



Fort Langley Community Rowing Club – 2022 Novice Program

Personal Information:

Name: _____

Address: _____

Contact Number: _____

Email Address: _____

Date of Birth: _____

Health Care Card Number: _____

Emergency Contact Name: _____

Emergency Contact Number: _____

Medical Information:

Has your doctor ever said that you have a heart condition and should only do physical activity recommended by a doctor? _____

Do you feel pain in your chest when you do physical activity? _____

In the past month, have you had chest pain when you were not doing physical activity? _____

Do you lose your balance due to dizziness or have you ever lost consciousness? _____

Do you have a bone or joint problem (for example back, knee or hip) that could be made worse by physical activity? _____

Is your doctor currently prescribing drugs (for example water pills) for your blood pressure or a heart condition? _____

Do you know of any other reason why you should not do physical activity? _____

Allergies/Known Injuries: _____

Novice Program Fees – \$ 200 for 6 sessions

Date and Amount Paid:

The above Part One fee includes Rowing Canada and Rowing BC registration and insurance.

Dates/Time of program selected _____

Applicant's Signature: _____

Date: _____

REGISTER ON ROWING CANADA, COMPLETE THESE FORMS AND PAYMENT : Scan, hand deliver, or mail to FLCRC
Admin: Maureen Woodward
c/o 2924-240 St, Langley, BC V2Z 1N3 flcrowing@gmail.com

For club use only:

Checklist	Yes	No
Registered on Rowing Canada		
Waiver Signed		
Forms and Payment sent to FLCRC		
Approved by the coach		



Release of Liability, Waiver of Claims, Assumption of Risk & Indemnity Agreement

April 1, 2022 to March 31, 2023

By signing this document you will waive certain legal rights including the right to sue. PLEASE READ CAREFULLY.

Awareness and Assumption of Risk

I, _____, am aware that the sport of rowing involves risks including risk of personal injury, death, property damage, expense and related loss, including loss of income. Included in these risks are negligence on the part of FORT LANGLEY COMMUNITY ROWING CLUB, its directors, officers, officials & volunteers, other participants & owners of the facilities where the activities occur (referred to in the rest of this agreement as FORT LANGLEY COMMUNITY ROWING CLUB AND OTHERS). I freely accept and assume all such risks and the possibility of personal injury, death, property damage, expense and related loss, including loss of income.

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

In consideration of FORT LANGLEY COMMUNITY ROWING CLUB accepting my application to participate in this activity I agree:

- To waive any and all claims that I may have in future against FORT LANGLEY COMMUNITY ROWING CLUB AND OTHERS
- To release the FORT LANGLEY COMMUNITY ROWING CLUB AND OTHERS from any and all liability for any personal injury, death, property damage, expense and related loss, including loss of income that I or my next of kin may suffer as a result of my participation in this activity, due to any cause whatsoever, including negligence, breach of contract or breach of any statutory duty of care.
- To hold harmless and indemnify FORT LANGLEY COMMUNITY ROWING CLUB AND OTHERS from any and all liability for any damage to property of or personal injury to, any third party, resulting from my participation in this activity.
- That this agreement is binding on not only myself but my next of kin, heirs, executors, administrators and assigns.
- I agree that my photograph may be used in any club publication or website.

I HAVE READ THIS AGREEMENT AND UNDERSTAND IT. I AM AWARE THAT BY SIGNING THIS DOCUMENT I AM WAIVING CERTAIN RIGHTS WHICH I OR MY NEXT OF KIN, HEIRS, EXECUTORS, ADMINISTRATORS, AND ASSIGNS MAY HAVE AGAINST FORT LANGLEY COMMUNITY ROWING CLUB AND OTHERS.

_____ Signature of Applicant	_____ Print Name	_____ Date
_____ Signature of Witness	_____ Print Name of Witness	