



For more than 15 years Ashley Cooper has dedicated herself to working with young children, not only in the classroom setting (as a former Kindergarten Teacher) but currently as part of an elementary school administrative team as the Magnet Coordinator at Underwood Elementary School and as the mother of two young girls. Ashley is a Conscious Discipline Certified Instructor and she established Connected At Last, LLC in 2015 as a way to help educators, parents and caregivers transform their relationships with children using Conscious Discipline®. Ashley does this through professional development opportunities, classroom coaching, parent workshops and individual family coaching sessions.