## JAMMIN' DANCE & FITNESS CENTER SCHEDULE 2020

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00-10:00 am  ZUMBA  All Levels - Class Includes Toning  By Kay  Class held at Town Hall	NEW!! 9:00-10:00 am BUTI Yoga Class All Levels By Angela Garcia	9:00-10:00 am <b>ZUMBA</b> All Levels - Class Includes Toning  By Kay  Class held at Town Hall		9:00-10:00 am <b>ZUMBA</b> All Levels - Class Includes Toning By Kay  Class held at Town Hall	8:30-9:30 <b>ZUMBA</b> Class Includes Toning <b>By Kay</b>
	10:30 - 11:30 pm "All Inclusive" ZUMBA By Kay		9:30 - 10:30 pm "All Inclusive" ZUMBA By Kay		NEW!! 9:30-10:30 am BUTI Yoga Class By Angela Garcia
12:00 - 2:30 pm Reserved for Private Lessons	11:45 - 12:30 pm "Chair" ZUMBA By Kay Lower Impact	10:30am - 11:30 am Reserved for Private Lessons	10:45 - 11:30 am <b>Chair ZUMBA</b> By Kay Lower Impact	10:30am - 12:30 pm Reserved for Private Lessons	
3:30 - 4:30 pm <b>Beg. Lyrical</b> <b>By Joellene</b> Ages: 8 - up		11:30 am - 12:00 pm <b>Baby/Toddler Ballet By Joellene</b> Ages: 3 - 6	4:30 - 5:30 pm Reserved for Private Lessons	3:30 - 4:30 pm <b>Beg. Hip Hop</b> <b>By Joellene</b> Ages: 6 - 10	Creative FUN Day Art•Craft•Dance•Games By Kay
4:30 - 5:30 pm Inter/Adv Lyrical By Joellene Ages:Teen 13 - up	2:30 - 5:00 pm  Scottish Country  By The Corrigans  Children's Class	2:30 - 3:30 pm <b>Ballet I</b> <b>By Joellene</b> <i>Ages: 6 - 9</i>	5:00 - 5:30 pm <b>Creative Dance I</b> <b>By Kay</b> Ages: 3 - 6	4:30 - 5:30 pm Inter/Adv Hip Hop By Joellene Ages:Teen 10- up	Class is held once a month, on the 4th Saturday of the month 10:30 am-12:30 pm
	5:00 - 5:30 pm <b>Youth Tap II</b> <b>By Kay</b> Ages: 8 - up	3:30 - 4:30 pm <b>Ballet I/II</b> <b>By Joellene</b> Ages: 8 - up	5:30 - 6:00 pm  COMING SOON!  "Family" Zumba  Classes starting in Spring	5:30 - 6:30 pm <b>Pumps - Jazz</b> <b>By Joellene</b> Teen - Adults	New Studio Parties Coming soon
6:00 - 6:30 pm <b>"Chair" ZUMBA</b> By Kay	5:30 - 6:00 pm KidsTeam Z Zumba By Kay Ages 7 - up	4:30 - 5:30 pm <b>Ballet and Point By Joellene</b> Ages:Teen - Adult	6:00 - 7:00 pm <b>Youth Belly Dance</b> <b>By Vahana</b> Ages: 7 - 15		April 4th, Spring Cookie Party! July 11, Disney Party! Reserve your spot before they fill!
6:30 - 7:30 pm <b>Zumba</b> All Levels  Class Includes Toning  By Kay	6:00 - 6:30 pm <b>Youth Tap II</b> <b>By Kay</b> Ages: 5 - up	5:30 - 6:30 pm <b>ZUMBA</b> AII Levels  Class Includes Toning  By Kay	7:00 - 8:00 pm <b>Adult Belly Dance</b> <b>By Vahana</b> Ages:Teen - Adults	7:00 - 8:00 pm  Swing Dance  By the Trainors  Singles/Couples Welcome!	
6:30 - 7:30 pm <b>Adult Tap - Beg By Kay</b> Ages:Teen - Adult	Coming soon Evening Yoga!!!	6:30 - 7:30 pm <b>Adult Tap II</b> <b>By Kay</b> Ages:Teen - Adult	8:00 - 9:00 pm Belly Dance Troupe "Jewels of the North" By Vahana		