

6th Annual

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**McGill Summer  
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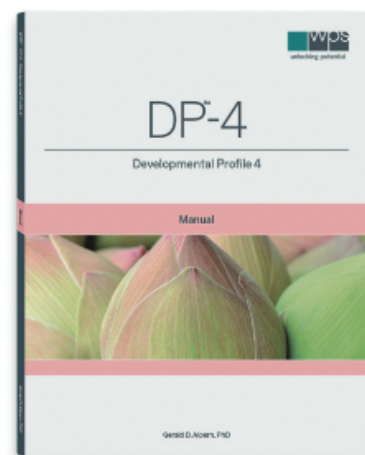
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## A MESSAGE FROM THE CHAIR



On behalf of the 2022 SISP Organizing Committee, it is with great pleasure and honor to welcome you to the sixth edition of the McGill Summer Institute for School Psychology (SISP). We invite psychologists, mental health professionals, and students from Canada and beyond to our two-day conference to share their knowledge, reconnect with one another, and exchange their ideas through our online format. Our committee has worked hard to invite scholars from Quebec and the United States to share their expertise in their fields with all attendees. This year we are pleased to have such diverse workshops which will contribute to everyone's clinical and research work. I would like to thank all of the committee members for their hard work and dedication during the past year in ensuring that the conference will run smoothly and securing our speakers and sponsors. Without the committee, this conference would not be here today. We hope that you have an amazing experience at the sixth edition of SISP. Welcome!

## A MESSAGE FROM THE CONFERENCE CO-CHAIR

It was an honor to have co-chaired the SISP Conference and worked alongside fellow committee members this year. I greatly appreciate each committee member's role in helping bring forth this conference to the school psychology community, especially with evolving changes of the pandemic. I want to specially thank our Chair, Samantha Scholes, who has been wonderful a mentor in helping me get accustomed to SISP. I would also like to thank the volunteers who have been very gracious with their time in helping us this year! The committee is thrilled to see the conference come to light and we look forward to the exciting workshops, Fast 5 competition, and poster presentations. Please enjoy!



## A WORD FROM DR. STEVEN R. SHAW



On behalf of the School and Applied Child Psychology program at McGill University, it is my great pleasure to welcome you to the 6th Summer Institute in School Psychology. As one of the leading research and clinical universities in Canada, we strongly support professional development and implementation of evidence-based practices for school psychologists. We hope you find the Summer Institute stimulating, insightful, and useful for your work in improving the lives of children and youth. Enjoy the conference and we hope to see you next year!

Associate Professor, McGill  
School and Applied Child  
Psychology

# ORGANIZING COMMITTEE

## Co-Chair, Community Engagement - Hagit Malikin



Hagit Malikin is a second-year doctoral student in the School/Applied Child Psychology Program at McGill University. She received her undergraduate Honours degree in Psychology from Concordia University in 2018. She is part of the Childhood Anxiety and Regulation of Emotions (C.A.R.E) Research Group and is supervised by Dr. Tina Montreuil. Her research interests reside in parent-child attachment and the influence of such relationship on child development. Her masters research project examined the effect of parent-child relationship quality on the development of child emotion regulation.

## Co-VP Academic - Jessica Lai



Jessica Lai is a second-year doctoral student in the School/Applied Child Psychology program at McGill University. She is supervised by Dr. Jacob A. Burack and is a member of the McGill Youth Study Team (MYST). Her research interests include identifying and understanding social, cultural and community determinants of academic performance among Indigenous youth in Canada. Jessica completed her BA in Psychology at the University of British Columbia and her MEd in Educational Psychology at McGill University.

## Co-VP Academic - Annie Shiau



Annie is a first-year Master's student in the School/Applied Child Psychology program at McGill. She received her undergraduate degree in Psychology at McGill. Currently, she is supervised by Dr. Shanna Williams, and her research interests include peer disclosure and how children speak to their peers about sexual abuse.

## VP Sponsorship - Matthew Baker



Matt is a second-year Master's student in School/Applied Child Psychology at McGill University. Under the supervision of Dr. Shanna Williams, Matt's current research primarily involves forensic interviews with children who have been maltreated and victims of commercial sexual exploitation. His master's research is investigating healthcare providers' knowledge and questioning practices of pain in children who have been maltreated. Matt's SISP responsibilities include advertising initiatives, seeking and engaging with prospective sponsors, and developing professional relationships with partnering organizations.

# ORGANIZING COMMITTEE

## VP French Representative - Rachel Michaud



Rachel is a second-year doctoral student in the School/Applied Child Psychology (SACP) Program at McGill University. She holds a bachelor's degree in psychology from Université Laval and a master's degree from the SACP program. She is part of the Childhood Anxiety and Regulation of Emotions (C.A.R.E) Research Group and is supervised by Dr. Tina Montreuil. Her research interests include anxiety, emotional regulation, and the impact of such concepts on learning in school-aged children. In her role as VP French Adaptation, Rachel is responsible of the French adaptation of SISP's communications and publications. She also collaborates with other VPs in the organisation of the French sections of the conference, podcast, and blog.

## VP Advertising Coordinator - Erika Infantino



Erika is a first-year Master's student in the School/Applied Child Psychology program at McGill University. She completed her undergraduate degree at Concordia University, majoring in Honours Psychology with a minor in Multidisciplinary Studies in Science. Currently, she is being supervised by Dr. Steven Shaw. Her research interests include youth peer relations, the role of inclusive education, and the current research to practice gap in individualized education plans (IEP).

## VP Editor - Michael Naoufal



Michael is a first-year Master's student in the School/Applied Child Psychology Program at McGill University. He completed his undergraduate degree at McGill, majoring in Psychology with a minor in Sociology. He is a part of the Childhood Anxiety and Regulation of Emotions (C.A.R.E) Research Group and is supervised by Dr. Tina Montreuil. His research interests include childhood and teenage resilience, and its' impact related to emotion regulation and anxiety. As VP Editor, Michael will be responsible for editing the SISP podcast and assisting in the recruitment and interviewing of guests.

# ORGANIZING COMMITTEE



## VP Communications - Samantha Bouchard

Samantha Bouchard is an MA2 Student in the School/Applied Child Psychology program. She is supervised by Dr. Marie-Claude Geoffroy. Her MA research aims to examine the impact of childhood sexual abuse on adulthood economic outcomes. Samantha has undertaken the role of VP-communications, where she is responsible for SISP's communications.



## VP External - Shayla Chilliak

Shayla Chilliak is an MA2 student in the School/Applied Child Psychology program. She completed her Bachelor's degree at Concordia University, where she conducted her Honours research on the topic of mental health outcomes of children of parents with bipolar disorder. Under the supervision of Drs. Tina Montreuil and Armando Bertone, her current research focuses on emotion regulation and peer relationships in children with autism. She is particularly interested in the development of social and emotional interventions for children with autism. Shayla is serving as the VP External on this year's SISP organizing committee, and is responsible for communication and coordination to secure OPQ and CPA accreditation.





# SISP 2022 CONFERENCE SCHEDULE

Time Zone: EST

## THURS MAY 26

**8am-9am:**  
Q/A Conference Period

**9am-12pm:**  
Dr. Marie-Hélène Pennestri  
Sleep in children &  
adolescents: Why is it  
important, how does it work &  
how can we improve it?

**1pm-4pm:**  
Dr. Stacy A.S. Williams  
Self-care & advocacy: Meal  
preps for the soul

**4pm-5pm:**  
Fast 5 Presentations

## FRI MAY 27

**9am-12pm:**  
Dr. Gerry Weintraub &  
Dr. Elana Bloom  
The changing landscape of  
school psychologists

**12pm-1pm:**  
Poster Presentation Q/A

**1pm-4pm:**  
Dr. Shanna Williams  
Interviewing children:  
Rapport building, question  
type, and forensic practices

THURSDAY MAY 26 2022



Marie-Hélène Pennestri Ph.D.

Sleep in children & adolescents: Why is it important, how does it work, & how can we improve it?

9:00 AM - 12:00 PM EST

### Summary of Workshop

In this presentation, both a clinical and research-based approach will be used to offer a definition of sleep and sleep health. Some topics to be covered include the biological and psychosocial determinants of sleep, different measurement tools, the importance of sleep hygiene, routine and sleep environment, and the main pediatric sleep disorders. Case studies and major myths will be used to provide an interactive learning experience for participants during the workshop.

### Learning Objectives:

- a) To better understand the importance of sleep in child development
- b) To learn about the biological and psychosocial determinants and correlates of sleep
- c) To understand the main sleep-related challenges in children and adolescents
- d) To explore how it is possible to better help families with sleep hygiene, routine, and environment, while respecting their values and culture.

Dr. Marie-Hélène Pennestri is an Assistant Professor in the Department of Educational and Counselling Psychology, McGill University. She is also a Regular Researcher at the Integrated University Health and Social Services Centres (CIUSSS) du Nord-de-l'Île-de-Montréal. She completed her Ph.D. in Psychology at the Université de Montréal while training at the Center for Advanced Research in Sleep Medicine. She then pursued postdoctoral training at the Douglas Mental Health University Institute (McGill University). Her research program aims to investigate the development of the sleep-wake cycle in infants, children, and adolescents, from a developmental and familial perspective. She also investigates associations between sleep and mental health in vulnerable populations. Her research program is funded by main federal and provincial agencies, such as the Canadian Institutes of Health Research, the Social Sciences and Humanities Research Council of Canada, and the Fonds de recherche du Québec. She has a multidisciplinary approach, and her projects integrate both physiological and psychological measures. In addition, Dr. Pennestri is a clinical psychologist working with children, adolescents, and their families at the Pediatric Sleep Clinic of Hôpital en santé mentale Rivière-des-Prairies. She regularly shares her knowledge and research results with parents and professionals. She draws from her experiences and questions as a clinician and mother to guide her study choices.

THURSDAY MAY 26 2022



Stacy A.S. Williams Ph.D.

Self-care and advocacy: Meal preps for the soul

1:00 PM - 4:00 PM EST

### Summary of Workshop

The presentation will examine the relationship between advocacy and self-care. Attendees will learn about resources to support diverse communities exposed to trauma (i.e., medical, or racial) and will learn how to curate self care routines linked to their core values.

### Learning Objectives:

- a) examine the relationship between toxic stress/racial trauma and achievement
- b) explore the relationship between social justice advocacy and racial trauma
- c) examine the dynamics between advocacy and self-care
- d) identify sustainable selfcare routines

Dr. Stacy Williams is an Associate Professor at Marist College, a Licensed Psychologist and Certified School Psychologist in New York State. Dr. Williams serves on the Trainers of School Psychologists (TSP) executive board as President-Elect. At the state level, Dr. Williams is the Treasurer of the New York Association of School Psychologists (NYASP). A practitioner scholar, Dr. Williams' years of working with groups of K-12 at-risk learners in both urban and rural communities have given her clear insights into the frustrations, challenges, and joys of working as a school psychologist. She has consulted with Instructional Support Teams (IST) working closely with key stakeholders integrating multi-tiered systems of supports (MTSS) at the IST level. Dr. Williams has also consulted internationally, bringing MTSS strategies to rural classrooms in Jamaica, her home country. Dr. Williams researches and provides training in social justice, creating inclusive classrooms, academic and behavioral interventions, data-based decision-making for teachers, and university/school partnerships.

**FRIDAY MAY 27 2022**



**Gerry Weintraub Ph.D. &  
Elana Bloom Ph.D.**

**The changing landscape of school  
psychologists**

**9:00 AM -12:00 PM EST**

### Summary of Workshop

Their presentation will explore shifts in the role of the school psychologist as it has evolved from an assessment-based learning focus to intervention, prevention, and promotion of mental health and well-being. The workshop will consider how a Multi-Tiered System of Support (MTSS) enables the school psychologist to guide schools with universal approaches and programs that promote mental health and well-being for all students, more targeted programs geared to prevention and identification of at-risk students, and collaboration with community resources to support students with mental health disorders.

### Learning Objectives

- a) Learn about evidence-based practices in school-based mental health promotion, prevention and intervention.
- b) Understand the variety of clinical approaches that can be effective in the practice of school-based mental health.
- c) Explore service delivery models pointing to the most effective roles for the school psychologist
- d) Develop the capacity to reflect on the psychologist's skills and abilities in conjunction with the needs that present in the school setting

Dr. Gerry Weintraub is a psychologist who has worked in schools for over thirty-six years. He is currently coordinator of the Centre of Excellence for Mental Health, a Ministry of Education resource with the mandate to support Quebec English School Board educators with best practices to promote positive mental health, and to prevent and intervene with mental health problems. He has been a leader regionally and nationally in developing and elaborating models and approaches to school-based mental health through the organization conferences and webinars, participation in communities of practice and published articles on the subject. Areas of particular interest include conceptualization and implementation of policies and procedures for school based response to traumatic events, suicide prevention and prevention of non-suicidal self-injury (NSSI). Dr. Weintraub has also been a faculty lecturer at McGill University, Faculty of Education.

Dr. Elana Bloom is a psychologist, who worked at Lester B. Pearson School Board for more than 17 years in various roles. At the start of her career, she worked as a psychologist in elementary and high schools. She then assumed the role of the Coordinator of the Center of Excellence for Mental Health, a Ministry of Education mandate to build capacity among school staff in the area of mental health across the province. While maintaining her role as coordinator of CEMH, she also assumed the role of coordinator for the Family, School, and Support Treatment Team, comprised of behavioral technicians and consultants who provide support to students, parents' and school staff focused on social-emotional learning, trauma-informed practices, and solution-focused approaches. She has also been a sessional instructor at McGill and Concordia University. Currently, Dr. Bloom is the Manager of the Access Center for Students with Disabilities within Campus Wellness and Support Services at Concordia University. Dr. Bloom and her team work with students, faculty, and other university stakeholders to reduce barriers to academic participation, raise awareness about disability and accessibility, and engage in community-building to promote an inclusive environment at Concordia. She has published numerous peer reviewed papers and co-authored book chapters, in addition to having a community-based clinical private practice.

FRIDAY MAY 27 2022



Shanna Williams Ph.D.

Interviewing children: Rapport building, question type, and forensic practices

1:00 PM -4:00 PM EST

### Summary of Workshop

During the current workshop attendees will be introduced to interviewing methods used with children and youth. A review of forensic interviewing practices used with children and youth who have alleged, or are suspected of experiencing physical, sexual, and/or neglect will be reviewed. Attendees will learn techniques for building rapport with children and youth during an interview. Dr. Williams will review various forms of questions, and which are most productive in an interview, while also minimizing suggestion. Finally, a review of interviews with children will be provided to highlight some of the methods discussed during the workshop.

### Learning Objectives

- a) To review the steps of a forensic interview
- b) To conceptualize best practice approaches for facilitating disclosure during an interview with a child or youth
- c) To understand the basic principals of narrative practice and rapport building
- d) To identify and recognize various forms of question type

Dr. Williams is an Assistant Professor in the Department of Educational and Counselling Psychology, in the Faculty of Education at McGill University. Prior to joining the Department, she was a visiting postdoctoral fellow at the University of Southern California's Gould School of Law. As a registered psychologist in the provinces of Quebec and Ontario, Dr. Williams has clinical experience in hospital, school and community agencies. She has worked with maltreated populations while conducting forensic interviews for various law enforcement agencies in Los Angeles. Her research focuses on interviewing children and youth in forensic and medical settings. She specializes in conducting interviews with children and youth, with an emphasis on the disclosure process.

THURSDAY MAY 26

Fast 5 presentations

4:00 PM -5:00 PM EST

Julie Quadrio

Creating a front-line transcultural community mental health clinic for Montreal-North youth

Caroline Trinh

L'expérience de changements d'école vécu par des jeunes en situation de placement en centre de réadaptation et en foyer de groupe : Mieux la comprendre pour mieux accompagner

Noémie D'Amours

Excessive gaming and adolescent dating relationships quality

Iva Stoyanova

Perceived injustice as a predictor of PTSD symptom severity following occupational injury

Rachita Batra

Measuring achievement goal pursuit and well-being in post-secondary students with disabilities with a focus on students with learning disabilities

FRIDAY MAY 27

## Poster Presentations

12:00 PM -1:00 PM EST

Mihaela Zlatanovska

Interactive Effects of Family and Friendship Features on  
Child Global Self-Worth

Sloan Kooshan Moghadaszadeh

Mental health of transmasculine individuals during the  
second year of the COVID-19 pandemic

Jeanne Berthod

Predict, prevent and manage moral injuries in front line  
health care workers and leaders facing COVID-19  
pandemic: Qualitative component

Sarah Kalouze

Influence of parental intelligence and failure mindsets on  
failure feedback

Deziray De Sousa

The impact of control victimization on adolescent dating  
relationship quality

FRIDAY MAY 27

Poster Presentations (CONT)

12:00 PM -1:00 PM EST

Alexa Servant

The effects of a school-based group music-making program on engagement behaviours of autistic adolescents

Julia Fuoco

Open Sky School: A randomized controlled trial to test the effectiveness of a nature-based outdoor education program among underprivileged children during the COVID-19 pandemic

Emily Rowe

Cannabis use disorder in Canadian adults: Profiling demographic and socioeconomic factors, mental health diagnoses and conditioning, and life experiences

Rose-Marie Guérard

The influence of episodic memory on empathy: Exploring the links between event details, empathic accuracy, and empathic concern



FRIDAY MAY 27

Poster Presentations (CONT)

12:00 PM -1:00 PM EST

Shannie Roberge

Instagram et les jeunes adultes : Effet des comparaisons  
sociales sur l'estime de soi

Noah Pevie

Emotional information suppression in clinical  
populations: A meta-analysis

Sophia Hanna

The influence of bystander role and age on moral  
evaluations of bystanders in cyberbullying

# SISP INITIATIVES

*Let's Talk: Youth Psychology Blog*

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*Let's Talk: Youth Psychology Podcast*

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SISP aims to provide professionals and the community with evidence-based information on social and emotional development, health, mental health, school functioning, and education. As part of this mission, we are extending our mandate to include the production of a blog series, which aims to share knowledge on topics related to child, adolescent, and young adult development. Our intended audience is school psychologists, educators, parents, and anyone else working with children and adolescents.

We are always searching for podcast speakers and blog writers to share their knowledge and research.

If interested, please contact us at  
[sispacademic.ecp@mcgill.ca](mailto:sispacademic.ecp@mcgill.ca)

**We look forward to collaborating with you!**

# SISP BLOG 2022 RECAP

## Let's Talk: Youth Psychology

# Blog



**Learning with Confidence**  
Dr. Carolyn Baer



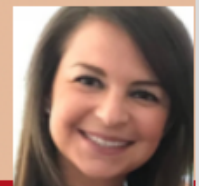
**Every Supersenser Needs a Superparent**  
Dr. Melissa Stern



**Supporting Bilingual Struggling Readers**  
Krystina Raymond, MA, Dr. Kathleen Hipfner-Boucher, & Dr. Xi Chen



**Emotions & Academic Performance**  
Dr. Lia M. Daniels



**Prioritizing Sleep in Children**  
Dr. Jamie Cassoff



**Students Snooze Their Way to Success**  
Dr. Reut Gruber, Gail Somerville, MEd, & Dr. Cindy Finn



**How Parents Can Manage Conflicts Between their Children**  
Samantha Burns, MA, Sumayya Saleem, MEd, Calpanaa Jegatheeswaran, MA, & Dr. Michal Perlman

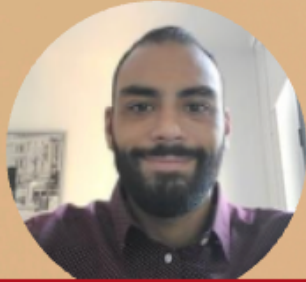
**Why Nature, Mindfulness and Virtual Reality Might be The Ideal Salve for Challenging Times**

Isabel Sadowski, MA, & Dr. Bassam Khoury

<http://www.mcgillschoolpsychinstitute.com>

# SISP PODCAST 2022 RECAP

## LET'S TALK: YOUTH PSYCHOLOGY PODCAST



The Role of Siblings  
Dr. Ryan Persram



Youth Social Isolation  
Dr. Maria Loades



An Overview of  
ASD  
Dr. Erwin  
Neumark



Eating Disorders  
during COVID-19  
Dr. Alissa  
Rubinfeld



Children's Lie-  
Telling  
Dr. Victoria  
Talwar



Positive Psychology  
Louisa Jewell



Non-Suicidal Self Injury  
Dr. Janis Whitlock

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# Special thanks to:

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Jessica Tobia

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Dr. Karen Gazith

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Thank you for attending!  
We hope to see you next  
year for SISP 2023

Have questions?

Contact us [infosisp.ecp@mcgill.ca](mailto:infosisp.ecp@mcgill.ca)

