

Race Date  
April 26, 2015

# Hammer Sprint 2015

## Age Group Results

### Duathlon Age Group

#### Female Open Winners

Place			Run			T1	Bike			T2	Run			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	7	Joann Scott	2	21:41.40	7:00	0:51.54	1	1:00:06.2	18.6	0:51.27	3	21:27.35	6:55	1:44:57.7
2	9	Summer Robinson	1	21:36.43	6:58	1:32.06	2	1:02:24.6	17.9	1:05.95	1	20:54.29	6:45	1:47:33.3
3	14	Marsha Morton	3	22:44.75	7:20	0:45.11	3	1:05:32.9	17.0	0:27.21	2	21:24.28	6:54	1:50:54.3

#### Male Open Winners

Place			Run			T1	Bike			T2	Run			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Jim Hall	1	18:48.70	6:04	0:36.55	1	52:11.51	21.4	0:25.85	1	18:43.22	6:02	1:30:45.8
2	2	C. David Carrell	3	20:11.58	6:31	0:48.74	2	52:47.23	21.1	0:36.01	3	20:32.42	6:37	1:34:55.9
3	3	Paul Horton	2	19:21.51	6:15	1:18.95	3	55:08.36	20.2	0:50.88	2	19:28.63	6:17	1:36:08.3

#### Female Masters Winners

Place			Run			T1	Bike			T2	Run			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	17	Victoria Ursitti	1	23:57.32	7:44	1:53.97	1	1:06:26.5	16.8	1:04.67	1	25:47.22	8:19	1:59:09.6

#### Male Masters Winners

Place			Run			T1	Bike			T2	Run			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	David Price	1	21:11.69	6:50	0:38.16	1	56:53.95	19.6	0:35.24	1	21:25.91	6:55	1:40:44.9

Race Date  
April 26, 2015

Hammer Sprint 2015  
Age Group Results  
Duathlon Age Group

Male 15 to 19

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	15	Eli Spencer	1	21:53.66	7:04	1:31.33	1	1:05:48.1	17.0	1:07.48	1	23:59.80	7:44	1:54:20.4	

Male 20 to 24

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	16	Corey Crumpton	1	23:20.01	7:32	1:17.45	1	1:04:22.3	17.3	1:33.50	1	25:16.36	8:09	1:55:49.6	
2	18	Michael Thomason	2	24:15.30	7:49	1:03.14					2	1:34:06.7	4:20	1:59:25.2	

Female 25 to 29

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	22	Britni News	1	26:44.61	8:37	0:51.49	1	1:13:14.8	15.2	0:48.09	1	25:06.19	8:06	2:06:45.2	

Male 25 to 29

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	11	Andrew Stafford	1	21:34.71	6:57	1:12.79	1	1:03:15.0	17.6	1:23.23	1	21:22.22	6:54	1:48:48.0	

Race Date  
April 26, 2015

Hammer Sprint 2015  
Age Group Results  
Duathlon Age Group

Female 30 to 34

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Bike</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Total</u>
	<u>Overall</u>			<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>
1	30	Brandi Jones	1	31:45.64	10:15	1:06.26	1	1:31:32.9	12.2	1:39.33	1	33:18.75	10:45	2:39:22.9

Male 30 to 34

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Bike</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Total</u>
	<u>Overall</u>			<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>
1	4	Andrew Eickholt	1	20:19.28	6:33	0:35.07	1	54:14.56	20.6	0:32.45	1	22:26.13	7:14	1:38:07.4

Female 35 to 39

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Bike</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Total</u>
	<u>Overall</u>			<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>
1	26	Shameka Pollard	1	27:14.87	8:47	1:19.77	1	1:21:43.2	13.7	1:16.79	1	28:08.81	9:05	2:19:43.5

Male 35 to 39

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Bike</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Run</u>	<u>Pace</u>	<u>Total</u>
	<u>Overall</u>			<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>
1	5	Kevin Sprouse	1	20:18.69	6:33	1:25.36	1	56:41.25	19.7	0:52.98	1	21:23.11	6:54	1:40:41.3
2	8	John Smith	2	23:15.93	7:30	0:41.56	2	58:39.34	19.0	0:39.08	2	23:40.67	7:38	1:46:56.5

Race Date  
April 26, 2015

# Hammer Sprint 2015

## Age Group Results

### Duathlon Age Group

#### Female 40 to 44

Place			Run			T1	Bike			T2	Run			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	19	Sofia Bell	1	25:17.68	8:09	1:11.35	1	1:05:39.4	17.0	1:14.91	1	26:38.41	8:35	2:00:01.7
2	25	Emily McCutcheon	2	31:43.73	10:14	1:28.07	2	1:12:49.6	15.3	0:54.68	2	29:48.29	9:37	2:16:44.4
3	27	Meredith McKinney	3	32:07.99	10:22	2:10.34	3	1:22:58.4	13.5	1:56.02	3	32:58.54	10:38	2:32:11.3

#### Male 40 to 44

Place			Run			T1	Bike			T2	Run			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	10	Todd Temple	2	23:06.13	7:27	1:17.80	1	59:58.11	18.6	0:41.49	1	22:31.45	7:16	1:47:34.9
2	21	Chris Carpenter	3	23:18.39	7:31	1:09.98	2	1:12:39.1	15.4	1:07.44	3	28:01.49	9:02	2:06:16.4
3	33	David Kyle	1	22:23.48	7:13	1:27.99	3	2:14:33.3	8.29	1:56.37	2	23:05.57	7:27	3:03:26.7

#### Male 45 to 49

Place			Run			T1	Bike			T2	Run			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	20	Chip Lowder	1	22:31.10	7:16	1:03.00	1	53:45.10	20.8	1:09.00	3	43:04.80	13:54	2:01:33.0
2	23	Mark Rinehart	2	29:44.34	9:35	1:29.17	2	1:07:39.0	16.5	1:17.83	1	28:17.80	9:07	2:08:28.1
3	29	Dewayne Galyon	3	30:27.31	9:49	2:29.53	3	1:30:55.5	12.3	2:05.31	2	31:58.70	10:19	2:37:56.3

#### Female 50 to 54

Place			Run			T1	Bike			T2	Run			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time

Race Date  
April 26, 2015

Hammer Sprint 2015  
Age Group Results  
Duathlon Age Group

Female 50 to 54

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	32	Tina McPeek	1	33:58.78	10:57	1:40.65	1	1:34:15.6	11.8	1:42.11	1	38:54.87	12:33	2:50:32.0	

Male 50 to 54

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	28	James Baker	2	36:17.53	11:42	1:39.78	1	1:18:50.5	14.2	2:02.08	1	36:48.25	11:52	2:35:38.1	
2	31	Paul Blizzard	1	29:27.95	9:30	3:02.33	2	1:25:10.4	13.1	2:27.89	2	40:16.21	12:59	2:40:24.8	

Male 55 to 59

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	12	Bruce Heiser	2	23:41.86	7:38	0:47.42	1	1:00:18.6	18.5	0:34.38	1	24:12.95	7:48	1:49:35.2	
2	13	Dan McCaslin	1	23:37.18	7:37	1:05.12	2	1:00:22.6	18.5	1:01.20	2	24:18.93	7:50	1:50:25.0	

Male 60 to 64

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	24	Philip Breeding	1	29:28.80	9:30	1:28.77	1	1:10:24.7	15.9	1:05.10	1	28:42.10	9:15	2:11:09.5	

Race Date  
April 26, 2015

Hammer Sprint 2015  
Age Group Results  
**Duathlon Clydesdale**

Male 99 and under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Lee West	2	35:36.04	11:29	3:11.61	1	1:11:01.2	15.7	2:35.52	1	36:33.47	11:47	2:28:57.9
2	2	Rj Lillard	1	32:32.30	10:30	2:47.56	2	1:32:27.9	12.1	2:06.08	2	38:02.82	12:16	2:47:56.7

Race Date  
April 26, 2015

Hammer Sprint 2015  
Age Group Results  
**Duathlon Relay Male**

Relay Male

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Matthew Bailey	1	25:02.83	8:05	0:32.29	1	1:15:28.5	14.8	0:23.32	1	25:40.05	8:17	2:07:07.0