



Spirit of North Dakota State

Volume 10, Issue 3 - - - Fall Edition 2022



State Regent - Mary Baer



Not only is the month of August a time of planning and getting ready for school it is also a time for planning or getting ready for another year of Catholic Daughters. I believe most courts take the summer months off and now it is time to think about getting ready for the year ahead and for that first meeting of the year. A big THANK YOU to those of you that said YES to being an officer whether you took the same office, a new office, or if you are a NEW officer. In visiting with some of the newly elected officers there is always some apprehension that they will not do a good enough job. Just do your best and do not be afraid to ask questions and/or ask for help. Remember officers are there to guide and help, they are not there to do all the work. They are there to do the paperwork and to get the messages from State and National to all the members. The members of the Court still need to help with the running of the Court as well. The duties of an officer should only take up about one hour of your time during the month. Obviously, this can be more or less time de-

pending on what is going on in the month, but the point is duties need to be delegated. When committees are assigned let them do their job – as an officer or a court member do not try to micromanage them.

Please be considerate of your chaplains, ask them if they will be able to make it to your meetings and don't expect them to make it to all your meetings. If you would like them to speak or do something special at your meeting(s), be sure to ask them – they may not know what you expect or want from them. Communication can go a long way.

As you plan your year remember that you do not have to do everything you have always done if you feel it is too much to undertake. Please do not stress yourselves out by trying to do too much. On the other note don't be afraid to try something new – sometimes change is exactly what we need. Regents, if you are a “new regent” or really any officer, do not worry about doing things exactly the way the past regent or officer did the “job”, there is more than one correct way to get the job done. Please though, do not leave out the Spirituality spoke of the Circle of Love; this should be a priority.

The National Convention was recently held in Puerto Rico and during the business session some amendments were made to the bylaws. Some of these changes were just some clarifications in wording, others were direct changes (these continued on page 5

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CDA Motto

Unity and Charity



CDA Mission Statement

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.



Jesus said to his disciples:

***“I have come to set the earth on fire,
and how I wish it were already blazing!
There is a baptism with which I must be baptized,
and how great is my anguish until it is accom-
plished!”***

Luke 12:49-50

What are you passionate about? What stirs up the fire within you?

In this Gospel passage we are given a sense of the passion that is burning within the heart of Jesus: This fiery Jesus might startle us, as he proclaims his desire that the world be aflame with the same fire that consumed him.

The passages from Luke’s Gospel that we are hearing in this span of Ordinary Time are inviting us to reflect on what it means to live our faith, putting into practice what we profess.

When looked at from the perspective of discipleship, we recognize that what Jesus is asking us to consider is the prophetic stance that is part of discipleship. That prophetic stance can put us at odds with those who are opposed to the truth. This was certainly true for Jesus, as well.

In 2016, Pope Francis spoke of this refining fire, when he reflected:

“The **fire** that Jesus speaks of is the fire of the Holy Spirit, the presence living and working in us from the day of our Baptism. It — **the fire** — is a creative force that purifies and renews, that burns all human misery, all selfishness, all sin, which transforms us from within, regenerates us and makes us able to love. Jesus wants the Holy Spirit to blaze like fire in our heart, for it is only from the heart that the fire of divine love can spread and advance the Kingdom of God. It does not come from the head, it comes from the heart. This is why Jesus wants fire to enter our heart. If we open ourselves completely to the action of this fire which is the Holy Spirit, He will give us the boldness and the fervor to proclaim to everyone Jesus and his consoling message of mercy and salva-

tion, navigating on the open sea, without fear.”

And it is here that we discover a sort of two-fold examination of conscience within this Gospel.

First, *do you ignore or try to silent those prophets who are calling for change — change within ourselves, and our communities?*

Second, *are you willing to live out your call to be a prophet yourself?*

As we continue our journey through Ordinary Time, reflecting on the demands of our discipleship and what it means to truly live the faith we profess, recall the words of Saint Catherine of Siena,

***“Be who God meant you to be
and you will set the world on fire.”***



**Be who you were created to be,
and you will set the world on fire.**

– St. Catherine of Siena



National Supervisor - Nancy Bambenek



The 59th Biennial National Convention in San Juan, Puerto Rico on July 20-24, 2022 is now in the history books. Our CDA sisters put on a memorial convention with lots of love, prayer, people, and hard work. Some express to me how grateful they were to us sisters in the states who traveled to them making it possible for them to meet us.

North Dakota was well represented, thanks to the vision of leadership. I want to commend them for being at and invested in the convention 100%. They attended workshops, voted on all items presented, spent time networking with other courts and even attended "Fun Night" put on by our Puerto Rico sisters. Your voice was represented by all of them.

I am willing to bet each of your state officers has a favorite memory of the convention. Give them a call to see what it was.

A very special shout out to North Dakota State Chaplin, Fr. Shane for attending the convention. His prayerful presence was much like your elected officers; to be admired, commended and appreciated. Thank you Father Shane for being a servant at the convention.

Save the day, Saturday, September 17, to come to a Day of Sisterhood. This day is open to all CDA members. Why not treat yourself to a spiritual, informative sister day out? Christ The King Parish

Center is the location. Come see your state officers work for you.

This might be my last article for the newsletter. I will serve another two years as National Director but will be assigned states by our New National Regent at our first quarterly meeting the first week of September. I would love to have this Shining Star State as each one of you have blessed me in profound ways.

Thank you Blessed North Dakota.
Nancy Bambenek
National Director, MN



**Catholic Daughters
of the Americas®**

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www.facebook.com/ND-Catholic-Daughters-of-the-Americas

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Dearest Sisters in Christ,

Welcome back to another CDA year! I know you all are wondering; just where did summer go? Let's enjoy every great day the Lord gives us as we transition into fall activities. In July most of your State Board traveled to Puerto Rico for the National CDA convention. It is a privilege to spend time together, pray together and meet Catholic daughters across the USA. Voting on things that will affect who we are and what we do for the future of CDA. One of the interesting facts I wanted to share with you is North Dakota ranked 10th of 40 total states in the amount given to the National Projects and Charities. You can all pat yourselves on the back! This is an awesome accomplishment and shows what we are made of and our values! What are the National Projects and Charities? We have 5 projects that Courts are asked to give \$20 or more to each year.

Habitat for Humanity: Helps families get into safe and affordable housing

Holy Cross Family Ministries: Promotes prayer and spiritual being of families in 16 countries "The Family that prays together Stays Together"

Laboure Society: Mission is to rescue Catholic Religious Vocations from the barrier of student loan debt.

National Center on Sexual Exploitation: (formerly Morality in Media) Fighting to expose all forms of sexual exploitation.

SOAR.: Support Our Aging Religious

Then we have 10 Charities that you can support with \$10 each or choose which ones your Court feels strongly in supporting.

Apostle of the Sea: Provides spiritual, physical and psychological support to seamen at port locations in the United States.

Catholic Extension: Supports and strengthens poor Catholic Mission Dioceses across the US.

Catholic Relief Services: Aids the people in the poorest parts of the world.

Covenant House: Provides food, shelter, immediate crisis care and services to homeless kids.

cont. on page 5



Blessings to my Sisters in Christ!!

I hope you are having a wonderful summer, enjoying the warm weather, and having time for rest and relaxation!!

The raffle was very successful this year, so we as a State Board chose to give the courts another break. We decided and voted to waive the state dues for the time of October 1, 2021 through March 31, 2022. Your courts will receive a billing verifying what your state dues would have been and that they were waived.

Your next state dues will be coming out in November covering membership from April 1, 2022 through September 30, 2022. Please be sure to check over your rosters to make sure your membership is correct. You will want to make sure to get any membership additions or deletions sent to the National Office before September 30, and while you are sending the changes to the National Office, please send a copy of the changes to me too. The National Office sends out dues for membership by what your court is showing for membership at their office on September 30 and March 31 every year. When you have changes to your membership, you want to make sure you get them sent to the National Office and to me before those dates, otherwise you end up paying dues for ladies who have either resigned or have died. Also, I send out dues by what the National Office sends me for membership, so it is very important to get membership changes submitted to the National Office. You send them to me to keep the state records up to date, that is why you need to send the changes to both National and State. If you email the changes to the National Office, you can CC (Carbon Copy) me at sjuddcda@gmail.com and that way you only have to send 1 email. If you snail mail them, then you need to send them to both the National office and to me. Please let me know if you have any questions about this.

I also want you to know that at the National Convention in Puerto Rico this summer the National dues were raised from \$15 per member, per year to \$18 per member, per year. Memberships are down, and they need to be able to take care of their expenses. The dues will still be billed out twice a year at \$9 per member in April and in October every year. State dues are staying at \$5 per member, per year, billed at \$2.50 per member in May and November. So again, I want to emphasize how important it is to keep memberships up to date with both the National Office and the State.

Before I end this, I want to encourage each and every one of you to invite a friend to a meeting or special event that your court is having and work to get more like-minded women involved in Catholic Daughters. Share

cont. on page 6

State Regent cont.

will be addressed at a later date). To keep up with the current bylaws which we must follow; the National Office will be printing new By-law books. The State Court will once again purchase 2 new Bylaw books for each Local Court once they become available from National.

Remember we are all in this together. It is not a one man or just an officer “show” – we all must work together as a court. One of the best things of CDA is the Sisterhood of working, praying and just being together. Speaking of sisterhood, I would love to see all of you at our Day of Sisterhood in Mandan on September 17 (see advertisement elsewhere in this Newsletter). Please bring a friend.

Grow Together with CDA in Christ!

Mary

1st Vice State Regent cont.

Disaster Fund: To provide monetary assistance to Dioceses when a disaster occurs.

Mother Theresa: “The Missionaries of Charity” providing love and care to the unwanted.

National Shrine: Basilica of the Immaculate Conception, Washington DC provides for upkeep.

North American College: Provides for the formation of men for the Priesthood of Jesus Christ.

Human Life International: The feet in the pro-life mission field! For the Glory of God and the Defense of Life and Family.

Tutwiler Clinic: Provides

Welcome New Members

Ct. St. Ann #261

Joyce Quimby [T]

Ct. St. Mary #268

Maria Erickstad

Ct. Immaculate Conception #322

Sharon E Wagner

Ct. St. Therese #958

Joan Eder-Largon

Aislinn Egge

Jennifer Cote

Ct. St. Claire #1846

Barbara Williamson

Mary R Richter (T)

Ct. Holy Cross #2718

Quinn Roeske

Frances J Allery

Cathy Urlaub

[R] = renewal

[T] = transfer

Courts / Members: Have you asked a family member or friend

medical help to those in need.

Just how much is given in a 2-year period to the National Projects and Charities? \$223,348.00
How much did North Dakota Courts give? \$7,040.00
Again, I say WOW! May your Courts continue to grow in Unity and Charity in all we do through Christ for others. Have a Great Year and Thank You to those who said “yes” to an officer position! We wouldn’t be CDA without you.

Always in Love,
Deb Johnson
1st Vice State Regent

In Loving Memory

Ct. Immaculate Conception #322

† Marie Hauser

Ct. St. Catherine #323

† Shirley Keller

† Susanna Dasovick

Ct. St. Therese #958

† Phyllis Salwey

† Carroll Lynch

Ct. St. Claire #1846

† Kathryn Nagle

† Viola Schumacher

Ct. Sacred Heart #1919

† Jacqueline A Young

Ct. Father Tracy #2121

† Frances Becker

† Joan Soehren

Ct. St. Gerard #2518

† Joyce Hafner



*“Eternal Rest
Grant Unto Them
O’ Lord!”*

Correction:

Bobbi Landry from Devils Lake was listed as Deceased in the Spring 2022 newsletter. She did not die, she resigned. Apologies to Bobbi and her family, and to Ct. St. Mary for this error.

State Secretary - Rita Mastel



A delegation from North Dakota attended the National CDA Convention in San Juan, Puerto Rico from July 20-24 this summer. A big thank you to all the outgoing national officers and all your hard work. Welcome and congratulations to all the new national officers who have agreed to step up and keep our courts running smoothly.

New National Officers are:



Emily Guilherme National Regent (CA)

Susan Mone National Regent Elect (AZ)

Essie Walker First Vice National Regent (NC)

Connie Dronette Second Vice National Regent (LA)

Ivone da Silveira National Secretary-Treasurer

New National Directors are:



Barbara Ward (NE & CO)

Brenda Anderson (SD)

Brenda West (VA)

Darlene Moritz (IA)

Duchess Collins (TX)

Mary Impellizeria (NY)

Michelle Bowmann (FL)

Nancy Bambenek (MN)

Yvette Griego (NM)

National Chaplain is Father Shenan J Bouquet

God bless,
Rita



Catholic Daughters of the Americas®

2nd Vice State Regent cont.

with them why you love Catholic Daughters and why you would like to see them join. If your friend turns you down at this time, don't give up, keep asking, she just may need a little more time before she says yes!!

Love and Prayers,
Sue Judd-Dyrness,
Second Vice State Regent

State Treasurer - Angela Scheett



We strive to be saintly women, but to become a saint may be beyond our imaginings. There is information from the USCCB at <https://www.usccb.org/prayer-and-worship/prayers-and-devotions/saints/american-saints-and-blesseds> about eleven Americans who have been canonized as saints and four who have been beatified. These include St. Elizabeth Ann Seton, St. John Neumann, St. Marianne Cope, St. Katharine Drexel, St. Damien de Veuster of Molokai, Saint Junípero Serra, St. Kateri Tekakwitha, St. Mother Théodore Guérin, St. Isaac Jogues, St. Frances Xavier Cabrini, St. Rose Philippine Duchesne, Blessed Francis Xavier Seelos, Blessed Sister Miriam Teresa, Blessed Father Stanley Rother, and Blessed Father Solanus Casey. They are all wonderful examples for us, but many were alive over 100 years ago. Of those listed, the most recent are St. Katherine Drexel (died in 1955; canonized in 2000) and Blessed Father Stanley Rother (died in 1981; beatified in 2017). A recent addition to the list of Blesseds is Blessed Father Michael McGivney (died in 1890; beatified in 2020), who founded the Knights of Columbus.

You may have heard that Bishop David Kagan has announced the opening of the diocesan investigation which could lead to the beatification and canonization of Michelle Christine Duppong. Michelle was raised in Haymarsh, North Dakota. She graduated from NDSU before working as a FOCUS missionary. After her time with FOCUS, she worked as the Director of Adult Faith Formation for the Diocese of Bismarck. Unfortunately, she was diagnosed with cancer in December 2014 and died on December 25, 2015, at the age of 31. What struck me was her dedication to bringing others to Christ, her acceptance of God's Will, and her intention to offer her suffering for others. She was described as "praying at all times." If she would be canonized as a saint, she would be the first saint from North Dakota. Even if she is not beatified and canonized, Michelle Duppong is a wonderful example of a contemporary saintly American woman, faithful to Jesus Christ.

Michelle Duppong, pray for us.

All Holy Men and Women, pray for us.

Angela



National Convention - San Juan, Puerto Rico



North Dakota Delegates

Back: Mary Baer (SR), Laurel Ann Dukart (IPSR), Virginia Dolajak (D),
Claudia Bosch (PNR), Rita Mastel (SS), Kathy Kennedy (PSR)
Front Deb Johnson (1st VSR) and Sue Judd-Dyrness (2nd VSR)



National Officers (Thursday Mass)

Lt pic: National Regent Sherry Niles and
National Regent Elect Emily Guilherme
Rt pic: National Director Nancy Bambenek



Chaplains / Priests

In attendance at the convention.



Madonna and Child (Main Chapel)



ND State Chaplains Fr. Shane Campbell



ND State Officers (banquet night)

Front: Sue Judd-Dyrness & Mary Baer
Back: Rita Mastel & Deb Johnson



Newly Elected National Officers and National Chaplain

Connie Dronette, Essie Walker, Susan Mone, Emily Guilherme
and Fr. Shenan J Bouquet (not pictured: Ivone da Silveira)

Local Court News

#170 Court St. Elizabeth Minot

by Ali Coleman

Cathern Deckert, Financial Secretary of Court St. Elizabeth #170, Minot attended Father Magnuson's first Mass that he celebrated as a priest at St. Therese Church of the Little Flower. Court #170 sponsored Father Magnuson when he was a Seminarian. Cathy is very devoted and has been a member of the Catholic Daughters for 53 years, holding all of the officer positions. Thank you Cathy, as Regent of #170, I appreciate all that you have done and continue to do for the Catholic Daughters. We all especially love the German Kuchen that you share.



Fr. Magnuson and Cathern Deckert



#322 Court Immaculate Conception Bismarck

by Marella Krein

Court Immaculate Conception #322 Bismarck held their second annual day of recollection on the Feast of the Transfiguration, Saturday, August 6 at the Cathedral of the Holy Spirit. There were

about 30 members from the Bismarck and Mandan Courts present and four State Board members. After a light breakfast, Father John Paul Gardner, the Court Chaplain, began his presentation concerning the Feast of the Transfiguration. He gave each member present a picture of the Transfiguration with the words from St. Peter, "Lord it is good that we are here". Father John Paul presented information concerning this Feast plus information on the Luminous Mysteries and the seven sacraments.

#170 Court Saint Elizabeth Minot

by Ali Coleman

Minot Catholic Churches City-Wide Eucharist Procession was held on Sunday, June 19, 2022 - Feast of Corpus Christi (Solemnity of the Holy Body and Blood of Christ).

Prayers of Exorcism have the intention to help bring peace, prayer, and healing to our land through the Eucharistic Presence of Our Lord Jesus Christ, this event was planned by all Local Parishioners. Clergy led the Procession, everyone prayed as they processed.



The procession was strictly non-political, and family friendly. All who processed dropped rose petals for the Blessed Sacrament. Ali Coleman, Regent; Catholic Daughters of the Americas, Court St. Elizabeth, #170 and court members processed, along with Brother Knights of Columbus.



**PRAY
ALWAYS**

Local Court News

#958 Court St. Theresa Williston

by Kristal Schmit

Barb Cook Baby Shower Memorial

Catholic Daughters of the Americas. Court St. Therese #958 in Williston sponsored a “baby shower” in memory of our late Regent, Barb Cook. This event took place in June of 2022. A wide variety of baby items and monetary gifts were donated by St. Joseph’s Parish and from the community of Williston. The two programs that benefitted from the event were:

Dakota Family Solutions in Williston, which serves young and single moms. The focus is on education, parenting and personal growth.

Dakota Hope Clinic in Minot. Dakota Hope Clinic has an “Earn While you Learn” Program, which is designed to help moms learn valuable information on what to expect when pregnant and gain confidence as a parent. Moms earn points that can be used at the “Baby Boutique”.



Liz Bustad (2020-22 Regent) with Valerie Goldade from Dakota Family Solutions in Williston



Kathie Ostgulen and Jennifer Cote



Liz Bustad (2020-22 Regent) with representative from Dakota Hope Clinic



Marcy Everson and Valerie Schmidt



Vase of Carnations

#958 Court St. Theresa Williston

by Kristal Schmit

Mother’s Day Carnation Sale (May 8th, 2022)

Carnations were sold after Mass for St. Joseph’s parishioners to purchase.

All proceeds from the Mother’s Day carnation sale went to **McKenzie County Right to Life** in Watford City for the Mobile Pregnancy Center.



Rita Huschka



**Catholic Daughters
of the Americas®**

National Convention - San Juan, Puerto Rico



Our Lady of Fatima wall hanging
 Book - 1 minute prayers
 4 coasters
 mug cake mix
 Cup of sunshine tea
 ND cards + chocolate
 Bracelet
 Pretzels "spicy" made in North Dakota
 Value 7p00

ND State Basket

Our Lady of Fatima wall hanging, book - 1 Minute Prayers, 4 coasters, mug cake mix, cup of sunshine tea, ND cards & chocolate, bracelet, pretzels "spicy" made in ND and basket



Thursday
 Night
 State
 Night
 >>>
 ND Delegation



Front L to R: Fr. Shane Campbell, Mary Baer, Claudia Bosch
 Back L to R: Virginia Dolajak, Laurel Ann Dukart, Deb Johnson, Rita Mastel, Kathy Kennedy, Sue Judd-Dyrness



Front L to R:
 Nancy Bambenek,
 Virginia Dolajak,
 Mary Baer
 Back L to R:
 Kathy Kennedy,
 Laurel Ann Dukart,
 Sue Judd-Dyrness
 Deb Johnson,
 Rita Mastel



L to R: Laurel Ann Dukart, Deb Johnson, Sue Judd-Dyrness, Kathy Kennedy, & Mary Baer



Friday
 Night
 Fun
 Night



Deb J, Laurel Ann D, Virginia D, Bruce B



Mary B, Fr. Shane, Rita M, Kathy K

National Convention - San Juan, Puerto Rico



Flamenco Dancers



L to R: Father Shane, Bruce Baer, Mary Baer and Virginia Dolajak



Claudia Bosch



♥ Saturday Night Banquet ♥



L to R: Rita Mastel, Deb Johnson, Laurel Ann Dukart



Kathy Kennedy



Sue J-D and Deb J

Fun in the SUN In Old San Juan



By the Sea, the Beautiful Sea
L to R: Kathy K, Deb J, Sue J-D

Spirit of North Dakota

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Deadline for next newsletter:

December 2, 2022



Catholic Daughters
of the Americas®

NDCDA “A Day of Sisterhood”

Grow Together in Christ with CDA



Christ The King Parish Center
505 10th Ave NW, Mandan, ND
Saturday, September 17, 2022



9 am - 4 pm beginning with Mass

bring a friend (prospective member)

RSVP to Mary Baer email marybaerndcda@gmail.com or
phone 701-260-3122 by 9/12/2022

continental breakfast & lunch provided

