



U9 Week by Week Outline for Coaches

**Refer to document: Coach Toolkit U9
You can find it in your email and there is a link on our website at
www.devonsoccer.com**

PRACTICE NIGHTS

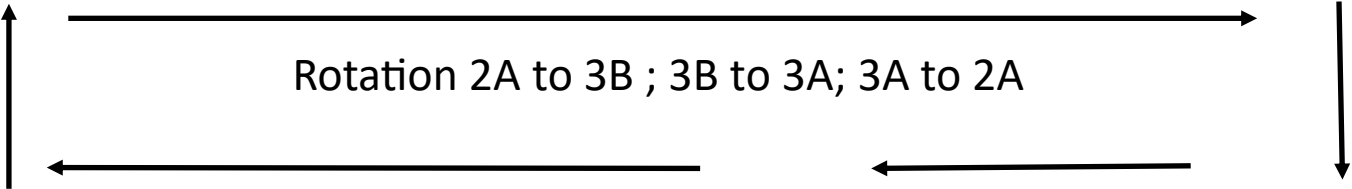
- The Team in U9-1A position will keep time and double blow whistle for rotation.
- Teams will rotate clockwise every 20 minutes
(2A, 3A, 3B rotate together / 2B, 3C, 3D rotate together)
- 1 coach or co-coach stays on original field to teach the assigned drill to the next team of players
- Coach be prepared to set up and teach your skill

GAME NIGHTS

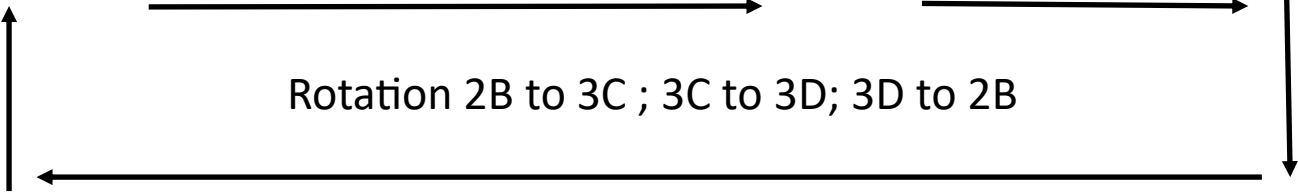
- 7 v 7 including goal keeper
- 2—30 minute halves with 5 min break
- Refer to Coach Handbook for more rules/guidelines

ROBINA BAKER SCHOOL

1-May



<p>U9-2A TIME KEEPER AND WHISTLE BLOWER</p> <p><u>SHOOTING/BIG KICKS</u> Shoot on Sight pg 55</p>	Team 1	<p>U9-3A</p> <p><u>DRIBBLING/PASSING</u> Fake and Turn pg 9</p>	Team 5	<p>U9-3B</p> <p><u>CONTROL</u> Through the gate pg 16</p>	Team 4
<p>U9-2B</p> <p><u>SHOOTING/BIG KICKS</u> Shoot on Sight pg 55</p>	Team 6	<p>U9-3C</p> <p><u>DRIBBLING/PASSING</u> Fake and Turn pg 9</p>	Team 3	<p>U9-3D</p> <p><u>CONTROL</u> Through the gate pg 16</p>	Team 2



ROBINA BAKER SCHOOL

3-May

U9-2
Team 1 vs Team 6

U9-3
Team 5 vs Team 4

COMMUNITY CENTRE

U9-1
Team 3 vs Team 2

ROBINA BAKER SCHOOL

8-May



Rotation 2A to 3B ; 3B to 3A; 3A to 2A



<p>U9-2A TIME KEEPER AND WHISTLE BLOWER</p> <p><u>SHOOTING/BIG KICKS</u> 1-2-Target pg 58</p>	<p>Team 5</p>	<p>U9-3A</p> <p><u>DRIBBLING/PASSING</u> Passing Partners pg 19</p>	<p>Team 6</p>	<p>U9-3B</p> <p><u>CONTROL</u> Quick Control pg 15</p>	<p>Team 4</p>
<p>U9-2B</p> <p><u>SHOOTING/BIG KICKS</u> 1-2-Target pg 58</p>	<p>Team 2</p>	<p>U9-3C</p> <p><u>DRIBBLING/PASSING</u> Passing Partners pg 19</p>	<p>Team 3</p>	<p>U9-3D</p> <p><u>CONTROL</u> Quick Control pg 15</p>	<p>Team 1</p>



Rotation 2B to 3C ; 3C to 3D; 3D to 2B



ROBINA BAKER SCHOOL

10-May

U9-2
Team 5 vs Team 2

U9-3
Team 6 vs Team 4

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U9-1
Team 3 vs Team 1

ROBINA BAKER SCHOOL

15-May

Rotation 2A to 3B ; 3B to 3A; 3A to 2A

U9-2A TIME KEEPER AND WHISTLE BLOWER	Team 1
<u>SHOOTING/BIG KICKS</u> Bermuda Triangle	
U9-2B	Team 5
<u>SHOOTING/BIG KICKS</u> Bermuda Triangle	

U9-3A	Team 6
<u>DRIBBLING/PASSING</u> Circle Pass pg 21	
U9-3C	Team 4
<u>DRIBBLING/PASSING</u> Circle Pass pg 21	

U9-3B	Team 3
<u>CONTROL</u> The Weave pg 38	
U9-3D	Team 2
<u>CONTROL</u> The Weave pg 38	

Rotation 2B to 3C ; 3C to 3D; 3D to 2B

ROBINA BAKER SCHOOL

17-May

U9-2
Team 1 vs Team 5

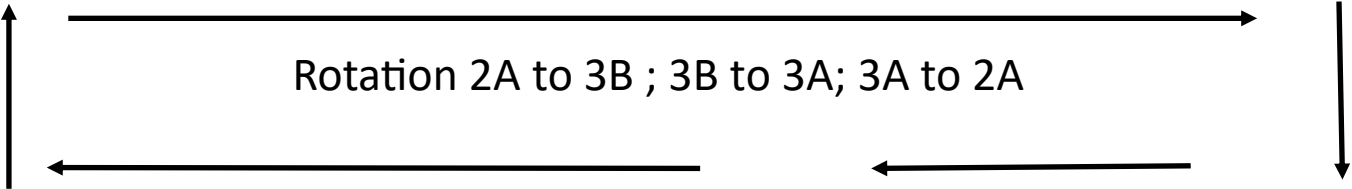
U9-3
Team 6 vs Team 3

COMMUNITY CENTRE

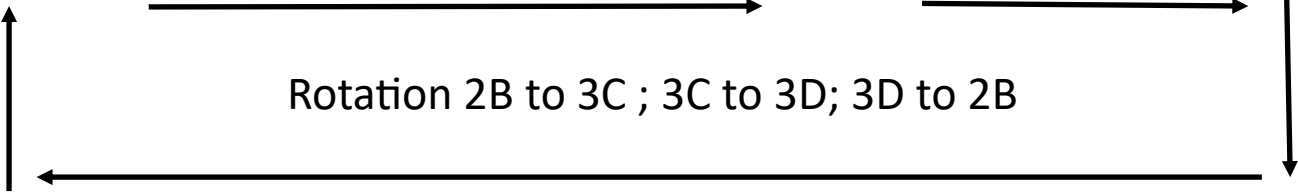
U9-1
Team 4 vs Team 2

ROBINA BAKER SCHOOL

22-May



<p>U9-2A TIME KEEPER AND WHISTLE BLOWER</p> <p><u>SHOOTING/BIG KICKS</u> Soccer 1 v 1 pg 24</p>	Team 2	<p>U9-3A</p> <p><u>DRIBBLING/PASSING</u> Race to Target pg 12</p>	Team 1	<p>U9-3B</p> <p><u>CONTROL</u> Control and Turn pg 17</p>	Team 6
<p>U9-2B</p> <p><u>SHOOTING/BIG KICKS</u> Soccer 1 v 1 pg 24</p>	Team 3	<p>U9-3C</p> <p><u>DRIBBLING/PASSING</u> Race to Target pg 12</p>	Team 4	<p>U9-3D</p> <p><u>CONTROL</u> Control and Turn pg 17</p>	Team 5



ROBINA BAKER SCHOOL

24-May

U9-2
Team 2 vs Team 3

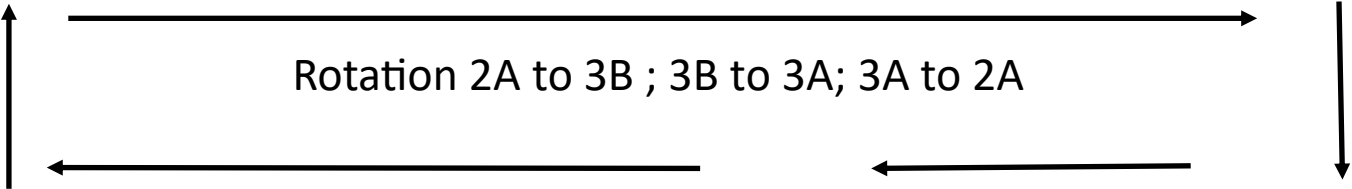
U9-3
Team 1 vs Team 6

COMMUNITY CENTRE

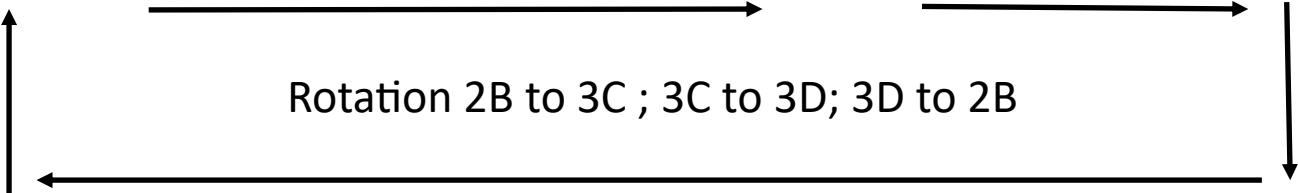
U9-1
Team 4 vs Team 5

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29-May



U9-2A TIME KEEPER AND WHISTLE BLOWER <u>SHOOTING/BIG KICKS</u> Parallel Play pg 25	Team 5	U9-3A	Team 4	U9-3B	Team 1
U9-2B <u>SHOOTING/BIG KICKS</u> Parallel Play pg 25	Team 3	U9-3C	Team 2	U9-3D	Team 6
		<u>DRIBBLING/PASSING</u> Lateral Moves pg 42		<u>CONTROL</u> Rapid Transfer pg 40	
		<u>DRIBBLING/PASSING</u> Lateral Moves pg 42		<u>CONTROL</u> Rapid Transfer pg 40	



ROBINA BAKER SCHOOL

31-May

U9-2
Team 5 vs Team 3

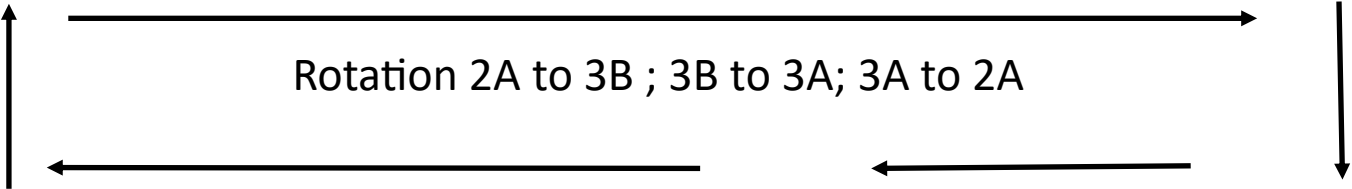
U9-3
Team 4 vs Team 1

COMMUNITY CENTRE

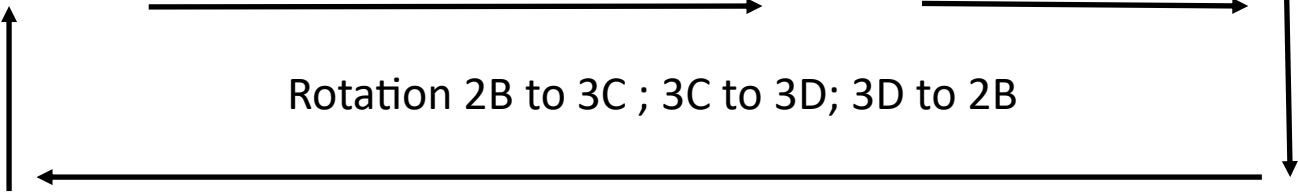
U9-1
Team 2 vs Team 6

ROBINA BAKER SCHOOL

05-Jun



<p>U9-2A TIME KEEPER AND WHISTLE BLOWER</p> <p><u>SHOOTING/BIG KICKS</u> Shoot the Distance pg 56</p>	<p>Team 5</p>	<p>U9-3A</p> <p><u>DRIBBLING/PASSING</u> Capture the Pinnies pg 34</p>	<p>Team 1</p>	<p>U9-3B</p> <p><u>CONTROL</u> Diamonds pg 39</p>	<p>Team 2</p>
<p>U9-2B</p> <p><u>SHOOTING/BIG KICKS</u> Shoot the Distance pg 56</p>	<p>Team 6</p>	<p>U9-3C</p> <p><u>DRIBBLING/PASSING</u> Capture the Pinnies pg 34</p>	<p>Team 3</p>	<p>U9-3D</p> <p><u>CONTROL</u> Diamonds pg 39</p>	<p>Team 4</p>



ROBINA BAKER SCHOOL

7-Jun

U9-2
Team 5 vs Team 6

U9-3
Team 1 vs Team 2

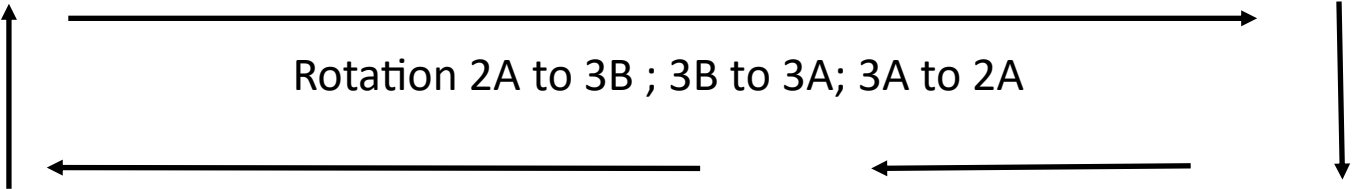
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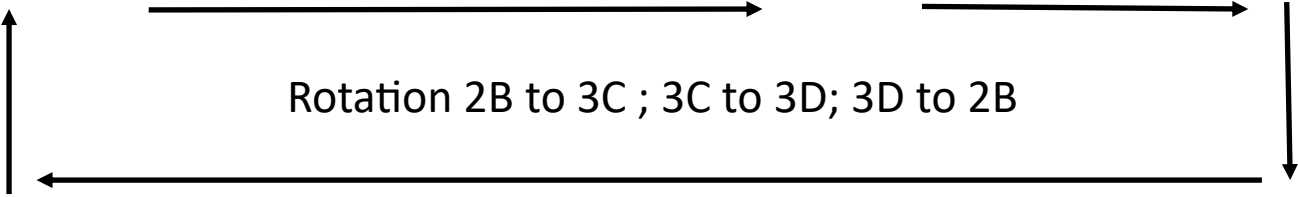
U9-1
Team 3 vs Team 4

ROBINA BAKER SCHOOL

12-Jun



<p>U9-2A TIME KEEPER AND WHISTLE BLOWER</p> <p><u>SHOOTING/BIG KICKS</u> Shooter, Keeper, Fetcher pg 57</p>	Team 4	<p>U9-3A</p> <p><u>DRIBBLING/PASSING</u> Race to Pass pg 44</p>	Team 2	<p>U9-3B</p> <p><u>CONTROL</u> Inside Out pg 14</p>	Team 3
<p>U9-2B</p> <p><u>SHOOTING/BIG KICKS</u> Shooter, Keeper, Fetcher pg 57</p>	Team 6	<p>U9-3C</p> <p><u>DRIBBLING/PASSING</u> Race to Pass pg 44</p>	Team 5	<p>U9-3D</p> <p><u>CONTROL</u> Inside Out pg 14</p>	Team 1



ROBINA BAKER SCHOOL

14-Jun

U9-2
Team 4 vs Team 6

U9-3
Team 2 vs Team 3

COMMUNITY CENTRE

U9-1
Team 5 vs Team 1

ROBINA BAKER SCHOOL

19-Jun

Rotation 2A to 3B ; 3B to 3A; 3A to 2A

<p>U9-2A TIME KEEPER AND WHISTLE BLOWER</p> <p><u>SHOOTING/BIG KICKS</u> 1-2-3 Defense pg 27</p>	<p>Team 4</p>	<p>U9-3A</p> <p><u>DRIBBLING/PASSING</u> Deadly Duos pg 36</p>	<p>Team 5</p>	<p>U9-3B</p> <p><u>CONTROL</u> Rondo Switch pg 41</p>	<p>Team 3</p>
<p>U9-2B</p> <p><u>SHOOTING/BIG KICKS</u> 1-2-3 Defense pg 27</p>	<p>Team 2</p>	<p>U9-3C</p> <p><u>DRIBBLING/PASSING</u> Deadly Duos pg 36</p>	<p>Team 1</p>	<p>U9-3D</p> <p><u>CONTROL</u> Rondo Switch pg 41</p>	<p>Team 6</p>

Rotation 2B to 3C ; 3C to 3D; 3D to 2B

ROBINA BAKER SCHOOL

21-Jun

U9-2
Team 4 vs Team 2

U9-3
Team 5 vs Team 3

COMMUNITY CENTRE

U9-1
Team 1 vs Team 6