

Psychology of Intimate Relationships

3707 Course Outline – Spring 2005

General Education Requirement Course Information

GER Intro

General Education Requirements (GER) represent those courses or groups of courses which each student, regardless of major or degree, must take in order to graduate. The purposes of the GER include acquisition and development of skills and knowledge believed to be essential to living as a productive and responsible citizen.

Includes

Thirteen goals adopted by the YSU Academic Senate in 1994 make up the GER.

Four goals involve basic skills:

Writing	Oral Communication	Critical Thinking	Mathematics
---------	--------------------	-------------------	-------------

Nine other goals address domains of:

Natural Science	Artistic/Literary Perspectives	Societies and Institutions	Personal & Social Responsibility
-----------------	--------------------------------	----------------------------	---

Apply to whom

GER applies to:

- all incoming students in the fall of 2000 and thereafter—both first year or transfers
- previously enrolled students who choose to follow the new requirements

Previously enrolled students can complete the old General Education Requirements described in the undergraduate bulletin in use when they entered the University.

This Course

Psychology 3707 fulfills the criteria for **Personal and Social Responsibility** (Goal 9 under the Knowledge Domain).

GER Course Objectives:

- To learn about concepts, structures, facts and processes involved in relationships, including marital, non-marital, human and non-human and at various levels involving groups as well as individuals
- To increase sensitivity to the processes within our culture that influence one's development and expectations about relationships
- To increase awareness of diverse family groups and attitudes based on ethnicity, sexuality and income
- To monitor one's own behavior in the course setting and increase sensitivity to one's initiative, reliability, thoroughness and integrity
- To learn how to chart relationships and describe the behavior outcomes in a standard way

Other Goals

All GER courses attempt to include writing, oral communication, and critical thinking even when not specified as "intensive" for those goals. GER courses also attempt to incorporate mathematical concepts and reasoning (Goal 5), cultural development (Goal 10), and diversity (Goal 12).

Other GER Goal	Activity
Writing	Weekly Free-Writes, Clip Article & Pair Monitoring projects
Oral communication	Free-Says covering topics assigned each session
Critical thinking	See-Writes, Free-Says
Mathematics	TRIP Log; Basic & Advanced Standard Celeration Charting
Cultural/organizational development	Text readings: See-Writes and Free-Says
Diversity	Text reading: See-Writes and Free-Says
Ethical reflection and moral reasoning	Integrity checks and partner scoring

The Get By Path

Attitudes

Get By students seem to fall into two groups:

- some look for getting through a course with a passing grade and usually study only under the pressure of an exam. They don't value learning new ways of thinking and don't want their current belief systems challenged.
- others start out with high expectations for their own efforts, but get dragged down by the competing events in their lives—be it work, family, other course obligations or personal crises.

Basis of Grade

The following table provides a brief overview for the Get By path.

Question	Answer
What's grade based on?	<ul style="list-style-type: none">• points from Midterm & Final• points from weekly Free-Writes• points from in class Free-Say discussions• one project completed to satisfaction• one Family Mission Statement completed• attendance: in class 3 for every 2 missed
What am I responsible for?	Anything in texts, class, or SAFMEDS

MT & Final

Description. Both Midterm and Final consist of a Word Associate Test (WAT) of 50 items. Some of the 50 items are repeated. The item may be a principle, a concept, a process, a procedure, a classification, a fact, or a structure. You try to give a word or phrase which is related to or associated with the item. Usually more than one "correct" answer exists.

Time. You have up to 30 minutes on the day designated for the Midterm and 30 minutes on the Final to complete the two WATs.

Scoring. One point results for each correct answer. Either add Midterm and Final together or double the Final, whichever is better. Not allowed to just double Midterm.

Free Writes

A Free-Write opportunity consists of a five-minute timing the last class meeting of each week. You attempt an organized summary of the major and minor points covered by the readings the week in outline form. A check is awarded for a successful job and counts as a point towards course grade.

Free Says

A Free Say opportunity occurs nearly every class session. Everyone who contributes at least once every eight minutes gets a point towards course grade.

Project

You must complete one project on time successfully to have a chance for a C or higher grade in the course. See project descriptions. Projects may need to be revised. Revisions turned in after the "last day to turn in projects" deadline doom one to a D or F in the course. You should try to achieve project credit long before the deadline.

Continued on next page

Attendance Policy

Minimum attendance required to have a chance to pass the course equals a ratio of 3:2—three times present for every two classes missed. The actual number of absences possible varies slightly depending on the scheduled class meetings each semester, but approximates 60%. Students not meeting this requirement will receive an automatic “F.” No exceptions are made to this rule for any reason, so be please be aware of it.

Point Scale

Your grade on the Get By path can range from "A" to "F" but rarely will a Get By student achieve an “A.”

Points (with project and attendance criteria met)	Grade
130+ (rarely happens)	A
100-129	B
80-99	C
60-79	D
Less than 60	F

Judgment Day

The last day of class requires attendance of those expecting to pass the course. You will be asked to provide important feedback about various aspects of the course.
Penalty for missing Judgment Day: 10 points subtracted from Point total.

Stop No Drop Path

Description

Each semester various numbers of students stop coming to class but neglect to withdraw from the course. These students are carried on the roster but obviously receive a grade of “F.”

If Dropping

Withdrawal from a course can be done through the SOLAR system. Make sure that you complete your transaction with the PF1 key to finalize any changes, and do this before the deadline for dropping a course each semester.

Intent to Drop

You should be aware that merely stopping your class attendance does not drop you from the course. You must take specific steps to withdraw. An “intent” does not translate into a drop until you take the action needed.

The Can Do Path

Intro Individuals on the Can Do path thrive on new ideas and new tools. They want all they can get from their educational experience, and are willing to engage in a learning effort daily. Whatever the course requires, this student's "Can Do" attitude prevails. Daily self-discipline replaces midterm and final exams.

TRIP Log We use the acronym TRIP standing for "thoroughness," "reliability," "initiative" and "problem solving." These concepts summarize the aims we hope to achieve under a Can Do approach. We monitor these aims through a simple system of checks and misses.

Letter	Action Aim
T	Thorough behavior checks outnumber Xs three to one
R	Reliable behavior checks outnumber Xs three to one
I	Initiative: checks outnumber Xs three to one
P	Problem solving by monitoring and charting relationships with integrity; by gathering info and responding by speaking and writing

Thoroughness You display thoroughness by:

Behavior	Aim	TRIP Log letter
See questions-Write answers	Two pages completed from each assignment	dot if success Xs if missed
Free-Write organization (allowed to redo if mess up; can do at break time any day before or after day scheduled)	Organized prioritized outline summary of reading material done in a 5 minute in-class timing	✓ if success X if missed X circled if redone
Hold See Front Say Back Turn Blue or Yellow SAFMEDS	A per minute aim increases each day until fluency aim occurs (see Daily Timing Record Sheet)	dot if meet the aim for the day on Blue deck dot if meet aim for day on Yellow deck Otherwise: X
Multiple of 10 timings on one day on one deck	Up to you on how fast you want to get these tasks finished and how many pts. you want to earn	Score only if credit earned; never an X here; # under Y or B; # = the number of timings ÷ 10
Doing something else instead of coming to class	Come to class each class session	4X if miss class

Continued on next page

Reliability

You display reliability by:

Behavior	Aim	TRIP Log Letter
Come to class	Each day class meets	dot = you were there (otherwise 4X)
Bring materials	All needed materials including DTRS, SCC, pencil, blue and yellow SAFMEDS	dot = you brought everything needed (otherwise X)
Stay in class	Until dismissal	dot = made it to the end (otherwise XX)
Practice and record SAFMEDS outside of class	At least one timing on each deck every day of the week	2 dots = did both decks and recorded every day since last class (otherwise Xs)
Monitor one deck of SAFMEDS on SCC	Basic and eventually Advanced Charting of one deck	dot = monitored each day on SCC with all charting requirements (otherwise X)

Initiative

You display initiative by:

Behavior	Aim	TRIP Log Letter
Getting to class on time	In seat before end of resonant tuning	dot = got here on time X = late to class 3X = missed class
Volunteering 1 or more responses for every 8 minutes of class discussion	Frequency of .12 or greater (responses/minutes)	dot = achieved needed frequency #Xs = needed count minus my count
Finishing projects and Family Mission Statement before deadline	Redo until finished; finish as soon as possible	# = one time bonus when each project or FMS has been finished
If doing Pair Monitoring Project	Complete each segment as seen on Do List	√s = you did it right Xs = you didn't do it right
Finishing Blue SAFMEDS; Finishing Yellow SAFMEDS	50 per minute or better with 5:1 or better accuracy (20 sec. timing). Or 60 per minute hits (no accuracy requirement)	B# = blue bonus points; Y# = yellow bonus pts. (see Calendar for bonus amounts that occur on a particular day) X = one each class period that either deck not done if after aim date (see Calendar)

Continued on next page

Grades

Performers who do stay on the Can Do path earn "A" with 14 points; B if less.

If you do	If you don't
Maintain thoroughness, reliability, and initiative ratios at the 3:1 aim through the end of the course (3 pts)	Demoted to the Get By path if you wind up <u>under the needed ratio for any one</u>
Demonstrate integrity with your grading of partner and checking partner's grading of your work (1 pt)	You fail course with 8 Integrity Xs
Succeed on Information Gathering free-write every week (1 pt)	Demoted to the Get By path if you miss or mess 2 straight or 4 total and don't remediate
Complete 2 projects and Family Mission Statement on time (3 pts)	Demoted to Get By path if not done for credit by deadline
Fluent performance on blue and yellow SAFMEDS with both Grading Committee and Instructor (1 point each for 4 pts)	Demoted if don't reach fluency on both decks with at least Grading Committee
Monitor SAFMEDS or Free-Say on SCCs unless PM or RC project(1 pt)	Not demoted but no point will mean can only achieve a B
Attend on Judgement Day (1 pt)	Not demoted but could only get B

Projects

Possible projects (of which a Can Do behavior will complete two) include:

Type	Aim	Requirements
Grading Committee (only if one of first three or four to finish both SAFMEDS fluencies with instructor) and chart both on SCC	Help monitor and encourage SAFMEDS fluency, SC charting and course success with classmates	Stays past break to monitor and record SAF attempts; maintains x4 reliability ratio; double checks grading decisions
Pair Monitoring (also known as Emotional Bank Account)	Gain insights into your interactions with someone close to you over 28 day period of monitoring each other	See separate "Pair Monitoring Checklist and Feedback"
Clip Articles	Extend topics covered in course to include information encountered in newspapers, magazines, or Internet	10 articles from print media with your comments on how they tie in to course topics
Eighty Twenty Sort and Learn	Organize information acquired in course and practice its retrieval	Eighty facts written from scratch in a twenty-minute timing
Rechart Relationships	Rechart tabled or fill-the-frame data to a Yearly Standard Cel Chart	30 data points charted on Yearly per year SCC (Basic & Advanced)
Stewardship Delegation	Monitor a relationship through setting and monitoring of contract	Create contingency contract; monitor and chart for 28 days with SCC (Basic & Advncd)

Folder _____

WAT 3707 MT F04

Name _____

Write a word, phrase or name which connects to each item given. Do not duplicate your responses to the same item listed more than once. No penalty for guessing. Turn this sheet in to Dr Graf when you have finished. You have up to 30 minutes.

common-law marriage
Humans in Universe
Humans in Universe
frequency
nuclear family
Medicaid
androgyny
step to self-control
step to self-control
step to self-control
precession
source of most unloving behavior
love & sex combination
to monitor change
to monitor change
1950 USA divorce rate
unusual frequency event
love definition by Starlin
proximity
celeration change
values learned at what level
frequency change
fluency
2nd rule of interaction
1900 % work on farms

MR RUN: M=
unique human gift
unique human gift
unique human gift
deposit: Emotional Bank Account
deposit: Emotional Bank Account
withdrawal: Emotional Bank Account
win-lose
win
level of Initiative
level of Initiative
level of Initiative
tangible asset
intangible asset
Habit Five
public victories
primary law of love
primary law of love
primary law of love
Circle of Concern
sharpens the mental self
sharpens social self
idea for first things first
idea for first things first
IPEA: I=

Start time:

Finish time:

Elapsed time in minutes:

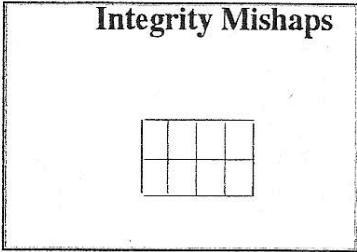
Corrects:

Frequency correct:

Date	Initiative			Reliability			Thoroughness			Aim: 3 to 1		Aim: 3 to 1		Aim: 3 to 1		Bonus value if 1st Fluency achieved							
	reach class on time	respond ≥.12/min (Xs=aim-obtained)	Fluency bonus/penalty on SAF	Project Hits/Xs	come to class	stay to end (or XX)	bring needed materials	recorded SAF on DTRS ea. day (2)	charted SAF on SCC each day	reach Blue SAF aim in class	reach Yellow SAF aim in class	adds for Blue 10 timing multiples	adds for Yellow 10 timing multiples	complete S-W pages before class	Free-Write feedback (by Dr. Graf)		Appropriate Initiative Behaviors sem.	Initiative Xs semester	Appropriate Reliability Behaviors sem.	Reliability Xs semester	Appropriate Thoroughness Behaviors sem.	Thoroughness Xs semester	
1/18/05																						28	
1/20/05																							27
1/25/05																							26
1/27/05																							25
2/1/05																							24
2/3/05																							23
2/8/05																							22
2/10/05																							21
2/15/05																							20
2/17/05																							19
2/22/05																							18
2/24/05																							17
3/1/05																							16
3/3/05																							15
3/8/05																							14
3/10/05																							13
3/15/05	Spring						Spring						No		No		No						
3/17/05	Break						Break						Class		Class		Class						
3/22/05																							12
3/24/05																							11
3/29/05																							10
3/31/05																							9
4/5/05																							8
4/7/05																							7
4/12/05																							6
4/14/05																							5
4/19/05																							4
4/21/05																							3
4/26/05																							2
4/28/05																							1
5/3/05	Last SAFMEDS tries; Grading Committee																				0		
5/5/05		I=				R=					T=												
SAF=			Im=		Fm=	Prj=					FW=			SCC=		E=							

Folder _____

Date	Blue SAF				Yellow SAF				Counter	Folder Number
	hit count (corrects)	x count (misses or skips)	Slash to show count divided by time	Counting time (usually 1/3 or 1/4 min)	hit count (corrects)	x count (misses or skips)	Slash to show count divided by time	Counting time (usually 1/3 or 1/4 min)		
1/18/05	-	/	.33	-	/	.33				
1/20/05	-	/	.33	-	/	.33				
1/25/05	-	/	.33	-	/	.33				
1/27/05	-	/	.33	-	/	.33				
2/1/05	-	/	.33	-	/	.33				
2/3/05	-	/	.33	-	/	.33				
2/8/05	-	/	.33	-	/	.33				
2/10/05	-	/	.33	-	/	.33				
2/15/05	-	/	.33	-	/	.33				
2/17/05	-	/	.33	-	/	.33				
2/22/05	-	/	.33	-	/	.33				
2/24/05	-	/	.33	-	/	.33				
3/1/05	-	/	.33	-	/	.33				
3/3/05	-	/	.33	-	/	.33				
3/8/05	-	/	.33	-	/	.33				
3/10/05	-	/	.33	-	/	.33				
3/22/05	-	/	.33	-	/	.33				
3/24/05	-	/	.33	-	/	.33				
3/29/05	-	/	.33	-	/	.33				
3/31/05	-	/	.33	-	/	.33				
4/7/05	-	/	.33	-	/	.33				
4/12/05	-	/	.33	-	/	.33				
4/19/05	-	/	.33	-	/	.33				
4/26/05	-	/	.33	-	/	.33				
4/28/05	-	/	.33	-	/	.33				
5/5/05										



Blue SAFMEDS Daily Timing Record Sheet

Behavior _____ Folder _____

W d	H count	X count	Minutes	Time Bar	Aim/min	Timings per day
1 m					1	
t					1	
w					1	
h					1	
f					1	
s					2	
S					2	
2 m					2	
t					2	
w					2	
h					3	
f					3	
s					3	
S					3	
3 m					4	
t					4	
w					4	
h					5	
f					5	
s					6	
S					6	
4 m					7	
t					7	
w					8	
h					9	
f					10	
s					11	
S					12	
5 m					13	
t					14	
w					15	
h					16	
f					18	
s					20	
S					21	
6 m					23	
t					25	
w					28	
h					30	
f					33	
s					36	
S					39	
7 m					43	
t					47	
w					51	
h					(56)	
f					(61)	
s					(66)	
S					(72)	

W d	H count	X count	Minutes	Time Bar	Aim/min	Timings per day
8 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	
9 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	
10 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	
11 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	
12 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	
13 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	
14 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	

Take this DTRS home and bring it back each class.

Yellow SAFMEDS Daily Timing Record Sheet

Behaver _____ Folder _____

W d	H count	X count	Minutes	Time Bar	Aim/min	Timings per day
1 m					1	
t					1	
w					1	
h					1	
f					1	
s					2	
S					2	
2 m					2	
t					2	
w					2	
h					3	
f					3	
s					3	
S					3	
3 m					4	
t					4	
w					4	
h					5	
f					5	
s					6	
S					6	
4 m					7	
t					7	
w					8	
h					9	
f					10	
s					11	
S					12	
5 m					13	
t					14	
w					15	
h					16	
f					18	
s					20	
S					21	
6 m					23	
t					25	
w					28	
h					30	
f					33	
s					36	
S					39	
7 m					43	
t					47	
w					51	
h					(56)	
f					(61)	
s					(66)	
S					(72)	

W d	H count	X count	Minutes	Time Bar	Aim/min	Timings per day
8 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	
9 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	
10 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	
11 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	
12 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	
13 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	
14 m					51	
t					51	
w					51	
h					51	
f					51	
s					51	
S					51	

Take this DTRS home and bring it back each class.

Date	L&F	MR	7H	I*	See/Writes	Free/Writes, deadlines, etc.	
1/18/05				28		FW-0: get SAFMEDS	
1/20/05	P,I	Intro, Appendix		27	Intro-3, Intro-5	FW-00: get SAFMEDS	
1/25/05			OT90	26	25-3,25-4 (Count the bullets)	Initiative factor for PM projects = x1	
1/27/05	1,2			25	1-4, 2-7, 2-10	FW-1	
2/1/05	3,4			24	3-5: Ask others and record		
2/3/05	5,6			23	5-11,5-12: Try these	FW-2	
2/8/05			H1	22	Questionnaire 37-39; 45-1-2-3-4		
2/10/05		1-A, 1-B		21	1-A:2,4,6,8,9; 1-B:2,4,6,8	FW-3	
2/15/05			H2	20	110-6, 110-7		
2/17/05		1-C		19	1-C:2,4,5,7,9,12,14,15,17,18	FW-4	
2/22/05			H3	18	167-1, 167-2		
2/24/05		1-D		17	1-D:2,4,6	FW-5; Projects due-first round	
3/1/05			H4	16	199-7, 199-9, 199-10	Initiative factor for projects now=.7	
3/3/05		1-E		15	1-E: 2,4,6,8,10,12	FW-6; SAFMEDS	
3/8/05			H5	14	245-2, 245-3, 245-4	WAT Midterm	
3/10/05		3-A, 3-B		13	3-A:2,3; 3-B:2,3	FW-7; Project pseudo-deadline	
3/15/05		Spring Break			No Class		
3/17/05		Spring Break			No Class		
3/22/05			H6	12	268-1-2-3-4, 274-3, 274-5		
3/24/05		3-C; 3-D		11	3-C:2, 3-D:2	FW-8	
3/29/05			H7	10	311-2, 311-3, 312-1	Initiative factor now= x.5	
3/31/05		3-E;3-F		9	3-E:2; 3-F:2	FW-9	
4/5/05			FFS	8	356-7HFW, Family MS	1 on 1 Project Help if needed	
4/7/05		3-G; 3-H		7	3-G:2, 3-H:2,3	FW-10	
4/12/05		4-A, 4-B		6	4-A:3,5, 4-B:3,5,7,9	Turn in Family Mission Stmt.	
4/14/05		4-C; 4-D		5	4-C:3,5,7; 4-D:3,5	FW-11	
4/19/05		4-E, 4-F		4	4-E:3,5,7,9, 4-F:3,5,7	Initiative factor now= x.1	
4/21/05		4-G; 4-H		3	4-G:3,5, 4-H:3,5,7	FW-12; Last day to turn in project	
4/26/05		5-A, 5-B		2	5-A:3,5,7,9,11; 5-B:3,5,7		
4/28/05		5-C		1	5-C:3,5	FW-13; Last FW redos	
5/3/05				0	Grading Committee Meets	Last SAFMEDS for Can Do Path	
5/5/05	Award & Evaluation Day; TO PASS COURSE MUST ATTEND						
	Finals Week		WAT Final for Get By Path			No Can Do	

Love and Fear (L&F), Monitoring Relationships(MR), and 7 Habits of Highly Effective Families(7H) refer to course texts; reading assignments shown under respective columns

I* = number of Initiative bonus points for achieving fluent SAFMEDS with instructor

VITAL: Projects turned in after "Last day" receive no credit; this includes revisions. Be proactive on this.

Office Hours: (338 DeBartolo) Tuesday & Thursday 12:30 pm-2:30 pm; (Southwoods) Thursday 4:45 pm-5:10 pm

Wednesday: TBA(based on departmental committee obligations)

Final Exams: Follow schedule in YSU Undergraduate Bulletin **TUES 10 MAY 05 8:00 AM**