

How Nature Informs Healing

Refine Your Intuition and Healing Practice Through The Spirits of Nature

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As Westerners in our high tech world, we have become grossly out of touch with nature. The four elements are powerful healing tools to restore balance. Healing Touch also restores balance and harmony in our systems. Learn how to bring greater balance through a deeper understanding of the four elements into your practice. When we know who and what we are as nature, we can then deepen balance within our clients by recognizing who they are. This recognition gives a deeper understanding of anyone's system and what may be out of balance.

Robin White Turtle Lysne will offer you an overview of her studies of Umbanda, where she learned the refined details of a person's elemental nature by studying in Sao Paulo, Brazil with Pai Buby and Tina de Sousa, head priest and priestess of Temple Guaracy. Through the elements or Orixás, one can better comprehend ours selves.

The presentation will include slides of the Orixá's, what and who they are, and how they are represented in art and music in Brazil and how they help us understand not only our elemental nature, but also the dynamics of movement through the various elements. Lysne will use slides and then guided imagery, to help you get in touch with your own power as an element of nature.

As you become more aware of the Orixás in yourself, you refine your practice to help both yourself and your clients. By the time you leave her workshop, you will experience the particular elements within yourself and take home tools for you to use in your work. Join her for this fascinating discussion and experience.