

Main Passage: Psalm 73:23-26,28

God created man to be in community with one another.

- 1) The Lie of loneliness: “Loneliness means I am alone.”

The Truth: “Loneliness strips away the **external** comfort of those around me, driving me to find **comfort** in Christ alone.” (2 Corinthians 1:3)

- 2) The Lie of loneliness: “I am the only one who has suffered like this, and no one will ever be able to understand my pain.”

The truth: “Christ will not ask me to **suffer** anything he himself has not **already** suffered.” (2 Corinthians 1:5-6)

- 3) The Lie of loneliness: “A loving God wouldn’t make me take such a lonely road.”

The Truth: “A loving God sent his own **Son** down the **loneliest** road ever known to man so that I would never have to walk any road **alone.**” (Hebrews 12:3)

Our defense to loneliness is our **community.**