

AMANA CHURCH SOCIETY NEWS

The Amana Church Service will be live streamed from the church in Amana on Facebook, July 12, 2020 starting at 10:00 a.m. with Elder Betsy Momany presiding.

Opening Hymn: "Wer Jesum bei sich hat" No 1073 v 1-3, Seite 1050

Testimony: Christian Metz, April 13, 1824

Scripture: Matthew 16:24-28

Psalm 16

Closing Hymn: "If Jesus Walks With You," No. 63 v 4-6

Wednesday Nachtgebet live stream on Facebook at 7:00 p.m.

Saturday Fellowship live stream on Facebook at 5:30 p.m.

Services also available later on YouTube ("The Amana Church" is our channel).

Melody 141



1073 Mel. O Jesu, lehe mich, wie ich. Art 141

1. Wer Jesum bei sich hat, kann feste stehen, wird auf den Unglücksmeer nicht untergehen: wer Jesum bei sich hat, was kann dem schaden? sein Herz ist überall mit Trost beladen.

2. Wer Jesum bei sich hat, der hat den Himmel, wünscht zu verlassen nur das Weltgetümmel: wer Jesum bei sich hat, der lebt vergnügt mit dem, was Gott und Glück ihm zugefüget.

3. Wer Jesum bei sich hat, der mag nicht haben die Eitelkeit der Welt und ihre Gaben: wer Jesum bei sich hat, hat g'nug auf Erden, und kann in Ewigkeit nicht reicher werden.

FUNDRAISING OPPORTUNITIES

Is your nonprofit or organization looking for fundraising opportunities? Contact Elise at the Amana Colonies Festivals Inc. at 319-622-7010 for details!

AMANA COMMUNITY LIBRARY UPDATES TO CURBSIDE PICKUP SERVICE!

The library is now offering Curbside Pickup Service. Pickup times are Tuesday and Thursday from 9-11 a.m. and Wednesday from 3-6 p.m.

Patrons should email Heather Fox at heatherfox@ccaschools.org to request books and movies. You can also call the library at (319)622-3192. If we are unable to answer, please leave a message and we'll get back to you. After making requests, patrons will receive an email or phone call letting them know their items are ready to be picked up. The items patrons request will be placed inside a plastic bag. The bag will have a piece of paper attached with the patron's name. There is a cart sitting by the library doors at the outside entrance. The bags will be on top of the cart so you can stop by at your convenience during our dedicated pickup hours. If you prefer to not have a name on your bag, let us know and we can run it out to your car.

All returned items will be quarantined for five days to ensure the safety of our patrons and staff. After five days, the returned items will be checked in and put back into circulation. Please continue to return materials in the dropbox outside. We are being very flexible with due dates at this time.

You can access our Online Catalog through the CCA Website on either the Amana Library or Amana Elementary page. Like us on Facebook: Amana Elementary School & Community Library for updates and more information. Call if you need book suggestions or have other concerns. Thank you for your continued support!

Heather Fox

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On-line at: amanacoloniestoday.com
email: amanaprintshop@southslope.net

AMANA NEWS AND NOTES

Emergency Grants to Two Local Groups

Two nonprofit organizations in the Amanas received Iowa Arts and Culture Emergency Relief Grants this summer due to the COVID-19 pandemic and its impact upon such groups

These grants provide short term financial relief to museums, historic sites and cultural groups affected by state disaster declarations, natural disasters and other forms of emergency. After the CARES Act gave states additional funding, these grants were made available in Iowa through the Iowa Arts Council.

The Amana Heritage Society received \$4,500 via the National Endowment for the Humanities and the State Humanities Plan. The Old Creamery Theatre Company received \$14,000 via the National Endowment for the Arts CARES funding. Grants may be used to support salaries, programs and pay bills.

The Amana Heritage Society has opened its sites on a limited, COVID-19 sensitive manner. In addition they've created a new "Communal Carry-out" program at the Communal Kitchen on Wednesdays. Communal style meals prepared by the Amana Meat Shop are sold via pre-order (622-3667) and can be gotten and carried out at the Communal Kitchen or eaten on-site. They've added picnic tables in the yard so that folks can dine outside. The program which features traditional Amana Colony fare has been popular. Last week over 30 diners called in for potato dumplings and creamed chicken.

The grants in Iowa ranged in size from \$1,000 to \$19,000. Grants were awarded to many state groups and sites, Orchestra Iowa, Cedar Rapids, which received \$18,000, Bruce More Mansion, Cedar Rapids which received \$14,000 and the Cedar Rapids Opera \$4,500.

They have been called "highly competitive" as the number of applications far exceeded the number of grants that could be awarded.

These grants followed a first round of grants given in April to individual artists – musicians, actors, artists who've been unable to work or perform due to COVID-19. In all 156 Iowa artists received \$1,000 each.

In a spring survey conducted for Iowa by Americans for the Arts, 255 arts and cultural organizations across the state reported a total financial loss of \$2.85 million as of April 7. On average, those organizations lost approximately \$11,000 due to closures, cancellations and increased expenses.

Nearly all of the respondents reported that they have canceled performances and other events, affecting an estimated 100,000 audience members and participants.

Sixty-two percent of respondents expect the pandemic's impact on their organization to be "severe" or "very severe." A quarter of the organizations have reduced staff or payroll.

HERITAGE SOCIETY TAKEOUT COMMUNAL MEALS

Stop by the Communal Kitchen in Middle Amana and pickup a tasty authentic meal at noon. The Amana Meat Shop will make the meal from traditional Amana recipes.

July 22nd Menu:

Swabian Meat Patties, Pan Gravy Mashed Potatoes, Hot Red Cabbage, Cold Salads, Dessert TBD

Tickets will be available for purchase beginning July 15

After you have paid online, please keep your confirmation e-mail. Print or show the e-mail on your phone when you come to pickup your meal.

If you are unable to pay online, please e-mail amanaheritage@southslope.net to reserve a meal.

Please purchase or reserve a meal by 10am on Monday, July 20 so we have an accurate number

Amana Arts Guild OPEN IN JULY
Fridays 11-3 Saturday 10-4

FEATHERS IN THE WIND

I first want to apologize for my big mistake from last year week.

I was speaking about how when women worked to get the right to vote. I said it was the 20th amendment - wrong. It was the 19th!

I have been busy picking the constitution apart and asking about different amendments so I feel truly stupid but I got this wrong.

Now then, we are having big problems over here in Homestead with garden pests.

It began with the squirrels that stripped our entire sweet cherry tree of fruit. Not one cherry was left! They did this to our English walnut and buckeye tree two years previous. Trying to get those critters is next to impossible.

Charlemagne has now trapped eleven raccoon. If you are worried that they were released near your home don't be, but I do have a list of possible people who might get a "little" gift. It's a pity that I like their wives too much to do it.

Now come the Japanese beetles. Does it ever stop or will we have to resort to pesticide?

It seems as if the deer got into the Garden the night before last and ate a strawberry plants.

One would think that the deer had enough to eat now that it's summer, and there is all sorts of crops around, but oh, no, they have to be in the garden too!

I know that these animals have a right, to live but can't they leave the Gardens alone?

B.S.H.

Lakeview Village

Assisted Living Apartments

- ❖ Meals Provided
- ❖ Housekeeping Services
- ❖ Wellness checks - Medication management
- ❖ Activities



Units Available

Call Tanya Powell for a tour 622-3131

"Experience the Comfort and Security of Retirement Living in the Amanas"

CHARLIE'S HOMESTEAD MARKET

Next to old Fire Station-West End of Town
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MASTER GARDENER TRAINING

Would you like to learn more about gardening and help with various gardening-related activities by becoming an Iowa County Master Gardener.

Fall training classes will be held in **Williamsburg from August 25th to October 27th**. The program has 11 classes held on Tuesdays from 5:00-7:00PM with self-study lessons/videos each week. There is also an all-day session October 10th at the Iowa State University campus in Ames. Participants are expected to complete 40 volunteer hours in the year following training. Cost is \$195 per person. Tuition can be reimbursed after completion of the program.

If you have questions or would like to register, please contact Pam Henry at Iowa County Extension & Outreach: pphenry@iastate.edu, 319-668-1052

TAKE A BITE: A FOODIE'S FESTIVAL

July 30-August 2, 2020

If you love to eat and drink we have the perfect event for you. This July 30th through August 2nd the Colonies will present "Take a Bite: A Three Day Food Festival" that was postponed earlier in the year. "Take a Bite" was named the Outstanding New Event by Travel Iowa and the Travel Federation of Iowa in 2019.

We will be celebrating both traditional Amana foods and more international foods with this modified version of "Take a Bite". There will be special meals along with educational seminars, hands on cooking classes and demonstrations, and special foods to be sampled.

Seminars will include noodle making, beer styles, and roulade and spatze making. Dinners include a traditional communal meal with a historic take-out twist, along with 4-course meals that pair beer or wine with each course. The special themed dinners are very popular and advance ticket purchasing is required.

Each day will feature a "Sample Strolls" which take you from shop to shop sampling different foods. You can eat your way across Amana.

Don't miss out of all the excitement and remember to bring your appetite!

Call the Amana Colonies Visitors Center for more information, 319-622-7624 or visit www.amanacolony.com

Bulletin Deadlines:
Articles & ads Tuesday 5:00 P.M.
Small/very short (1 inch) items - Wed. Noon
e-mail: amanaprintshop@southslope.net

BRIC IS BACK FOR 2020

The Bike Ride of Iowa County [BRIC] is coming back to Amana on August 8th to provide a 28 mile leisure bike ride. There is no registration fee, and bikers of all ages are welcome to join.

The 28 mile ride through the northern portion of Iowa County. BRIC will begin at Millstream Brau Haus at 11am. The bike ride will make its way through the Colonies and then enter Marengo, its halfway point, from the north before heading south to Highway 6 and returning to Amana. At 5pm, participants can gather at the Millstream Brewery for a chance to win an Amana Colonies gift certificate.

The ride is open to all and there will be live music that evening in Amana. Check out BRIC on Facebook by visiting "Bike Ride of Iowa County" for more updates.

REMINDER CONCERNING SOUTH DUMP

What is commonly referred to as the South Dump, is private property and **only** for the use of Amana Society stock holders living within the Amana Colonies, and may be under 24 hour photo surveillance.

Absolutely No burning is permitted at the South Dump. Burning is dangerous and not compliant with DNR Regulations.

Only organic compostable yard refuse is allowed, and users **must** empty & remove plastic bags or other containers used to transfer yard waste. Lumber, and other building material, & trash dumping is absolutely **NOT** permitted.

Using the dump is a privilege, not a right, and all dumping will end if Iowa Dept. of Natural Resources (DNR) and Amana Society rules on what may be dumped or the burning ban are violated.

If you witness violations of these rules, **please** report those abuses, to Amana Society Conservation at 319-213-3445.

THE AMANA COLONIES ARE EXPLODING WITH FLOWERS JULY 25, 2020

The gardeners of the colonies will show off their work at the 6th annual "Colonies in Bloom" this summer on July 27th. Everyone with a green thumb will love this opportunity to view specially selected private gardens that will be open to the public.

You'll see a variety of gardening styles and plants. Some yards feature very traditional Amana Colonies plantings and others more unusual plants. The gardeners will be present at each home to answer questions. One special feature is a Monarch Pollinator Zone which features a habitat needed for caterpillars to become Monarch butterflies.

Maps of the "Colonies in Bloom" homes are available at the Amana Visitor Center and selected businesses in the Amana Colonies. This is a FREE event.

Historic Foundations
 19th Century Stone & Brick Bldg Restoration
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FIRST EVER POP UP ART MART IN AMANA

August 8, 2020 will be the date of the first ever "POP UP ART MART" in the Amana Colonies. Planned for the park area of the Amana Visitor Center in the village of Amana, the Pop Up Art Mart will be held from 10am-4pm.

The "Pop UP Art Mart" will feature the works of local and regional artist including woodworkers, jewelry artisans, chainsaw carving, fiber artists, hand-made soap maker, pastel and oil artists and photography. This is a one day event that will showcase 12 different artist that will be displaying and selling their work.

FOR SALE

FOR SALE; Original 1932 Plat Maps of each of the 7 villages of Amana. Call 319-846-2226 and leave a message. Will return call if not answered

445 Shares of Amana Class A stock. Please call 515-278-0808

100 shares of Amana Society New Class stock. 319-430-6722

2010 BMW 550i GT, 72,000 Miles, Asking \$8,500 If interested, call Kirby Schaefer 319-430-6722

WANTED/WANTED TO BUY

BUYING All ANTIQUES; Toys, Furniture, Crocks, Paintings, Advertising Signs, and Weird Items "any condition." Buying Entire Estates, call for fair pricing. Please call 319-270-1251.

FOR RENT

Short & Long term rental available at Abbi's Cottage Call Betty Peterson at 319-432-8103

2 BR Apartment in Norway recently refurbished includes high speed internet. \$495/month and deposit 12 month lease. 319-573-8673 calls only please.

West Amana, spacious 2 bedroom upper apartment. No pets. Lease. Reference check. \$435. Call 319-227-7465

Two + bedroom One bath duplex for rent in Main Amana. \$950 per month water/sewer, heat, electric, trash included. For information Call 319-329-8989.

Newly remodeled upper 2 BR apartment located in main Amana (across the street from the new hotel). \$600/month. Deposit/lease. Contact Susan @ Legacy Enterprises. (319) 930-9412

Large Condo at Colony Oaks (next to Amana Golf Course). One or two bedrooms. \$850 per month. Includes water/WiFi. Call 319-338-0025 for details.

HELP WANTED

Personal assistant needed. Please call Larry Hertel at 319-622-3424

VETERANS' ECHE**"Post Traumatic Stress Disorder"**

What is PTSD? According to the DSM IV Guide to Mental Health Illnesses and Disorders it is defined as either a person experienced, witnessed, or was confronted with a situation of an actual or threatened death, or the threat of physical integrity to self or others, or the person's response involved intense fear, helplessness, or horror.

Some may ask, "But what does that mean?". Well, I could give you the word for word explanation out of a medical journal, or I could give you a famous quote from General William T. Sherman that is simply stated, "War is Hell". Either way it comes down to the fact that our brain isn't built to process traumatic situations that occur in times of war or other stressful and traumatic situations.

Here is some additional information pertaining to other symptoms of PTSD

A wide variety of symptoms may be signs you are experiencing PTSD:

- Feeling upset by things that remind you of what happened
- Having nightmares, vivid memories, or flashbacks of the event that make you feel like it's happening all over again
- Feeling emotionally cut off from others
- Feeling numb or losing interest in things you used to care about
- Becoming depressed
- Thinking that you are always in danger
- Feeling anxious, jittery, or irritated
- Experiencing a sense of panic that something bad is about to happen
- Having difficulty sleeping
- Having trouble keeping your mind on one thing
- Having a hard time relating to and getting along with your spouse, family, or friends

It's not just the symptoms of PTSD but also how you may react to them that can disrupt your life. You may:

- Frequently avoid places or things that remind you of what happened
- Consistent drinking or use of drugs to numb your feelings
- Consider harming yourself or others
- Start working all the time to occupy your mind
- Pull away from other people and become isolated

If you or a veteran you care about have experienced traumatic situations in the past and are currently experiencing some of the above mentioned symptoms, then please remember that you are not alone and help is available. For veterans to talk to someone about what they are going through please contact your local VA Hospital to schedule an intake appointment. For the families of veterans who have been diagnosed with PTSD please remember that your loved ones were fortunate enough to come home, but they also brought a little bit of the war home with them.

Overcoming PTSD is possible but it will take time, patience, and dedication not only on the part of the veteran, but also their families as well. If you have any additional questions please feel free to contact your local Veterans Service Office at 319-642-3925.

"Quilts for Iowa County Veterans"

I always truly amazed at the generosity shown by people and organizations in Iowa County, towards their beloved veteran population. If ever a time I have asked for help with a veteran, giving a ride if their car broke down, a holiday meal, the wonderful folks in this county always come through. I've received donations from some amazing folks to continue our veterans transportation program to assist veterans in going to their medical appointments at the VA Hospital.

The St. John's Lutheran Church (Women's Aid) stopped by my office and donated 10 Quilts for veterans in need. If you are a veteran in need, and could use a quilt made by some truly exceptional ladies, feel free to contact my office for information.

As always, I encourage all veterans residing in the local community to contact your local veteran's service office to schedule an appointment to discuss possible benefits for you and your families. Walk in appointments are beginning again, but we have veterans scheduled in advance due to the ongoing COVID crisis. I recommend contacting our office in advance and scheduling an appointment. We can be reached via email at jolson@co.iowa.gov or by phone at 319-642-3925.

Jennifer Olson, VSO Marengo Iowa