



## Welcome

Thank you for choosing Child Parent Counseling, LLC, to provide counseling services for your child and family. We value the special relationship between child and parent and use this relationship to help children and families become stronger together. We fully appreciate the difficult decision you have made to come to counseling. We realize that your child is the most precious thing in your life. It is our goal to help you and your child find long-lasting solutions to the difficulties that brought you here.

Our initial few sessions will focus on getting to know each other, gathering information about what brought you and your child to counseling and developing an initial treatment plan. Parent involvement is crucial to your child overcoming the issues that brought him or her to counseling. Initially, your therapist will want to meet with you and your child individually and together. Once a treatment plan is developed, counseling may focus on your child, you and your child together or your whole family. Many times, parents are also seen individually to develop strategies that help support your child at home. If you have any questions, please do not hesitate to ask your therapist.

### **Kelly Costello's Background**

Kelly received her B.A. in social work from Salisbury University in 2001. She obtained advanced standing at University of Maryland and completed her Master's in Social Work in 2002. Kelly has ten years of experience working in the mental health field, focusing primarily on children and families. She completed her undergraduate internship in an inpatient drug rehabilitation program. Her graduate internships were in two residential treatment programs, one of which treated teen males and the second serviced children between the ages of 4 and 8.

After completing graduate school, Kelly obtained her social work license in the state of Maryland and began her career in the Towson area of Baltimore County. She worked for 9 years in a treatment foster care program where she worked with children with separation and adjustment issues, autism, learning and developmental disabilities, and PTSD. She has extensive experience working in the public school system and court system. Kelly completed an Early Childhood Mental Health certification program in 2008. She obtained her clinical license in 2010 and shortly after began providing supervision.

Kelly subscribes to the Code of Ethics of the National Association of Social Workers. Kelly maintains her license by obtaining 40 continuing education training hours biannually. These trainings focus on children, families, evidenced based practices, and diagnosing and assessing.

### **Fee Schedule (Effective 1/7/16)**

Initial Assessment & Intake: \$150 (45-60 min.)  
Individual/Family Counseling: \$130 (45-60 min.)  
Group Psycho-education & Counseling: \$45 (45 min.)  
Telephone support/consultation (parents/professionals): \$30 per 15 minutes  
Written summary of counseling services/assessments: rates vary

### **Credentials**

Licensed Clinical Social Worker – license number 15818

This information is required by the Board of Professional Counselors and Therapists, which regulates all licensed and certified counselors and therapists: 4201 Patterson Avenue Baltimore, MD 21215-2299 Phone: 410-764-4732 Fax: 410-358-1610

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