



*Hawaii Association for Play Therapy and
The University of Hawaii Myron B. Thompson
School of Social Work Presents:*



Worry Less, Play More! Using Play Therapy to Treat Anxiety



Guest Speaker: Holly Willard LCSW, RPT-S
Sunday, May 22, 2016
University of Hawaii at Manoa, Gartley Hall
1:00 to 4:30pm (Registration begins at 12:30)

Workshop Description: Anxiety is one of the most common mental health concerns for children. Upwards of 20 percent of children and adolescents suffer from anxiety disorders. Play therapy has been shown to be very effective in treating anxiety issues. This workshop will explore effective play therapy strategies for anxiety. The training will introduce interventions that can be used in a variety of settings: individual, family, group or school. Interventions will be taught using experiential and interactive methods.

About the Speaker: Holly Willard LCSW, RPT-S is the owner of Grandview Family Counseling, a private practice in Bountiful, Utah. Ms. Willard completed her Masters in Social Work from the University of Utah in 2000 and received her LCSW in 2002. She has an extensive background working with children, teens and families and specializes in gender specific therapy and attachment issues. Ms. Willard is an adjunct professor at University of Utah and Westminster and is currently the President of the Utah Play Therapy Board.

Continuing Education: This workshop is appropriate for social workers, educators, marriage and family therapists, psychologists, counselors, and medical or mental health professionals who work with children, adolescents, and families. This workshop includes 3.0 hours of Social Work continuing education (CE) credits through the University of Hawaii, Myron B. Thompson School of Social Work and 3.0 hours of Play Therapy CE credits. Full attendance is required.

Register Online at www.hawaiiplaytherapy.net

Interested in Play Therapy? Please join us for the HAPT Semi-Annual Membership Meeting from 11:00am to 12:30 pm (Gartley Hall). Network with play therapists while enjoying a light lunch. To learn more about becoming a play therapist go to www.a4pt.org or visit HAPT's website at www.hawaiiplaytherapy.net. **Come play with us!**

Early Registration Fees: **\$20 – Students**
 \$55 – Non-Member

\$40 – HAPT Member*
Late Fees: + \$10.00 (after 5/15/2016)

***HAPT 20th ANNIVERSARY SPECIAL OFFER: NEW HAPT Members:** Become a NEW (first-time) HAPT member between March 15 and May 22nd, 2016 and attend this workshop for FREE. Offer valid to the first five (5) new HAPT member registrants. **Renewing HAPT Members:** \$10 registration discount will be given to HAPT members (current and former) who renew their membership between March 15 and May 22, 2016. Proof of HAPT membership required. Registration discounts will be provided on the day of the workshop.

Cancellation Policy: 100% refund if cancelled by 5/8/16; 50% refund if cancelled by 5/13/2016. **ADA:** If you require special accommodations, please contact Lindsay Bottoms (Lindsay.Bottoms@yahoo.com) at least two weeks prior to the event.