

## COURSE MEASUREMENT SUMMARY SHEET

EVENT *Keep on Running*

LOCATION: *Sathaye College Parla Mumbai, INDIA*

DATE: *26.06.2016*

Promoting Organization: *Keep on Running*

Name & Address of

Race director Hemant Habale - Bandra E

Tel: 9324221540

Email:

Distance: *not less than 10000m*

Measured by: *Amir Shandiwan*

Date: 09.06.2016

Measurement method:

*Jones counter mounted on bicycle wheel*

Elevation, if not same, of: START m FINISH m

Distance, in a straight line, between start & finish: *identical*

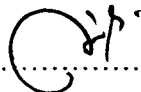
### Description of the Course

- i) Terrain: *flat*
- ii) Race surface *asphalt roads;*
- iii) Course configuration: *2 loops of the define course(*

### Measurement Details

- i) Section of road available: *entire width of carriageway or road*
- ii) Line to be taken at turns: *shortest route*

SIGNED: .....



DATE: *2016-06-02*

Keep on Running –Parla Mumbai India

Mumbai , INDIA

11<sup>th</sup> June 2016

The define route for 10 KM run would be 2 loops of approx 5 km each.



Venue and holding inside Parla College measured internal college area from Point A ( Gate No2 ) to Point B(Gate No 1) total distance 150 Mtrs – Start point as decided by organizers to be between- Gate No1 n Gate No 2 i.e 94 m from Gate No1 .

Start Point –Electric Pole of Class Room No8.

Counter measurement to start from gate no 1

The 300m calibration course set up at BKC Mumbai as I could not find any clear path for calibration close to the venue . I first finished the calibration at Bandra BKC road and then started measuring the route from the defined start point and took reference at important junctions and turn point .As the route was predefine by the organizers it was easier to take references at different point. .

Internal measurement taken by tape would be added to the final counter measurement.

### CALIBRATIONS

On 300m steel-tape measured calibration course In BKC Diamond Bush yard Road 2nd June 9, 2016 10pm

#### Pre-measurement, 22.00

start	end	reading
66046	69330	3284
69330	72614	3284
72614	75898	3284
75898	79182	3284
79182	82467	3285
82467	85751	3284

#### Post-measurement, 0:10

start	end	reading
40500	43784	3284
43784	47068	3284
47068	50352	3284
50352	53636	3284

Average – (3284.16 x 1.001/300m)

Working Constant: 10.95814/m

Constant for the Day (average) = **10.95785/m**

Average – 3284 (x 1.001/300m)

Finish Constant: 10.9576 /m

*Tape Reading* – From Gate No 2 to Start line -56m  
 Start Line to Gate No 1 – 94 m  
 Total -150 Mtrs from Gate No2 to Gate No1

Reading	Counts	Distance	Adjusted dist.(m) (distance from start Pt)	Location
<i>c = 10.9578/m</i>				
86000	00000	0000 m		I
86818	818	74.64m	74.64m + 94m	Gate No 2 on Dixit Road
97077	10259	936.19m	1010.84m + 94m	Pole No QBD/063 Paranjpe Scheme Rd
107783	10706	976.99m	1987.83m + 94m	Pole No QBD/061 Shahaji Raja Rd
118840	11057	1009.02m	2996.85m + 94m	Pole No QAV 006/008 Mg Road
124184	5344	487.67 m	3484.53m + 94m	Pole No NP Thakkur Road Sign Board
129878	5694	519.61m	4004.14m + 94m	Pole No QAV/020/018 Sant Mukta Bai Rd
139456	9578	874.05 m	4878.2m + 94m	Signboard Ramchandra Rd
139858	402	36m	4914.88m + 94m	Gate No1 back

*Adjustment = 94.18 additional to 10000 mtrs .10094.18m*

*Finish point -10000 m at gate no 1 ( 0.18m past gate no1 )*

### Location of split kilometre points

START	94m backwards from gate No 1
1km	98.55 m back ward from Pole No QBD/063 Paranjpe Scheme Rd
2km	82.04m backward from Pole No QBD/061 Shahaji Raja Rd

3km,	91.17m backward from Pole No QAV 006/008 Mg Road
4km	98.57m backward from Pole No QAV/020/018 Sant Mukta Bai Rd
5km	9.40m before gate No1

*Loop 2*

6km	88.90m before Pole no QBD/063 Paranjpe Scheme Rd
7km	72.38 m before Pole No QBD/061 Shahaji Raja Rd
8km	81.51m before Pole No QAV 006/008 MG Road
9km	88.90 before Pole No QAV/020/018 Sant Mukta Bai Rd
FINISH	0.18 m past Gate No1