, Jaime	Wallaceburg	11.49m	-1.5				
	FOUL(NWI)	11.49m(-1.5)	FOUL(NWI)	10.83m(-1.3)	FOUL(NWI)	11.19m(-1.7)		
2	Sylvester, Sarah	Stratford Ce	11.09m	-1.6				
	10.76m(-0.5)	10.95m(-1.4)	10.69m(-0.2)	FOUL(-0.7)	10.98m(+0.0)	11.09m(-1.6)		
3	Oxby, Lindsay	Norwell Dss-	10.80m	-0.9				
	10.64m(-1.1)	FOUL(-1.0)	10.59m(-1.0)	10.80m(-0.9)	FOUL(-0.6)	FOUL(-1.4)		
4	Garrod, Candace	Essex Dhs-Es	10.71m	-1.1				
	10.13m(+0.0)	10.35m(+0.0)	10.45m(-1.3)	10.71m(-1.1)	10.31m(-1.6)	10.36m(-1.0)		
5	Sheikh, Khadija	Massey	10.39m	-0.6				
	9.66m(+0.0)	9.31m(-1.6)	10.19m(+0.0)	9.89m(-0.5)	10.25m(-0.6)	10.39m(-0.6)		
6	Greenhow, Sarah	Lucas-London	10.32m	-0.5				
	10.29m(+0.0)	10.32m(-0.5)	10.14m(-1.4)	9.99m(+0.0)	10.02m(-1.8)	10.17m(-0.9)		
7	Farrow, Dayna	Chesley Dhs-	J10.32m	+0.0				
	10.24m(-1.3)	10.32m(+0.0)	10.11m(-2.3)	10.28m(+0.0)	10.11m(-0.5)	10.07m(-2.0)		
8	Kaiser, Katie	Saunders SS	10.28m	+0.0				
	FOUL(NWI)	9.65m(-1.3)	10.24m(-1.0)	10.28m(+0.0)	9.97m(-0.6)	10.04m(-1.3)		
9	House, Jen	Oakridge SS	10.00m	-1.1				
	FOUL(NWI)	10.00m(-1.1)	9.68m(-1.1)					
10	Cress, Nicole	Bluevale	9.89m	-1.3				
	9.53m(+0.0)	9.67m(-0.9)	9.89m(-1.3)					
11	Diercks, Sarah	Waterloo-Oxf	9.85m	-0.3				
	9.40m(-0.1)	9.48m(-0.9)	9.85m(-0.3)					
12	Savic, Marina	Herman	9.62m	-1.2				
	9.57m(-1.4)	9.28m(+0.0)	9.62m(-1.2)					
13	Savic, Ana	Herman	9.41m	-1.9				
	FOUL(NWI)	9.07m(-1.7)	9.41m(-1.9)					
14	Strooboscher, Thalia	Woodland Chr	9.20m	-0.2				
	9.20m(-0.2)	8.86m(+0.0)	8.96m(-1.5)					

#### Women Shot Put Senior

=====						
West Region: * 14.25m 1996 Liz TOMAN / Elmira						
Name	Year	School	Finals			
=====						
1	Lane, Diana	Banting	12.31m			
	11.44m	12.31m	11.65m	11.21m	11.83m	FOUL
2	Mullen, Maggie	St. Patrick'	11.71m			
	11.51m	FOUL	11.57m	10.33m	FOUL	11.71m
3	Sloan, Meg	Central Elgi	11.54m			
	11.09m	10.60m	11.54m	10.74m	10.74m	10.95m
4	Lalovich, Lauren	Massey	10.87m			
	10.40m	10.29m	FOUL	10.87m	10.74m	10.80m

5	Brown, Jordan				Oakridge SS	10.62m
	9.99m	9.54m	10.32m	10.37m	10.62m FOUL	
6	Boley, Jocelyn				Owen Sound C	10.24m
	9.28m	9.34m	10.24m	9.17m	10.15m 9.79m	
7	Carey, Melissa				Ur The Pines	9.95m
	9.55m	9.95m	FOUL	9.43m	9.44m 9.38m	
8	Lalovich, Lyndsey				Massey	9.72m
	9.72m	9.24m	8.98m	9.27m	9.16m 9.24m	
9	Billings, Kady				Centre Welli	9.68m
	9.40m	9.50m	9.68m			
10	Hedderston, Brit				St. AnneTecumseh	9.67m
	FOUL	9.32m	9.67m			
11	Rogers, Stephanie				Centre Welli	9.47m
	9.47m	9.28m	9.05m			
12	Schimanski, Ami				Madill	9.42m
	9.42m	9.32m	9.25m			
13	Alcorn, Darby				Madill	8.87m
	FOUL	8.34m	8.87m			

#### Women Discus Throw Senior

=====						
West Region: * 48.20m 1982 Liz POLYAK / Brantford-North Park						
Name	Year	School	Finals			
=====						
1	Allan, Meredith	Oakridge SS				38.68m
	38.68m	38.12m	FOUL	FOUL	FOUL	37.49m
2	Lane, Diana	Banting				37.01m
	35.18m	36.69m	36.33m	36.17m	37.01m	36.64m
3	Hedderston, Brit	St. AnneTecumseh				34.60m
	32.51m	FOUL	31.36m	34.60m	FOUL	33.97m
4	Rigg, Marissa	Harrow Dhs-H				32.40m
	31.19m	30.11m	32.40m	FOUL	FOUL	FOUL
5	Sich, Katie	Riverside SS				30.77m
	25.86m	FOUL	30.77m	FOUL	FOUL	FOUL
6	Hinton, Kristin	Brantford CI				30.69m
	27.86m	29.40m	28.87m	FOUL	30.69m	FOUL
7	Rogers, Stephanie	Centre Welli				29.78m
	29.78m	FOUL	FOUL	FOUL	27.67m	FOUL
8	Tisdale, Jessa	Glendale HS, Tillson				29.10m
	27.84m	27.60m	25.56m	FOUL	29.10m	FOUL
9	Mullen, Maggie	St. Patrick'				27.58m
	FOUL	27.58m	FOUL			
10	Connor, Kelsey	St. AnneTecumseh				26.88m
	26.59m	26.77m	26.88m			
11	Billings, Kady	Centre Welli				25.78m
	FOUL	25.78m	FOUL			
--	Brown, Jordan	Oakridge SS				FOUL
	FOUL	FOUL	FOUL			
--	Sloan, Meg	Central Elgi				FOUL
	FOUL	FOUL	FOUL			

#### Women Javelin Throw Senior

=====						
West Region: * 47.56m 1997 Andrea BULAT / Windsor-Brennan						
Name	Year	School	Finals			
=====						
1	Fraser, Melissa	Erin Dhs-Eri				42.98m
	40.57m	42.44m	FOUL	38.87m	42.98m	41.66m
2	Mullen, Maggie	St. Patrick'				41.59m
	41.59m	40.08m	FOUL	FOUL	38.23m	FOUL
3	Hedderston, Brit	St. AnneTecumseh				37.77m
	36.34m	37.77m	30.42m	34.49m	32.75m	37.73m
4	King, Emily	Northern Civ				37.71m



	35.62m	37.28m	37.71m	FOUL	36.82m	34.75m	
5	Bryant-Officer, Samantha				John Diefenb		36.50m
	36.50m	FOUL	FOUL	32.30m	35.72m	35.50m	
6	Wiseman, Alex				St. Thoma SS		33.93m
	27.88m	28.18m	33.93m	30.77m	30.62m	33.91m	
7	Neeb, Nikki				Stratford N W		33.74m
	33.74m	FOUL	29.89m	30.04m	30.78m	32.19m	
8	Nelson, Kelly				Sandwich		33.48m
	32.03m	FOUL	33.48m	32.57m	26.19m	27.90m	
9	Blake, Melissa				Elmira Dss-E		33.30m
	32.19m		33.30m	FOUL			
10	Boley, Jocelyn				Owen Sound C		32.90m
	30.57m		30.72m	32.90m			
11	MacKay, Tricia				Woodstock		32.79m
	32.79m	28.89m	FOUL				
12	Pottier, Casey				Grand River		30.32m
	29.75m	29.03m	30.32m				
13	Weaver, Katie				Lucas-London		29.40m
	26.54m	29.40m	26.86m				
14	Richards, Jessica				Saunders SS		28.74m
	28.74m	27.35m	28.35m				
15	Keating, Hannah				London South		27.61m
	27.61m	24.58m	27.57m				

Women 1500 Meter Steeplechase Open

West Region: * 5:06.18 27/05/2005 Lydia Willemse, St Christoph			
Name	Year	School	Finals
1	Cadwallader, Haley	Sarnia Cits	5:12.19
2	Goodwin, Krystal	Massey	5:12.39
3	Muise, Stephanie	London Centr	5:13.33
4	Lamb, Rachel	St.Thomas Aq,London	5:14.90
5	Lynes, Chelsea	Huron Park S,ON, ON	5:16.18
6	Wilbur, Cassie	McGregor	5:22.19
7	Coutts, Lauren	Regina Mundi	5:24.59
8	Buisman, Katelyn	Woodland Chr	5:32.76
9	CristoFari, Sabrina	St. AnneTecumseh	5:32.93
10	Nikita, Carly	Kennedy Hon	5:36.72
11	Kosterman, Julia	Lourdes,Elora	5:41.42
12	Case, Emily	Lourdes	5:53.67
13	Fallaise, Karley	Waterloo	5:55.79
14	Donaldson, Shauna	West Hill	6:01.39

Women 4x400 Meter Relay Open

West Region: * 3:54.48 1999 SARNIA-ST. CHRISTOPHER				
School	Year	Relay	Finals	H#
1	Catholic Central	London 'A'	3:56.32	2
	1) DiLullo, Kristen	2) Bell-Boucher, Danielle		
	3) Takahashi, Mariko	4) Parry, Jessica		
2	Resurrection C S S	'A'	3:58.22	2
	1) Buttinger, Natalie	2) Buttinger, Maddie		
	3) Wilson, Adrienne	4) Lorimer, Rachel		
3	Southwood S S	'A'	4:01.75	2
	1) Phillips, Allison	2) Carson, Lindsay		
	3) Horne, Justine	4) Mchaina, Chisomo		
4	London Central S S	'A'	4:02.21	2
	1) Dobransky, Johanna	2) Wallace, Madeline		
	3) Robbins, Samantha	4) Ditchfield, Leah		
5	F.J. Brennan H S	'A'	4:04.72	2
	1) Benson, Holly	2) Gilbeault, Charlotte		

3) Lyons, Jaide	4) Ziriada, Carolyn		
6 St. Anne's C S S 'A'		4:06.32	2
1) Tousaw, Julia	2) Tousaw, Ellen		
3) Hoftzyer, Michelle	4) Bos, Brittany		
7 Sir Frederick Banting S S 'A'		4:09.36	2
1) Harris, Meg	2) Malek, Shauna		
3) Law, Kelsey	4) Willems, Gabby		
8 Our Lady Of Lourdes 'A'		4:10.24	2
1) Vershuren, Laura	2) Cupid, Kimberly		
3) Brownlee, Jane	4) Lusignan, Kirstie		
9 Northern C I & V S 'A'		4:10.79	1
1) Stewart, Noelle	2) Hislop, Dana		
3) McKelvie, Maddie	4) VanVeller, Amy		
10 Woodland Christian H S 'A'		4:12.98	1
1) Buisman, Katelyn	2) Strooboscher, Thalia		
3) Zeeman, Carling	4) Zeeman, Maaike		
11 St. Christopher S S 'A'		4:13.11	1
1) Veens, Sarah	2) Pickering, Marianne		
3) Taylor, Sarah	4) Makar, Nicole		
12 Maranatha Christian 'A'		4:13.85	1
1) Daichendt, Heather	2) Foong, AI Leng		
3) Griffiths, Nathana	4) Winik, Alexa		
13 Orangeville D S S 'A'		4:14.02	1
1) Styles, Devin	2) Styles, Erin		
3) Pegrum, Britt	4) Ward, Kate		
14 Essex D H S 'A'		4:18.08	1
1) Balkwill, Kelsey	2) Bjorkman, Amy		
3) Manchester, Kelly	4) Pittao, Alyssa		
15 Holy Cross 'A'		4:23.86	1
1) Slegers, Andrina	2) Bujnowski, Kristin		
3) VandenEltzen, Marika	4) Viaene, Holly		

Women 800 Meter Dash Wheelchair

=====			
West Region: *	1:59.42	28/05/2005	Jessica Matassa, St. Thoma SS
Name		Year School	Finals
=====			
1	Gibson, Kierra	Rockway Menn	3:08.78
2	Metzger, Corin	Elmira Dss-E	3:10.05

Women 100 Meter Dash Ambulatory

=====				
West Region: *	15.29	28/05/2006	Joanna Edwards, MacKenzie-Sarnia	
Name		Year School	Finals	Wind
=====				
1	Meyers, Samantha	MacKenzie-Sarnia,Sa	17.14	-1.0
2	McLachlan, Virginia	Assumption	17.52	-1.0
3	Dubuque, Danielle	MacKenzie-Sarnia,Sa	19.84	-1.0

Men 100 Meter Dash Midget

=====					
West Region: *	11.18	2006	Corey CRAWLEY, A.B. Lucas		
Name		Year School	Prelims	Wind	H#
=====					
Preliminaries					
1	Halford, Robert	Mgsr. E.A. D	11.65Q	-1.7	1
2	Tesfaye, Gabriel	Oakridge SS	11.73Q	-1.2	2
3	Boutilier, Jordan	London Centr	11.79Q	-1.7	1
4	Hurst, Tyler	Amherst	12.17Q	-1.2	2
5	Koberinski, Adam	Waterloo	12.16Q	-1.7	1
6	Lott, Mike	Amherst	12.19Q	-1.2	2
7	Henry, Courtney	St. AnneTecumseh	12.24q	-1.2	2
8	Stewart, Brandon	Strathroy DC,Strath	12.29q	-1.7	1

9	McPhail, Cody	Lambton Cent	12.30	-1.7	1
10	Roy, Nick	Resurrection	12.33	-1.7	1
11	Shultz, Jordan	Waterloo	12.34	-1.2	2
12	Cox, Troy	Harrow Dhs-H	12.37	-1.7	1
13	Granja, Felipe	St.Thomas Aq,London	12.41	-1.2	2
13	Bryans, Sean	Central Elgi	12.41	-1.2	2

Men 100 Meter Dash Midget

=====					
West Region: *	11.18	2006	Corey CRAWLEY, A.B. Lucas		
Name		Year School	Finals	Wind	
=====					

Finals

1	Tesfaye, Gabriel	Oakridge SS	11.70	-1.4	
2	Halford, Robert	Mgsr. E.A. D	11.84	-1.4	
3	Boutilier, Jordan	London Centr	11.97	-1.4	
4	Lott, Mike	Amherst	12.19	-1.4	
5	Koberinski, Adam	Waterloo	12.30	-1.4	
6	Hurst, Tyler	Amherst	12.36	-1.4	
7	Henry, Courtney	St. AnneTecumseh	12.41	-1.4	
8	Stewart, Brandon	Strathroy DC,Strath	23.16	-1.4	

Men 200 Meter Dash Midget

=====					
West Region: *	22.69	1993	Andrew BECKFORD / Kitchener CI		
Name		Year School	Prelims	Wind	H#
=====					

Preliminaries

1	Tesfaye, Gabriel	Oakridge SS	23.80Q	-1.3	2	
2	MacNeill, Gregory	Mother Teres	23.94Q	-1.8	1	
3	Colquhoun, Arjen	Herman	24.25Q	-1.8	1	
4	Lott, Mike	Amherst	24.46Q	-1.3	2	
5	Woodhouse, Tom	CWHH	24.68Q	-1.3	2	
6	Rapke, Matt	Grey Highlan	24.79Q	-1.8	1	
7	Xu, Brandon	Erin Dhs-Eri	24.81q	-1.8	1	24.8033
8	McPhail, Cody	Lambton Cent	J24.81q	-1.8	1	24.8055
9	Granja, Felipe	St.Thomas Aq,London	24.94	-1.3	2	
10	Stewart, Brandon	Strathroy DC,Strath	24.97	-1.3	2	
11	Stewart, Sean	North Lambto	25.21	-1.8	1	
12	Smith, Mike	West Hill	25.30	-1.3	2	
13	Boutilier, Jordan	London Centr	25.59	-1.3	2	
14	Loy Son, Nicholas	Bishop MacDo	25.66	-1.8	1	
15	Ciampaglia, Jake	C. C. Windsor	25.75	-1.8	1	

Men 200 Meter Dash Midget

=====					
West Region: *	22.69	1993	Andrew BECKFORD / Kitchener CI		
Name		Year School	Finals	Wind	
=====					

Finals

1	Tesfaye, Gabriel	Oakridge SS	23.53	-1.6	
2	MacNeill, Gregory	Mother Teres	23.90	-1.6	
3	Colquhoun, Arjen	Herman	24.24	-1.6	
4	Lott, Mike	Amherst	24.64	-1.6	
5	Woodhouse, Tom	CWHH	24.66	-1.6	
6	McPhail, Cody	Lambton Cent	25.13	-1.6	
7	Rapke, Matt	Grey Highlan	25.15	-1.6	
8	Xu, Brandon	Erin Dhs-Eri	25.31	-1.6	

Men 400 Meter Dash Midget

=====					
West Region: *	50.91	1994	Jeff ELLIS / Orangeville		
Name		Year School	Finals	H#	
=====					

1	McKeegan, Mathew	Holy Names H	52.50	2
2	Colquhoun, Arjen	Herman	52.64	2
3	Xu, Brandon	Erin Dhs-Eri	53.01	1
4	Santana, Brian	Massey	53.77	2
5	Ciampaglia, Jake	C. C. Windsor	53.96	2
6	Posliff, Daniel	Holy Cross,Strathro	54.28	2
7	Nelson, Mike	St Christoph	54.51	2
8	Zimmerman, Brandon	Huron Park S,ON, ON	54.95	1
9	Woodhouse, Tom	CWHH	55.45	1
10	Slivinski, Mike	C. C. London	55.76	1
11	Pabek, Gany	Eastwood	56.08	2
12	Roy, Nick	Resurrection	56.19	1
13	Oliver, Reid	St. Michael	56.29	1
14	Halmo, Josh	Holy Trinity C H	57.86	1
--	Campbell, Jeremiah	St. Michael	DQ	2 163.3

Men 800 Meter Run Midget

West Region: \* 1:55.74 1989 Kevin Sullivan/Brantford-North Park

Name	Year	School	Finals
------	------	--------	--------

1	LaMarra, Paul	C. C. London	2:04.28
2	Palmer, Wesley	Bluevale	2:04.75
3	Nelson, Mike	St Christoph	2:05.29
4	McNamara, Stephan	Chatham Chri	2:05.80
5	Henning, Jan	Owen Sound C	2:06.75
6	Gunn, James	Oakridge SS	2:08.68
7	Outhit, Conner	Rockway Menn	2:09.10
8	Sawatzky, Adam	Northern Civ	2:10.01
9	Megdall, Aaron	Sandwich	2:10.23
10	Ullerick, Mike	London South	2:11.18
11	Ash, Jeff	Orangeville	2:11.21
12	Oroz, Ogi	CWHH	2:12.12
13	Johnston, Kier	Strathroy DC,Strath	2:14.34
14	Marsh, Jacob	Lucas-London	2:14.79
15	Allen, Jeff	Chatham-Kent	2:17.29

Men 1500 Meter Run Midget

West Region: \* 4:00.0h 1986 Andrew DUTZ / London-Central

Name	Year	School	Finals
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1	LaMarra, Paul	C. C. London	4:15.63
2	devries, Thomas	London Centr	4:16.29
3	Janikowski, Paul	St. Thoma SS	4:18.06
4	Kawolsky, Andrew	Massey	4:20.98
5	McNamara, Stephan	Chatham Chri	4:21.41
6	Barry, Eric	St. Joseph-St.Th,St	4:28.90
7	Sawatzky, Adam	Northern Civ	4:29.42
8	Henning, Jan	Owen Sound C	4:29.49
9	Gibbons, Brendan	Saugeen Dss-	4:29.57
10	Gomez, Rob	Owen Sound C	4:29.58
11	Qahwash, Osama	Grand River	4:30.08
12	Klomp, Dean	St. Michael	4:34.54
13	Spearman, Denver	St. Clair SS	4:35.86
14	Hogan, Michael	St. Anne's Clint	4:36.78

Men 3000 Meter Run Midget

West Region: \* 8:47.3h 1979 Chris BREWSTER / London-Cath. Cen.

Name	Year	School	Finals
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1	Kawolsky, Andrew	Massey	9:23.26
2	devries, Thomas	London Centr	9:25.90
3	Janikowski, Paul	St. Thoma SS	9:26.22
4	Gribbons, Brendan	Saugeen Dss-	9:27.09
5	Gomez, Rob	Owen Sound C	9:38.86
6	Spearman, Denver	St. Clair SS	9:48.94
7	Qahwash, Osama	Grand River	9:52.21
8	Thornton, Jason	Jacob Hesple	9:57.63
9	Money, Logan	Brantford CI	10:06.79
10	Klomp, Dean	St. Michael	10:12.83
11	Brown, Zac	Northern Civ	10:20.70
12	Barry, Eric	St. Joseph-St.Th,St	10:26.68
13	Brandl, Rob	London Centr	10:27.76
14	Basham, Frank	Sarnia Cits	10:30.10
15	Roelen, Jochem	Regina Mundi	10:34.35

Men 100 Meter Hurdles Midget

=====						
West Region: *	13.12	1998	Paul WHITTY / London-Saunders			
Name	Year	School	Prelims	Wind	H#	
=====						
Preliminaries						
1	Tesfaye, Gabriel	Oakridge SS	14.23Q	-1.0	2	
2	Pfaff, Jake	Belle River	15.17Q	-1.2	1	
3	Arnoldi, Jake	Galt Cvi-Cam	15.05Q	-1.0	2	
4	Muschette, Marvin	Resurrection	15.18Q	-1.2	1	
5	Hesman, Gideon	Sandwich	15.33Q	-1.2	1	
6	Wilhelm, Branden	Woodstock	15.37Q	-1.0	2	
7	Daniel, Alex	St.Thomas Aq,London	15.57q	-1.2	1	
8	Jean, Stephane	Northern Civ	15.62q	-1.2	1	
9	Downie, Cam	Banting	15.73	-1.0	2	15.7241
10	Van Klaveren, Gerrit	St. Clair SS	J15.73	-1.0	2	15.7274
11	Lo, Chris	Jacob Hesple	J15.73	-1.2	1	15.7298
12	Balfour, Richard	Laurier	16.15	-1.0	2	
13	Vandenberghe, Michael	Lambton Cent	16.48	-1.0	2	
14	Lootsma, Dave	Saugeen Dss-	17.99	-1.2	1	

Men 100 Meter Hurdles Midget

=====						
West Region: *	13.12	1998	Paul WHITTY / London-Saunders			
Name	Year	School	Finals	Wind	H#	
=====						
Finals						
1	Tesfaye, Gabriel	Oakridge SS	14.06	-1.7		
2	Arnoldi, Jake	Galt Cvi-Cam	14.68	-1.7		
3	Hesman, Gideon	Sandwich	15.05	-1.7		
4	Wilhelm, Branden	Woodstock	15.11	-1.7		
5	Muschette, Marvin	Resurrection	15.44	-1.7		
6	Pfaff, Jake	Belle River	15.74	-1.7		
7	Daniel, Alex	St.Thomas Aq,London	15.87	-1.7		
--	Jean, Stephane	Northern Civ	DNF	-1.7		

Men 300 Meter Hurdles Midget

=====						
West Region: *	40.41	28/05/2005	Jeremy Gibbons, Herman			
Name	Year	School	Finals	H#		
=====						
1	Woodhouse, Tom	CWHH	40.72	2		
2	MacNeill, Gregory	Mother Teres	41.67	2		
3	Palmer, Wesley	Bluevale	41.70	2		
4	Wilhelm, Branden	Woodstock	42.84	2		
5	Daniel, Alex	St.Thomas Aq,London	43.87	2		
6	Pfaff, Jake	Belle River	44.08	2		

7	Posliff, Daniel	Holy Cross, Strathro	44.26	2
8	Hesman, Gideon	Sandwich	44.29	1
9	Downie, Cam	Banting	44.83	2
10	Reibelng, Sean	Norwell Dss-	44.91	1
11	Jean, Stephane	Northern Civ	45.15	1
12	Huebl, Ryan	Northern Civ	45.52	1
13	Mastronardi, Scott	Leamington D	45.78	1
--	Maus, Joey	Chesley Dhs-	DNF	1

Men 4x100 Meter Relay Midget

West Region: * 45.37 2002		LASALLE-VILLANOVA		Finals	H#
School					
1	St. Thomas Aquinas S S 'A'			46.41	2
	1) Bogorin, Alex	2) Donnan, Mitchell			
	3) Granja, Felipe	4) Smith, Jesse			
2	St. Anne S S 'A'			46.42	2
	1) Rivait, Jeff	2) Henry, Courtney			
	3) Whiston, Halen	4) Clarke, Josh			
3	Vincent Massey S S 'A'			46.79	2
	1) Santana, Brian	2) Veenstra, Richard			
	3) Duong, Peter	4) Kinghorn, Damien			
4	St. Christopher S S 'A'			46.89	2
	1) Golub, Devin	2) Lue, Greg			
	3) Nelson, Mike	4) Strybos, Steven			
5	Huron Heights SS 'A'			47.28	2
	1) Oroz, Ogi	2) Guerra, Talon			
	3) Samaroo, Ryan	4) Smith, Dhane			
6	Bluevale C I 'A'			47.32	1
	1) Beney, Karsten	2) Zack, Adam			
	3) Palmer, Wesley	4) Yach, Jonathan			
7	W. F. Herman S S 'A'			47.57	2
	1) Colquhoun, Arjen	2) Girard, Darnell			
	3) Martin, Jesse	4) Mailloux, Corrie			
8	St. Michael C S S 'A'			47.96	2
	1) Campbell, Jeremiah	2) Hayle, Jordan			
	3) Oliver, Reid	4) Veldman, Ben			
9	Holy Trinity C H S 'A'			48.23	1
10	Saunders S S 'A'			48.44	1
	1) Cheng, Sunny	2) Brazier, Matt			
	3) Park, Michael	4) Weaver, Jessy			
11	Holy Cross 'A'			49.15	1
	1) Posliff, Daniel	2) Runnalls, Tyler			
	3) VanDamme, Brad	4) Janssen, Joel			
12	Medway H S 'A'			49.68	1
	1) Rhee, Travis	2) Potter, Brandon			
	3) Bamford, Sean	4) Pike, Jason			
--	Lambton Central C & V I 'A'			DQ	2 145
	1) McSorley, Duncan	2) McPhail, Cody			
	3) Rate, Mitch	4) Limb, Kyle			
--	Pauline Johnson C & V S 'A'			DQ	1 170.14
	1) Dailey, Brandon	2) Wood, Adam			
	3) Anderson, Kyle	4) Kuchocki, Mike			
--	Resurrection C S S 'A'			DQ	1 170.14
	1) Glofcheski, Owen	2) Fedy, Chris			
	3) Roy, Nick	4) Muschette, Marvin			

Men High Jump Midget

West Region: * 1.89m 1984		Pat O'DONOUGHUE / Walkerton-Sacred Hrt.	
Name	Year School	Finals	

1	Wilhelm, Branden	Woodstock	1.90m*
	1.55 1.60 1.65 1.70 1.73 1.76 1.79 1.82 1.85 1.90 1.94		
	P P O P O P O P O O XXX		
2	Moesker, Dylan	Chatham Chri	1.79m
	1.55 1.60 1.65 1.70 1.73 1.76 1.79 1.82		
	P O O O XO XXO O XXX		
3	Stanivuk, Srdjan	Forest Heigh	J1.79m
	1.55 1.60 1.65 1.70 1.73 1.76 1.79 1.82		
	P O XO O O XXO XXO XXX		
4	Hackett, Ryan	Bruyere, Mgs	1.76m
	1.55 1.60 1.65 1.70 1.73 1.76 1.79		
	O O O O XO XXO XXX		
5	Beatty, Jack	Woodstock	J1.76m
	1.55 1.60 1.65 1.70 1.73 1.76 1.79		
	P O O XO XXO XXO XXX		
6	Milanovic, Stefan	Grand River	1.73m
	1.55 1.60 1.65 1.70 1.73 1.76		
	O O O O XO XXX		
7	Gianiatis, Nigel	Banting	J1.73m
	1.55 1.60 1.65 1.70 1.73 1.76		
	O O XO XO XXO XXX		
8	Bulger, Bryce	Centennial C	1.70m
	1.55 1.60 1.65 1.70 1.73		
	O P O XO XXX		
9	Flemington, Kyle	North Middle, London	1.65m
	1.55 1.60 1.65 1.70		
	O O XO XXX		
10	Knelsen, Jay	Valley Heigh	J1.65m
	1.55 1.60 1.65 1.70		
	O XO XO XXX		
11	Wiebe, Max	Sandwich	J1.65m
	1.55 1.60 1.65 1.70		
	XO O XXO XXX		
12	Hay, Tyler	Chatham-Kent	1.60m
	1.55 1.60 1.65		
	O O XXX		
12	Dunn, Jayden	Lambton Cent	1.60m
	1.55 1.60 1.65 1.70		
	P O P XXX		
14	McDonald, Eric	St Christoph	J1.60m
	1.55 1.60 1.65		
	XO XXO XXX		
15	Donaldson, Andrew	Assumption	1.55m
	1.55 1.60		
	O XXX		

#### Men Pole Vault Midget

=====										
West Region: * 3.80m 1997 Frank KLUNDERT / Cardinal Carter										
Name	Year	School	Finals							
=====										
1	Hoediono, Alex	Sir John A Macdo	3.40m							
	2.00 2.20 2.40 2.60 2.80 2.95 3.10 3.25 3.40 3.81									
	P P O P O XO O XXO XO XXX									
2	Larsson, Ruben	Sir John A Macdo	3.25m							
	2.00 2.20 2.40 2.60 2.80 2.95 3.10 3.25 3.40									
	P P O P O O O XO XXX									
3	Worndl, Paul	St. Mary's-Kitch	3.10m							
	2.00 2.20 2.40 2.60 2.80 2.95 3.10 3.25									
	P P P O O O O XXX									
4	Schroeder, Clayton	Leamington D	2.95m							
	2.00 2.20 2.40 2.60 2.80 2.95 3.10									
	P O P O O O XXX									

5	Coleman, Logan	Stratford N W	2.60m
	2.00 2.20 2.40 2.60 2.80		
	P P O O XXX		
5	Lecours, Michael	Sandwich	2.60m
	2.00 2.20 2.40 2.60 2.80		
	P P O O XXX		
5	Park, Michael	Saunders SS	2.60m
	2.00 2.20 2.40 2.60 2.80		
	P P O O XXX		
5	Scott, Logan	St. AnneTecumseh	2.60m
	2.00 2.20 2.40 2.60 2.80		
	O O O XO XXX		
9	Frey, Scott	Stratford N W	J2.60m
	2.00 2.20 2.40 2.60 2.80		
	P O O O XXX		
10	Farlow, Andrew	Huron Park S,ON, ON	J2.60m
	2.00 2.20 2.40 2.60 2.80		
	P P O XXO XXX		
11	Bianchi, John	Brennan	2.40m
	2.00 2.20 2.40 2.60		
	P O O XXX		
12	Barber, Josh	Resurrection	J2.40m
	2.00 2.20 2.40 2.60		
	P O XO XXX		
13	Ribble, Kevin	Leamington D	2.00m
	2.00 2.20		
	O XXX		
--	Gerber, Justin	Huron Park S,ON, ON	NH
	2.00 2.20		
	P XXX		

#### Men Long Jump Midget

West Region: * 6.67m 1979							Ken BERRY / London-Laurier	
Name	Year	School	Finals	Wind				
1	Smith, Court	Forest Heigh	5.94m	NWI				
	5.61m(1.3)	FOUL(2.3)	5.47m(1.3)	5.76m(NWI)	5.94m(NWI)	5.77m(NWI)		
2	Lue, Greg	St Christoph	5.78m	2.4				
	5.16m(2.0)	5.48m(1.2)	FOUL(NWI)	FOUL(NWI)	5.44m(1.6)	5.78m(2.4)		
3	Stringer, Matthew	Sandwich	5.75m	2.1				
	5.59m(2.4)	5.35m(1.7)	5.58m(1.1)	5.52m(1.5)	5.65m(1.4)	5.75m(2.1)		
4	Chaudhry, Hamza	Clarke Road,London,	5.74m	2.6				
	5.58m(2.2)	5.67m(0.4)	5.61m(0.5)	5.74m(2.6)	5.65m(1.9)	FOUL(1.8)		
5	Henry, Courtney	St. AnneTecumseh	5.70m	3.0				
	5.56m(2.1)	5.60m(1.3)	5.47m(1.1)	5.62m(1.2)	FOUL(1.4)	5.70m(3.0)		
6	Pellett, Cole	Madill	J5.70m	1.6				
	FOUL(NWI)	5.33m(2.5)	5.70m(1.6)	FOUL(1.1)	5.55m(1.8)	FOUL(1.7)		
7	Shultz, Jordan	Waterloo	5.62m	0.7				
	5.62m(0.7)	5.37m(1.1)	5.13m(0.2)	5.21m(1.8)	5.50m(1.9)	5.57m(3.2)		
8	Schroeder, Clayton	Leamington D	5.50m	2.1				
	5.31m(1.6)	5.44m(0.6)	FOUL(NWI)	5.50m(2.1)	5.28m(1.7)	5.31m(1.7)		
9	Veenstra, Richard	Massey	5.43m	2.0				
	FOUL(NWI)	FOUL(NWI)	5.43m(2.0)					
10	Lo, Chris	Jacob Hesple	5.42m	2.3				
	5.11m(1.9)	5.38m(1.1)	5.42m(2.3)					
11	Loy Son, Nicholas	Bishop MacDo	5.37m	1.7				
	5.37m(1.7)	FOUL(0.6)	5.14m(1.8)					
12	Balfour, Richard	Laurier	5.32m	1.3				
	5.32m(1.3)	FOUL(NWI)	FOUL(NWI)					
13	Muschette, Marvin	Resurrection	5.26m	1.1				
	5.16m(1.1)	5.18m(+0.0)	5.26m(1.1)					
14	Hackett, Ryan	Bruyere, Mgs	5.17m	1.0				



5.17m(1.0) 5.16m(1.7) FOUL(1.1)  
 15 Kulich, Coy Goderich Dci 5.12m NWI  
 5.12m(NWI) 4.76m(NWI) 4.99m(NWI)

Men Triple Jump Midget

West Region: * 13.78m 1994 Kriss PETERSON / LaSalle-Sandwich						
Name	Year	School	Finals	Wind		
1 Muschette, Marvin		Resurrection	13.04m	-1.6		
	12.89m(-2.2)	13.04m(-1.6)	FOUL(-0.4)	12.58m(-2.6)	12.82m(+0.0)	PASS (NWI)
2 Lo, Chris		Jacob Hesple	12.51m	-1.1		
	12.20m(-2.2)	12.34m(-1.4)	12.51m(-1.1)	11.91m(-1.7)	12.12m(-0.4)	11.83m(-2.3)
3 Pellett, Cole		Madill	12.26m	+0.0		
	FOUL(NWI)	11.52m(-3.1)	11.39m(-2.8)	11.59m(-1.4)	12.01m(-1.9)	12.26m(+0.0)
4 Withers, Ben		Northern Civ	12.04m	-1.4		
	11.82m(+0.0)	11.60m(-2.2)	10.72m(+0.0)	11.48m(-2.4)	12.04m(-1.4)	11.01m(-1.7)
5 Van Dipten, Peter		Westside Sec	11.86m	-2.6		
	11.19m(-1.8)	11.64m(-1.0)	FOUL(+0.0)	11.62m(-2.1)	11.42m(-1.8)	11.86m(-2.6)
6 Chaudhry, Hamza		Clarke Road, London,	11.84m	-1.2		
	11.59m(+0.0)	11.61m(-1.5)	11.59m(-2.0)	11.65m(-3.1)	11.65m(-1.9)	11.84m(-1.2)
7 Dina, Ayoola		St. Joseph-Winds	11.56m	-1.9		
	11.38m(-0.6)	11.53m(-1.4)	11.25m(+0.0)	FOUL(-3.0)	11.56m(-1.9)	FOUL(-0.6)
8 Van Klaveren, Gerrit		St. Clair SS	11.51m	-0.7		
	11.51m(-0.7)	11.40m(-1.6)	11.05m(-2.3)	11.07m(-2.2)	11.08m(-1.8)	11.03m(+0.0)
9 Stringer, Matthew		Sandwich	11.49m	+0.0		
	11.49m(+0.0)	10.94m(-1.2)	10.99m(-0.1)			
10 Dawson, Cameron		Lucas-London	11.20m	+0.0		
	11.20m(+0.0)	10.82m(-2.1)	10.71m(-1.4)			
10 Shultz, Jordan		Waterloo	11.20m	-1.5		
	11.07m(+0.0)	11.20m(-1.5)	FOUL(-0.9)			
12 Minnesma, Tyler		London Distr	11.14m	-0.5		
	FOUL(-1.2)	10.92m(-1.1)	11.14m(-0.5)			
13 Arrunategui, David		London Centr	11.07m	-1.2		
	FOUL(+0.0)	10.92m(-3.4)	11.07m(-1.2)			
14 Roth, Mitchell		Waterloo	11.01m	-0.8		
	10.81m(-1.7)	11.01m(-0.8)	10.76m(-1.4)			

Men Shot Put Midget

West Region: * 18.23m 1982 Dave CROMBEEN / Sarnia-St. Patrick's						
Name	Year	School	Finals			
1 Girard, Darnell		Herman	14.80m			
	14.54m	13.81m	14.80m	14.00m	13.79m	14.28m
2 Smith, Court		Forest Heigh	13.99m			
	13.02m	13.18m	12.55m	13.99m	12.93m	13.32m
3 Campbell, Drew		Glenview Par	13.60m			
	13.20m	13.23m	13.54m	13.11m	FOUL	13.60m
4 Remeloso, Tracey		C. C. Windsor	13.56m			
	FOUL	12.17m	12.53m	12.55m	12.35m	13.56m
5 Rollo, Zach		Belle River	13.55m			
	FOUL	11.85m	13.45m	13.21m	13.55m	12.72m
6 Clemmings, Toni		Belle River	13.39m			
	12.08m	12.92m	13.28m	12.86m	12.96m	13.39m
7 Hearn, Tyler		Saugeen Dss-	12.83m			
	12.60m	12.26m	12.83m	12.48m	12.26m	12.55m
8 Nyhof, Nick		Banting	12.79m			
	12.54m	12.46m	12.23m	FOUL	12.79m	FOUL
9 Bergman, Justin		Waterford	12.50m			
	12.50m	11.77m	12.32m			
10 Coddington, Seth		St. Mary's	11.68m			
	11.38m	11.66m	11.68m			

11	Caranci, Nathan	C. C. London	11.64m
	11.40m 11.34m 11.64m		
12	Brooks, Dave	Northern Civ	11.61m
	11.61m 10.24m 11.36m		
13	Kramer, Ryan	Stratford N W	11.59m
	11.59m FOUL 11.12m		
14	MacFarlane, Dave	Central Elgi	11.36m
	11.36m 10.91m 10.60m		

Men Discus Throw Midget

West Region: * 55.14m 2002		Joe POCOCK/Windsor	
Name	Year	School	Finals
1	Nyhof, Nick	Banting	39.33m
	39.33m FOUL FOUL 39.22m	FOUL FOUL	
2	Rocca, Joe	St Christoph	37.94m
	36.01m 37.94m FOUL 34.03m	FOUL 34.36m	
3	Francis, Will	Bruce Pennin	37.57m
	37.57m FOUL 36.19m 36.68m	FOUL 33.90m	
4	Girard, Darnell	Herman	37.04m
	33.74m 33.39m 36.82m 32.09m	37.04m FOUL	
5	Paulley, Jeff	Sarnia Cits	36.62m
	FOUL 27.97m 34.34m FOUL	31.23m 36.62m	
6	Dobson, Jason	Sarnia Cits	35.28m
	34.66m 24.46m 35.28m 32.10m	33.23m 27.45m	
7	Hill, Barry	Brantford CI	35.11m
	35.11m 30.90m FOUL 31.11m	34.66m 31.31m	
8	Rae, Brent	St. Mary's	33.80m
	29.87m FOUL 33.80m 33.13m	FOUL FOUL	
9	Lubczynski, Niklas	Bluevale	33.42m
	21.39m 32.85m 33.42m		
10	Prine, Josh	Waterford	32.46m
	32.19m 32.46m FOUL		
11	VanBurgsteden, Devan	Holy Cross, Strathro	29.86m
	FOUL 26.89m 29.86m		
12	Remeloso, Tracey	C. C. Windsor	28.41m
	FOUL 28.41m 25.78m		
13	McCarthy, Ezekial	South Huron	27.87m
	FOUL 27.87m FOUL		
14	Salter, Sunday	Madill	27.74m
	FOUL 27.74m FOUL		
15	Anderson, Kyle	Pauline John	26.94m
	26.94m 25.78m FOUL		

Men Javelin Throw Midget

West Region: * 61.70m 1982		Dave CROMBEEN / Sarnia-St. Patrick's	
Name	Year	School	Finals
1	Dailey, Brandon	Pauline John	48.49m
	45.93m 43.44m 48.49m 47.85m	47.34m 47.31m	
2	Hackney, Christian	Sandwich	48.24m
	FOUL 41.09m 43.78m 44.17m	46.66m 48.24m	
3	Mascaro, Evan	Brennan	47.29m
	41.46m 39.20m 42.42m 47.29m	FOUL 41.72m	
4	Beatty, Jack	Woodstock	47.18m
	44.80m 42.10m 38.17m 45.37m	43.77m 47.18m	
5	Lubczynski, Niklas	Bluevale	45.67m
	42.00m 40.78m 41.12m 45.67m	45.48m 38.89m	
6	Rae, Brent	St. Mary's	42.98m
	42.98m FOUL FOUL FOUL	FOUL FOUL	
7	Kulich, Coy	Goderich Dci	42.67m

	42.67m	FOUL	FOUL	41.40m	42.10m	FOUL	
8	Palmer, Wesley			Bluevale			42.63m
	36.77m	37.70m	42.63m	40.60m	38.42m	37.69m	
9	Pizzo, Alex			Brennan			41.45m
	41.45m	FOUL	40.72m				
10	Withers, Ben			Northern Civ			41.26m
	38.44m	40.16m	41.26m				
11	Gerber, Justin			Huron Park S, ON, ON			39.67m
	37.16m	38.20m	39.67m				
12	Hill, Barry			Brantford CI			38.64m
	38.64m	34.24m	FOUL				
13	Smith, Jesse			St.Thomas Aq, London			38.04m
	36.05m	38.04m	37.16m				
14	Veenstra, Richard			Massey			35.82m
	35.82m	FOUL	FOUL				

Men 100 Meter Dash Junior

=====							
West Region:	* 10.60	2002		Rhoan STERLING/Galt			
Name	Year	School	Prelims	Wind	H#		
=====							
Preliminaries							
1	Crawley, Corey	C. C. London	11.18Q	-1.3	2		
2	MacLeod, Tyler	Sandwich	11.48Q	-1.0	1		
3	Bowman, Aaron	Saunders SS	11.34Q	-1.3	2		
4	Campbell, Scott	Galt Cvi-Cam	11.55Q	-1.0	1		
5	Campbell, Winston	Ross, Sir Ge, London	11.66Q	-1.0	1		
6	Holland, Brandon	Walkerville	11.69Q	-1.3	2		
7	Black, Julian	Medway Hs-Ar	11.82q	-1.3	2		
8	Daniel, Marqus	Assumption	11.88q	-1.0	1		
9	Thibaudeau, Andrew	Cameron Heig	11.91	-1.3	2		
9	Young, Kodey	St. Clair SS	11.91	-1.3	2		
11	Ponomaryov, Paul	Saugeen Dss-	12.08	-1.3	2		
12	Cicchini, Tyler	St. Patrick'	12.12	-1.0	1		
13	LaMarsh, Dave	Blenheim	12.16	-1.0	1		
14	Binning, Chett	Mitchell Dhs	12.27	-1.0	1		

Men 100 Meter Dash Junior

=====							
West Region:	* 10.60	2002		Rhoan STERLING/Galt			
Name	Year	School	Finals	Wind			
=====							
Finals							
1	Crawley, Corey	C. C. London	11.05	-1.2			
2	MacLeod, Tyler	Sandwich	11.19	-1.2			
3	Bowman, Aaron	Saunders SS	11.27	-1.2			
4	Campbell, Scott	Galt Cvi-Cam	11.42	-1.2			
5	Holland, Brandon	Walkerville	11.56	-1.2			
6	Campbell, Winston	Ross, Sir Ge, London	11.68	-1.2			
7	Black, Julian	Medway Hs-Ar	11.70	-1.2			
8	Daniel, Marqus	Assumption	12.30	-1.2			

Men 200 Meter Dash Junior

=====							
West Region:	* 21.67	1993		Chris ROBINSON / Cambridge-Hespeler			
Name	Year	School	Prelims	Wind	H#		
=====							
Preliminaries							
1	Crawley, Corey	C. C. London	22.72Q	-0.4	2		
2	MacLeod, Tyler	Sandwich	22.93Q	-1.3	1		
3	Bowman, Aaron	Saunders SS	23.18Q	-0.4	2		
4	Campbell, Scott	Galt Cvi-Cam	23.30Q	-1.3	1		
5	Holland, Brandon	Walkerville	23.45Q	-0.4	2		

6	Campbell, Winston	Ross, Sir Ge, London	23.75Q	-1.3	1
7	Black, Julian	Medway Hs-Ar	23.72q	-0.4	2
8	Ponomaryov, Paul	Saugeen Dss-	23.91q	-1.3	1
9	Thibaudeau, Andrew	Cameron Heig	24.00	-0.4	2
10	Black, Jordan	Northern Civ	24.04	-1.3	1
11	Cicchini, Tyler	St. Patrick'	24.24	-0.4	2
12	Young, Kodey	St. Clair SS	24.34	-0.4	2
13	Semenowicz, Matt	C. C. London	24.50	-1.3	1
14	Tucker, Greg	St David	25.10	-1.3	1

Men 200 Meter Dash Junior

West Region: \* 21.67 1993 Chris ROBINSON / Cambridge-Hespeler  
 Name Year School Finals Wind

Finals

1	Crawley, Corey	C. C. London	22.29	-0.2
2	MacLeod, Tyler	Sandwich	22.65	-0.2
3	Campbell, Scott	Galt Cvi-Cam	23.06	-0.2
4	Bowman, Aaron	Saunders SS	23.15	-0.2
5	Holland, Brandon	Walkerville	23.53	-0.2
6	Campbell, Winston	Ross, Sir Ge, London	23.65	-0.2
7	Ponomaryov, Paul	Saugeen Dss-	23.99	-0.2

Men 400 Meter Dash Junior

West Region: \* 47.94 1997 Liam CARD / Port Elgin-Saugeen  
 Name Year School Finals H#

1	George, Ryan	Oakridge SS	51.34	2
2	Ponomaryov, Paul	Saugeen Dss-	52.05	1
3	Griffin, Ian	Massey	52.07	2
4	Grant, Oliver	Eastwood	52.64	2
5	Lever, Mike	Northern Civ	52.66	2
6	Young, Kodey	St. Clair SS	52.67	2
7	Porter, Evan	Saugeen Dss-	52.70	1
8	Semenowicz, Matt	C. C. London	53.01	2
9	Salmon, Trevor	Cameron Heig	53.30	1
10	Kay, Jordan	Resurrection	53.38	1
11	Boven, Matt	St. Anne's Clint	53.63	2
12	Szafran, Chris	St. Thomas Aq, London	54.10	2
13	Buhler, JC	Herman	54.92	1
14	Palomba, Cody	St. Anne Tecumseh	55.30	1

Men 800 Meter Run Junior

West Region: \* 1:50.90 2000 Nathan BRANNEN / Preston HS  
 Name Year School Finals

1	Falk, Nick	Riverside SS	2:01.34
2	Belanger, Andrew	Kitchener Wa	2:02.17
3	Lever, Mike	Northern Civ	2:02.46
4	Porter, Evan	Saugeen Dss-	2:02.49
5	Belanger, Nick	C. C. London	2:02.72
6	Salmon, Trevor	Cameron Heig	2:03.51
7	Hill, Jerry	Assumption	2:03.88
8	Pitia, Wani	John Paul II, London	2:03.94
9	Vosburg, Joel	Northern Civ	2:11.62
10	Filson, Travis	Medway Hs-Ar	2:11.83
11	Dally, Jared	Northern Civ	2:12.46
12	Liu, Wenhan	London Centr	2:12.77
13	Grant, Oliver	Eastwood	2:13.95
14	Putnam, Russell	Massey	2:16.46

Men 1500 Meter Run Junior

West Region: * 3:49.3h 1994 Jay CANTIN / Sarnia-St. Clair			
Name	Year	School	Finals
1 Malette, John Paul		Assumption	4:04.43
2 Falk, Nick		Riverside SS	4:05.16
3 Smith, Daryl		Massey	4:05.40
4 Belanger, Andrew		Kitchener Wa	4:07.88
5 Pitman, Stephen		Massey	4:07.94
6 Collison, Jordan		Saugeen Dss-	4:10.54
7 Bisson, Shaun		St. Clair SS	4:20.17
8 Hill, Jerry		Assumption	4:20.98
9 Liboiron, Andy		St. Mary's-Kitch	4:22.89
10 Leite, Jeremy		Banting	4:23.20
11 Pooran, Ricky		St. Benedict	4:28.15
12 Hunt, Brian		St. Michael	4:28.92
13 Davidson, Dylan		Laurier	4:34.43
14 Filson, Travis		Medway Hs-Ar	4:45.35
-- Hartman, Kyle		Holy Cross, Strathro	DNF

Men 3000 Meter Run Junior

West Region: * 8:35.46 2001 Adam HORTIAN / Bluevale			
Name	Year	School	Finals
1 Malette, John Paul		Assumption	8:57.07
2 Smith, Daryl		Massey	9:03.46
3 Pitman, Stephen		Massey	9:05.52
4 Collison, Jordan		Saugeen Dss-	9:16.98
5 Bisson, Shaun		St. Clair SS	9:25.05
6 Hunt, Brian		St. Michael	9:37.72
7 Liboiron, Andy		St. Mary's-Kitch	9:37.82
8 Leite, Jeremy		Banting	9:38.99
9 Pooran, Ricky		St. Benedict	9:52.28
10 Meloche, Dave		St. Anne Tecumseh	9:56.55
11 Blackport, Graham		Kitchener Wa	10:04.90
12 Hurley, Greg		St. Thomas Aq, London	10:08.36
13 Cahill, Zach		Saunders SS	10:08.37
14 Barakzay, Abdul		Waterloo	10:09.91

Men 100 Meter Hurdles Junior

West Region: * 13.92 27/05/2005 Ian Donald, Kennedy Hon					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Ambrose, Asa		Sir John A Macdo	14.26Q	-1.6	2
2 Oyedele, Akin		Kennedy Hon	14.71Q	-2.1	1
3 Stantsos, Mark		Saunders SS	15.16Q	-1.6	2
4 Lee, Cody		Sandwich	15.40Q	-2.1	1
5 Brandt, Martin		Eastwood	15.51Q	-2.1	1
6 Chanthavong, Ryan		Cameron Heig	15.61Q	-1.6	2
7 Schraeder, Phil		St. Anne's Clint	15.75q	-2.1	1
8 Reid, Matthew		Massey	15.80q	-2.1	1
9 Lacroix, Dan		St. Joseph-Winds	15.94	-1.6	2
10 Doherty, Joel		Goderich Dci	15.98	-1.6	2
11 Perkins, Jeremy		Jacob Hesple	16.38	-2.1	1
12 Mitchell, Jeffrey		St. Thomas Aq, London	16.44	-2.1	1
13 Harris, Tayler		Saunders SS	16.55	-1.6	2
14 Merritt, Jake		Assumption	16.65	-1.6	2
15 Lemon, Harris		Owen Sound C	16.67	-2.1	1

Men 100 Meter Hurdles Junior

West Region: * 13.92 27/05/2005 Ian Donald, Kennedy Hon				
Name	Year	School	Finals	Wind
Finals				
1 Ambrose, Asa		Sir John A Macdo	14.06	-1.5
2 Oyedele, Akin		Kennedy Hon	14.49	-1.5
3 Reid, Matthew		Massey	14.78	-1.5
4 Stantsos, Mark		Saunders SS	14.82	-1.5
5 Lee, Cody		Sandwich	15.27	-1.5
6 Schraeder, Phil		St. Anne's Clint	15.66	-1.5
7 Brandt, Martin		Eastwood	15.71	-1.5
-- Chanthavong, Ryan		Cameron Heig	DNF	-1.5

Men 300 Meter Hurdles Junior

West Region: * 38.11 1996 Jeff ELLIS/Orangeville				
Name	Year	School	Finals	H#
1 Ambrose, Asa		Sir John A Macdo	39.91	2
2 Oyedele, Akin		Kennedy Hon	40.69	2
3 Reid, Matthew		Massey	40.85	2
4 Grant, Oliver		Eastwood	41.86	2
5 Doherty, Joel		Goderich Dci	42.62	1
6 Bertucci, Stefano		Holy Names H	42.66	1
7 Kay, Jordan		Resurrection	43.13	1
8 Edwards, Tim		Sandwich	43.52	2
9 Harris, Tayler		Saunders SS	43.69	2
10 Colley, Pierce		John F. Ross	44.24	1
11 Mahon, Lewis		London Centr	44.27	1
12 Temesy, Alex		Amherst	44.90	1
13 Perkins, Jeremy		Jacob Hesple	45.14	1
14 Boven, Matt		St. Anne's Clint	45.85	2
-- Szafran, Chris		St.Thomas Aq,London	DNF	2

Men 4x100 Meter Relay Junior

West Region: * 43.15 2002 LONDON-CATHOLIC CENTRAL				
School	Year	School	Finals	H#
1 Oakridge S S 'A'			44.61	2
1) Tesfaye, Gabriel		2) Drake, Johnny		
3) Chelladura, Daniel		4) George, Ryan		
2 St. Anne S S 'A'			45.83	2
1) Wilhelm, Curtis		2) Proksch, Clark		
3) Alleman, Taylor		4) MacLeod, Nevin		
3 Assumption College Sch 'A'			45.99	2
1) Flicks, Brandon		2) Domotor, Steven		
3) Daniel, Marqus		4) Lundgren, Trevor		
4 Jacob Hespeler S S 'A'			46.01	2
1) Khankhet, Jordan		2) Lawson, Mitchell		
3) Perkins, Jeremy		4) Nicholas, Jeremy		
5 Northern C I & V S 'A'			46.05	2
1) Charteris, Ryan		2) Black, Jordan		
3) Persichetti, Paul		4) Lund, Luke		
6 St. Clair S S 'A'			46.61	1
1) Nield, Blair		2) Tamming, Ben		
3) Waldie, Shawn		4) Young, Kodey		
7 Sandwich S S 'A'			46.68	2
1) Calcara, Roberto		2) Chang, Paul		
3) Edwards, Tim		4) Georgiou, Nick		

8	Cameron Heights C I 'A'	46.80	2
	1) Salmon, Trevor	2) Chanthavong, Ryan	
	3) Thibaudeau, Andrew	4) Cockram, Corey	
9	Centennial C V I 'A'	46.88	1
	1) Dills, Jordan	2) Francis, Jay	
	3) Stocker, Adam	4) Zachariah, Naase	
10	London Central S S 'A'	47.23	1
	1) Mahon, Lewis	2) Sidhu, Andrew	
	3) Paul, Samraat	4) Lewis, Justin	
11	Saunders S S 'A'	48.31	1
	1) Harris, Brady	2) Stantsos, Mark	
	3) Timpany, Jordan	4) Hopkins, Zach	
12	Strathroy D C I 'A'	48.33	1
	1) Crookshank, Brandon	2) Elson, Chris	
	3) Martin, Rob	4) Oquias, Christian	
13	Walkerton D S S 'A'	48.62	1
	1) Hachey, Dane	2) Robinson, Trevor	
	3) Wilton, James	4) Guta, Aaron	
14	Holy Cross 'A'	49.27	1
	1) Hartman, Kyle	2) Lewis, Brad	
	3) Gardiner, Mitchel	4) Pelleboer, Calvin	
--	W. F. Herman S S 'A'	DNF	2
	1) Buhler, JC	2) Gauthier, Jordan	
	3) Reidel, Evan	4) Matton, Rob	

#### Men High Jump Junior

West Region: * 2.01m 1984										Andrew MCLEAN / Arva-Medway		
Name	Year School								Finals			
1	Wood, Justin	Valley Heigh								1.86m		
		1.60	1.65	1.70	1.75	1.80	1.83	1.86	1.90			
		P	P	O	XXO	XXO	XXO	O	XXX			
2	Stewart, Taylor	Regina Mundi								1.83m		
		1.60	1.65	1.70	1.75	1.80	1.83	1.86				
		O	O	O	XXO	XXO	XXO	XXX				
3	Blackburn, Danny	St. Michael								1.80m		
		1.60	1.65	1.70	1.75	1.80	1.83					
		P	P	XO	O	O	XXX					
4	Lund, Luke	Northern Civ								J1.80m		
		1.60	1.65	1.70	1.75	1.80	1.83					
		P	O	O	XO	XO	XXX					
5	Edward, Kyle	Centennial C								J1.80m		
		1.60	1.65	1.70	1.75	1.80	1.83					
		P	O	XO	XO	XXO	XXX					
6	Smith White, CJ	St. Clair SS								1.75m		
		1.60	1.65	1.70	1.75	1.80						
		O	O	O	O	XXX						
6	Timpany, Jordan	Saunders SS								1.75m		
		1.60	1.65	1.70	1.75	1.80						
		P	O	O	O	XXX						
8	McNaughton, Matt	St. AnneTecumseh								J1.75m		
		1.60	1.65	1.70	1.75	1.80						
		P	O	XO	O	XXX						
9	Francis, Jay	Centennial C								J1.75m		
		1.60	1.65	1.70	1.75	1.80						
		P	XO	XO	O	XXX						
10	Jenkins, Andrew	Central Elgi								J1.75m		
		1.60	1.65	1.70	1.75	1.80						
		O	O	O	XO	XXX						
11	Gauthier, Jordan	Herman								J1.75m		
		1.60	1.65	1.70	1.75	1.80						
		O	O	O	XXO	XXX						

12 Sidhu, Andrew	London Centr	1.70m
1.60 1.65 1.70 1.75		
O O O XXX		
13 Kalaba, Arben	Kitchener Wa	1.65m
1.60 1.65 1.70		
P XXO XXX		

Men Pole Vault Junior

West Region: * 4.40m 1991										Mike NOLAN / Lord Dorchester	
Name	Year	School								Finals	
1 Drake, Johnny		Oakridge SS								3.30m	
2.20 2.40 2.60 2.80 2.95 3.10 3.20 3.30 3.40											
P P P P O O O O XXX											
2 Meyer, Brandon		Resurrection								3.20m	
2.20 2.40 2.60 2.80 2.95 3.10 3.20 3.30											
P P O O O O O XXX											
3 Timpany, Jordan		Saunders SS								3.10m	
2.20 2.40 2.60 2.80 2.95 3.10 3.20											
P P O O XO O XXX											
4 Yuen, Brandon		Assumption								2.95m	
2.20 2.40 2.60 2.80 2.95 3.10											
P O O O O XXX											
5 Nicholas, Jeremy		Jacob Hesple								J2.95m	
2.20 2.40 2.60 2.80 2.95 3.10											
P XO O O O XXX											
6 Erb, Dylan		Stratford N W								J2.95m	
2.20 2.40 2.60 2.80 2.95 3.10											
P O O XO XO XXX											
7 Marcus, Michael		Saunders SS								J2.95m	
2.20 2.40 2.60 2.80 2.95 3.10											
P P O XXO XO XXX											
8 Keller, Andrew		Resurrection								2.80m	
2.20 2.40 2.60 2.80 2.95											
P P O XO XXX											
9 Edwards, Tim		Sandwich								J2.80m	
2.20 2.40 2.60 2.80 2.95											
P XO O XXO XXX											
10 McNally, Liam		Sir John A Macdo								2.60m	
2.20 2.40 2.60 2.80											
O O O XXX											
11 Broadhagen, Chase		Stratford N W								J2.60m	
2.20 2.40 2.60 2.80											
O O XXO XXX											
12 Murray, Andrew		Sandwich								2.20m	
2.20 2.40											
O XXX											

Men Long Jump Junior

West Region: * 7.18m 1999								Paul WHITTY / London-Saunders	
Name	Year	School						Finals	Wind
1 Wright, Aaron		Harrow Dhs-H						6.19m	1.7
5.77m(0.3) 5.95m(0.5) 5.99m(1.3) 5.94m(1.8) 5.63m(3.2) 6.19m(1.7)									
2 Griffin, Ian		Massey						6.11m	2.8
5.89m(1.4) 5.85m(1.7) 5.76m(2.1) 5.87m(2.8) 6.11m(2.8) 5.98m(1.7)									
3 Sidhu, Andrew		London Centr						5.97m	NWI
5.34m(NWI) 5.79m(NWI) 5.97m(NWI) 5.59m(NWI) 5.79m(NWI) FOUL(NWI)									
4 Stewart, Taylor		Regina Mundi						5.92m	+0.0
5.92m(+0.0) FOUL(+0.0) 5.74m(1.5) FOUL(NWI) FOUL(NWI) FOUL(NWI)									
5 Simpson, Jacob		Chatham-Kent						5.91m	1.7



	5.62m(1.3)	5.82m(0.8)	5.91m(1.7)	5.41m(3.2)	5.48m(2.1)	5.69m(1.9)		
6	Kalaba, Arben			Kitchener Wa		5.80m	1.8	
	5.80m(1.8)	FOUL(1.6)	4.91m(2.6)	5.34m(2.0)	FOUL(1.7)	FOUL(2.6)		
7	Dubinovsky, Max			Montcalm S S		5.71m	1.4	
	4.99m(2.3)	5.44m(0.2)	5.71m(1.4)	5.67m(2.1)	5.52m(2.0)	FOUL(1.2)		
8	Wood, Justin			Valley Heigh		5.67m	1.4	
	5.63m(+0.0)	5.67m(1.4)	FOUL(1.2)	5.59m(2.1)	5.63m(1.7)	FOUL(1.9)		
9	Wright, Justin			Stratford N W		5.62m	2.4	
	5.52m(1.3)	5.48m(1.1)	5.62m(2.4)					
10	VandenHeuval, Aaron			Goderich Dci		5.44m	1.6	
	5.44m(1.6)	FOUL(NWI)	FOUL(NWI)					
11	Essery, Brody			Pauline John		5.41m	1.5	
	5.18m(1.4)	FOUL(1.4)	5.41m(1.5)					
12	Laliberte, Paul			Forster Joh		5.34m	1.8	
	5.24m(1.4)	5.34m(1.8)	5.25m(1.1)					
13	Brandt, Martin			Eastwood		5.28m	1.5	
	FOUL(1.4)	5.28m(1.5)	5.22m(1.3)					
--	Gatto, Anthony			St David		ND	NWI	
	PASS(NWI)	PASS(NWI)	PASS(NWI)					
--	MacLeod, Nevin			St. AnneTecumseh		FOUL	NWI	
	FOUL(NWI)	FOUL(NWI)	FOUL(NWI)					

#### Men Triple Jump Junior

=====								
West Region: * 15.22m 2000 Kenen SHADD / Kitchner-Grand River CI								
Name	Year	School	Finals	Wind				
=====								
1	Ambrose, Asa	Sir John A Macdo	13.46m	-0.7				
	12.79m(-1.6)	12.95m(-0.5)	13.46m(-0.7)	FOUL(-1.7)	PASS(NWI)	PASS(NWI)		
2	Stewart, Taylor	Regina Mundi	13.05m	-1.5				
	FOUL(NWI)	FOUL(NWI)	13.05m(-1.5)	12.95m(-0.9)	FOUL(-1.9)	12.79m(-2.5)		
3	Zachariah, Naase	Centennial C	12.99m	-1.7				
	12.65m(-2.2)	FOUL(-1.7)	12.99m(-1.7)	12.58m(-1.4)	FOUL(-2.5)	12.92m(-1.7)		
4	Dubinovsky, Max	Montcalm S S	12.59m	-1.7				
	11.92m(-1.1)	12.11m(-0.8)	12.36m(-0.0)	11.87m(-2.7)	12.37m(-1.0)	12.59m(-1.7)		
5	Griffin, Ian	Massey	12.11m	-1.6				
	12.11m(-1.6)	PASS(NWI)	FOUL(NWI)	FOUL(NWI)	FOUL(NWI)	FOUL(NWI)		
6	Lacroix, Dan	St. Joseph-Winds	12.07m	-0.9				
	11.63m(-1.4)	12.07m(-0.9)	12.03m(-1.2)	11.84m(-1.6)	11.53m(-2.2)	11.77m(-0.7)		
7	VandenHeuval, Aaron	Goderich Dci	11.95m	-1.7				
	11.84m(-1.1)	11.76m(-2.3)	11.95m(-1.7)	FOUL(-2.5)	11.59m(-1.4)	11.91m(-1.4)		
8	Sidhu, Andrew	London Centr	11.78m	-1.2				
	FOUL(NWI)	11.78m(-1.2)	11.70m(-1.8)	FOUL(-2.3)	FOUL(-1.9)	11.76m(-1.7)		
9	Brandt, Martin	Eastwood	11.70m	+0.0				
	11.27m(-1.0)	11.70m(+0.0)	11.28m(-1.5)					
9	Brydges, Taylor	Essex Dhs-Es	11.70m	+0.0				
	11.39m(-1.6)	11.70m(+0.0)	11.61m(-1.7)					
9	Khankhet, Jordan	Jacob Hesple	11.70m	+0.0				
	11.50m(-1.3)	11.70m(+0.0)	11.12m(-1.5)					
12	Lund, Luke	Northern Civ	11.35m	-1.5				
	FOUL(NWI)	11.02m(+0.0)	11.35m(-1.5)					
13	Archangel, Chris	C. C. Windsor	11.25m	-2.1				
	11.17m(-1.0)	10.87m(-1.7)	11.25m(-2.1)					
14	Jenkins, Andrew	Central Elgi	11.23m	-0.9				
	10.96m(-1.5)	11.10m(-1.6)	11.23m(-0.9)					
15	Essery, Brody	Pauline John	11.11m	-1.3				
	11.11m(-1.3)	10.77m(-1.0)	10.48m(-1.7)					

#### Men Shot Put Junior

=====				
West Region: * 17.27m 5/2006 Zack Ford, Banting				
Name	Year	School	Finals	
=====				

1	Orbulescu, Simon	Massey	16.67m
	FOUL 15.73m 16.67m 16.05m 16.24m 16.58m		
2	Pilar, Alex	Saugeen Dss-	16.14m
	14.31m 15.41m 15.32m FOUL 15.67m 16.14m		
3	Gauthier, Jordan	Herman	15.96m
	14.76m 15.19m 15.03m 14.98m 15.96m FOUL		
4	Agathos, Andros	Mother Teres	15.81m
	13.55m 13.70m 14.34m 15.81m 14.62m 15.54m		
5	Willand, Dean	Parkside CI	15.69m
	14.50m 14.91m 14.89m 15.69m 15.42m 15.66m		
6	Lawson, Mitchell	Jacob Hesple	14.79m
	14.79m 13.64m 13.64m 14.04m 14.05m FOUL		
7	McCabe, Kaylen	St. Clair SS	14.60m
	13.77m FOUL 14.06m 14.60m 14.05m FOUL		
8	Rumble, Scott	Woodstock	14.16m
	FOUL 14.16m 13.32m 13.44m 13.45m 13.39m		
9	Wright, Chris	Holy Trinity C H	13.87m
	11.92m 12.98m 13.87m		
10	VanNynatten, Braden	St. Michael	13.86m
	12.77m 13.86m 13.43m		
11	Melanson, Cody	Paris Dhs-Pa	13.75m
	13.75m 13.23m 13.70m		
12	Boudry, Drew	Kingsville D	13.73m
	13.73m 13.22m 13.18m		
13	DaSilva, Josh	Holy Names H	13.53m
	13.53m 13.27m 13.39m		
14	Scheifele, Kyle	Grand River	13.28m
	13.28m 12.50m 12.90m		
15	Matejic, Nikola	Westminster	11.98m
	11.98m 11.39m FOUL		

#### Men Discus Throw Junior

West Region: * 59.81m 2004		Josh WILSON/Lambton Central	
Name	Year	School	Finals
1 Gray, Jackson		Sarnia Cits	57.97m
	57.97m FOUL 56.10m 54.92m FOUL FOUL		
2 Scheifele, Kyle		Grand River	48.34m
	33.29m FOUL 42.61m 43.85m 43.51m 48.34m		
3 Hedges, Brett		Amherst	44.14m
	42.53m 44.14m 44.12m FOUL 43.33m FOUL		
4 Gauthier, Jordan		Herman	43.66m
	42.94m 43.12m FOUL FOUL 40.29m 43.66m		
5 Vink, Peter		Banting	43.46m
	42.12m 40.80m FOUL 43.46m 41.41m FOUL		
6 Youngblut, Philip		Saunders SS	42.35m
	38.54m 42.35m FOUL 38.75m 39.96m 37.96m		
7 Matejic, Nikola		Westminster	42.00m
	42.00m 37.56m 40.99m 38.64m 40.30m FOUL		
8 Washburn, Brent		Cardinal Car	41.27m
	39.01m FOUL 41.27m 38.07m FOUL FOUL		
9 Orbulescu, Simon		Massey	40.72m
	37.70m 40.72m 37.98m		
10 Agathos, Andros		Mother Teres	39.30m
	38.06m 39.30m FOUL		
11 Dyck, Michael		East Elgin S	38.34m
	31.38m 36.27m 38.34m		
12 Sheridan, Mitchell		Erin Dhs-Eri	36.80m
	36.80m FOUL 35.45m		
13 Pilar, Alex		Saugeen Dss-	32.45m
	FOUL FOUL 32.45m		
14 Soucie, Tyler		St. Benedict	30.01m

FOUL	30.01m	FOUL			
15 Witten, Geoff			Brantford CI		27.28m
FOUL	27.28m	FOUL			

Men Javelin Throw Junior

West Region: * 54.58m 2006						Nathan Loehle, St. Benedict	
Name	Year		School				Finals
1 Kennedy, Austin			Massey				56.63m*
	56.63m	47.74m	54.57m	FOUL	PASS	51.09m	
2 Rumble, Scott			Woodstock				50.07m
	50.07m	48.94m	46.57m	48.26m	FOUL	FOUL	
3 Pittman, Jordan			Herman				49.95m
	38.74m	45.49m	FOUL	44.79m	49.95m	48.16m	
4 Giancola, Kyle			Brantford CI				47.77m
	39.06m	42.43m	45.91m	46.55m	47.77m	FOUL	
5 Oddy, Justin			Brennan				45.76m
	45.76m	FOUL	FOUL	43.17m	FOUL	42.59m	
6 Miron, Perry			Lourdes				43.66m
	40.34m	39.52m	43.66m	FOUL	38.47m	40.91m	
7 Gow, Max			Banting				43.02m
	37.27m	40.94m	41.56m	43.02m	40.86m	FOUL	
8 Dunsmore, Adam			Essex Dhs-Es				42.22m
	42.01m	40.62m	42.22m	31.68m	FOUL	FOUL	
9 Feere, William			West Elgin				41.28m
	41.28m	40.21m	39.55m				
10 Scheifele, Kyle			Grand River				41.16m
	41.16m	FOUL	FOUL				
11 Youngblut, Philip			Saunders SS				39.88m
	FOUL	38.30m	39.88m				
12 Hetherington, Evan			Waterloo				39.80m
	FOUL	39.71m	39.80m				
13 Gray, Jackson			Sarnia Cits				39.36m
	FOUL	39.36m	FOUL				
14 Graver, Nick			Stratford N W				39.04m
	FOUL	37.18m	39.04m				
15 Brady, Tom			Delhi Dss-De				36.18m
	36.18m	35.18m	34.42m				

Men 100 Meter Dash Senior

West Region: * 10.57 1994				Dave TOMLIN / Kitchener-St. Mary's		
Name	Year	School	Prelims	Wind	H#	
Preliminaries						
1 Riva, Nathan		Sandwich	11.05Q	-0.4	2	
2 Landrum, Vushaun		Sandwich	11.18Q	-0.8	1	
3 Giroux, Bryan		Elmira Dss-E	11.13Q	-0.4	2	
4 Edwards, Colin		St. AnneTecumseh	11.34Q	-0.8	1	
5 Dandie, Anthony		North Park C	11.40Q	-0.8	1	
6 Simpson, Kevin		Galt Cvi-Cam	11.51Q	-0.4	2	
7 Warner, Damian		Montcalm S S	11.43q	-0.8	1	
8 Vasile, Chris		St. Benedict	11.53q	-0.4	2	11.5237
9 Kiraly, Rob		Northern Civ	J11.53	-0.8	1	11.5290
10 Brisson, Matt		St. Joseph-St.Th,St	11.54	-0.4	2	
11 Stacey, Trevor		Madill	11.55	-0.8	1	
12 MacKinley, Mike		London Centr	11.64	-0.8	1	
13 Keating, Justin		Northern Civ	11.67	-0.8	1	
13 Noel, Malcolm		C. C. London	11.67	-0.4	2	

Men 100 Meter Dash Senior

West Region: \* 10.57 1994 Dave TOMLIN / Kitchener-St. Mary's  
 Name Year School Finals Wind

Finals

1	Riva, Nathan	Sandwich	10.76	-0.1	
2	Landrum, Vushaun	Sandwich	11.02	-0.1	
3	Dandie, Anthony	North Park C	11.33	-0.1	
4	Edwards, Colin	St. AnneTecumseh	11.34	-0.1	
5	Vasile, Chris	St. Benedict	11.37	-0.1	
6	Simpson, Kevin	Galt Cvi-Cam	11.44	-0.1	11.4359
7	Warner, Damian	Montcalm S S	J11.44	-0.1	11.4392

Men 200 Meter Dash Senior

West Region: \* 21.30 1995 Dave TOMLIN / Kitchener-St. Mary's  
 Name Year School Prelims Wind H#

Preliminaries

1	Riva, Nathan	Sandwich	22.50Q	-1.8	2
2	Landrum, Vushaun	Sandwich	22.78Q	-0.6	1
3	Edwards, Colin	St. AnneTecumseh	22.83Q	-1.8	2
4	MacKinley, Mike	London Centr	22.89Q	-0.6	1
5	Smith, Bob	Pauline John	23.13Q	-1.8	2
6	Lamarche, Steve	Belle River	23.17Q	-0.6	1
7	Kowalsky, Bryan	Holy Trinity C H	23.27q	-0.6	1
8	Vasile, Chris	St. Benedict	23.47q	-0.6	1
9	Noel, Malcolm	C. C. London	23.59	-1.8	2
10	Simpson, Kevin	Galt Cvi-Cam	23.73	-1.8	2
11	Doyle, Mike	St. Joseph-Winds	23.91	-1.8	2

Men 200 Meter Dash Senior

West Region: \* 21.30 1995 Dave TOMLIN / Kitchener-St. Mary's  
 Name Year School Finals Wind

Finals

1	Riva, Nathan	Sandwich	22.20	-1.0	
2	Edwards, Colin	St. AnneTecumseh	22.56	-1.0	
3	Landrum, Vushaun	Sandwich	22.98	-1.0	
4	MacKinley, Mike	London Centr	23.11	-1.0	
5	Kowalsky, Bryan	Holy Trinity C H	23.19	-1.0	
6	Smith, Bob	Pauline John	23.28	-1.0	
7	Lamarche, Steve	Belle River	23.34	-1.0	
8	Vasile, Chris	St. Benedict	24.13	-1.0	

Men 400 Meter Dash Senior

West Region: \* 47.59 1999 Liam CARD / Port Elgin-Saugeen  
 Name Year School Finals H#

1	Smith, Bob	Pauline John	49.44	2	
2	Edwards, Colin	St. AnneTecumseh	49.95	2	
3	Furmah, Aman	Centennial C	50.23	2	
4	Leitch, Scott	Banting	51.40	2	
5	Reddy, Matt	St Christoph	51.78	2	
6	Weber, Dan	Elmira Dss-E	51.88	1	
7	Salomons, Dennis	Strathroy DC, Strath	51.92	2	
8	Caron, Dan	Pain Court ES	52.28	1	
9	McLean, Colin	Saunders SS	52.32	1	
10	Doyle, Mike	St. Joseph-Winds	52.74	2	
--	Lamarche, Steve	Belle River	DQ	2	163.3
--	McDonald, Bryan	Galt Cvi-Cam	DQ	1	163.3

Men 800 Meter Run Senior

West Region: * 1:48.69 2001 Natthan BRANNEN / Preston			
Name	Year	School	Finals
1 Jackson, Rob		Centennial C	1:55.00
2 Dufour, Mark		Massey	1:55.20
3 Robson, Phil		Massey	1:55.53
4 Vink, Ben		Banting	1:56.01
5 Wilson, Darcy		Stratford Ce	1:56.52
6 Knieriem, Scott		Strathroy DC, Strath	1:57.45
7 Poaps, Mike		St. Clair SS	1:59.21
8 Huffman, Josh		Harrow Dhs-H	1:59.71
9 McLean, Colin		Saunders SS	1:59.96
10 Osborne, Gavin		Guelph Cvi-G	2:02.88
11 Grantham, Tyler		Assumption	2:04.33
12 Helmuth, Nick		Glenview Par	2:04.79
13 Sanderson, Derek		Madill	2:04.82
14 Reddy, Matt		St Christoph	2:07.51
15 Ikram, Shoaib		Waterloo	2:24.50

Men 1500 Meter Run Senior

West Region: * 3:45.06 1993 Kevin SULLIVAN / Brantford-North Park			
Name	Year	School	Finals
1 Jackson, Rob		Centennial C	3:59.82
2 Wilson, Darcy		Stratford Ce	4:00.51
3 Jansen, Drew		St. Benedict	4:00.93
4 Poaps, Mike		St. Clair SS	4:06.23
5 Knieriem, Scott		Strathroy DC, Strath	4:08.54
6 Komer, William		St. Thomas Aq, London	4:08.87
7 Huff, Ryan		London South	4:11.63
8 Patterson, Drew		St. Anne Tecumseh	4:13.16
9 Osborne, Gavin		Guelph Cvi-G	4:15.39
10 Harrigan, Shane		Centre Welli	4:19.41
11 Robson, Phil		Massey	4:20.32
12 Vink, Ben		Banting	4:21.31
13 Dufour, Mark		Massey	4:25.32
14 Mackie, Kyle		Massey	4:32.55
15 Kirk, James		Glenview Par	4:41.68

Men 3000 Meter Run Senior

West Region: * 8:21.8h 1995 Matt KERR / Fergus - Centre Wellington			
Name	Year	School	Finals
1 Huff, Ryan		London South	8:45.70
2 Henshaw, Mark		C. C. London	8:50.72
3 Hammond, Connor		Saunders SS	8:51.02
4 O'Neill, Kyle		East Elgin S	8:51.05
5 Komer, William		St. Thomas Aq, London	8:51.09
6 Cote, Jordan		St Christoph	9:14.88
7 McCurry, Cory		Northern Civ	9:19.92
8 Bauer, Jesse		Massey	9:20.46
9 Dunlop, Tyler		St. Thoma SS	9:23.46
10 Harrigan, Shane		Centre Welli	9:29.83
11 Vanderlinden, Alex		Chatham-Kent	9:36.47
12 Walters, Billy		Holy Trinity C H	9:39.29
13 Jansen, Drew		St. Benedict	9:40.62
14 Kirk, James		Glenview Par	9:56.79

Men 110 Meter Hurdles Senior

West Region: * 13.82 2000		Adam KUNKEL /Walkerton DSS	
Name	Year School	Prelims	Wind H#
Preliminaries			
1	Brisson, Matt	St. Joseph-St.Th,St	14.87Q -0.7 2
2	Drouin, Derek	St. Patrick'	15.16Q -1.8 1
3	Donald, Ian	Kennedy Hon	15.10Q -0.7 2
3	Honig, Kevin	Northern Civ	15.10Q -0.7 2
5	Roth, Austin	Holy Cross,Strathro	15.25Q -1.8 1
6	Baran, Mike	St. Joseph-Winds	15.26Q -1.8 1
7	Graham, Andrew	Banting	15.51q -1.8 1
8	Neumann, Eric	Saunders SS	15.71q -1.8 1
9	Lopatowski, Mike	Mother Teres	15.74 -1.8 1
10	Dease, Craig	Sarnia Cits	15.75 -0.7 2
11	Norris-Lue, Brandon	Sir John A Macdo	16.48 -0.7 2
12	Jones, Greg	Paris Dhs-Pa	16.50 -0.7 2
13	Ying Yong, Jimmy	Cameron Heig	16.63 -1.8 1
--	Donovan, Tim	Grand River	DQ -1.8 1 168.7

Men 110 Meter Hurdles Senior

West Region: * 13.82 2000		Adam KUNKEL /Walkerton DSS	
Name	Year School	Finals	Wind
Finals			
1	Brisson, Matt	St. Joseph-St.Th,St	14.68 -1.9
2	Baran, Mike	St. Joseph-Winds	14.84 -1.9
3	Roth, Austin	Holy Cross,Strathro	14.98 -1.9
4	Drouin, Derek	St. Patrick'	15.02 -1.9
5	Honig, Kevin	Northern Civ	15.03 -1.9
6	Donald, Ian	Kennedy Hon	15.04 -1.9
7	Graham, Andrew	Banting	15.33 -1.9
8	Neumann, Eric	Saunders SS	15.99 -1.9

Men 400 Meter Hurdles Senior

West Region: * 52.37 1997		Jeff ELLIS / Orangeville	
Name	Year School	Finals	H#
1	Graham, Andrew	Banting	56.46 2
2	Leitch, Scott	Banting	56.80 2
3	Gibbons, Jeremy	Herman	57.12 2
4	Donald, Ian	Kennedy Hon	57.31 2
5	Beasley, AJ	Madill	57.32 2
6	Drouin, Derek	St. Patrick'	58.48 2
7	Lambert, Michael	St. Anne's Clint	58.89 1
8	Dease, Craig	Sarnia Cits	58.96 2
9	Donovan, Tim	Grand River	59.49 1
10	Jenkins, Ansel	Valley Heigh	1:00.68 1
11	Jones, Greg	Paris Dhs-Pa	1:00.92 1
12	Norris-Lue, Brandon	Sir John A Macdo	1:00.99 1
13	Innes, Thomas	Tilbury D H S	1:01.19 2
14	Roth, Austin	Holy Cross,Strathro	1:01.83 1
15	Dykstra, Philip	Mgsr. E.A. D	1:07.53 1

Men 4x100 Meter Relay Senior

West Region: * 42.1h 1992		WATERLOO-BLUEVALE	
School		Finals	H#
1	Sandwich S S 'A'	42.58	2
	1) Holmes, Jesse		
	2) Ingersoll, Brett		

3) Landrum, Vushaun	4) MacLeod, Tyler		
2 Northern C I & V S 'A'		42.96	2
1) Hopkins, Chris	2) Honig, Kevin		
3) Kiraly, Rob	4) Keating, Justin		
3 Vincent Massey S S 'A'		44.16	2
1) Daabous, James	2) Dennis, Nathan		
3) Mei, Jason	4) McShan, Keith		
4 St. Patrick's S S 'A'		44.23	2
1) Zandbergen, Matt	2) Leger, Norm		
3) Cope, Dustin	4) Cicchini, Tyler		
5 Belle River D H S 'A'		44.61	2
1) Fox, James	2) Tellier, Noel		
3) Holdren, Greg	4) Gibbons, Dan		
6 Cameron Heights C I 'A'		44.63	2
1) Ying Yong, Jimmy	2) Miller-Smith, Jordan		
3) Earle, Ryan	4) Facey, Ricardo		
7 Sir Frederick Banting S S 'A'		44.64	2
1) Graham, Andrew	2) Leitch, Scott		
3) Pace, Chris	4) Nesbitt-Larking, Nick		
8 Simcoe C S 'A'		44.94	1
9 F. E. Madill S S 'A'		45.02	1
1) Beasley, AJ	2) Corbett, Chris		
3) McDowell, Johnathon	4) Stacey, Trevor		
10 North Park C & V S 'A'		45.33	1
1) Dandie, Anthony	2) Hussey, Wray`		
3) Mercer, Chris	4) Rohr, Josh		
11 Grand River C I 'A'		45.44	1
1) Donovan, Tim	2) Graham, Ross		
3) Schmidt, Dan	4) Schmidt, Rob		
12 Catholic Central London 'A'		45.89	1
1) Loveland, Scott	2) Noel, Malcolm		
3) Amaral, Luke	4) Layman, Andrew		
13 St.Thomas Aquinas S S 'A'		46.41	1
1) Roberts, Ben	2) Szafran, Chris		
3) Babirad, Mike	4) Zambito, Zachary		
-- Elmira D S S 'A'		DQ	2 170.14
1) Giroux, Cory	2) Weber, Dan		
3) Fuendling, Mike	4) Giroux, Bryan		

#### Men High Jump Senior

=====												
West Region: * 2.18m 1993 Mike CAZA / Chatham - Ursuline C.												
Name	Year School										Finals	
=====												
1 Witmer, Alex	Forest Heigh										2.10m	
1.65	1.70	1.75	1.80	1.85	1.90	1.93	1.96	1.99	2.02	2.05	2.10	2.12
P	P	P	P	P	O	P	O	O	XXO	XO	XO	XX
2 Drouin, Derek	St. Patrick'										2.02m	
1.65	1.70	1.75	1.80	1.85	1.90	1.93	1.96	1.99	2.02	2.05		
P	P	P	P	O	O	XXO	O	P	O	XXX		
3 Huey, Brad	Lambton Cent										1.99m	
1.65	1.70	1.75	1.80	1.85	1.90	1.93	1.96	1.99	2.02			
P	P	P	P	P	O	P	XO	XO	XXX			
3 Major, Brian	Resurrection										1.99m	
1.65	1.70	1.75	1.80	1.85	1.90	1.93	1.96	1.99	2.02			
P	P	P	P	O	O	P	XO	XO	XXX			
5 Yang, Jeremy	Bluevale										J1.99m	
1.65	1.70	1.75	1.80	1.85	1.90	1.93	1.96	1.99	2.02			
P	P	P	P	XO	O	P	O	XXO	XXX			
6 Dobson, Jordan	Resurrection										1.96m	
1.65	1.70	1.75	1.80	1.85	1.90	1.93	1.96	1.99				
P	P	P	P	O	O	P	XXO	XXX				
7 Neumann, Eric	Saunders SS										1.93m	





	2.60	2.80	3.00	3.20	3.40		
	P	O	XO	O	XXX		
12	Huras, Curtis					Bluevale	3.00m
	2.60	2.80	3.00	3.20			
	P	P	O	XXX			
13	Reed, Rob					Jacob Hesple	J3.00m
	2.60	2.80	3.00	3.20			
	O	O	XO	XXX			
14	Cameron, Ben					Resurrection	2.80m
	2.60	2.80	3.00				
	O	XO	XXX				
--	Silvaggi, Jacey					St. AnneTecumseh	NH
	2.60	2.80	3.00				
	P	P	XXX				

Men Long Jump Senior

West Region: * 7.45m 1997 Randy SIMINATO / Windsor-Forster							
Name	Year	School	Finals	Wind			
1 Yang, Jeremy		Bluevale	6.95m	+0.0			
			6.67m(3.0)	FOUL(+0.0)	FOUL(1.8)	FOUL(1.5)	6.95m(+0.0) PASS(NWI)
2 Warner, Damian		Montcalm S S	6.85m	3.0			
			FOUL(NWI)	FOUL(NWI)	6.85m(3.0)	FOUL(NWI)	4.63m(0.3) 6.66m(NWI)
3 Dandie, Anthony		North Park C	6.67m	2.3			
			6.43m(1.2)	PASS(NWI)	PASS(NWI)	6.30m(0.9)	6.67m(2.3) PASS(NWI)
4 Honig, Kevin		Northern Civ	6.59m	1.6			
			6.23m(2.0)	6.59m(1.6)	6.43m(2.5)	6.23m(1.5)	6.36m(1.7) 6.26m(1.5)
5 Landrum, Vushaun		Sandwich	6.37m	-0.6			
			4.76m(1.5)	6.29m(0.3)	6.33m(1.2)	6.33m(1.0)	6.21m(-0.8) 6.37m(-0.6)
6 Groenestege, Kyle		Stratford N W	6.36m	1.7			
			5.96m(0.3)	6.36m(1.7)	6.01m(0.6)	FOUL(1.0)	6.21m(0.6) 6.27m(2.0)
7 Murray, Brad		St. Patrick'	6.26m	0.4			
			5.73m(1.7)	6.00m(+0.0)	6.16m(2.0)	6.25m(1.5)	6.07m(+0.0) 6.26m(0.4)
8 Hussey, Wray`		North Park C	6.15m	1.1			
			5.99m(1.6)	6.15m(1.1)	6.02m(2.2)	5.99m(1.8)	FOUL(1.5) 5.97m(2.5)
9 Mei, Jason		Massey	6.11m	1.6			
			5.78m(1.2)	5.40m(0.1)	6.11m(1.6)		
10 Beasley, AJ		Madill	6.02m	2.8			
			FOUL(0.9)	5.92m(1.0)	6.02m(2.8)		
11 Dixon, Doug		Strathroy DC, Strath	5.99m	1.9			
			5.99m(1.9)	5.94m(0.1)	5.80m(2.2)		
12 Major, Brian		Resurrection	5.98m	1.8			
			5.98m(1.8)	5.93m(1.4)	PASS(NWI)		
13 Noel, Malcolm		C. C. London	5.96m	1.8			
			5.90m(+0.0)	5.62m(1.8)	5.96m(1.8)		
14 Reinhart, Keith		Forest Heigh	5.80m	4.3			
			5.80m(4.3)	5.78m(1.4)	5.68m(1.2)		
15 Crosby, Korey		C. C. Windsor	5.74m	1.9			
			4.16m(1.8)	5.74m(1.9)	FOUL(1.9)		

Men Triple Jump Senior

West Region: * 15.73m 2002 Kenen SHADD/Kitchener Grand River							
Name	Year	School	Finals	Wind			
1 Honig, Kevin		Northern Civ	14.10m	-1.5			
			13.54m(-2.1)	13.31m(-1.5)	13.78m(-2.1)	FOUL(-1.6)	13.76m(-0.5) 14.10m(-1.5)
2 Dandie, Anthony		North Park C	13.94m	-1.1			
			13.34m(-1.5)	13.58m(-1.2)	13.28m(-1.9)	13.94m(-1.1)	13.55m(-1.7) PASS(NWI)
3 Yang, Jeremy		Bluevale	13.73m	-2.3			
			13.19m(-1.7)	13.26m(-1.1)	13.33m(-2.2)	13.24m(-1.5)	13.34m(-2.7) 13.73m(-2.3)
4 Joseph, Isaiah		St. John's C	13.26m	+0.0			

	13.26m(+0.0)	12.96m(-0.2)	12.97m(-1.0)	13.10m(-1.0)	13.02m(-2.3)	12.95m(-2.7)
5 Warner, Damian			Montcalm S S		13.25m	-1.9
	12.98m(-1.7)	13.20m(-1.9)	13.25m(-1.9)	FOUL(-1.4)	12.97m(-2.0)	12.95m(-2.8)
6 Zeeman, Joren			Woodland Chr		13.08m	-1.4
	12.34m(-1.0)	11.63m(-0.9)	13.08m(-1.4)	12.78m(+0.0)	12.02m(-3.5)	FOUL(-1.9)
7 Dennis, Nathan			Massey		12.94m	-1.5
	12.48m(-1.3)	12.65m(-1.2)	12.94m(-1.5)	12.78m(-1.1)	FOUL(-2.1)	PASS (NWI)
8 Groenestege, Kyle			Stratford N W		12.91m	+0.0
	12.91m(+0.0)	12.26m(-0.5)	12.16m(-1.1)	FOUL(-1.3)	12.57m(-1.3)	12.60m(-1.8)
9 Crosby, Korey			C. C. Windsor		12.70m	-0.5
	12.24m(-0.9)	12.44m(-1.3)	12.70m(-0.5)			
10 Mei, Jason			Massey		12.63m	-1.2
	12.63m(-1.2)	12.41m(-2.1)	12.49m(-0.9)			
11 Murray, Brad			St. Patrick'		12.35m	-0.8
	12.23m(-0.8)	12.35m(-0.8)	12.21m(-1.4)			
12 Dittmer, Jeff			Saunders SS		12.31m	-1.7
	12.18m(-1.6)	12.31m(-1.7)	12.12m(+0.0)			
12 Van Dipten, Jan			Westside Sec		12.31m	-0.6
	11.61m(-1.4)	12.31m(-0.6)	11.98m(-1.1)			
14 Dixon, Doug			Strathroy DC, Strath		12.06m	-1.3
	12.05m(-1.1)	11.74m(-1.0)	12.06m(-1.3)			

#### Men Shot Put Senior

West Region: * 20.78m 1995 Brad SNYDER / Windsor - St. Joseph's						
Name	Year	School	Finals			
1 Crawford, Tyrone		C. C. Windsor				18.51m
	17.14m	17.37m	18.51m	FOUL	16.96m	17.35m
2 Russel-Ford, Zack		Banting				14.98m
	14.48m	14.77m	FOUL	14.81m	FOUL	14.98m
3 Collins, Wiley		Westminster				14.96m
	12.22m	13.77m	13.73m	13.57m	14.96m	14.38m
4 Fisher, Kris		Banting				14.59m
	13.50m	13.99m	FOUL	FOUL	14.59m	13.80m
5 Stoffelson, TJ		Paris Dhs-Pa				14.45m
	14.27m	13.67m	14.45m	13.45m	13.76m	FOUL
6 Henry, Mike		St. Patrick'				14.34m
	13.83m	14.27m	FOUL	13.98m	14.34m	FOUL
7 Barkauskas, Ryan		St. Thomas Aq, London				14.10m
	14.02m	FOUL	FOUL	14.07m	FOUL	14.10m
8 Zhou, Chris		Ste Cecile				13.82m
	13.68m	13.67m	13.43m	13.39m	13.60m	13.82m
9 Brandow, Kevin		Strathroy DC, Strath				13.62m
	FOUL	FOUL	13.62m			
10 Hasson, Dan		Kincardine D				12.51m
	11.56m	12.06m	12.51m			
11 Walker, Tyler		Sandwich				12.33m
	12.30m	FOUL	12.33m			
12 Brown, Mark		Saugeen Dss-				12.11m
	12.11m	11.62m	FOUL			
13 Rankin, Rob		Norwell Dss-				11.87m
	11.87m	11.42m	FOUL			

#### Men Discus Throw Senior

West Region: * 64.94m 1995 Jason TUNKS / London-Banting						
Name	Year	School	Finals			
1 Russel-Ford, Zack		Banting				49.08m
	47.18m	46.22m	49.08m	46.45m	FOUL	47.64m
2 Crawford, Tyrone		C. C. Windsor				47.91m
	43.58m	47.49m	47.91m	FOUL	FOUL	46.20m

3	Francis, Jesse					London Centr	46.13m
	43.26m	43.37m	FOUL	FOUL	46.08m	46.13m	
4	Wilson, Josh					Lambton Cent	45.14m
	42.68m	45.14m	43.20m	FOUL	FOUL	FOUL	
5	Collins, Wiley					Westminster	44.86m
	43.94m	44.86m	FOUL	FOUL	FOUL	FOUL	
6	Fisher, Kris					Banting	42.64m
	29.51m	34.08m	42.64m	FOUL	FOUL	40.77m	
7	Wilson, Brendan					Lambton Cent	42.05m
	40.91m	42.05m	FOUL	41.88m	FOUL	FOUL	
8	Little, Adam					Saugeen Dss-	39.53m
	FOUL	39.53m	FOUL	FOUL	FOUL	FOUL	
9	Zhou, Chris					Ste Cecile	39.45m
	39.45m	37.51m	39.25m				
10	Andersen, Chris					St Christoph	38.51m
	FOUL	38.29m	38.51m				
11	Barkauskas, Ryan					St.Thomas Aq, London	38.48m
	38.25m	37.26m	38.48m				
12	Stoffelson, TJ					Paris Dhs-Pa	37.48m
	37.48m	FOUL	FOUL				
13	Archer, Josh					Saugeen Dss-	37.44m
	34.74m	37.40m	37.44m				
14	Burton, Brian					Grand River	33.29m
	FOUL	FOUL	33.29m				
15	Csoff, Rick					Delhi Dss-De	32.55m
	29.80m	FOUL	32.55m				

#### Men Javelin Throw Senior

West Region: * 70.20m 2001 Trevor SNYDER / Windsor-St.Joseph's								
Name	Year	School						Finals
1	Collins, Wiley						Westminster	60.73m
	58.55m	57.60m	56.94m	58.80m	FOUL	60.73m		
2	Daabous, James						Massey	58.25m
	58.25m	58.07m	56.07m	57.37m	FOUL	57.96m		
3	Garbaty, Casey						Northern Civ	53.70m
	52.45m	53.12m	53.70m	53.32m	52.73m	FOUL		
4	Anstett, Justin						South Huron	50.35m
	49.16m	FOUL	43.19m	47.77m	50.35m	48.38m		
5	Thompson, Steve						Sarnia Cits	46.92m
	46.23m	46.92m	45.30m	46.50m	FOUL	37.80m		
6	Broser, Mitch						Harrow Dhs-H	45.52m
	44.78m	43.98m	41.51m	45.40m	43.27m	45.52m		
7	Young, Adam						Madill	44.94m
	44.94m	42.42m	43.03m	39.04m	FOUL	41.06m		
8	Cant, Kyle						Sandwich	43.83m
	40.78m	43.18m	39.43m	43.83m	FOUL	FOUL		
9	Armor, Tyler						Banting	42.83m
	40.64m	42.83m	40.53m					
10	Donavan, Dean						Paris Dhs-Pa	42.74m
	41.68m	FOUL	42.74m					
11	Robson, Kyle						Erin Dhs-Eri	40.48m
	40.48m	FOUL	FOUL					
12	Hasson, Dan						Kincardine D	39.29m
	FOUL	39.29m	PASS					
13	Stuyt, Trevor						Glendale HS, Tillson	38.86m
	FOUL	38.86m	34.74m					

#### Men 2000 Meter Steeplechase Open

West Region: * 5:56.7h 1984 Nick CIPP/Waterloo-Bluevale					
Name	Year	School			Finals

1	Henshaw, Mark	C. C. London	6:00.95
2	Tome, Mitchell	Kennedy Hon	6:05.12
3	O'Neill, Kyle	East Elgin S	6:05.18
4	Armstrong, Ryan	Central Elgi	6:07.44
5	Cote, Jordan	St Christoph	6:12.21
6	Bauer, Jesse	Massey	6:24.74
7	Sanderson, Derek	Madill	6:35.13
8	Otto, Marty	Centre Welli	6:35.50
9	Rolfe, James	Glencoe Dhs	6:38.30
10	McCurry, Cory	Northern Civ	6:38.84
11	Percival, Mike	St. Clair SS	6:47.03
12	Waters, Tom	Bluevale	6:50.37
13	Johnston, John	St. James HS	6:56.61
14	Bell, Steve	Sir John A Macdo	7:03.90

Men 4x400 Meter Relay Open

West Region: * 3:20.70 1996		GENERAL AMHERST		Finals	H#
School					
1	Guelph C & V I 'A'			3:33.35	2
	1) Hurst, Skyler	2) Salsberg, Adam			
	3) Osborne, Gavin	4) Wysoczanski, Jimmy			
2	W. F. Herman S S 'A'			3:33.49	2
	1) Archer, Joel	2) Buhler, JC			
	3) Gibbons, Jeremy	4) Hawkins, Kevin			
3	Vincent Massey S S 'A'			3:33.78	2
	1) Dennis, Nathan	2) Dufour, Mark			
	3) Robson, Phil	4) Griffin, Ian			
4	Hon. W.C. Kennedy S S 'A'			3:33.92	2
	1) Donald, Ian	2) DeBono, Nathaniel			
	3) Oyedele, Akin	4) Tome, Mitchell			
5	Catholic Central London 'A'			3:36.06	2
	1) Belanger, Nick	2) Noel, Malcolm			
	3) Semenowicz, Matt	4) Crawley, Corey			
6	Belle River D H S 'A'			3:36.12	2
	1) Fox, James	2) Lamarche, Steve			
	3) Tellier, Noel	4) Pfaff, Jake			
7	Galt C & V I 'A'			3:36.58	1
	1) McDonald, Bryan	2) Simpson, Kevin			
	3) Samsoodar, Joshua	4) Light, Dave			
8	F. E. Madill S S 'A'			3:40.00	1
	1) Beasley, AJ	2) McDowell, Johnathon			
	3) Corbett, Chris	4) Sanderson, Derek			
9	Cameron Heights C I 'A'			3:42.40	2
	1) Chanthavong, Ryan	2) Salmon, Trevor			
	3) Miller-Smith, Jordan	4) Facey, Ricardo			
10	St. Anne's C S S 'A'			3:43.93	1
	1) Lambert, Michael	2) Boven, Matt			
	3) Ringuette, Rob	4) Nickel, Dane			
11	Northern C I & V S 'A'			3:47.68	2
	1) Lever, Mike	2) Hopkins, Chris			
	3) Douglas, Andrew	4) Keating, Justin			
12	St.Thomas Aquinas S S 'A'			3:48.80	1
	1) Babirad, Mike	2) Komer, William			
	3) McDonald, Alex	4) Chapman, Justin			
--	Centennial C V I 'A'			DQ	1 170.13,163.3

Men 1500 Meter Dash Wheelchair

West Region: * 4:44.20 31/05/2003 Josh Cassidy		Finals
Name	Year School	

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1 VanHeteren, Ian	Strathroy DC, Strath	6:09.23
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Men 100 Meter Dash Ambulatory

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West Region: * 12.08	01/06/2006	Deric Kruse, F.E. Madill		
Name	Year	School	Finals	Wind H#
=====				
1 McGillvery, Nick		St. Anne's Clint	13.20	-1.9 2
2 Cook, Andrew		MacKenzie-Sarnia, Sa	13.75	-1.9 2
3 Johnstone, Mike		St. Michael	14.54	-1.9 2
4 Obrien, Evan		MacKenzie-Sarnia, Sa	14.76	-1.9 2
5 Morris, Ieshon		Madill	15.66	-1.9 2
6 Karelsen, Kurt		MacKenzie-Sarnia, Sa	16.25	-1.9 1
7 Flatley, Marty		MacKenzie-Sarnia, Sa	16.76	-1.9 1
8 Daye, Cody		MacKenzie-Sarnia, Sa	17.51	-1.9 1