



NEWSLETTER ♦ 75th Edition ♦ Nov. 2019

Our Mission - To reach out and empower people affected by limb loss to achieve their full potential through education, support, and advocacy, and to raise awareness of limb loss by becoming actively involved in our community.



EDITOR'S NOTE

- by Elaine Skaggs

Fall has finally arrived, the trees are turning, and winter will be on its way soon. Halloween is over and we're looking forward to Thanksgiving. We are in the midst of our Sock Drive for The Salvation Army, and planning is underway for our Christmas Party.

The *Moving Forward* Limb Loss Support Group held its annual business meeting in October, and during that meeting those in attendance reviewed last year's finances, a tentative calendar of events for 2020, and voted to add/replace a couple events. We plan on trying to start a by-monthly restaurant outing, which will help create a record of reviews of the handicap accessibility of local businesses. We also plan on replacing our yearly Ice Cream Social with a softball outing.

During the meeting we had election of officers as follows:

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|-----------------|----------------|
| President | Kelly Grey |
| Vice President | Elaine Skaggs |
| Secretary | Julie Randolph |
| Treasurer | Mary Jo Kolb |
| Member-at-Large | Mike Portman |

Congratulations to those folks, and I'm sure I speak for all of us when I say that we are

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Public Transportation Options Intro

- by Mallori Puchino

Transportation is a struggle for our community. Whether you were born with limb differences or experienced amputation later in life, you are likely to have gone through a time where you needed a ride somewhere. For the purposes of this series, I'll be focusing on the options, or lack thereof, for lower limb mobility issues.

For the general public in the Greater Metro Louisville area, we have TARC, Lyft, Uber, and taxi services. These services, while publicly claiming to comply with ADA, do not always provide adequate services for those that are wheelchair bound or use other assistive devices, such as crutches, walkers, and knee scooters. Most vehicles are not compatible for power chair users; limiting your options when it comes to needing to run errands, go to work, doctor appointments or physical therapy, or visit family and friends. Unless you have your own accessible vehicle, (which I plan to discuss those options as well), the few options available require extensive planning, long wait times, and can be exorbitantly expensive, not to mention a lack of reliability.

In this series, I will be rating services by the following criteria; cost, required time windows, availability, and accessibility. I will attempt to utilize each service to give you first-hand experience.

The next article in this series will focus on ride-share services and taxis. If you have

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EDITOR'S NOTE (cont'd)

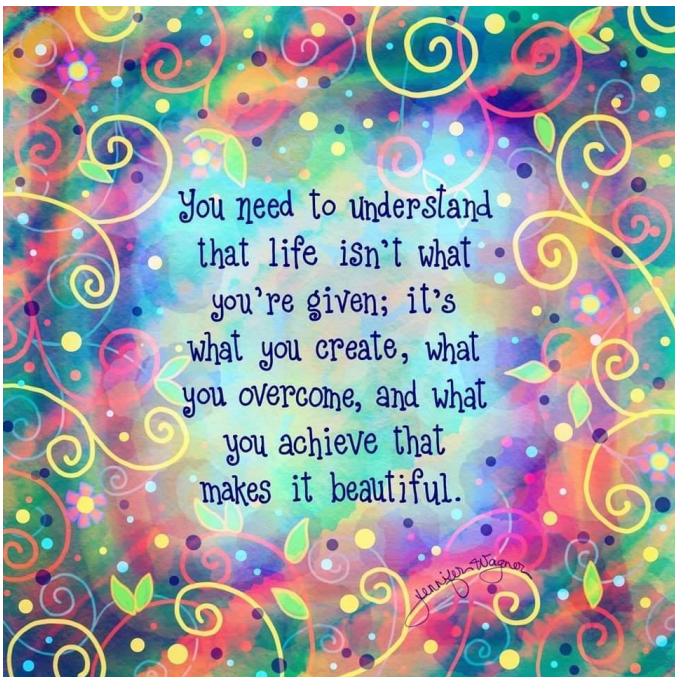
committed to work to keep Belinda's legacy alive and well. Though there have been some difficult times, we are at a point where most of the necessary changes have taken place. We are ready to grow again, but we need the help of all our members to do so. Even if it's only making suggestions for newsletter articles or helping out with the planned events, we need each and every one of you! If you do have a suggestion or want to show off your writing skills with an article, please contact me at: elaineskaggs@gmail.com or give me a call at (502) 548-6419.

Don't miss out on the beginning of a series of articles covering Public Transportation Options by Mallori Puchino included in this issue.

Happy Thanksgiving! and don't forget to give thanks for all we've been given!

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**QUOTE OF THE MONTH**



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AMPUTEE WALKING SCHOOL

Kenney Walking School – Nov 16
Louisville (Masonic Homes) 9am - 3pm

Public Transportation Options Intro (cont'd)

experience using a transportation service in the Louisville-Clarksville-New Albany areas, please email me about your experience at mallorina.mp@gmail.com

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***MOVING FORWARD***  
**Salutes Our Veterans**



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OCTOBER RECAP

We began the Sock Drive for The Salvation Army on October 1 and collection boxes have been placed in many places for donations, including local prosthetist offices.

The Indiana meeting was held on October 21 at Southern Indiana Rehab Hospital. After a time of introductions, we had open discussion and welcomed new members Joseph and Tracy Meng.

The Louisville meeting was held on October 26 at Norton Brownsboro. The annual business meeting was held following a time of introductions and announcements. Details of that meeting are included in the Editors Note in this issue.

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