

Plant Dance

I'm a baby seed
Growing in the ground
Gimme lots of water
And sunshine all around
(Kids start in a ball)

And I'll grow
And grow and grow
Into a sprout
(rise to a standing position with knees bent)

I'm a little sprout
Roots planted in the ground(stomp right and left foot)
Gimme lots of water
And sunshine all around

And I'll grow
And grow and grow
Into a plant
(rise to standing position)

See how tall I am(raise hand above head)
With my big green stem
Keeping my food in my leaves(shake hands)
And after many showers
There will be a flower(shake head side to side)
Dancing around in the breeze(sway torso from side to side, waving hands in the air)

I'm a baby seed
Safe inside the flower
Plant me in the ground
And after many showers
(kids return to ball)

I will grow and grow
and start all over again
(rise slowly to standing position and jump)

