

Online Registration Guide (A handy step by step guide to online summer registration)
Improved! Register for multiple camps all together.. all at once!

Visit www.gymmies.com and:

- Click on Summer 2017 Online Registration Button
- "Launch Member Area"

Login with your "Email" and password:

- Forgotten Password: Click [Forgot your password](#)
- A new password will be emailed to you
- New to Gymmies online? Click: [\(Don't have a login?\) \(SETUP LOGIN\)](#)

After you are logged in:

- Click "Registration" on the left hand side

Choose your: Camp

Click [create new registration](#)

Read Waiver/Participation Policies, Click Yes to ACCEPT & continue

- Create or Verify: 1. Parent Info (drop box) Done
2. Child Info (drop box) Done

*Program:

Choose camp schedule

Choose U PICK combos if applicable

Description box will appear giving detailed info on class, schedule and fees. DONE if satisfied.

CHOOSE BREAKFAST CLUB IF NEEDED

SUBMIT: Payment Options

Online: takes you to credit card info & final fees

Offline: final fees owing. Fees must be brought in 7days of registration or will be terminated. Pay by credit card or cash. Sorry no debit.

Receipt will be emailed to Gymmies and your email! Thank You!



General Camp Details:

- On-line reg opens May 15, 2017.
- Please add \$15 (camp) membership fees to all prices quoted.
- **SPOTS CANNOT BE HELD FOR ANY CAMP WITHOUT FULL PAYMENT**
- On-line & off line registration is by cash Visa & mastercard. Sorry no debit.
- Programs are based on first come
- Classes may be altered, combined or cancelled as per registration.
- Gymmies is a non profit club who hires certified coaches. Coach-student ratio is maximum 9:1.
- Our facility is air conditioned.
- **REFUNDS are not possible** but transferring to an available camp is.

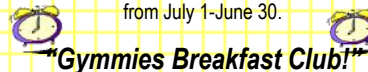
You **must be registered in our online system** before participating in any summer camp!

- **Need help? Drop into our office** 😊

\$15 Camp Membership:

(required for all Summer Camps!)

Our governing agency **Gymnastics Ontario** created this special summer discounted category "camper rate" & will be applied towards your annual membership fee should you register for any other 2017-18 program. This insures complete annual coverage from July 1-June 30.



For our working parents needing "before camp care!" Offered all weeks from 7am-8am.

Includes quiet activities before camps begin, bring your breakfast! **Must pre-register.** \$35.00/child/week. Daily rate \$8/child also available. Don't forget to add in the breakfast club fee when registering.

Plus extended "after camp care" available every day: \$5 per 30 minutes per child up to 6:00 pm. See Main Office to Register.

Our 2017 Weekly Themes:

- Week 1- Canada eh!
- Week 2- Adventure Island
- Week 3- Ghost Busters
- Week 4- Zootopia
- Week 5- Star Wars
- Week 6- Paw Pa"Trolls"
- Week 7- Sunny Days
- Week 8- Marvel vs. DC
- Week 9- Gymmies Fair

Gymmies "Base Camp" Activities:

Obstacle course, pit, tramp, tumble track, fast trak, gym equipment, games, park, water play, group theme activities tot lot, wacky sports & more!

GYMMIES GYMNASTICS SUMMER 2017
INCLUDING CAMPS & INSTRUCTIONAL CLASSES

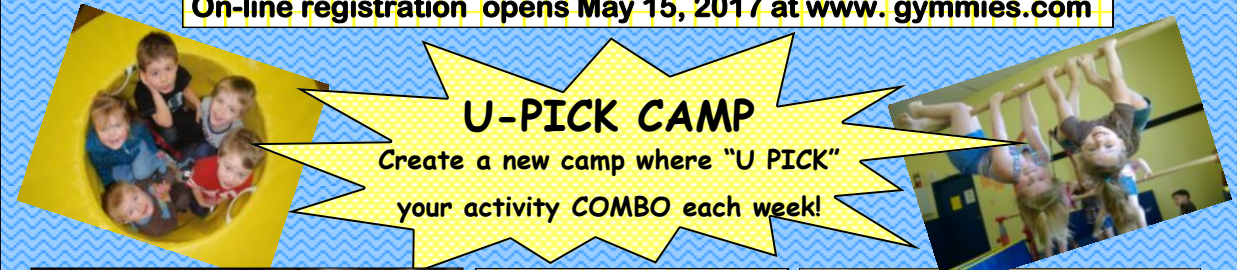


Est. 1982

Gymmies 10 Kinross St E, Caledonia N3W1K8

www.gymmies.com gymmies-reg@rogers.com 905-765-1623

On-line registration opens May 15, 2017 at www.gymmies.com



Our 10,000 ft Gym is Air Conditioned!



We have on site water play & outdoor Fun!

U-Pick Combo Activities:

- Trampoline
- Gymnastics
- Tumbling
- Ty's Camp
- Acro
- Team Sports
- Uno Sports
- Rhythm
- Advanced Gym
- Creative
- Wellness
- Princess

7 New
Upick!

+Splash Pad Thursdays



Gymmies Tot Lot Room is self contained Perfect for Gymmies Tot Camp!



Park Play Every Day!

- All Day/All Week
- 1/2 Day (8-12 or 1-5)/All Week
- Single Days (All Day, 1/2 Day)
- Weekers

Evening Classes: Enjoy our year round classes in the summer! Gym, Tramp, Tots, and more!



GYMMIES "Camp U Pick Combo" SUMMER PROGRAMS

By combining our ever popular Econo Camp with our Special activity Camps, kids get the benefit of both options every week! Our "Base Camp" activities will be merge with the "U Pick" activities to bump up the summer fun &

What Are "U PICK" Combos? → 30-45 Min Time Blocks each day dedicated to sport specific activities.

Eg. JULY 3-7, (9:00-10:15 TRAMP / TUMBLE) & (2:00-3:15 TY's Camp / Uno Sports

All Week Camp: Most affordable Choice Here's how: Step 1: Choose your Week Step 2: Choose your Time (All Day, 1/2 Day), Step 3: "U Pick" your Activity Combo (4 options per wk).

All Week	Who	Day	Time	Program Emphasis	Weeks Offered	Cost/wk Cost	Hourly-Rate
All Day	b/g 5-12	Mon-Fri	8-5	Includes base Camp Theme Activities plus Morning + Afternoon Instructional "U Pick" Note: Junior & Senior aged Kids are combined for registration purposes & will be split out each week	1-9	\$170	\$3.77
1/2 Day Morning 1/2 Day Afternoon	b/g 5-12 yrs	Mon-Fri	8-12 1-5		1-9	\$105	\$5.25

U PICK Descriptions: **Tramp** (full size, double mini, mini, fast trak) **Tumble** (fast trak, tumbling strip, floor), **Gym** (vault, bars, beam, floor), **Acro** (music, tumbling, routines), **Ty's Camp-** (all his fav's-video, media, sports, music) **Plus new this Year! Rhythm** (dance, cheer, rhythmic gym & floor), **Creative** (arts & crafts, beading, circus gym), **Uno Sports** (golf, tennis, ping pong, swimming), **Team Sports** (b.ball, flag football, floor hockey, soccer), **Wellness** (fitness, yoga, beam, spa, make healthy snacks), **Advanced Gym** (vault, bars, beam floor, faster pace for those with some exp), **Princess** (karaoke, face painting, spa, Disney songs, gymnastics). **Try some different U PICK to add variety to your summer!**

U PICK Combo Camps: Choose 4 Combo Options for All Week Campers – "At a Glance" Check out all 9 weeks here! Activities for All Week: All Day (8-5pm), Half Day (8-12 AM), Half Day (1-5 AFTERNOON)

*Select Week (top row), Select Combo Camp Offered (box) *Each combo has 2 morning & 2 afternoon sessions (am/pm)

"At a Glance Morning"		U PICK Activities" Afternoon		#1	#2	#3	#4	#5	***#6	#7	#8	#9
				Jul 3-7	Jul 10-14	Jul 17-21	Jul 24-28	Jul 31-Aug 4	Aug 6-11	Aug 14-18	Aug 21-25	Aug 28-Sept 1
Tramp / Tumble	Ty's Camp / Uno Sports	X	X	X	X			X				
Gym / Tramp	Tumble / Acro		X	X				X			X	
Gym / Tramp	Creative/ Wellness	X		X				X			X	X
Tumble / Tramp	Advanced Gym / Acro		X	X				X			X	X
Tramp / Tumble	Princess/ Rhythm	X				X		X	X			X
Gym / Tramp	Tumble/ Team Sports		X			X	X		X	X		
Gym / Tramp	Creative/ Tumble	X				X		X	X			X
Tumble / Tramp	Uno Sports / Ty' Camp							X		X		

Final decision... do you need Extended Camp Care? Register on-line for "Breakfast Club": 7-8 am add \$35 per week or \$8 a day. Plus "After Camp Care" until 6pm: \$5 per 30 minutes per child. **Pay coach each day.**

Summer Weeker: Attend 1/2 or All Day once a week, all summer

Weekly	Who For	Day	Time	Program Emphasis	Weeks Offered	Cost per week	Hourly Rate
All Day Weeker	b/g 5-12 yrs	M,T,W,Th,F	8-5	Attend camp the same full or half day all 9 weeks! You can change your day twice during the summer for vacations & make them up another week. Participate in all base camp & chose combo sessions each day attended. Need multiple days per week all 9 weeks of summer? \$652 for 2 full days, \$356 for 2 half days. Call office.	Kids attend all 9 weeks	\$326	4.03
1/2 Day Morning	b/g 5-12 yrs	M,T,W,Th,F	8-12			\$178	4.95
1/2 Day Afternoon	b/g 5-12 yrs	M,T,W,Th,F	1-5			\$178	4.95

New! Specialty Summer Weeker: Attend 1/2 day AM once a week, all summer!

Here's a great option for kids who want a SPECIAL summer activity once a week! Join "Gymnastics Weeker", "Trampoline Weeker", "Tumbling Weeker" or "Extreme Weeker". Enjoy some base camp experiences along with 2 hour of your specialty sport. Note day offered for each. You can change your day twice during the summer for vacations & make them up another week.

Weekly	Who For	Day	Time	Program Emphasis	Weeks Offered	Cost per week	Hourly Rate
Gymnastics Weeker	b/g 7-12 yrs	Monday	8-12	Full instruction on vault, bars, beam, floor	1-9	\$178	4.95
Trampoline Weeker	b/g 7-12 yrs	Tuesday	8-12	Full instruction on tramps, double mini, fast trak	1-9	\$178	4.95
Tumbling Weeker	b/g 7-12	Wednesday	8-12	Full instruction on fast trak, power tumbling strip	1-9	\$178	4.95
Extreme TNT	b/g 10yrs+	Thursday	8-12	Hey tweens... age appropriate stunts, skills, music & fun on the rope, fast trak, tramps & equipment with Ty & Dan	1-9	\$178	4.95

Working parents! Need childcare for the other half of the day? Join regular afternoon weeker and make it a whole day at Gymmies!

Summer Tot Camp-One day a week camp

Who For	Day/time	Program Emphasis	Weeks	Cost	Hourly Rate
b/g 2.5-4 yrs "pull up" trained.	M,T,W,Th,F 9:00-12:00	Attend camp the same, one day every week all summer! Includes use of all tot lot hop facilities, seat work, outdoor activities, park, water play.	All 9 wks	\$173	\$6.40

Summer Single Day "Childcare"

Daily	Who For	Day	Time	Program Emphasis	Weeks	Cost	Hourly Rate
Single Day	b/g 5-12 yrs	M,T,W,Th,F	8-5	Register on-line for occasional days around your work schedule or for a "pamper day". We appreciate knowing 24 hours before but can accommodate last minute requests. See "All Week Camp" for activities.	1-9	\$45	\$5.00
1/2 Day Morning or 1/2 Day Afternoon	b/g 5-12 yrs	M,T,W,Th,F	8-12 1-5		1-9	\$30	\$7.50

9 Week Summer Instructional Classes

Weekly	Ages	Day / Time (pick 1)	Program Emphasis	Weeks	Cost
Tiny Gym	b/g 16mth-3 yrs	Tu 6-7 or Wed 5-6 or Th 4:30-5:30	Held in tot lot hop room, includes gymnastics circuit, tramp	Held all 9 wks	\$160
Primary Gym	b/g 3-5 yrs	Tues 5-6 or Wed 6-7	Held in tot lot hop room, includes gym, tramp, foam pit using		\$160
Intermediate Gym	6yrs+	Tuesday 7-8, Thursday 8-9	Held in main gym on vault, bars, beam, floor, fast trak		\$160
Trampoline	b/g 5+ yrs	Tiny (5-6 yrs) Tuesday 4:30-5:30 Junior (7-8yrs)-Thursday 5:30-6:30 Senior (9yrs+)- Tuesday 8:00-9:00	Pit, mini, double mini, and full tramps in main Gym following Cangym progressions		\$160
Sparkle 2 hr	g 4-5 yrs+	Monday 6:00-8:00	Fun introduction of body shapes, conditioning & skills following the Ontario Development Program with competitive coaches		\$220
Twinkle 2 hr Aspire 2 hr	g 6-7 yrs+ Girls 8yrs+	Mon 4-6, Wed 8:30-10:30, Th 5-7 Tuesday 9-11, Thursday 7-9	More advanced training with competitive GRG senior coaches for girls who have completed red badge		\$220
Combo (gym/tramp)	Junior b/g 6-8 yrs Senior b/g 9 yrs+	Thursday 6:30-8:00 Wednesday 7:00-8:30	30 minutes of tramp & 1 hour of progressive Cangym apparatus in main gym		\$180
Tumble for Dance	Junior b/g 6-8 yrs Senior b/g 9 yrs+	Thursday 5:30-6:30 Mon 6:30-8:00	Learn progressions for walkovers, flips, aerials, saultos, using our tumble strip, fast trak, plus tramps & conditioning with Director Jodi MacLeod		\$160 \$180
Dan's Super T & T b/g 7yrs+ with exp	Super tumble: Tu 6:30-8:30, Th 3-5, Fri 3:30-5:30 Super tramp: Tu 5:30-7, Th 10:30-12, Fri 11-12:30		Continue your learning with our Director & National Coach Dan Wardley. Dan has time in his schedule & space to grow his competitive tramp & tumbling programs. Don't miss this great opportunity		\$220 \$180