

APRIL 2021

Preston Hollow UMC Child Development Center

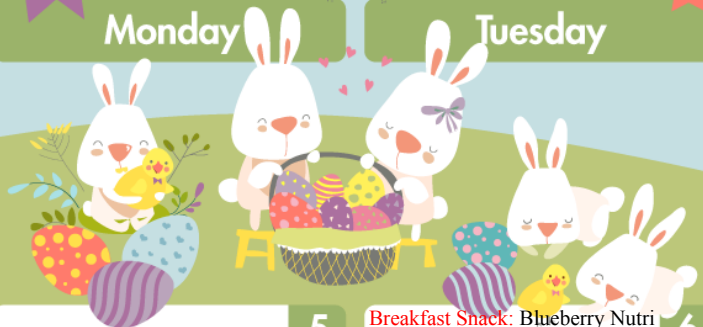
Monday

Tuesday

Wednesday

Thursday

Friday



School Closed

5

Breakfast Snack: Blueberry Nutri Grain bars

6

Lunch: No nut butter & jelly on whole wheat bread, banana, veggie chips

Afternoon Snack: Hummus w/pita chips

Breakfast Snack: Zucchini muffins

7

Lunch: Turkey w/gravy, mashed sweet potato, pineapple

Afternoon Snack: Yoplait vanilla yogurt

Breakfast Snack: Cascadian Farm organic raisin bran

1

Lunch: Turkey pasta, mixed veggies, orange slices

Afternoon Snack: Easter class parties

2

School Closed

Breakfast Snack: Bagel "donuts" (strawberry cream cheese & sprinkles)

8

Lunch: Turkey bacon carbonara w/peas, garden salad, peaches

Afternoon Snack: String cheese & crackers

Breakfast Snack: Oatmeal bars

9

Lunch: Fish tacos w/jicama slaw, baked tortilla chips, apple slices

Afternoon Snack: Fruit smoothie

Breakfast Snack: Banana muffins

12

Lunch: Macaroni & cheese w/broccoli & pureed cauliflower, fruit cocktail

Afternoon Snack: Fig Newton bars

Breakfast Snack: Biscuit w/jelly

13

Lunch: Baked barbecue chicken, carrot & peas, applesauce

Afternoon Snack: Berry fruit salad

Breakfast Snack: Cascadian Farm Fruity O's

14

Lunch: Turkey spaghetti w/spinach salad, ranch dressing, peaches

Afternoon Snack: Yum Yum organic fruit snacks

Breakfast Snack: Whole wheat pancakes

15

Lunch: Grilled cheese quesadilla, guacamole, black beans, bananas

Afternoon Snack: Raspberry fruit bars

Breakfast Snack: Oatmeal w/fruit

16

Lunch: Fish nuggets, veggie tater tots, pineapple

Afternoon Snack: Black bean brownies

Breakfast Snack: Greek yogurt w/honey

19

Lunch: Veggie & cream cheese tortilla rollups, veggie chips, applesauce

Afternoon Snack: Granola bars

Breakfast Snack: Cinnamon toast

20

Lunch: Turkey meatballs w/brown rice, garden salad, peaches

Afternoon Snack: Banana bread

Breakfast Snack: Apple cinnamon biscuit

21

Lunch: Chicken noodle soup w/cheese sandwich, broccoli florets, bananas

Afternoon Snack: Goldfish crackers

Breakfast Snack: Cascadian Farm organic raisin bran

22

Lunch: Quiche Lorraine w/spinach salad, apple slices

Afternoon Snack: Made Good Organic fruit bars

Breakfast Snack: Zucchini muffins

23

Lunch: Fish pot pie w/peas & carrots, pears

Afternoon Snack: Yoplait yogurt w/fruit

Breakfast Snack: Whole wheat waffles w/maple syrup

26

Lunch: Veggie enchiladas w/black beans, fruit cocktail

Afternoon Snack: Raisin's w/string cheese

Breakfast Snack: Nutri Grain bar

27

Lunch: Turkey hamburger on whole wheat bun, veggie chips, applesauce

Afternoon Snack: Pear cups

Breakfast Snack: Greek style Yogurt w/fruit

28

Lunch: No nut butter & jelly on wheat bread, carrot & pineapple slaw w/raisins

Afternoon Snack: Superhero Organic cookies

Breakfast Snack: Cinnamon roll

29

Lunch: Chicken pasta w/peas, peach cups

Afternoon Snack: Fig Newton bars

Breakfast Snack: Banana muffins

30

Lunch: Fish sticks w/tartar sauce, veggie chips, applesauce

Afternoon Snack: Nilla wafers

