

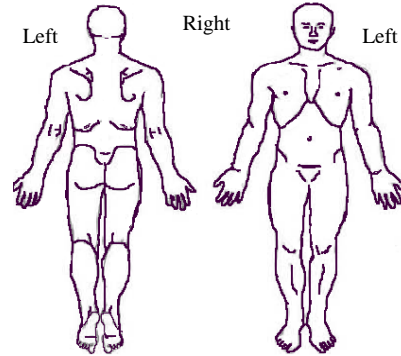
Name: _____

Date: _____

PAIN QUESTIONNAIRE

Where is your pain? _____

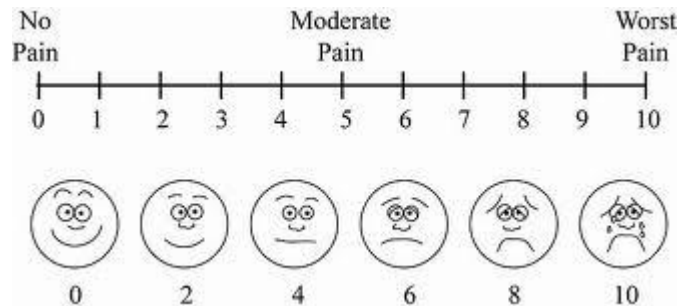
Mark an X where you are experiencing your pain.



Circle the words how you would describe your pain:

- | | | | |
|------------|-----------|------------|----------|
| Dull | Throbbing | Shock-like | Pulling |
| Ache | Sore | Stabbing | Piercing |
| Sharp | Burning | Tender | _____ |
| Shooting | Heaviness | Pressure | _____ |
| Lacinating | Gnawing | Cramping | _____ |

Using the 0-10 scale (0=no pain 10=worst pain imaginable) , please circle the number for your current pain level (C) worst (W) and best (B) over the past week.



What medications/dosage have you taken for pain over the past week?

How often does it hurt? Constant Intermittent AM PM Sometimes

What relieves your pain?

Rest Ice Heat Activity Medication _____

What aggravates your pain?

Activity _____ Position _____ _____

Cough Standing Sitting

What other problems are there because of the pain?

Appetite Loss Change in Activity Difficulty Thinking Irritable Loss of Sleep

Nausea/vomiting _____