

## 2023 Long Run Results

### Your Choice Ultramarathon

Any Day 2023

Anywhere in the World

Circuit race participation will be awarded for an ultramarathon of your choice. No points awarded, but if a member were to run 6 circuit races (4 for age 14 & under) and an ultramarathon, that would fulfill the requirement for 7 races (5 for age 14 & under) to qualify for a circuit award.

Updated 8/6/2023

Name	Miles	Total Miles	Race	Finish Time	Circuit Credits
Mark Bowman	31.0	31.0	Paleozoic Spring 50K	6:29:38	5
Angela Freeman	31.0	31.0	Kettle Moraine 50K	9:04:23	6
Efrain Huerta	31.0	162.9	Frozen Gnome 50K	6:31:10	2
	31.0		Kettle Moraine 50K	6:13:13	
	100.0		Potawatomi 100 Mile	30:37:56	
	31.9		BUTTT	6:00:00	
Lily Medina	31.0	94.8	Frozen Gnome 50K	5:54:24	1
	63.8		Kettle Moraine 50K	9:04:21	
	31.0		BUTTT	12:00:00	