

How To Listen To God

1. Which is the most difficult: to talk or to listen?
 - ➡ In your prayer life, which do you find to be the most difficult: to talk or to listen?

 - ➡ Why is it important for us to learn how to listen to God?

2. Make a list of hindrances to hearing God's voice in our lives and discuss each one: (Example: rebellious spirit).

3. Read Psalm 81:8-14
 - a. What happened to the children of Israel when they did not listen to God?

 - b. What does God plead for His people to do?

 - c. What does God promise He will do if only we will listen to Him?

 - d. Where in your life do you really need to listen to God?

4. Ponder and discuss each of these four ways God speaks to us today:
 - a. The Word of God (read Joshua 1:7-8)

 - b. The Holy Spirit (read Romans 8:26-27; John 16:13)

 - c. Other people

 - d. Circumstances

5. What do you think of when you think of the word "meditation?"
 - a. How important is it for us to learn as Christians to meditate on the things of God?

 - b. Why is this so difficult for us?

6. Some guidelines for meaningful meditation. Practice with one verse (such as Philippians 4:19)

- a. Review the past.
- b. Reflect upon God's character.
- c. Remember God's promises.
- d. Make a request.
- e. Stillness
- f. Submission

Now share with each other what truth God has given you as you meditated.

NOTE: Some of the things that will happen from spending time in meditation: A new perspective, a renewed mind, guidance in your life, peace of mind, purification of your heart and life, strength to live on the received promises of God.