

WITHDRAWAL FROM CLASS:

You must give the Office a two week *advance* notice of withdrawal *in writing*. You may email the Gym or write a note. **You are responsible for payment for the week we receive your written notice of withdrawal And for the next two weeks after we receive your written withdrawal notice.** **Verbal notices of withdrawal to our staff or to the Office are Not valid withdrawals.** **Email notices of withdrawal to coaches or instructors are Not valid withdrawals.**