## ASSOCIATED NEUROLOGICAL SPECIALTIES

102 Westlake Drive, Suite 102

Austin, TX 78746

Robert M. Cain, MD

Phone (512) 458-2600 Fax (512) 454-2292

Name of Patient:\_\_\_\_\_

\_\_\_\_\_ Today's date:\_\_\_\_

## CHIEF COMPLAINT-NUMBNESS OF THE HANDS

- 1. Is the numbness or sensory disturbance in the hand equal in both hands?
- 2. When is the numbness worse?
- 3. Does numbness affect your sleep?
- 4. Are you a diabetic?

## If yes:

- a. How long have you been a diabetic?
- b. What medication do you take for diabetes?
- c. Has your diabetes been under control?
- 5. How much alcohol do you drink?
- 6. Are your feet involved as well as your hands?
- 7. Does the pain start in your neck and radiate from the neck down to the hands?
- 8. Are the symptoms of numbness in the hands only?

## CHIEF COMPLAINT-NUMBNESS OF THE HANDS CONTINUED:

- 9. What fingers are involved?
  - a. Is it the first three fingertips, including the thumb, index, and middle finger?
  - b. Is it primarily the pinkie and the ring finger?
- 10. Do you have any trouble opening jars?
- 11. Are you weak in your arms?
- 12. Have you had any injury to your neck?
- 13. Do you do any heavy hand work?